

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Action Aquatics-CC****1 Du Toit, Lerize - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #110 Women 15 400 Free           | 5:40.02 | #206 Women 19&U 100 Breast Prelims | 1:28.46 |
| #302 Women 19&U 200 Free Prelims | 2:42.32 | #306 Women 19&U 50 Breast Prelims  | 40.57   |
| #406 Women 19&U 200 Breast       | 3:14.52 |                                    |         |

**2 Groenewald, Kaylie - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #310 Women 19&U 100 Back Prelims | 1:15.49 | #314 Women 19&U 200 IM Prelims | 2:51.16 |
| #402 Women 19&U 50 Free Prelims  | 31.08   | #410 Women 19&U 50 Back        | 34.22   |
| #412 Women 19&U 50 Fly Prelims   | 33.59   |                                |         |

**3 Olivier, Abigail - Female - Age: 17 - Ind/Rel: 5 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.22 | #206 Women 19&U 100 Breast Prelims | 1:25.01 |
| #302 Women 19&U 200 Free Prelims | 2:31.55 | #306 Women 19&U 50 Breast Prelims  | 39.78   |
| #406 Women 19&U 200 Breast       | 3:03.49 |                                    |         |

**4 Olivier, Felix - Male - Age: 16 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free           | 4:49.53 | #201 Men 19&U 100 Free Prelims | 59.48   |
| #207 Men 19&U 200 Back Prelims | 2:33.53 | #211 Men 19&U 100 Fly Prelims  | 1:08.70 |
| #301 Men 19&U 200 Free Prelims | 2:14.51 | #309 Men 19&U 100 Back Prelims | 1:08.84 |
| #401 Men 19&U 50 Free Prelims  | 26.85   | #409 Men 19&U 50 Back Prelims  | 32.05   |
| #411 Men 19&U 50 Fly Prelims   | 29.28   |                                |         |

**5 Schmidt, Ethan - Male - Age: 13 - Ind/Rel: 10 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:11.72 | #205 Men 19&U 100 Breast Prelims | 1:23.45 |
| #211 Men 19&U 100 Fly Prelims  | 1:20.73 | #305 Men 19&U 50 Breast Prelims  | 38.57   |
| #309 Men 19&U 100 Back Prelims | 1:20.74 | #313 Men 19&U 200 IM Prelims     | 2:55.20 |
| #401 Men 19&U 50 Free Prelims  | 31.24   | #405 Men 19&U 200 Breast         | 3:06.35 |
| #409 Men 19&U 50 Back Prelims  | 35.96   | #411 Men 19&U 50 Fly Prelims     | 33.70   |

**6 Swartz, Jean Marie - Female - Age: 16 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free           | 5:19.71 | #202 Women 19&U 100 Free Prelims | 1:09.72 |
| #208 Women 19&U 200 Back Prelims | 2:51.17 | #302 Women 19&U 200 Free Prelims | 2:31.91 |
| #402 Women 19&U 50 Free Prelims  | 31.39   |                                  |         |

**7 Van Maarleveld, Ineke - Female - Age: 11 - Ind/Rel: 8 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #102 Women 11&U 400 Free         | 6:57.75 | #206 Women 19&U 100 Breast Prelims | 1:37.26 |
| #208 Women 19&U 200 Back Prelims | 3:10.69 | #306 Women 19&U 50 Breast Prelims  | 45.26   |
| #310 Women 19&U 100 Back Prelims | 1:27.47 | #314 Women 19&U 200 IM Prelims     | 3:13.65 |
| #406 Women 19&U 200 Breast       | 3:26.13 | #410 Women 19&U 50 Back            | 40.11   |

**Action Aquatics-CC Total Individual Entries: 47 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Agulhas Aquatics-OB****1 Matthee, Burger P - Male - Age: 12 - Ind/Rel: 5 / 0**

|                                |         |                                 |       |
|--------------------------------|---------|---------------------------------|-------|
| #201 Men 19&U 100 Free Prelims | 1:08.30 | #305 Men 19&U 50 Breast Prelims | 45.53 |
| #309 Men 19&U 100 Back Prelims | 1:19.05 | #401 Men 19&U 50 Free Prelims   | 30.21 |
| #409 Men 19&U 50 Back Prelims  | 34.16   |                                 |       |

**2 Naude, AJ J - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 3:01.69 | #301 Men 19&U 200 Free Prelims | 3:13.24 |
| #309 Men 19&U 100 Back Prelims | 1:28.67 | #313 Men 19&U 200 IM Prelims   | 3:23.03 |
| #401 Men 19&U 50 Free Prelims  | 38.16   | #405 Men 19&U 200 Breast       | 4:10.78 |
| #409 Men 19&U 50 Back Prelims  | 40.85   |                                |         |

**Agulhas Aquatics-OB Total Individual Entries: 12 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Alcatraz Swimming Club-TS****1 Bonomi, Eva-Bella - Female - Age: 14 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:13.97 | #310 Women 19&U 100 Back Prelims | 1:19.62 |
| #402 Women 19&U 50 Free Prelims  | 33.38   | #410 Women 19&U 50 Back          | 37.21   |
| #412 Women 19&U 50 Fly Prelims   | 36.90   |                                  |         |

**2 Brink, Robert - Male - Age: 14 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 4:58.43 | #201 Men 19&U 100 Free Prelims | 1:04.01 |
| #207 Men 19&U 200 Back Prelims | 2:44.07 | #211 Men 19&U 100 Fly Prelims  | 1:18.49 |
| #301 Men 19&U 200 Free Prelims | 2:18.85 | #309 Men 19&U 100 Back Prelims | 1:13.39 |
| #401 Men 19&U 50 Free Prelims  | 29.88   | #409 Men 19&U 50 Back Prelims  | 34.54   |
| #411 Men 19&U 50 Fly Prelims   | 31.97   |                                |         |

**3 De Sousa, Arya - Female - Age: 11 - Ind/Rel: 6 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:15.05 | #212 Women 19&U 100 Fly Prelims | 1:36.74 |
| #302 Women 19&U 200 Free Prelims | 2:45.39 | #402 Women 19&U 50 Free Prelims | 34.11   |
| #410 Women 19&U 50 Back          | 41.33   | #412 Women 19&U 50 Fly Prelims  | 36.85   |

**4 Govind, Nikita - Female - Age: 13 - Ind/Rel: 4 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.01 | #208 Women 19&U 200 Back Prelims | 2:55.47 |
| #302 Women 19&U 200 Free Prelims | 2:36.29 | #310 Women 19&U 100 Back Prelims | 1:19.63 |

**5 Heitmuller, Quade - Male - Age: 11 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:17.22 | #205 Men 19&U 100 Breast Prelims | 1:49.20 |
| #305 Men 19&U 50 Breast Prelims | 46.96   | #309 Men 19&U 100 Back Prelims   | 1:27.71 |
| #401 Men 19&U 50 Free Prelims   | 33.98   | #409 Men 19&U 50 Back Prelims    | 39.37   |

**6 Perumal, Skyla O - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.76 | #208 Women 19&U 200 Back Prelims | 2:51.26 |
| #302 Women 19&U 200 Free Prelims | 2:35.82 | #310 Women 19&U 100 Back Prelims | 1:19.00 |
| #412 Women 19&U 50 Fly Prelims   | 33.64   |                                  |         |

**7 Rautenbach, Riley S - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 5:29.29 | #201 Men 19&U 100 Free Prelims | 1:14.27 |
| #205 Men 19&U 100 Breast Prelims | 1:35.78 | #301 Men 19&U 200 Free Prelims | 2:41.62 |
| #313 Men 19&U 200 IM Prelims     | 3:02.17 | #405 Men 19&U 200 Breast       | 3:22.19 |
| #411 Men 19&U 50 Fly Prelims     | 37.64   |                                |         |

**8 Rautenbach, Roarke D - Male - Age: 16 - Ind/Rel: 7 / 0**

|                               |         |                                 |         |
|-------------------------------|---------|---------------------------------|---------|
| #111 Men 16 400 Free          | 5:07.04 | #201 Men 19&U 100 Free Prelims  | 1:00.98 |
| #211 Men 19&U 100 Fly Prelims | 1:05.88 | #305 Men 19&U 50 Breast Prelims | 34.99   |
| #313 Men 19&U 200 IM Prelims  | 2:34.72 | #405 Men 19&U 200 Breast        | 2:52.91 |
| #411 Men 19&U 50 Fly Prelims  | 29.31   |                                 |         |

**9 Roos, Kristen P - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 6:35.47 | #202 Women 19&U 100 Free Prelims | 1:14.78 |
| #208 Women 19&U 200 Back Prelims | 3:13.18 | #302 Women 19&U 200 Free Prelims | 2:52.08 |
| #310 Women 19&U 100 Back Prelims | 1:26.67 | #402 Women 19&U 50 Free Prelims  | 34.84   |
| #410 Women 19&U 50 Back          | 39.95   | #412 Women 19&U 50 Fly Prelims   | 41.52   |

**10 Shoshore, Chiwo - Female - Age: 13 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.22 | #208 Women 19&U 200 Back Prelims | 2:54.93 |
| #302 Women 19&U 200 Free Prelims | 2:32.60 | #310 Women 19&U 100 Back Prelims | 1:18.19 |
| #402 Women 19&U 50 Free Prelims  | 31.22   | #412 Women 19&U 50 Fly Prelims   | 36.28   |

**11 Vesely, Alan A - Male - Age: 12 - Ind/Rel: 1 / 0**

|                      |         |  |  |
|----------------------|---------|--|--|
| #103 Men 12 400 Free | 5:22.95 |  |  |
|----------------------|---------|--|--|

**12 Vesely, Matej E - Male - Age: 14 - Ind/Rel: 1 / 0**

|                      |         |  |  |
|----------------------|---------|--|--|
| #107 Men 14 400 Free | 5:07.68 |  |  |
|----------------------|---------|--|--|

**Alcatraz Swimming Club-TS Total Individual Entries: 65 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Aqua Athlete-JH

## 1 Doolan, Addison J - Female - Age: 14 - Ind/Rel: 6 / 2

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.00 | #310 Women 19&U 100 Back Prelims               | 1:18.73 |
| #314 Women 19&U 200 IM Prelims   | 2:58.57 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:05.00 |
| #402 Women 19&U 50 Free Prelims  | 32.07   | #410 Women 19&U 50 Back                        | 36.64   |
| #412 Women 19&U 50 Fly Prelims   | 37.39   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | NT      |

## 2 Erasmus, Annika K - Female - Age: 17 - Ind/Rel: 9 / 0

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free         | 5:15.21 | #202 Women 19&U 100 Free Prelims | 1:09.04 |
| #212 Women 19&U 100 Fly Prelims   | 1:20.15 | #302 Women 19&U 200 Free Prelims | 2:27.81 |
| #306 Women 19&U 50 Breast Prelims | 44.08   | #314 Women 19&U 200 IM Prelims   | 2:55.34 |
| #402 Women 19&U 50 Free Prelims   | 31.74   | #410 Women 19&U 50 Back          | 38.83   |
| #412 Women 19&U 50 Fly Prelims    | 33.68   |                                  |         |

## 3 Fourie, Chanel - Female - Age: 18 - Ind/Rel: 8 / 1

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #114 Women 17-19 400 Free        | 5:12.34 | #202 Women 19&U 100 Free Prelims              | 1:05.12 |
| #212 Women 19&U 100 Fly Prelims  | 1:13.82 | #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:23.25 |
| #302 Women 19&U 200 Free Prelims | 2:23.06 | #306 Women 19&U 50 Breast Prelims             | 41.82   |
| #314 Women 19&U 200 IM Prelims   | 2:43.28 | #402 Women 19&U 50 Free Prelims               | 29.66   |
| #412 Women 19&U 50 Fly Prelims   | 32.50   |   |         |

## 4 Geldenhuys, Gerrie P - Male - Age: 12 - Ind/Rel: 1 / 0

|                      |         |
|----------------------|---------|
| #103 Men 12 400 Free | 6:21.18 |
|----------------------|---------|

## 5 Geldenhuys, Gute - Female - Age: 17 - Ind/Rel: 1 / 0

|                           |         |
|---------------------------|---------|
| #114 Women 17-19 400 Free | 5:19.47 |
|---------------------------|---------|

## 6 Graham, Jamie-Lee - Female - Age: 14 - Ind/Rel: 0 / 1

|  |         |
|--|---------|
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:05.00 |
|--|---------|

## 7 Kneubuhler, Luca J - Male - Age: 11 - Ind/Rel: 6 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:16.34 | #301 Men 19&U 200 Free Prelims | 2:49.46 |
| #309 Men 19&U 100 Back Prelims | 1:28.47 | #313 Men 19&U 200 IM Prelims   | 3:14.74 |
| #401 Men 19&U 50 Free Prelims  | 33.42   | #409 Men 19&U 50 Back Prelims  | 39.94   |

## 8 Langenhoven, Francois-Daniel - Male - Age: 12 - Ind/Rel: 7 / 1

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #103 Men 12 400 Free             | 5:24.77 | #201 Men 19&U 100 Free Prelims                 | 1:11.21 |
| #205 Men 19&U 100 Breast Prelims | 1:33.55 | #301 Men 19&U 200 Free Prelims                 | 2:34.07 |
| #305 Men 19&U 50 Breast Prelims  | 42.60   | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #401 Men 19&U 50 Free Prelims    | 33.84   | #405 Men 19&U 200 Breast                       | 3:18.58 |

## 9 Lipp, Connor L - Male - Age: 17 - Ind/Rel: 6 / 1

|  |         |                                |         |
|--|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free                        | 4:46.53 | #201 Men 19&U 100 Free Prelims | 1:00.25 |
| #207 Men 19&U 200 Back Prelims                 | 2:33.05 | #309 Men 19&U 100 Back Prelims | 1:09.71 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | NT      | #401 Men 19&U 50 Free Prelims  | 28.41   |
| #409 Men 19&U 50 Back Prelims                  | 32.91   |                                |         |

## 10 Mujati, Tatenda C - Male - Age: 11 - Ind/Rel: 6 / 2

|  |         |  |         |
|--|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:19.78 | #205 Men 19&U 100 Breast Prelims               | 1:33.13 |
| #301 Men 19&U 200 Free Prelims                 | 2:59.28 | #305 Men 19&U 50 Breast Prelims                | 43.30   |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #401 Men 19&U 50 Free Prelims                  | 34.18   | #405 Men 19&U 200 Breast                       | 3:24.11 |

## 11 Palmer, Carleigh - Female - Age: 16 - Ind/Rel: 8 / 2

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.20 | #206 Women 19&U 100 Breast Prelims             | 1:24.96 |
| #212 Women 19&U 100 Fly Prelims  | 1:16.98 | #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:23.25 |
| #302 Women 19&U 200 Free Prelims | 2:29.44 | #306 Women 19&U 50 Breast Prelims              | 38.39   |
| #314 Women 19&U 200 IM Prelims   | 2:44.59 | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #402 Women 19&U 50 Free Prelims  | 30.08   | #412 Women 19&U 50 Fly Prelims                 | 31.46   |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Aqua Athlete-JH****12 Roelandt, Gabriella S - Female - Age: 12 - Ind/Rel: 10 / 2**

|                                    |         |  |         |
|------------------------------------|---------|--|---------|
| #104 Women 12 400 Free             | 5:59.33 | #202 Women 19&U 100 Free Prelims               | 1:14.51 |
| #206 Women 19&U 100 Breast Prelims | 1:38.46 | #208 Women 19&U 200 Back Prelims               | 3:12.32 |
| #302 Women 19&U 200 Free Prelims   | 2:44.85 | #310 Women 19&U 100 Back Prelims               | 1:28.03 |
| #314 Women 19&U 200 IM Prelims     | 3:19.35 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:05.00 |
| #402 Women 19&U 50 Free Prelims    | 32.40   | #410 Women 19&U 50 Back                        | 39.57   |
| #412 Women 19&U 50 Fly Prelims     | 39.63   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | NT      |

**13 Smit, Mikayla - Female - Age: 15 - Ind/Rel: 6 / 4**

|  |         |  |         |
|--|---------|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:06.84 | #212 Women 19&U 100 Fly Prelims                | 1:11.14 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:23.25 | #302 Women 19&U 200 Free Prelims               | 2:27.99 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #402 Women 19&U 50 Free Prelims                | 30.19   | #410 Women 19&U 50 Back                        | 34.58   |
| #412 Women 19&U 50 Fly Prelims                 | 31.67   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | NT      |

**14 Thomas, Isla M - Female - Age: 15 - Ind/Rel: 6 / 4**

|  |         |  |         |
|--|---------|--|---------|
| #110 Women 15 400 Free                         | 5:23.24 | #202 Women 19&U 100 Free Prelims               | 1:06.09 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:23.25 | #302 Women 19&U 200 Free Prelims               | 2:26.04 |
| #314 Women 19&U 200 IM Prelims                 | 2:46.66 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:05.00 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      | #402 Women 19&U 50 Free Prelims                | 30.43   |
| #412 Women 19&U 50 Fly Prelims                 | 32.86   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | NT      |

**Aqua Athlete-JH Total Individual Entries: 80 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Aquafins Swimming-JH****1 Bidgood, Jenna L - Female - Age: 17 - Ind/Rel: 4 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:15.45 | #206 Women 19&U 100 Breast Prelims | 1:25.03 |
| #306 Women 19&U 50 Breast Prelims | 38.66   | #406 Women 19&U 200 Breast         | 3:18.46 |

**2 de Fleuriot, Ryan - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.96 | #205 Men 19&U 100 Breast Prelims | 1:16.23 |
| #301 Men 19&U 200 Free Prelims | 2:21.69 | #305 Men 19&U 50 Breast Prelims  | 33.74   |
| #313 Men 19&U 200 IM Prelims   | 2:39.47 | #401 Men 19&U 50 Free Prelims    | 28.08   |
| #405 Men 19&U 200 Breast       | 2:51.81 | #411 Men 19&U 50 Fly Prelims     | 33.06   |

**3 Evans, Kyle N - Male - Age: 16 - Ind/Rel: 7 / 0**

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free          | 4:43.74 | #201 Men 19&U 100 Free Prelims | 58.45   |
| #211 Men 19&U 100 Fly Prelims | 1:08.51 | #301 Men 19&U 200 Free Prelims | 2:07.39 |
| #313 Men 19&U 200 IM Prelims  | 2:28.28 | #401 Men 19&U 50 Free Prelims  | 27.59   |
| #411 Men 19&U 50 Fly Prelims  | 30.66   |                                |         |

**4 Kennedy, Caitlin - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:12.03 | #208 Women 19&U 200 Back Prelims | 2:52.44 |
| #306 Women 19&U 50 Breast Prelims | 43.85   | #310 Women 19&U 100 Back Prelims | 1:17.06 |
| #402 Women 19&U 50 Free Prelims   | 32.17   | #410 Women 19&U 50 Back          | 34.39   |

**5 Lothian, Roxanne - Female - Age: 17 - Ind/Rel: 4 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.69 | #208 Women 19&U 200 Back Prelims | 2:40.69 |
| #302 Women 19&U 200 Free Prelims | 2:32.55 | #310 Women 19&U 100 Back Prelims | 1:14.17 |

**6 van Reenen, Kayleen - Female - Age: 17 - Ind/Rel: 3 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:31.06 | #306 Women 19&U 50 Breast Prelims | 40.15 |
| #406 Women 19&U 200 Breast         | 3:11.98 |                                   |       |

**Aquafins Swimming-JH Total Individual Entries: 32 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Aquarius Aquatics Swimming Clu-JH****1 Barradas, Keanu - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.78   | #205 Men 19&U 100 Breast Prelims | 1:24.26 |
| #301 Men 19&U 200 Free Prelims | 2:15.69 | #305 Men 19&U 50 Breast Prelims  | 36.98   |
| #313 Men 19&U 200 IM Prelims   | 2:44.46 | #401 Men 19&U 50 Free Prelims    | 27.02   |
| #405 Men 19&U 200 Breast       | 3:14.80 | #409 Men 19&U 50 Back Prelims    | 37.13   |

**2 Johnson, Ella-Jane S - Female - Age: 13 - Ind/Rel: 6 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:14.24 | #206 Women 19&U 100 Breast Prelims | 1:32.07 |
| #306 Women 19&U 50 Breast Prelims | 41.39   | #314 Women 19&U 200 IM Prelims     | 3:02.45 |
| #402 Women 19&U 50 Free Prelims   | 34.25   | #406 Women 19&U 200 Breast         | 3:17.24 |

**3 Johnson, Mia Y - Female - Age: 15 - Ind/Rel: 6 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:12.31 | #206 Women 19&U 100 Breast Prelims | 1:29.08 |
| #306 Women 19&U 50 Breast Prelims | 42.79   | #314 Women 19&U 200 IM Prelims     | 3:01.30 |
| #402 Women 19&U 50 Free Prelims   | 32.57   | #406 Women 19&U 200 Breast         | 3:10.74 |

**4 Nell, Luca - Male - Age: 13 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.24 | #205 Men 19&U 100 Breast Prelims | 1:31.96 |
| #301 Men 19&U 200 Free Prelims | 2:38.27 | #305 Men 19&U 50 Breast Prelims  | 43.77   |
| #313 Men 19&U 200 IM Prelims   | 3:07.23 | #401 Men 19&U 50 Free Prelims    | 33.30   |
| #409 Men 19&U 50 Back Prelims  | 40.34   |                                  |         |

**5 Rajput, Kanak - Female - Age: 16 - Ind/Rel: 10 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.11 | #206 Women 19&U 100 Breast Prelims | 1:23.53 |
| #302 Women 19&U 200 Free Prelims | 2:37.64 | #306 Women 19&U 50 Breast Prelims  | 38.90   |
| #310 Women 19&U 100 Back Prelims | 1:18.90 | #314 Women 19&U 200 IM Prelims     | 2:48.87 |
| #402 Women 19&U 50 Free Prelims  | 33.71   | #406 Women 19&U 200 Breast         | 3:02.59 |
| #410 Women 19&U 50 Back          | 36.18   | #412 Women 19&U 50 Fly Prelims     | 36.20   |

**Aquarius Aquatics Swimming Clu-JH Total Individual Entries: 37 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

---

**Associaco Provincial Luanda****1 Sullivan, Niall - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #103 Men 12 400 Free           | 5:35.46 | #211 Men 19&U 100 Fly Prelims | 1:25.41 |
| #309 Men 19&U 100 Back Prelims | 1:21.39 | #313 Men 19&U 200 IM Prelims  | 3:00.28 |
| #401 Men 19&U 50 Free Prelims  | 32.91   | #409 Men 19&U 50 Back Prelims | 37.53   |
| #411 Men 19&U 50 Fly Prelims   | 36.45   |                               |         |

**Associaco Provincial Luanda Total Individual Entries: 7 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

---

**Atlantis Swimming Club-JH****1 Morar, Aarya - Female - Age: 16 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.04 | #208 Women 19&U 200 Back Prelims | 2:46.50 |
| #212 Women 19&U 100 Fly Prelims  | 1:18.08 | #302 Women 19&U 200 Free Prelims | 2:36.81 |
| #310 Women 19&U 100 Back Prelims | 1:16.60 | #314 Women 19&U 200 IM Prelims   | 2:56.36 |
| #402 Women 19&U 50 Free Prelims  | 32.44   | #410 Women 19&U 50 Back          | 35.56   |
| #412 Women 19&U 50 Fly Prelims   | 33.18   |                                  |         |

**2 Morar, Abhay - Male - Age: 17 - Ind/Rel: 9 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:00.64 | #205 Men 19&U 100 Breast Prelims | 1:20.72 |
| #207 Men 19&U 200 Back Prelims  | 2:32.68 | #301 Men 19&U 200 Free Prelims   | 2:15.75 |
| #305 Men 19&U 50 Breast Prelims | 35.82   | #309 Men 19&U 100 Back Prelims   | 1:10.49 |
| #401 Men 19&U 50 Free Prelims   | 27.75   | #409 Men 19&U 50 Back Prelims    | 31.90   |
| #411 Men 19&U 50 Fly Prelims    | 31.09   |                                  |         |

**Atlantis Swimming Club-JH Total Individual Entries: 18 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Boksburg Aquatic Saints-EK****1 Beling, Hayley E - Female - Age: 16 - Ind/Rel: 10 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free           | 5:03.23 | #202 Women 19&U 100 Free Prelims | 1:07.87 |
| #208 Women 19&U 200 Back Prelims | 2:37.98 | #212 Women 19&U 100 Fly Prelims  | 1:13.22 |
| #302 Women 19&U 200 Free Prelims | 2:24.29 | #310 Women 19&U 100 Back Prelims | 1:12.51 |
| #314 Women 19&U 200 IM Prelims   | 2:37.70 | #402 Women 19&U 50 Free Prelims  | 31.54   |
| #410 Women 19&U 50 Back          | 35.24   | #412 Women 19&U 50 Fly Prelims   | 33.11   |

**2 Beling, Justin B - Male - Age: 13 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free           | 5:22.30 | #201 Men 19&U 100 Free Prelims | 1:07.42 |
| #207 Men 19&U 200 Back Prelims | 2:51.62 | #301 Men 19&U 200 Free Prelims | 2:27.11 |
| #309 Men 19&U 100 Back Prelims | 1:20.82 | #313 Men 19&U 200 IM Prelims   | 2:57.21 |
| #401 Men 19&U 50 Free Prelims  | 30.90   | #409 Men 19&U 50 Back Prelims  | 37.23   |
| #411 Men 19&U 50 Fly Prelims   | 38.35   |                                |         |

**3 De Freitas, Cristiano - Male - Age: 13 - Ind/Rel: 12 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #105 Men 13 400 Free             | 5:08.03 | #201 Men 19&U 100 Free Prelims  | 1:05.05 |
| #205 Men 19&U 100 Breast Prelims | 1:28.43 | #211 Men 19&U 100 Fly Prelims   | 1:22.46 |
| #301 Men 19&U 200 Free Prelims   | 2:20.37 | #305 Men 19&U 50 Breast Prelims | 40.65   |
| #309 Men 19&U 100 Back Prelims   | 1:22.43 | #313 Men 19&U 200 IM Prelims    | 2:38.75 |
| #401 Men 19&U 50 Free Prelims    | 31.19   | #405 Men 19&U 200 Breast        | 3:04.71 |
| #409 Men 19&U 50 Back Prelims    | 37.49   | #411 Men 19&U 50 Fly Prelims    | 34.25   |

**4 Els, Megan A - Female - Age: 12 - Ind/Rel: 11 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:17.35 | #206 Women 19&U 100 Breast Prelims | 1:38.79 |
| #208 Women 19&U 200 Back Prelims  | 2:57.37 | #302 Women 19&U 200 Free Prelims   | 2:52.88 |
| #306 Women 19&U 50 Breast Prelims | 46.93   | #310 Women 19&U 100 Back Prelims   | 1:26.62 |
| #314 Women 19&U 200 IM Prelims    | 3:08.34 | #402 Women 19&U 50 Free Prelims    | 35.21   |
| #406 Women 19&U 200 Breast        | 3:36.84 | #410 Women 19&U 50 Back            | 37.99   |
| #412 Women 19&U 50 Fly Prelims    | 37.03   |                                    |         |

**5 Harding, Mea - Female - Age: 15 - Ind/Rel: 10 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:37.34 | #202 Women 19&U 100 Free Prelims | 1:09.36 |
| #208 Women 19&U 200 Back Prelims | 2:52.25 | #212 Women 19&U 100 Fly Prelims  | 1:28.39 |
| #302 Women 19&U 200 Free Prelims | 2:41.75 | #310 Women 19&U 100 Back Prelims | 1:22.83 |
| #314 Women 19&U 200 IM Prelims   | 3:03.03 | #402 Women 19&U 50 Free Prelims  | 33.17   |
| #410 Women 19&U 50 Back          | 39.79   | #412 Women 19&U 50 Fly Prelims   | 36.96   |

**6 Harding, Owen - Male - Age: 14 - Ind/Rel: 10 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:12.56 | #201 Men 19&U 100 Free Prelims | 1:07.79 |
| #207 Men 19&U 200 Back Prelims | 2:48.18 | #211 Men 19&U 100 Fly Prelims  | 1:21.05 |
| #301 Men 19&U 200 Free Prelims | 2:27.08 | #309 Men 19&U 100 Back Prelims | 1:19.93 |
| #313 Men 19&U 200 IM Prelims   | 2:47.50 | #401 Men 19&U 50 Free Prelims  | 30.01   |
| #409 Men 19&U 50 Back Prelims  | 37.51   | #411 Men 19&U 50 Fly Prelims   | 35.15   |

**7 Harding, Troy - Male - Age: 11 - Ind/Rel: 12 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #101 Men 11&U 400 Free           | 5:33.21 | #201 Men 19&U 100 Free Prelims  | 1:10.53 |
| #205 Men 19&U 100 Breast Prelims | 1:29.83 | #207 Men 19&U 200 Back Prelims  | 3:07.27 |
| #301 Men 19&U 200 Free Prelims   | 2:32.64 | #305 Men 19&U 50 Breast Prelims | 42.42   |
| #309 Men 19&U 100 Back Prelims   | 1:24.52 | #313 Men 19&U 200 IM Prelims    | 2:58.57 |
| #401 Men 19&U 50 Free Prelims    | 32.66   | #405 Men 19&U 200 Breast        | 3:13.10 |
| #409 Men 19&U 50 Back Prelims    | 41.37   | #411 Men 19&U 50 Fly Prelims    | 43.91   |

**8 Le Roux, Terrick C - Male - Age: 12 - Ind/Rel: 10 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:19.82 | #201 Men 19&U 100 Free Prelims | 1:07.83 |
| #207 Men 19&U 200 Back Prelims | 2:54.42 | #211 Men 19&U 100 Fly Prelims  | 1:31.56 |
| #301 Men 19&U 200 Free Prelims | 2:31.54 | #309 Men 19&U 100 Back Prelims | 1:21.95 |
| #313 Men 19&U 200 IM Prelims   | 2:57.58 | #401 Men 19&U 50 Free Prelims  | 31.16   |
| #409 Men 19&U 50 Back Prelims  | 38.33   | #411 Men 19&U 50 Fly Prelims   | 35.65   |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Boksburg Aquatic Saints-EK****9 Letsoalo, Tetelo C - Male - Age: 12 - Ind/Rel: 10 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #103 Men 12 400 Free             | 5:36.92 | #201 Men 19&U 100 Free Prelims  | 1:13.62 |
| #205 Men 19&U 100 Breast Prelims | 1:31.29 | #211 Men 19&U 100 Fly Prelims   | 1:25.16 |
| #301 Men 19&U 200 Free Prelims   | 2:40.14 | #305 Men 19&U 50 Breast Prelims | 42.50   |
| #313 Men 19&U 200 IM Prelims     | 2:59.87 | #401 Men 19&U 50 Free Prelims   | 34.18   |
| #405 Men 19&U 200 Breast         | 3:33.53 | #411 Men 19&U 50 Fly Prelims    | 38.03   |

**10 Mofokeng, Musa B - Male - Age: 16 - Ind/Rel: 9 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:06.96 | #205 Men 19&U 100 Breast Prelims | 1:18.13 |
| #207 Men 19&U 200 Back Prelims | 2:30.97 | #305 Men 19&U 50 Breast Prelims  | 35.22   |
| #309 Men 19&U 100 Back Prelims | 1:11.11 | #313 Men 19&U 200 IM Prelims     | 2:34.88 |
| #405 Men 19&U 200 Breast       | 2:52.08 | #409 Men 19&U 50 Back Prelims    | 33.48   |
| #411 Men 19&U 50 Fly Prelims   | 32.77   |                                  |         |

**11 Peer, Amr - Male - Age: 14 - Ind/Rel: 12 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #107 Men 14 400 Free             | 5:47.99 | #201 Men 19&U 100 Free Prelims  | 1:11.22 |
| #205 Men 19&U 100 Breast Prelims | 1:27.45 | #207 Men 19&U 200 Back Prelims  | 2:53.49 |
| #301 Men 19&U 200 Free Prelims   | 2:42.72 | #305 Men 19&U 50 Breast Prelims | 38.16   |
| #309 Men 19&U 100 Back Prelims   | 1:20.21 | #313 Men 19&U 200 IM Prelims    | 3:02.40 |
| #401 Men 19&U 50 Free Prelims    | 31.88   | #405 Men 19&U 200 Breast        | 3:19.46 |
| #409 Men 19&U 50 Back Prelims    | 37.22   | #411 Men 19&U 50 Fly Prelims    | 35.05   |

**12 Ramsay, Shane J - Male - Age: 16 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free           | 4:34.37 | #201 Men 19&U 100 Free Prelims | 59.85   |
| #207 Men 19&U 200 Back Prelims | 2:22.49 | #211 Men 19&U 100 Fly Prelims  | 1:05.21 |
| #301 Men 19&U 200 Free Prelims | 2:10.18 | #309 Men 19&U 100 Back Prelims | 1:08.64 |
| #313 Men 19&U 200 IM Prelims   | 2:27.96 | #401 Men 19&U 50 Free Prelims  | 27.29   |
| #411 Men 19&U 50 Fly Prelims   | 29.61   |                                |         |

**13 Robbeson, Luke G - Male - Age: 12 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 6:04.25 | #201 Men 19&U 100 Free Prelims | 1:19.10 |
| #207 Men 19&U 200 Back Prelims | 2:57.16 | #301 Men 19&U 200 Free Prelims | 2:54.08 |
| #309 Men 19&U 100 Back Prelims | 1:23.22 | #313 Men 19&U 200 IM Prelims   | 3:17.34 |
| #409 Men 19&U 50 Back Prelims  | 38.63   | #411 Men 19&U 50 Fly Prelims   | 40.64   |

**14 Sardinha, Jessica S - Female - Age: 15 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:22.01 | #208 Women 19&U 200 Back Prelims  | 2:47.10 |
| #302 Women 19&U 200 Free Prelims   | 2:32.23 | #306 Women 19&U 50 Breast Prelims | 37.28   |
| #310 Women 19&U 100 Back Prelims   | 1:19.85 | #314 Women 19&U 200 IM Prelims    | 2:45.78 |
| #402 Women 19&U 50 Free Prelims    | 32.17   | #406 Women 19&U 200 Breast        | 2:58.12 |
| #410 Women 19&U 50 Back            | 37.50   | #412 Women 19&U 50 Fly Prelims    | 34.67   |

**15 Swanepoel, Xander - Male - Age: 15 - Ind/Rel: 10 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 59.20   | #207 Men 19&U 200 Back Prelims | 2:30.04 |
| #211 Men 19&U 100 Fly Prelims   | 1:07.41 | #301 Men 19&U 200 Free Prelims | 2:17.99 |
| #305 Men 19&U 50 Breast Prelims | 36.76   | #309 Men 19&U 100 Back Prelims | 1:07.51 |
| #313 Men 19&U 200 IM Prelims    | 2:27.83 | #401 Men 19&U 50 Free Prelims  | 26.93   |
| #409 Men 19&U 50 Back Prelims   | 31.20   | #411 Men 19&U 50 Fly Prelims   | 28.64   |

**16 Waterson, JJ - Male - Age: 18 - Ind/Rel: 6 / 0**

|                                  |         |                                 |       |
|----------------------------------|---------|---------------------------------|-------|
| #205 Men 19&U 100 Breast Prelims | 1:14.60 | #305 Men 19&U 50 Breast Prelims | 35.28 |
| #313 Men 19&U 200 IM Prelims     | 2:35.92 | #401 Men 19&U 50 Free Prelims   | 29.02 |
| #405 Men 19&U 200 Breast         | 2:45.21 | #411 Men 19&U 50 Fly Prelims    | 29.96 |

**17 White, Xavier J - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.78 | #205 Men 19&U 100 Breast Prelims | 1:31.20 |
| #301 Men 19&U 200 Free Prelims | 2:40.18 | #305 Men 19&U 50 Breast Prelims  | 40.79   |
| #401 Men 19&U 50 Free Prelims  | 30.46   | #405 Men 19&U 200 Breast         | 3:24.50 |
| #409 Men 19&U 50 Back Prelims  | 38.39   | #411 Men 19&U 50 Fly Prelims     | 37.69   |

**Boksburg Aquatic Saints-EK Total Individual Entries: 166 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Bon Aquatics Club 2021 2022-EK****1 Da Cunha, Cait M - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.45 | #310 Women 19&U 100 Back Prelims | 1:15.20 |
| #402 Women 19&U 50 Free Prelims  | 30.71   | #410 Women 19&U 50 Back          | 34.27   |
| #412 Women 19&U 50 Fly Prelims   | 34.98   |                                  |         |

**2 Da Cunha, Jorja - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free             | 5:21.42 | #202 Women 19&U 100 Free Prelims | 1:07.25 |
| #206 Women 19&U 100 Breast Prelims | 1:32.95 | #302 Women 19&U 200 Free Prelims | 2:34.42 |
| #402 Women 19&U 50 Free Prelims    | 31.23   | #406 Women 19&U 200 Breast       | 3:17.82 |

**3 O'Brien, Chris G - Male - Age: 13 - Ind/Rel: 4 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:13.41 | #205 Men 19&U 100 Breast Prelims | 1:31.25 |
| #313 Men 19&U 200 IM Prelims   | 2:59.66 | #405 Men 19&U 200 Breast         | 3:06.63 |

**4 O'Brien, Katya - Female - Age: 13 - Ind/Rel: 3 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #106 Women 13 400 Free           | 5:28.43 | #202 Women 19&U 100 Free Prelims | 1:10.02 |
| #302 Women 19&U 200 Free Prelims | 2:33.74 |                                  |         |

**5 Tallarico, Marcello F - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:20.24 | #205 Men 19&U 100 Breast Prelims | 1:24.78 |
| #301 Men 19&U 200 Free Prelims | 3:01.53 | #305 Men 19&U 50 Breast Prelims  | 37.83   |
| #405 Men 19&U 200 Breast       | 3:12.67 |                                  |         |

**6 Wildman, Eva B - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:10.01 | #208 Women 19&U 200 Back Prelims | 2:55.97 |
| #212 Women 19&U 100 Fly Prelims   | 1:24.77 | #302 Women 19&U 200 Free Prelims | 2:37.95 |
| #306 Women 19&U 50 Breast Prelims | 42.51   | #310 Women 19&U 100 Back Prelims | 1:17.97 |
| #314 Women 19&U 200 IM Prelims    | 2:59.93 |                                  |         |

**Bon Aquatics Club 2021 2022-EK Total Individual Entries: 30 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Bulawayo Amateur Swimming Ass****1 Armstrong, Ocean - Female - Age: 12 - Ind/Rel: 8 / 3**

|   |         |                                  |         |
|---|---------|----------------------------------|---------|
| #104 Women 12 400 Free                        | 5:24.05 | #202 Women 19&U 100 Free Prelims | 1:10.15 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:55.37 | #302 Women 19&U 200 Free Prelims | 2:33.72 |
| #306 Women 19&U 50 Breast Prelims             | 45.55   | #314 Women 19&U 200 IM Prelims   | 3:06.44 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.92 | #402 Women 19&U 50 Free Prelims  | 31.30   |
| #410 Women 19&U 50 Back                       | 40.05   | #412 Women 19&U 50 Fly Prelims   | 37.40   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.67 |                                  |         |

**2 Barrow, Isabella S - Female - Age: 11 - Ind/Rel: 8 / 1**

|  |         |                                  |         |
|--|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims             | 1:20.25 | #208 Women 19&U 200 Back Prelims | 3:11.77 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.37 | #302 Women 19&U 200 Free Prelims | 3:02.77 |
| #310 Women 19&U 100 Back Prelims             | 1:30.67 | #314 Women 19&U 200 IM Prelims   | 3:18.99 |
| #402 Women 19&U 50 Free Prelims              | 35.87   | #410 Women 19&U 50 Back          | 41.80   |
| #412 Women 19&U 50 Fly Prelims               | 42.43   |                                  |         |

**3 Dube, Nomvula - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.56 | #206 Women 19&U 100 Breast Prelims | 1:30.12 |
| #212 Women 19&U 100 Fly Prelims  | 1:21.74 | #306 Women 19&U 50 Breast Prelims  | 41.29   |
| #314 Women 19&U 200 IM Prelims   | 2:55.23 | #402 Women 19&U 50 Free Prelims    | 32.68   |
| #406 Women 19&U 200 Breast       | 3:14.66 | #412 Women 19&U 50 Fly Prelims     | 35.95   |

**4 Matabeya, Farai - Female - Age: 11 - Ind/Rel: 9 / 4**

|   |         |   |         |
|---|---------|---|---------|
| #102 Women 11&U 400 Free                      | 5:49.25 | #202 Women 19&U 100 Free Prelims              | 1:11.02 |
| #208 Women 19&U 200 Back Prelims              | 3:04.76 | #212 Women 19&U 100 Fly Prelims               | 1:24.46 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:55.37 | #302 Women 19&U 200 Free Prelims              | 2:39.11 |
| #306 Women 19&U 50 Breast Prelims             | 43.17   | #314 Women 19&U 200 IM Prelims                | 3:01.39 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.92 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:35.79 |
| #402 Women 19&U 50 Free Prelims               | 31.85   | #412 Women 19&U 50 Fly Prelims                | 36.02   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.67 |   |         |

**5 Mhlanga, Lisa A - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:12.97 | #206 Women 19&U 100 Breast Prelims | 1:29.54 |
| #306 Women 19&U 50 Breast Prelims | 39.45   | #310 Women 19&U 100 Back Prelims   | 1:28.22 |
| #314 Women 19&U 200 IM Prelims    | 3:04.34 | #402 Women 19&U 50 Free Prelims    | 31.93   |
| #406 Women 19&U 200 Breast        | 3:20.11 | #412 Women 19&U 50 Fly Prelims     | 38.02   |

**6 Mkwanzani, Nkonzo - Male - Age: 11 - Ind/Rel: 7 / 1**

|   |         |                                |         |
|---|---------|--------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims              | 1:40.23 | #207 Men 19&U 200 Back Prelims | 3:32.90 |
| #305 Men 19&U 50 Breast Prelims               | 45.17   | #309 Men 19&U 100 Back Prelims | 1:36.73 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:35.79 | #401 Men 19&U 50 Free Prelims  | 37.36   |
| #405 Men 19&U 200 Breast                      | 3:40.26 | #409 Men 19&U 50 Back Prelims  | 42.53   |

**7 Ngwenya, Rachel - Female - Age: 11 - Ind/Rel: 8 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:13.95 | #208 Women 19&U 200 Back Prelims             | 3:16.39 |
| #212 Women 19&U 100 Fly Prelims               | 1:35.18 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.37 |
| #302 Women 19&U 200 Free Prelims              | 2:48.81 | #306 Women 19&U 50 Breast Prelims            | 45.96   |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.92 | #402 Women 19&U 50 Free Prelims              | 34.65   |
| #410 Women 19&U 50 Back                       | 41.36   | #412 Women 19&U 50 Fly Prelims               | 38.45   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.67 |  |         |

**8 Sibanda, Andile - Male - Age: 11 - Ind/Rel: 7 / 1**

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #205 Men 19&U 100 Breast Prelims | 1:43.08 | #305 Men 19&U 50 Breast Prelims               | 44.51   |
| #309 Men 19&U 100 Back Prelims   | 1:49.43 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:35.79 |
| #401 Men 19&U 50 Free Prelims    | 38.08   | #405 Men 19&U 200 Breast                      | 3:37.68 |
| #409 Men 19&U 50 Back Prelims    | 46.11   | #411 Men 19&U 50 Fly Prelims                  | 54.64   |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Bulawayo Amateur Swimming Ass****9 Watson, Acacia - Female - Age: 11 - Ind/Rel: 7 / 3**

|   |         |   |         |
|---|---------|---|---------|
| #208 Women 19&U 200 Back Prelims              | 3:03.13 | #212 Women 19&U 100 Fly Prelims               | 1:22.53 |
| #310 Women 19&U 100 Back Prelims              | 1:22.16 | #314 Women 19&U 200 IM Prelims                | 3:04.02 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.92 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:35.79 |
| #402 Women 19&U 50 Free Prelims               | 33.12   | #410 Women 19&U 50 Back                       | 37.84   |
| #412 Women 19&U 50 Fly Prelims                | 34.84   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.67 |

**Bulawayo Amateur Swimming Ass Total Individual Entries: 70 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****C. Barracudas de Maputo****1 Chicumbe, Angela - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:22.67 | #202 Women 19&U 100 Free Prelims | 1:08.10 |
| #212 Women 19&U 100 Fly Prelims  | 1:19.90 | #302 Women 19&U 200 Free Prelims | 2:30.35 |
| #310 Women 19&U 100 Back Prelims | 1:21.23 | #406 Women 19&U 200 Breast       | 3:13.63 |
| #412 Women 19&U 50 Fly Prelims   | 34.60   |                                  |         |

**2 Domingues, Ana Beatriz F - Female - Age: 16 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.42 | #208 Women 19&U 200 Back Prelims | 2:46.16 |
| #310 Women 19&U 100 Back Prelims | 1:17.43 | #402 Women 19&U 50 Free Prelims  | 31.03   |
| #410 Women 19&U 50 Back          | 34.10   |                                  |         |

**3 Ferreira, Bruno R - Male - Age: 16 - Ind/Rel: 5 / 0**

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #111 Men 16 400 Free           | 4:48.26 | #211 Men 19&U 100 Fly Prelims | 1:07.15 |
| #301 Men 19&U 200 Free Prelims | 2:17.45 | #313 Men 19&U 200 IM Prelims  | 2:35.97 |
| #411 Men 19&U 50 Fly Prelims   | 30.33   |                               |         |

**4 Issufo, Rihanna - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                       |         |                                   |         |
|---------------------------------------|---------|-----------------------------------|---------|
| #212 Women 19&U 100 Fly Prelims       | 1:36.17 | #306 Women 19&U 50 Breast Prelims | 43.00   |
| #312 Women 99&U 100 Back Para Prelims | 1:34.81 | #314 Women 19&U 200 IM Prelims    | 3:08.11 |
| #406 Women 19&U 200 Breast            | 3:31.43 | #412 Women 19&U 50 Fly Prelims    | 41.89   |

**5 Marques, Rodrigo D - Male - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free             | 5:01.55 | #201 Men 19&U 100 Free Prelims | 1:01.60 |
| #205 Men 19&U 100 Breast Prelims | 1:17.25 | #301 Men 19&U 200 Free Prelims | 2:18.20 |
| #305 Men 19&U 50 Breast Prelims  | 34.13   | #405 Men 19&U 200 Breast       | 2:58.89 |
| #411 Men 19&U 50 Fly Prelims     | 31.71   |                                |         |

**6 Massih, Arvin A - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #107 Men 14 400 Free           | 5:10.23 | #211 Men 19&U 100 Fly Prelims | 1:18.58 |
| #301 Men 19&U 200 Free Prelims | 2:26.10 | #313 Men 19&U 200 IM Prelims  | 2:41.18 |
| #411 Men 19&U 50 Fly Prelims   | 33.37   |                               |         |

**7 Massih, Kyle A - Male - Age: 13 - Ind/Rel: 5 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:47.11 | #305 Men 19&U 50 Breast Prelims | 40.86   |
| #309 Men 19&U 100 Back Prelims | 1:17.96 | #405 Men 19&U 200 Breast        | 3:17.73 |
| #409 Men 19&U 50 Back Prelims  | 36.70   |                                 |         |

**8 Roff, Matilde P - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #112 Women 16 400 Free           | 5:14.90 | #206 Women 19&U 100 Breast Prelims | 1:27.32 |
| #302 Women 19&U 200 Free Prelims | 2:27.41 | #314 Women 19&U 200 IM Prelims     | 2:47.59 |
| #406 Women 19&U 200 Breast       | 3:05.26 | #412 Women 19&U 50 Fly Prelims     | 35.32   |

**9 Teixeira, Irina M - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 5:51.75 | #202 Women 19&U 100 Free Prelims | 1:15.90 |
| #302 Women 19&U 200 Free Prelims | 2:47.63 | #402 Women 19&U 50 Free Prelims  | 33.75   |
| #412 Women 19&U 50 Fly Prelims   | 38.91   |                                  |         |

**10 Viseu, Keanu E - Male - Age: 14 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 4:51.98 | #201 Men 19&U 100 Free Prelims | 1:01.26 |
| #207 Men 19&U 200 Back Prelims | 2:41.11 | #301 Men 19&U 200 Free Prelims | 2:17.11 |
| #309 Men 19&U 100 Back Prelims | 1:14.79 | #401 Men 19&U 50 Free Prelims  | 27.63   |
| #411 Men 19&U 50 Fly Prelims   | 30.53   |                                |         |

**C. Barracudas de Maputo Total Individual Entries: 58 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Cardinal Aquatics-EK****1 Adreani, Alexia - Female - Age: 16 - Ind/Rel: 12 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #112 Women 16 400 Free                        | 5:33.32 | #202 Women 19&U 100 Free Prelims               | 1:09.70 |
| #206 Women 19&U 100 Breast Prelims            | 1:33.77 | #208 Women 19&U 200 Back Prelims               | 2:49.48 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:37.26 | #302 Women 19&U 200 Free Prelims               | 2:35.38 |
| #306 Women 19&U 50 Breast Prelims             | 41.97   | #310 Women 19&U 100 Back Prelims               | 1:17.83 |
| #314 Women 19&U 200 IM Prelims                | 3:00.14 | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 1:56.97 |
| #402 Women 19&U 50 Free Prelims               | 31.71   | #406 Women 19&U 200 Breast                     | 3:20.12 |
| #410 Women 19&U 50 Back                       | 35.53   | #412 Women 19&U 50 Fly Prelims                 | 33.04   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me  | 2:16.49 |  |         |

**2 Baker, Benjamin - Male - Age: 14 - Ind/Rel: 10 / 3**

|   |         |                                |         |
|---|---------|--------------------------------|---------|
| #107 Men 14 400 Free                            | 5:06.80 | #201 Men 19&U 100 Free Prelims | 1:06.36 |
| #205 Men 19&U 100 Breast Prelims                | 1:33.79 | #207 Men 19&U 200 Back Prelims | 2:44.50 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R  | 4:08.29 | #301 Men 19&U 200 Free Prelims | 2:21.61 |
| #305 Men 19&U 50 Breast Prelims                 | 42.97   | #309 Men 19&U 100 Back Prelims | 1:17.08 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:55.53 | #401 Men 19&U 50 Free Prelims  | 29.52   |
| #405 Men 19&U 200 Breast                        | 3:20.91 | #409 Men 19&U 50 Back Prelims  | 35.18   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle   | 2:05.65 |                                |         |

**3 Boardman, Leah C - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:13.46 | #206 Women 19&U 100 Breast Prelims | 1:33.02 |
| #302 Women 19&U 200 Free Prelims | 2:45.92 | #306 Women 19&U 50 Breast Prelims  | 41.29   |
| #402 Women 19&U 50 Free Prelims  | 32.85   | #406 Women 19&U 200 Breast         | 3:27.45 |
| #412 Women 19&U 50 Fly Prelims   | 34.53   |                                    |         |

**4 De Montille, Erin G - Female - Age: 16 - Ind/Rel: 7 / 3**

|  |         |  |         |
|--|---------|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:10.58 | #208 Women 19&U 200 Back Prelims             | 2:42.83 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:37.26 | #302 Women 19&U 200 Free Prelims             | 2:33.24 |
| #310 Women 19&U 100 Back Prelims               | 1:16.51 | #314 Women 19&U 200 IM Prelims               | 3:05.69 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 1:56.97 | #402 Women 19&U 50 Free Prelims              | 32.38   |
| #410 Women 19&U 50 Back                        | 36.02   | #420 Women 16-19 4x50 Medley Relay 4 x 50 Me | 2:16.49 |

**5 Dukoff - Gordon, Kyle - Male - Age: 11 - Ind/Rel: 6 / 1**

|   |         |                                  |         |
|---|---------|----------------------------------|---------|
| #101 Men 11&U 400 Free                        | 6:15.30 | #205 Men 19&U 100 Breast Prelims | 1:40.22 |
| #207 Men 19&U 200 Back Prelims                | 3:17.89 | #305 Men 19&U 50 Breast Prelims  | 46.84   |
| #313 Men 19&U 200 IM Prelims                  | 3:16.55 | #405 Men 19&U 200 Breast         | 3:23.74 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:52.16 |                                  |         |

**6 Fernandes, David D - Male - Age: 11 - Ind/Rel: 6 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                | 1:14.17 | #205 Men 19&U 100 Breast Prelims               | 1:40.74 |
| #211 Men 19&U 100 Fly Prelims                 | 1:29.85 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:58.55 |
| #313 Men 19&U 200 IM Prelims                  | 3:09.05 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:16.48 |
| #401 Men 19&U 50 Free Prelims                 | 32.96   | #411 Men 19&U 50 Fly Prelims                   | 34.28   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:34.22 |  |         |

**7 Fish, Caitlyn - Female - Age: 17 - Ind/Rel: 8 / 3**

|  |         |                                  |         |
|--|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims               | 1:06.89 | #208 Women 19&U 200 Back Prelims | 2:43.93 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:37.26 | #302 Women 19&U 200 Free Prelims | 2:28.82 |
| #310 Women 19&U 100 Back Prelims               | 1:16.02 | #314 Women 19&U 200 IM Prelims   | 2:51.16 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 1:56.97 | #402 Women 19&U 50 Free Prelims  | 30.50   |
| #410 Women 19&U 50 Back                        | 33.82   | #412 Women 19&U 50 Fly Prelims   | 32.91   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:16.49 |                                  |         |

**8 Fish, Hayden M - Male - Age: 15 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:00.18 | #207 Men 19&U 200 Back Prelims | 2:28.85 |
| #211 Men 19&U 100 Fly Prelims  | 1:04.99 | #301 Men 19&U 200 Free Prelims | 2:16.97 |
| #309 Men 19&U 100 Back Prelims | 1:07.89 | #313 Men 19&U 200 IM Prelims   | 2:35.08 |
| #401 Men 19&U 50 Free Prelims  | 28.06   | #409 Men 19&U 50 Back Prelims  | 31.08   |
| #411 Men 19&U 50 Fly Prelims   | 28.31   |                                |         |



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Cardinal Aquatics-EK****9 Fish, Kieran M - Male - Age: 15 - Ind/Rel: 7 / 2**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:00.60 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:08.29 |
| #309 Men 19&U 100 Back Prelims                 | 1:10.04 |
| #405 Men 19&U 200 Breast                       | 2:51.37 |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle  | 2:05.65 |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:16.40 |
| #305 Men 19&U 50 Breast Prelims  | 34.21   |
| #313 Men 19&U 200 IM Prelims     | 2:47.95 |
| #409 Men 19&U 50 Back Prelims    | 30.76   |

**10 Fouché, Matthew L - Male - Age: 19 - Ind/Rel: 6 / 3**

|  |         |
|--|---------|
| #113 Men 17-19 400 Free                        | 5:04.40 |
| #207 Men 19&U 200 Back Prelims                 | 2:36.00 |
| #217 Men 16-19 4x100 Free Relay 4 X 100 Free R | 4:01.62 |
| #309 Men 19&U 100 Back Prelims                 | 1:12.62 |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle  | 2:29.44 |

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                  | 1:00.75 |
| #211 Men 19&U 100 Fly Prelims                   | 1:10.72 |
| #301 Men 19&U 200 Free Prelims                  | 2:12.37 |
| #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:51.11 |

**11 Haupt, Riley F - Female - Age: 11 - Ind/Rel: 9 / 3**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.59 |
| #212 Women 19&U 100 Fly Prelims  | 1:32.87 |
| #302 Women 19&U 200 Free Prelims | 2:38.90 |
| #314 Women 19&U 200 IM Prelims   | 3:11.96 |
| #402 Women 19&U 50 Free Prelims  | 32.18   |
| #412 Women 19&U 50 Fly Prelims   | 35.68   |

|   |         |
|---|---------|
| #208 Women 19&U 200 Back Prelims              | 2:51.54 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:54.64 |
| #310 Women 19&U 100 Back Prelims              | 1:19.02 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:07.89 |
| #410 Women 19&U 50 Back                       | 37.23   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:25.27 |

**12 Hill, Connor J - Male - Age: 11 - Ind/Rel: 7 / 1**

|                                 |         |
|---------------------------------|---------|
| #101 Men 11&U 400 Free          | 6:16.39 |
| #305 Men 19&U 50 Breast Prelims | 54.26   |
| #401 Men 19&U 50 Free Prelims   | 35.96   |
| #411 Men 19&U 50 Fly Prelims    | 42.36   |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims               | 1:21.09 |
| #309 Men 19&U 100 Back Prelims               | 1:36.97 |
| #409 Men 19&U 50 Back Prelims                | 43.38   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle | 2:52.16 |

**13 Hinteregger, Mila M - Female - Age: 11 - Ind/Rel: 7 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:22.80 |
| #302 Women 19&U 200 Free Prelims | 3:08.36 |
| #314 Women 19&U 200 IM Prelims   | 3:32.60 |
| #406 Women 19&U 200 Breast       | 3:30.96 |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:37.40 |
| #306 Women 19&U 50 Breast Prelims  | 44.98   |
| #402 Women 19&U 50 Free Prelims    | 36.57   |

**14 Hinteregger, Zack M - Male - Age: 15 - Ind/Rel: 7 / 3**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 58.12   |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:08.29 |
| #309 Men 19&U 100 Back Prelims                 | 1:08.91 |
| #401 Men 19&U 50 Free Prelims                  | 26.75   |
| #411 Men 19&U 50 Fly Prelims                   | 30.30   |

|   |         |
|---|---------|
| #211 Men 19&U 100 Fly Prelims                   | 1:17.58 |
| #301 Men 19&U 200 Free Prelims                  | 2:14.86 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:55.53 |
| #409 Men 19&U 50 Back Prelims                   | 31.27   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle   | 2:05.65 |

**15 Houniet, Lexie E - Female - Age: 15 - Ind/Rel: 9 / 1**

|  |         |
|--|---------|
| #110 Women 15 400 Free                         | 5:21.10 |
| #212 Women 19&U 100 Fly Prelims                | 1:26.61 |
| #310 Women 19&U 100 Back Prelims               | 1:22.50 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:06.43 |
| #410 Women 19&U 50 Back                        | 37.53   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.54 |
| #302 Women 19&U 200 Free Prelims | 2:33.12 |
| #314 Women 19&U 200 IM Prelims   | 2:56.06 |
| #402 Women 19&U 50 Free Prelims  | 32.17   |
| #412 Women 19&U 50 Fly Prelims   | 37.10   |

**16 Huang, Eric - Male - Age: 18 - Ind/Rel: 8 / 3**

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                  | 59.93   |
| #217 Men 16-19 4x100 Free Relay 4 X 100 Free R  | 4:01.62 |
| #305 Men 19&U 50 Breast Prelims                 | 33.50   |
| #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:51.11 |
| #405 Men 19&U 200 Breast                        | 2:38.92 |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle   | 2:29.44 |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:13.89 |
| #301 Men 19&U 200 Free Prelims   | 2:09.60 |
| #313 Men 19&U 200 IM Prelims     | 2:25.04 |
| #401 Men 19&U 50 Free Prelims    | 27.76   |
| #411 Men 19&U 50 Fly Prelims     | 29.74   |

**17 Huang, Sunny - Female - Age: 15 - Ind/Rel: 6 / 2**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:08.17 |
| #302 Women 19&U 200 Free Prelims               | 2:29.40 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:06.43 |
| #412 Women 19&U 50 Fly Prelims                 | 33.27   |

|  |         |
|--|---------|
| #212 Women 19&U 100 Fly Prelims              | 1:14.75 |
| #310 Women 19&U 100 Back Prelims             | 1:20.04 |
| #402 Women 19&U 50 Free Prelims              | 31.40   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:27.45 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Cardinal Aquatics-EK****18 Jones, Amy-Lee - Female - Age: 15 - Ind/Rel: 7 / 1**

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.93 | #208 Women 19&U 200 Back Prelims             | 2:42.04 |
| #302 Women 19&U 200 Free Prelims | 2:27.36 | #310 Women 19&U 100 Back Prelims             | 1:17.90 |
| #402 Women 19&U 50 Free Prelims  | 30.97   | #410 Women 19&U 50 Back                      | 35.60   |
| #412 Women 19&U 50 Fly Prelims   | 33.48   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:27.45 |

**19 Koegelenberg, Ruben - Male - Age: 13 - Ind/Rel: 8 / 1**

|   |         |                                |         |
|---|---------|--------------------------------|---------|
| #105 Men 13 400 Free                            | 5:39.42 | #201 Men 19&U 100 Free Prelims | 1:10.50 |
| #205 Men 19&U 100 Breast Prelims                | 1:40.67 | #301 Men 19&U 200 Free Prelims | 2:38.52 |
| #309 Men 19&U 100 Back Prelims                  | 1:28.33 | #313 Men 19&U 200 IM Prelims   | 3:06.70 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:55.53 | #401 Men 19&U 50 Free Prelims  | 31.43   |
| #411 Men 19&U 50 Fly Prelims                    | 37.14   |                                |         |

**20 Lindsay, Sage M - Female - Age: 10 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:21.31 | #208 Women 19&U 200 Back Prelims | 3:04.00 |
| #302 Women 19&U 200 Free Prelims | 3:00.75 | #310 Women 19&U 100 Back Prelims | 1:25.05 |
| #314 Women 19&U 200 IM Prelims   | 3:21.20 | #402 Women 19&U 50 Free Prelims  | 36.75   |
| #410 Women 19&U 50 Back          | 38.51   | #412 Women 19&U 50 Fly Prelims   | 40.12   |

**21 Mapulane, Amaru T - Female - Age: 11 - Ind/Rel: 8 / 3**

|   |         |                                    |         |
|---|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims              | 1:11.90 | #206 Women 19&U 100 Breast Prelims | 1:39.36 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:54.64 | #302 Women 19&U 200 Free Prelims   | 2:40.74 |
| #306 Women 19&U 50 Breast Prelims             | 44.22   | #314 Women 19&U 200 IM Prelims     | 3:18.08 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:07.89 | #402 Women 19&U 50 Free Prelims    | 31.84   |
| #406 Women 19&U 200 Breast                    | 3:31.90 | #412 Women 19&U 50 Fly Prelims     | 41.50   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:25.27 |                                    |         |

**22 Meyburgh, Olivia C - Female - Age: 11 - Ind/Rel: 6 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #202 Women 19&U 100 Free Prelims             | 1:16.23 | #212 Women 19&U 100 Fly Prelims               | 1:28.24 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:54.64 | #302 Women 19&U 200 Free Prelims              | 2:55.71 |
| #314 Women 19&U 200 IM Prelims               | 3:25.40 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:14.67 |
| #402 Women 19&U 50 Free Prelims              | 34.26   | #412 Women 19&U 50 Fly Prelims                | 37.00   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me  | 2:30.51 |   |         |

**23 Meyburgh, Victoria A - Female - Age: 11 - Ind/Rel: 8 / 3**

|   |         |                                  |         |
|---|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims              | 1:11.76 | #208 Women 19&U 200 Back Prelims | 2:55.01 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:43.73 | #302 Women 19&U 200 Free Prelims | 2:44.15 |
| #310 Women 19&U 100 Back Prelims              | 1:20.84 | #314 Women 19&U 200 IM Prelims   | 3:21.41 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:07.89 | #402 Women 19&U 50 Free Prelims  | 32.36   |
| #410 Women 19&U 50 Back                       | 36.39   | #412 Women 19&U 50 Fly Prelims   | 40.50   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:25.27 |                                  |         |

**24 Meyer, Ricchard - Male - Age: 16 - Ind/Rel: 0 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #217 Men 16-19 4x100 Free Relay 4 X 100 Free R | 4:01.62 | #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:51.11 |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle  | 2:29.44 |   |         |

**25 Nellmapius, Keegan D - Male - Age: 17 - Ind/Rel: 9 / 3**

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #113 Men 17-19 400 Free        | 4:49.21 | #201 Men 19&U 100 Free Prelims                  | 59.84   |
| #207 Men 19&U 200 Back Prelims | 2:21.86 | #217 Men 16-19 4x100 Free Relay 4 X 100 Free R  | 4:01.62 |
| #301 Men 19&U 200 Free Prelims | 2:14.51 | #309 Men 19&U 100 Back Prelims                  | 1:06.86 |
| #313 Men 19&U 200 IM Prelims   | 2:36.77 | #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:51.11 |
| #401 Men 19&U 50 Free Prelims  | 27.48   | #409 Men 19&U 50 Back Prelims                   | 31.13   |
| #411 Men 19&U 50 Fly Prelims   | 30.46   | #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle   | 2:29.44 |

**26 Ostoja, Frano M - Male - Age: 11 - Ind/Rel: 6 / 1**

|  |         |                                 |         |
|--|---------|---------------------------------|---------|
| #101 Men 11&U 400 Free                       | 6:23.98 | #201 Men 19&U 100 Free Prelims  | 1:22.23 |
| #301 Men 19&U 200 Free Prelims               | 2:57.11 | #305 Men 19&U 50 Breast Prelims | 51.73   |
| #401 Men 19&U 50 Free Prelims                | 38.86   | #405 Men 19&U 200 Breast        | 3:58.39 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle | 2:52.16 |                                 |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Cardinal Aquatics-EK****27 Otto, Abigayle S - Female - Age: 16 - Ind/Rel: 6 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:10.09 | #206 Women 19&U 100 Breast Prelims             | 1:25.59 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:37.26 | #302 Women 19&U 200 Free Prelims               | 2:39.21 |
| #306 Women 19&U 50 Breast Prelims             | 37.25   | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 1:56.97 |
| #402 Women 19&U 50 Free Prelims               | 31.47   | #412 Women 19&U 50 Fly Prelims                 | 34.99   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me  | 2:16.49 |  |         |

**28 Raffle, Mackenzie - Female - Age: 10 - Ind/Rel: 9 / 3**

|                                    |         |   |         |
|------------------------------------|---------|---|---------|
| #102 Women 11&U 400 Free           | 5:34.17 | #202 Women 19&U 100 Free Prelims              | 1:10.59 |
| #206 Women 19&U 100 Breast Prelims | 1:33.49 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:43.73 |
| #302 Women 19&U 200 Free Prelims   | 2:37.11 | #306 Women 19&U 50 Breast Prelims             | 42.30   |
| #314 Women 19&U 200 IM Prelims     | 3:06.21 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:14.67 |
| #402 Women 19&U 50 Free Prelims    | 33.16   | #406 Women 19&U 200 Breast                    | 3:25.33 |
| #412 Women 19&U 50 Fly Prelims     | 40.67   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.51 |

**29 Rondel, Mikayla J - Female - Age: 12 - Ind/Rel: 10 / 3**

|   |         |                                  |         |
|---|---------|----------------------------------|---------|
| #104 Women 12 400 Free                        | 5:31.21 | #202 Women 19&U 100 Free Prelims | 1:11.80 |
| #206 Women 19&U 100 Breast Prelims            | 1:36.99 | #208 Women 19&U 200 Back Prelims | 3:01.10 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:43.73 | #302 Women 19&U 200 Free Prelims | 2:36.29 |
| #306 Women 19&U 50 Breast Prelims             | 45.21   | #310 Women 19&U 100 Back Prelims | 1:27.00 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:14.67 | #402 Women 19&U 50 Free Prelims  | 33.74   |
| #406 Women 19&U 200 Breast                    | 3:28.65 | #410 Women 19&U 50 Back          | 40.07   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.51 |                                  |         |

**30 Sequeira, Alex M - Male - Age: 12 - Ind/Rel: 10 / 2**

|   |         |   |         |
|---|---------|---|---------|
| #103 Men 12 400 Free                          | 6:04.80 | #201 Men 19&U 100 Free Prelims                | 1:18.93 |
| #205 Men 19&U 100 Breast Prelims              | 1:36.47 | #207 Men 19&U 200 Back Prelims                | 3:11.03 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:58.55 | #301 Men 19&U 200 Free Prelims                | 2:53.04 |
| #305 Men 19&U 50 Breast Prelims               | 46.13   | #313 Men 19&U 200 IM Prelims                  | 3:10.18 |
| #401 Men 19&U 50 Free Prelims                 | 36.71   | #405 Men 19&U 200 Breast                      | 3:27.48 |
| #411 Men 19&U 50 Fly Prelims                  | 43.41   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:34.22 |

**31 Smith, Connor C - Male - Age: 11 - Ind/Rel: 9 / 3**

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #101 Men 11&U 400 Free         | 5:13.73 | #201 Men 19&U 100 Free Prelims                | 1:10.01 |
| #207 Men 19&U 200 Back Prelims | 3:12.68 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:58.55 |
| #301 Men 19&U 200 Free Prelims | 2:29.07 | #309 Men 19&U 100 Back Prelims                | 1:29.52 |
| #313 Men 19&U 200 IM Prelims   | 3:07.43 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rel | 2:16.48 |
| #401 Men 19&U 50 Free Prelims  | 32.43   | #409 Men 19&U 50 Back Prelims                 | 42.54   |
| #411 Men 19&U 50 Fly Prelims   | 38.12   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:34.22 |

**32 Smith, Madison M - Female - Age: 14 - Ind/Rel: 7 / 1**

|                                    |         |  |         |
|------------------------------------|---------|--|---------|
| #206 Women 19&U 100 Breast Prelims | 1:26.59 | #212 Women 19&U 100 Fly Prelims              | 1:21.24 |
| #306 Women 19&U 50 Breast Prelims  | 39.43   | #314 Women 19&U 200 IM Prelims               | 2:54.56 |
| #406 Women 19&U 200 Breast         | 3:07.30 | #410 Women 19&U 50 Back                      | 38.57   |
| #412 Women 19&U 50 Fly Prelims     | 35.21   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:27.45 |

**33 Sutherland, Cayleb - Male - Age: 11 - Ind/Rel: 11 / 2**

|   |         |   |         |
|---|---------|---|---------|
| #101 Men 11&U 400 Free                        | 6:23.97 | #201 Men 19&U 100 Free Prelims                | 1:21.84 |
| #205 Men 19&U 100 Breast Prelims              | 1:49.41 | #301 Men 19&U 200 Free Prelims                | 3:04.60 |
| #305 Men 19&U 50 Breast Prelims               | 48.74   | #309 Men 19&U 100 Back Prelims                | 1:40.79 |
| #313 Men 19&U 200 IM Prelims                  | 3:29.01 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rel | 2:16.48 |
| #401 Men 19&U 50 Free Prelims                 | 35.77   | #405 Men 19&U 200 Breast                      | 3:53.42 |
| #409 Men 19&U 50 Back Prelims                 | 44.10   | #411 Men 19&U 50 Fly Prelims                  | 46.49   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:52.16 |   |         |

**34 Topliss, Tatum - Female - Age: 14 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.27 | #302 Women 19&U 200 Free Prelims | 2:31.65 |
| #314 Women 19&U 200 IM Prelims   | 3:07.52 | #402 Women 19&U 50 Free Prelims  | 31.98   |
| #410 Women 19&U 50 Back          | 39.43   | #412 Women 19&U 50 Fly Prelims   | 35.82   |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Cardinal Aquatics-EK****35 Van Der Merwe, Joseph G - Male - Age: 15 - Ind/Rel: 5 / 3**

|   |         |   |         |
|---|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                  | 1:03.21 | #205 Men 19&U 100 Breast Prelims              | 1:16.94 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R  | 4:08.29 | #305 Men 19&U 50 Breast Prelims               | 35.07   |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:55.53 | #401 Men 19&U 50 Free Prelims                 | 27.83   |
| #405 Men 19&U 200 Breast                        | 2:51.67 | #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle | 2:05.65 |

**36 Van Der Merwe, Paiton R - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 3:14.11 | #310 Women 19&U 100 Back Prelims | 1:31.37 |
| #314 Women 19&U 200 IM Prelims   | 3:26.29 | #406 Women 19&U 200 Breast       | 4:34.13 |
| #410 Women 19&U 50 Back          | 43.08   |                                  |         |

**37 Van Zyl, Nicole M - Female - Age: 15 - Ind/Rel: 9 / 1**

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.94 | #206 Women 19&U 100 Breast Prelims           | 1:28.99 |
| #208 Women 19&U 200 Back Prelims | 2:51.90 | #306 Women 19&U 50 Breast Prelims            | 40.43   |
| #310 Women 19&U 100 Back Prelims | 1:21.34 | #314 Women 19&U 200 IM Prelims               | 3:00.05 |
| #402 Women 19&U 50 Free Prelims  | 33.48   | #406 Women 19&U 200 Breast                   | 3:13.78 |
| #410 Women 19&U 50 Back          | 36.83   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:27.45 |

**38 Watt, Kaylee J - Female - Age: 12 - Ind/Rel: 11 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #104 Women 12 400 Free                       | 5:29.51 | #202 Women 19&U 100 Free Prelims              | 1:09.58 |
| #206 Women 19&U 100 Breast Prelims           | 1:31.08 | #208 Women 19&U 200 Back Prelims              | 2:52.24 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:43.73 | #302 Women 19&U 200 Free Prelims              | 2:34.92 |
| #306 Women 19&U 50 Breast Prelims            | 41.36   | #310 Women 19&U 100 Back Prelims              | 1:20.20 |
| #314 Women 19&U 200 IM Prelims               | 2:56.73 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:07.89 |
| #402 Women 19&U 50 Free Prelims              | 31.51   | #410 Women 19&U 50 Back                       | 36.68   |
| #412 Women 19&U 50 Fly Prelims               | 35.52   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:25.27 |

**39 Whelan, Troy G - Male - Age: 12 - Ind/Rel: 8 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #103 Men 12 400 Free                          | 6:03.33 | #201 Men 19&U 100 Free Prelims                 | 1:15.44 |
| #207 Men 19&U 200 Back Prelims                | 3:00.36 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:58.55 |
| #301 Men 19&U 200 Free Prelims                | 2:52.29 | #309 Men 19&U 100 Back Prelims                 | 1:26.96 |
| #313 Men 19&U 200 IM Prelims                  | 3:20.83 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:16.48 |
| #401 Men 19&U 50 Free Prelims                 | 35.32   | #409 Men 19&U 50 Back Prelims                  | 41.38   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:34.22 |  |         |

**40 Wright, Hannah C - Female - Age: 12 - Ind/Rel: 9 / 3**

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #104 Women 12 400 Free           | 5:44.43 | #208 Women 19&U 200 Back Prelims              | 3:02.77 |
| #212 Women 19&U 100 Fly Prelims  | 1:27.35 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:54.64 |
| #302 Women 19&U 200 Free Prelims | 2:43.64 | #310 Women 19&U 100 Back Prelims              | 1:23.32 |
| #314 Women 19&U 200 IM Prelims   | 3:12.40 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:14.67 |
| #402 Women 19&U 50 Free Prelims  | 33.51   | #410 Women 19&U 50 Back                       | 37.47   |
| #412 Women 19&U 50 Fly Prelims   | 37.96   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:30.51 |

**Cardinal Aquatics-EK Total Individual Entries: 306 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Champion Swimming Club-TS****1 Bezuidenhout, Joha J - Male - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:35.33 |
| #305 Men 19&U 50 Breast Prelims  | 40.77   |
| #405 Men 19&U 200 Breast         | 3:14.63 |
| #411 Men 19&U 50 Fly Prelims     | 40.21   |

|                                |         |
|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 3:02.15 |
| #309 Men 19&U 100 Back Prelims | 1:21.29 |
| #409 Men 19&U 50 Back Prelims  | 37.56   |

**2 Harrop-Allin, George - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |
|--------------------------------|---------|
| #109 Men 15 400 Free           | 4:57.59 |
| #207 Men 19&U 200 Back Prelims | 2:21.89 |
| #309 Men 19&U 100 Back Prelims | 1:05.31 |
| #409 Men 19&U 50 Back Prelims  | 30.91   |

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.22 |
| #301 Men 19&U 200 Free Prelims | 2:16.57 |
| #401 Men 19&U 50 Free Prelims  | 29.04   |
| #411 Men 19&U 50 Fly Prelims   | 31.12   |

**3 Harrop-Allin, Katherine - Female - Age: 11 - Ind/Rel: 9 / 0**

|                                    |         |
|------------------------------------|---------|
| #102 Women 11&U 400 Free           | 5:43.72 |
| #206 Women 19&U 100 Breast Prelims | 1:37.65 |
| #306 Women 19&U 50 Breast Prelims  | 43.72   |
| #402 Women 19&U 50 Free Prelims    | 35.08   |
| #410 Women 19&U 50 Back            | 42.36   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:16.95 |
| #302 Women 19&U 200 Free Prelims | 2:40.71 |
| #314 Women 19&U 200 IM Prelims   | 3:16.57 |
| #406 Women 19&U 200 Breast       | 3:27.68 |

**4 Otto, Luca L - Male - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |
|----------------------------------|---------|
| #103 Men 12 400 Free             | 5:33.82 |
| #205 Men 19&U 100 Breast Prelims | 1:26.09 |
| #305 Men 19&U 50 Breast Prelims  | 37.69   |
| #405 Men 19&U 200 Breast         | 3:11.03 |

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.05 |
| #301 Men 19&U 200 Free Prelims | 2:30.93 |
| #401 Men 19&U 50 Free Prelims  | 30.69   |
| #411 Men 19&U 50 Fly Prelims   | 36.53   |

**5 Pretorius, Nina - Female - Age: 18 - Ind/Rel: 1 / 0**

|                         |       |
|-------------------------|-------|
| #410 Women 19&U 50 Back | 32.82 |
|-------------------------|-------|

**6 Theron, Luah K - Female - Age: 11 - Ind/Rel: 7 / 0**

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:44.39 |
| #306 Women 19&U 50 Breast Prelims  | 49.92   |
| #314 Women 19&U 200 IM Prelims     | 3:36.82 |
| #412 Women 19&U 50 Fly Prelims     | 46.31   |

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 3:33.06 |
| #310 Women 19&U 100 Back Prelims | 1:48.61 |
| #406 Women 19&U 200 Breast       | 3:43.30 |

**Champion Swimming Club-TS Total Individual Entries: 40 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Clube Desportos Tubaroos Maput****1 Calado, Denilson - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                  |         |                                 |       |
|----------------------------------|---------|---------------------------------|-------|
| #205 Men 19&U 100 Breast Prelims | 1:23.63 | #305 Men 19&U 50 Breast Prelims | 36.93 |
| #313 Men 19&U 200 IM Prelims     | 3:01.54 | #401 Men 19&U 50 Free Prelims   | 31.81 |
| #405 Men 19&U 200 Breast         | 3:05.95 |                                 |       |

**2 Marcos, Elmer - Male - Age: 15 - Ind/Rel: 5 / 0**

|                                 |       |                               |         |
|---------------------------------|-------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 58.23 | #211 Men 19&U 100 Fly Prelims | 1:04.30 |
| #305 Men 19&U 50 Breast Prelims | 35.02 | #401 Men 19&U 50 Free Prelims | 26.43   |
| #411 Men 19&U 50 Fly Prelims    | 27.83 |                               |         |

**3 Nhampossa, Tonio - Male - Age: 13 - Ind/Rel: 5 / 0**

|                                |         |                                 |       |
|--------------------------------|---------|---------------------------------|-------|
| #201 Men 19&U 100 Free Prelims | 1:07.62 | #305 Men 19&U 50 Breast Prelims | 38.42 |
| #309 Men 19&U 100 Back Prelims | 1:16.33 | #401 Men 19&U 50 Free Prelims   | 29.38 |
| #411 Men 19&U 50 Fly Prelims   | 33.28   |                                 |       |

**Clube Desportos Tubaroos Maput Total Individual Entries: 15 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Complete Swimming Club-TS****1 Cronje, Jaimee E - Female - Age: 12 - Ind/Rel: 4 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #212 Women 19&U 100 Fly Prelims | 1:20.72 | #314 Women 19&U 200 IM Prelims | 3:14.48 |
| #402 Women 19&U 50 Free Prelims | 32.84   | #412 Women 19&U 50 Fly Prelims | 35.94   |

**2 Henderson, Taylor M - Female - Age: 12 - Ind/Rel: 5 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #310 Women 19&U 100 Back Prelims | 1:26.51 | #314 Women 19&U 200 IM Prelims | 3:18.05 |
| #402 Women 19&U 50 Free Prelims  | 33.96   | #410 Women 19&U 50 Back        | 38.04   |
| #412 Women 19&U 50 Fly Prelims   | 37.98   |                                |         |

**Complete Swimming Club-TS Total Individual Entries: 9 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Crusaders Swimming Club-JH****1 Arangies, Leon H - Male - Age: 11 - Ind/Rel: 7 / 0**

|                                  |         |                                 |       |
|----------------------------------|---------|---------------------------------|-------|
| #205 Men 19&U 100 Breast Prelims | 1:36.09 | #305 Men 19&U 50 Breast Prelims | 43.13 |
| #313 Men 19&U 200 IM Prelims     | 3:15.81 | #401 Men 19&U 50 Free Prelims   | 36.66 |
| #405 Men 19&U 200 Breast         | 3:32.47 | #409 Men 19&U 50 Back Prelims   | 38.75 |
| #411 Men 19&U 50 Fly Prelims     | 38.68   |                                 |       |

**2 De Sousa, Nicholas J - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:15.62 | #207 Men 19&U 200 Back Prelims | 3:07.00 |
| #211 Men 19&U 100 Fly Prelims  | 1:32.85 | #301 Men 19&U 200 Free Prelims | 2:49.11 |
| #309 Men 19&U 100 Back Prelims | 1:22.98 | #313 Men 19&U 200 IM Prelims   | 3:12.42 |
| #401 Men 19&U 50 Free Prelims  | 33.95   | #409 Men 19&U 50 Back Prelims  | 37.98   |
| #411 Men 19&U 50 Fly Prelims   | 38.84   |                                |         |

**3 Eckersley, Lara J - Female - Age: 14 - Ind/Rel: 9 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #108 Women 14 400 Free           | 5:51.17 | #206 Women 19&U 100 Breast Prelims | 1:31.83 |
| #208 Women 19&U 200 Back Prelims | 2:48.92 | #306 Women 19&U 50 Breast Prelims  | 41.93   |
| #310 Women 19&U 100 Back Prelims | 1:19.24 | #314 Women 19&U 200 IM Prelims     | 2:53.72 |
| #402 Women 19&U 50 Free Prelims  | 31.40   | #406 Women 19&U 200 Breast         | 3:16.01 |
| #410 Women 19&U 50 Back          | 37.13   |                                    |         |

**4 Graaff, Chloe T - Female - Age: 17 - Ind/Rel: 5 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:21.54 | #306 Women 19&U 50 Breast Prelims | 38.03   |
| #402 Women 19&U 50 Free Prelims    | 30.08   | #406 Women 19&U 200 Breast        | 2:58.31 |
| #412 Women 19&U 50 Fly Prelims     | 32.40   |                                   |         |

**5 Holland, Keira E - Female - Age: 15 - Ind/Rel: 6 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:04.54 | #206 Women 19&U 100 Breast Prelims | 1:25.67 |
| #212 Women 19&U 100 Fly Prelims   | 1:10.78 | #302 Women 19&U 200 Free Prelims   | 2:22.75 |
| #306 Women 19&U 50 Breast Prelims | 38.89   | #314 Women 19&U 200 IM Prelims     | 2:42.76 |

**6 Joubert, Chante - Female - Age: 17 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free        | 5:16.18 | #202 Women 19&U 100 Free Prelims | 1:09.56 |
| #208 Women 19&U 200 Back Prelims | 2:47.27 | #302 Women 19&U 200 Free Prelims | 2:28.69 |
| #310 Women 19&U 100 Back Prelims | 1:17.60 | #314 Women 19&U 200 IM Prelims   | 2:58.48 |
| #402 Women 19&U 50 Free Prelims  | 32.16   | #410 Women 19&U 50 Back          | 37.04   |

**7 Marite, Mmathabo M - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:27.89 | #212 Women 19&U 100 Fly Prelims  | 1:17.32 |
| #306 Women 19&U 50 Breast Prelims  | 39.75   | #310 Women 19&U 100 Back Prelims | 1:22.66 |
| #410 Women 19&U 50 Back            | 36.81   | #412 Women 19&U 50 Fly Prelims   | 34.25   |

**8 Marite, Precious T - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:38.63 | #208 Women 19&U 200 Back Prelims  | 2:54.49 |
| #212 Women 19&U 100 Fly Prelims    | 1:26.53 | #306 Women 19&U 50 Breast Prelims | 45.54   |
| #310 Women 19&U 100 Back Prelims   | 1:22.43 | #410 Women 19&U 50 Back           | 39.56   |
| #412 Women 19&U 50 Fly Prelims     | 36.63   |                                   |         |

**9 Mc Hugh, Gabby - Female - Age: 15 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:18.53 | #208 Women 19&U 200 Back Prelims | 2:39.91 |
| #212 Women 19&U 100 Fly Prelims  | 1:16.85 | #302 Women 19&U 200 Free Prelims | 2:32.84 |
| #310 Women 19&U 100 Back Prelims | 1:14.84 | #314 Women 19&U 200 IM Prelims   | 2:54.52 |
| #410 Women 19&U 50 Back          | 34.48   |                                  |         |

**10 Miller, Jessica O - Female - Age: 13 - Ind/Rel: 6 / 0**

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:14.60 | #208 Women 19&U 200 Back Prelims | 2:53.96 |
| #306 Women 19&U 50 Breast Prelims | 44.19   | #310 Women 19&U 100 Back Prelims | 1:20.30 |
| #402 Women 19&U 50 Free Prelims   | 32.35   | #410 Women 19&U 50 Back          | 35.13   |



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Crusaders Swimming Club-JH****11 Nel, Livie K - Female - Age: 11 - Ind/Rel: 11 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:25.91 | #206 Women 19&U 100 Breast Prelims | 1:54.20 |
| #208 Women 19&U 200 Back Prelims  | 3:30.94 | #212 Women 19&U 100 Fly Prelims    | 1:33.52 |
| #306 Women 19&U 50 Breast Prelims | 48.81   | #310 Women 19&U 100 Back Prelims   | 1:42.91 |
| #314 Women 19&U 200 IM Prelims    | 3:34.18 | #402 Women 19&U 50 Free Prelims    | 41.00   |
| #406 Women 19&U 200 Breast        | 3:56.93 | #410 Women 19&U 50 Back            | 48.93   |
| #412 Women 19&U 50 Fly Prelims    | 43.67   |                                    |         |

**12 Park, Jemma - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:10.54 | #206 Women 19&U 100 Breast Prelims | 1:27.71 |
| #212 Women 19&U 100 Fly Prelims   | 1:17.54 | #302 Women 19&U 200 Free Prelims   | 2:36.11 |
| #306 Women 19&U 50 Breast Prelims | 40.08   | #314 Women 19&U 200 IM Prelims     | 2:52.41 |
| #402 Women 19&U 50 Free Prelims   | 32.52   | #406 Women 19&U 200 Breast         | 3:09.07 |
| #412 Women 19&U 50 Fly Prelims    | 34.16   |                                    |         |

**13 Van den Berg, Therese - Female - Age: 13 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.51 | #302 Women 19&U 200 Free Prelims | 2:33.30 |
| #310 Women 19&U 100 Back Prelims | 1:24.74 | #314 Women 19&U 200 IM Prelims   | 3:08.72 |
| #402 Women 19&U 50 Free Prelims  | 31.67   | #410 Women 19&U 50 Back          | 40.46   |

**Crusaders Swimming Club-JH Total Individual Entries: 96 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Curro Hermanus Aquatics-OB****1 Grebe, Ava - Female - Age: 11 - Ind/Rel: 6 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:26.54 | #206 Women 19&U 100 Breast Prelims | 1:39.89 |
| #302 Women 19&U 200 Free Prelims | 3:07.29 | #306 Women 19&U 50 Breast Prelims  | 44.90   |
| #402 Women 19&U 50 Free Prelims  | 38.67   | #406 Women 19&U 200 Breast         | 3:36.23 |

**2 Pullock, Sam J - Male - Age: 14 - Ind/Rel: 7 / 0**

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free          | 5:08.93 | #201 Men 19&U 100 Free Prelims | 1:02.98 |
| #211 Men 19&U 100 Fly Prelims | 1:16.11 | #301 Men 19&U 200 Free Prelims | 2:24.38 |
| #313 Men 19&U 200 IM Prelims  | 2:48.61 | #401 Men 19&U 50 Free Prelims  | 28.44   |
| #411 Men 19&U 50 Fly Prelims  | 31.85   |                                |         |

**Curro Hermanus Aquatics-OB Total Individual Entries: 13 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Curro Langebaan Swim Club-WC****1 Basson, Lenè - Female - Age: 13 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.10 | #208 Women 19&U 200 Back Prelims | 2:44.52 |
| #212 Women 19&U 100 Fly Prelims  | 1:22.56 | #302 Women 19&U 200 Free Prelims | 2:31.29 |
| #310 Women 19&U 100 Back Prelims | 1:15.60 | #314 Women 19&U 200 IM Prelims   | 2:54.04 |
| #402 Women 19&U 50 Free Prelims  | 32.57   | #410 Women 19&U 50 Back          | 36.13   |
| #412 Women 19&U 50 Fly Prelims   | 35.84   |                                  |         |

**2 Flack, Francesca - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.17 | #208 Women 19&U 200 Back Prelims | 3:00.37 |
| #302 Women 19&U 200 Free Prelims | 2:44.66 | #310 Women 19&U 100 Back Prelims | 1:26.15 |
| #402 Women 19&U 50 Free Prelims  | 34.09   | #410 Women 19&U 50 Back          | 39.95   |
| #412 Women 19&U 50 Fly Prelims   | 39.84   |                                  |         |

**3 Hough, Caleb - Male - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free             | 5:31.38 | #201 Men 19&U 100 Free Prelims | 1:08.58 |
| #205 Men 19&U 100 Breast Prelims | 1:48.21 | #301 Men 19&U 200 Free Prelims | 2:32.28 |
| #305 Men 19&U 50 Breast Prelims  | 47.82   | #313 Men 19&U 200 IM Prelims   | 3:14.86 |
| #401 Men 19&U 50 Free Prelims    | 31.15   |                                |         |

**4 Nel, Olivia - Female - Age: 11 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:23.33 | #208 Women 19&U 200 Back Prelims | 3:14.25 |
| #302 Women 19&U 200 Free Prelims | 2:59.11 | #310 Women 19&U 100 Back Prelims | 1:30.43 |
| #314 Women 19&U 200 IM Prelims   | 3:19.86 | #402 Women 19&U 50 Free Prelims  | 38.12   |
| #406 Women 19&U 200 Breast       | 4:15.17 | #410 Women 19&U 50 Back          | 43.02   |

**Curro Langebaan Swim Club-WC Total Individual Entries: 31 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

**Curro Swimming Academy-EZ****1 Breet, Chiniq - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:36.17 | #208 Women 19&U 200 Back Prelims  | 3:19.09 |
| #302 Women 19&U 200 Free Prelims   | 2:57.78 | #306 Women 19&U 50 Breast Prelims | 43.83   |
| #314 Women 19&U 200 IM Prelims     | 3:15.74 | #406 Women 19&U 200 Breast        | 3:19.90 |
| #412 Women 19&U 50 Fly Prelims     | 44.28   |                                   |         |

**2 Bruyns, Andrew T - Male - Age: 11 - Ind/Rel: 9 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #101 Men 11&U 400 Free         | 6:34.38 | #205 Men 19&U 100 Breast Prelims | 1:48.18 |
| #211 Men 19&U 100 Fly Prelims  | 1:30.40 | #305 Men 19&U 50 Breast Prelims  | 50.85   |
| #309 Men 19&U 100 Back Prelims | 1:30.59 | #313 Men 19&U 200 IM Prelims     | 3:08.08 |
| #401 Men 19&U 50 Free Prelims  | 35.52   | #405 Men 19&U 200 Breast         | 3:48.58 |
| #411 Men 19&U 50 Fly Prelims   | 42.01   |                                  |         |

**3 Bruyns, Donne E - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:08.32 | #202 Women 19&U 100 Free Prelims | 1:07.77 |
| #208 Women 19&U 200 Back Prelims | 2:46.10 | #212 Women 19&U 100 Fly Prelims  | 1:16.92 |
| #302 Women 19&U 200 Free Prelims | 2:25.34 | #310 Women 19&U 100 Back Prelims | 1:15.66 |
| #314 Women 19&U 200 IM Prelims   | 2:49.10 | #402 Women 19&U 50 Free Prelims  | 30.88   |
| #412 Women 19&U 50 Fly Prelims   | 34.65   |                                  |         |

**4 Engelbrecht, Alize - Female - Age: 11 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:17.79 | #302 Women 19&U 200 Free Prelims | 2:49.77 |
| #310 Women 19&U 100 Back Prelims | 1:31.26 | #314 Women 19&U 200 IM Prelims   | 3:18.43 |
| #402 Women 19&U 50 Free Prelims  | 33.27   | #410 Women 19&U 50 Back          | 40.88   |
| #412 Women 19&U 50 Fly Prelims   | 38.52   |                                  |         |

**5 Janse van Rensburg, Lara - Female - Age: 14 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:28.75 | #202 Women 19&U 100 Free Prelims | 1:11.16 |
| #208 Women 19&U 200 Back Prelims | 2:43.01 | #302 Women 19&U 200 Free Prelims | 2:33.87 |
| #310 Women 19&U 100 Back Prelims | 1:14.60 | #314 Women 19&U 200 IM Prelims   | 2:56.10 |
| #402 Women 19&U 50 Free Prelims  | 33.20   | #410 Women 19&U 50 Back          | 35.50   |
| #412 Women 19&U 50 Fly Prelims   | 37.31   |                                  |         |

**6 Maritz, Jaime A - Female - Age: 15 - Ind/Rel: 8 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #110 Women 15 400 Free             | 5:25.99 | #202 Women 19&U 100 Free Prelims  | 1:04.49 |
| #206 Women 19&U 100 Breast Prelims | 1:22.68 | #306 Women 19&U 50 Breast Prelims | 37.10   |
| #310 Women 19&U 100 Back Prelims   | 1:14.76 | #402 Women 19&U 50 Free Prelims   | 29.80   |
| #406 Women 19&U 200 Breast         | 2:59.62 | #412 Women 19&U 50 Fly Prelims    | 31.19   |

**7 Oosthuizen, Amore - Female - Age: 13 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #106 Women 13 400 Free           | 5:32.83 | #202 Women 19&U 100 Free Prelims | 1:07.28 |
| #208 Women 19&U 200 Back Prelims | 2:58.77 | #302 Women 19&U 200 Free Prelims | 2:34.86 |
| #310 Women 19&U 100 Back Prelims | 1:19.55 | #314 Women 19&U 200 IM Prelims   | 3:03.18 |
| #402 Women 19&U 50 Free Prelims  | 30.68   | #410 Women 19&U 50 Back          | 35.71   |
| #412 Women 19&U 50 Fly Prelims   | 34.28   |                                  |         |

**8 Stoltz, Dylan - Male - Age: 17 - Ind/Rel: 9 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free          | 4:30.74 | #201 Men 19&U 100 Free Prelims | 57.06   |
| #205 Men 19&U 100 Breast Prelims | 1:14.71 | #301 Men 19&U 200 Free Prelims | 2:06.20 |
| #305 Men 19&U 50 Breast Prelims  | 33.83   | #313 Men 19&U 200 IM Prelims   | 2:26.73 |
| #401 Men 19&U 50 Free Prelims    | 26.61   | #405 Men 19&U 200 Breast       | 2:46.77 |
| #411 Men 19&U 50 Fly Prelims     | 28.90   |                                |         |

Curro Swimming Academy-EZ Total Individual Entries: 67 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Dmss Gators Swimming Club****1 Chilisa, Jade - Female - Age: 11 - Ind/Rel: 9 / 1**

|   |         |                                   |         |
|---|---------|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims              | 1:19.29 | #208 Women 19&U 200 Back Prelims  | 3:09.04 |
| #302 Women 19&U 200 Free Prelims              | 2:54.44 | #306 Women 19&U 50 Breast Prelims | 49.93   |
| #310 Women 19&U 100 Back Prelims              | 1:30.67 | #314 Women 19&U 200 IM Prelims    | 3:12.31 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:32.60 | #402 Women 19&U 50 Free Prelims   | 34.28   |
| #410 Women 19&U 50 Back                       | 40.48   | #412 Women 19&U 50 Fly Prelims    | 36.06   |

**2 Chilisa, Jerone - Male - Age: 12 - Ind/Rel: 10 / 1**

|                                 |         |   |         |
|---------------------------------|---------|---|---------|
| #201 Men 19&U 100 Free Prelims  | 1:11.41 | #207 Men 19&U 200 Back Prelims                | 2:56.65 |
| #211 Men 19&U 100 Fly Prelims   | 1:23.30 | #301 Men 19&U 200 Free Prelims                | 2:40.41 |
| #305 Men 19&U 50 Breast Prelims | 41.66   | #309 Men 19&U 100 Back Prelims                | 1:21.66 |
| #313 Men 19&U 200 IM Prelims    | 3:01.58 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:32.60 |
| #401 Men 19&U 50 Free Prelims   | 30.31   | #409 Men 19&U 50 Back Prelims                 | 35.26   |
| #411 Men 19&U 50 Fly Prelims    | 33.29   |   |         |

**3 De Jager, Ruben - Male - Age: 14 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:22.21 | #201 Men 19&U 100 Free Prelims | 1:08.22 |
| #207 Men 19&U 200 Back Prelims | 2:36.11 | #309 Men 19&U 100 Back Prelims | 1:14.60 |
| #401 Men 19&U 50 Free Prelims  | 30.82   | #409 Men 19&U 50 Back Prelims  | 34.23   |
| #411 Men 19&U 50 Fly Prelims   | 35.55   |                                |         |

**4 Dithogo, Amaru T - Female - Age: 17 - Ind/Rel: 8 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free          | 5:12.43 | #202 Women 19&U 100 Free Prelims | 1:05.37 |
| #206 Women 19&U 100 Breast Prelims | 1:24.01 | #302 Women 19&U 200 Free Prelims | 2:24.89 |
| #306 Women 19&U 50 Breast Prelims  | 37.39   | #314 Women 19&U 200 IM Prelims   | 2:54.43 |
| #402 Women 19&U 50 Free Prelims    | 30.35   | #412 Women 19&U 50 Fly Prelims   | 33.12   |

**5 Pabalinga, Reabetswe - Female - Age: 11 - Ind/Rel: 11 / 1**

|   |         |                                   |         |
|---|---------|-----------------------------------|---------|
| #102 Women 11&U 400 Free                      | 6:07.28 | #202 Women 19&U 100 Free Prelims  | 1:14.37 |
| #208 Women 19&U 200 Back Prelims              | 3:09.25 | #212 Women 19&U 100 Fly Prelims   | 1:28.54 |
| #302 Women 19&U 200 Free Prelims              | 2:51.36 | #306 Women 19&U 50 Breast Prelims | 49.77   |
| #310 Women 19&U 100 Back Prelims              | 1:27.32 | #314 Women 19&U 200 IM Prelims    | 3:09.29 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:32.60 | #402 Women 19&U 50 Free Prelims   | 33.61   |
| #410 Women 19&U 50 Back                       | 39.40   | #412 Women 19&U 50 Fly Prelims    | 36.25   |

**6 Seetso, Nathan - Male - Age: 16 - Ind/Rel: 8 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:28.12 | #305 Men 19&U 50 Breast Prelims | 36.09   |
| #309 Men 19&U 100 Back Prelims | 1:08.10 | #313 Men 19&U 200 IM Prelims    | 2:33.90 |
| #401 Men 19&U 50 Free Prelims  | 27.21   | #405 Men 19&U 200 Breast        | 2:52.08 |
| #409 Men 19&U 50 Back Prelims  | 31.27   | #411 Men 19&U 50 Fly Prelims    | 29.26   |

**7 Verburgt, Aaron J - Male - Age: 11 - Ind/Rel: 7 / 1**

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #101 Men 11&U 400 Free         | 5:40.33 | #201 Men 19&U 100 Free Prelims                | 1:16.00 |
| #207 Men 19&U 200 Back Prelims | 3:22.21 | #301 Men 19&U 200 Free Prelims                | 2:39.40 |
| #309 Men 19&U 100 Back Prelims | 1:37.46 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:32.60 |
| #401 Men 19&U 50 Free Prelims  | 34.21   | #409 Men 19&U 50 Back Prelims                 | 44.50   |

**Dmss Gators Swimming Club Total Individual Entries: 60 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Doreys Swim Club-JH

## 1 Bester, Keira - Female - Age: 14 - Ind/Rel: 8 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:13.00 | #206 Women 19&U 100 Breast Prelims | 1:30.81 |
| #306 Women 19&U 50 Breast Prelims | 41.03   | #310 Women 19&U 100 Back Prelims   | 1:21.51 |
| #402 Women 19&U 50 Free Prelims   | 33.57   | #406 Women 19&U 200 Breast         | 3:13.98 |
| #410 Women 19&U 50 Back           | 38.19   | #412 Women 19&U 50 Fly Prelims     | 37.61   |

## 2 Bosman, Aiden - Male - Age: 13 - Ind/Rel: 5 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:15.52 | #205 Men 19&U 100 Breast Prelims | 1:37.30 |
| #301 Men 19&U 200 Free Prelims | 2:46.40 | #309 Men 19&U 100 Back Prelims   | 1:27.12 |
| #405 Men 19&U 200 Breast       | 3:21.56 |                                  |         |

## 3 Breedt, Nardus J - Male - Age: 12 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.60 | #207 Men 19&U 200 Back Prelims | 3:03.70 |
| #211 Men 19&U 100 Fly Prelims  | 1:19.56 | #309 Men 19&U 100 Back Prelims | 1:24.65 |
| #313 Men 19&U 200 IM Prelims   | 3:17.09 | #401 Men 19&U 50 Free Prelims  | 32.42   |
| #411 Men 19&U 50 Fly Prelims   | 34.68   |                                |         |

## 4 Chauke, Rhandzu X - Female - Age: 11 - Ind/Rel: 9 / 0

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:19.02 | #208 Women 19&U 200 Back Prelims  | 3:22.29 |
| #302 Women 19&U 200 Free Prelims | 3:02.98 | #306 Women 19&U 50 Breast Prelims | 48.04   |
| #310 Women 19&U 100 Back Prelims | 1:28.75 | #314 Women 19&U 200 IM Prelims    | 3:18.43 |
| #402 Women 19&U 50 Free Prelims  | 35.53   | #410 Women 19&U 50 Back           | 41.22   |
| #412 Women 19&U 50 Fly Prelims   | 45.15   |                                   |         |

## 5 Gamielidien, Suhail - Male - Age: 19 - Ind/Rel: 6 / 0

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free       | 4:38.30 | #201 Men 19&U 100 Free Prelims | 57.88   |
| #211 Men 19&U 100 Fly Prelims | 1:02.70 | #301 Men 19&U 200 Free Prelims | 2:06.85 |
| #401 Men 19&U 50 Free Prelims | 26.92   | #411 Men 19&U 50 Fly Prelims   | 27.99   |

## 6 Hodgson-Jervis, Ally J - Female - Age: 13 - Ind/Rel: 9 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.94 | #206 Women 19&U 100 Breast Prelims | 1:34.81 |
| #208 Women 19&U 200 Back Prelims | 2:59.24 | #306 Women 19&U 50 Breast Prelims  | 41.82   |
| #310 Women 19&U 100 Back Prelims | 1:18.78 | #314 Women 19&U 200 IM Prelims     | 3:06.24 |
| #402 Women 19&U 50 Free Prelims  | 32.21   | #410 Women 19&U 50 Back            | 36.98   |
| #412 Women 19&U 50 Fly Prelims   | 36.61   |                                    |         |

## 7 John, Josh A - Male - Age: 12 - Ind/Rel: 7 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:13.07 | #205 Men 19&U 100 Breast Prelims | 1:36.49 |
| #309 Men 19&U 100 Back Prelims | 1:24.96 | #313 Men 19&U 200 IM Prelims     | 3:08.53 |
| #401 Men 19&U 50 Free Prelims  | 31.40   | #409 Men 19&U 50 Back Prelims    | 39.91   |
| #411 Men 19&U 50 Fly Prelims   | 37.17   |                                  |         |

## 8 Nayager, Dhivan - Male - Age: 14 - Ind/Rel: 5 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:03.28 | #207 Men 19&U 200 Back Prelims | 2:57.26 |
| #301 Men 19&U 200 Free Prelims | 2:21.00 | #309 Men 19&U 100 Back Prelims | 1:19.67 |
| #401 Men 19&U 50 Free Prelims  | 28.96   |                                |         |

## 9 Pretorius, Thomas S - Male - Age: 15 - Ind/Rel: 9 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #109 Men 15 400 Free             | 5:03.56 | #201 Men 19&U 100 Free Prelims | 1:02.24 |
| #205 Men 19&U 100 Breast Prelims | 1:17.66 | #301 Men 19&U 200 Free Prelims | 2:21.11 |
| #309 Men 19&U 100 Back Prelims   | 1:11.52 | #313 Men 19&U 200 IM Prelims   | 2:38.35 |
| #401 Men 19&U 50 Free Prelims    | 28.75   | #405 Men 19&U 200 Breast       | 2:54.17 |
| #411 Men 19&U 50 Fly Prelims     | 32.23   |                                |         |

## 10 Van Aswegen, Jan-Johan - Male - Age: 14 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:04.26 | #207 Men 19&U 200 Back Prelims | 2:34.58 |
| #301 Men 19&U 200 Free Prelims | 2:25.49 | #309 Men 19&U 100 Back Prelims | 1:10.77 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Doreys Swim Club-JH**11 **Van Niekerk, Andre P - Male - Age: 17 - Ind/Rel: 4 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free        | 4:59.36 | #201 Men 19&U 100 Free Prelims | 1:02.74 |
| #207 Men 19&U 200 Back Prelims | 2:38.23 | #301 Men 19&U 200 Free Prelims | 2:21.02 |

**Doreys Swim Club-JH Total Individual Entries: 73 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Dragons Swimming Club-JH

## 1 Cockeran, Marguerite L - Female - Age: 13 - Ind/Rel: 7 / 0

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:10.86 | #302 Women 19&U 200 Free Prelims | 2:34.04 |
| #306 Women 19&U 50 Breast Prelims | 41.94   | #314 Women 19&U 200 IM Prelims   | 2:55.85 |
| #402 Women 19&U 50 Free Prelims   | 31.22   | #410 Women 19&U 50 Back          | 37.48   |
| #412 Women 19&U 50 Fly Prelims    | 37.45   |                                  |         |

## 2 Maree, Morgan - Female - Age: 12 - Ind/Rel: 8 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free             | 5:40.94 | #202 Women 19&U 100 Free Prelims | 1:13.37 |
| #206 Women 19&U 100 Breast Prelims | 1:34.89 | #302 Women 19&U 200 Free Prelims | 2:42.87 |
| #306 Women 19&U 50 Breast Prelims  | 41.99   | #402 Women 19&U 50 Free Prelims  | 33.71   |
| #406 Women 19&U 200 Breast         | 3:27.26 | #412 Women 19&U 50 Fly Prelims   | 41.63   |

## 3 Pahl, Shellaine F - Female - Age: 12 - Ind/Rel: 8 / 0

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free           | 6:06.25 | #212 Women 19&U 100 Fly Prelims   | 1:40.39 |
| #302 Women 19&U 200 Free Prelims | 2:43.53 | #306 Women 19&U 50 Breast Prelims | 52.79   |
| #314 Women 19&U 200 IM Prelims   | 3:11.82 | #402 Women 19&U 50 Free Prelims   | 34.10   |
| #410 Women 19&U 50 Back          | 42.49   | #412 Women 19&U 50 Fly Prelims    | 39.29   |

## 4 Roy, Alex W - Male - Age: 13 - Ind/Rel: 7 / 0

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free          | 5:15.49 | #201 Men 19&U 100 Free Prelims | 1:11.18 |
| #211 Men 19&U 100 Fly Prelims | 1:15.70 | #301 Men 19&U 200 Free Prelims | 2:28.91 |
| #313 Men 19&U 200 IM Prelims  | 3:06.06 | #401 Men 19&U 50 Free Prelims  | 33.64   |
| #411 Men 19&U 50 Fly Prelims  | 33.75   |                                |         |

## 5 Uys, Nicole - Female - Age: 12 - Ind/Rel: 8 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free             | 6:31.68 | #202 Women 19&U 100 Free Prelims | 1:14.89 |
| #206 Women 19&U 100 Breast Prelims | 1:30.20 | #302 Women 19&U 200 Free Prelims | 2:56.14 |
| #306 Women 19&U 50 Breast Prelims  | 41.39   | #314 Women 19&U 200 IM Prelims   | 3:16.80 |
| #406 Women 19&U 200 Breast         | 3:23.42 | #412 Women 19&U 50 Fly Prelims   | 42.51   |

## 6 Webb, Mason M - Male - Age: 11 - Ind/Rel: 7 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:21.75 | #205 Men 19&U 100 Breast Prelims | 1:43.40 |
| #305 Men 19&U 50 Breast Prelims | 47.40   | #313 Men 19&U 200 IM Prelims     | 3:32.26 |
| #401 Men 19&U 50 Free Prelims   | 35.57   | #405 Men 19&U 200 Breast         | 3:44.64 |
| #409 Men 19&U 50 Back Prelims   | 44.41   |                                  |         |

**Dragons Swimming Club-JH Total Individual Entries: 45 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Edenvale Stingrays-EK****1 Clancy, Cayden - Male - Age: 13 - Ind/Rel: 9 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:16.04 | #205 Men 19&U 100 Breast Prelims | 1:31.20 |
| #211 Men 19&U 100 Fly Prelims   | 1:41.92 | #301 Men 19&U 200 Free Prelims   | 2:55.79 |
| #305 Men 19&U 50 Breast Prelims | 40.45   | #313 Men 19&U 200 IM Prelims     | 3:25.36 |
| #401 Men 19&U 50 Free Prelims   | 33.67   | #405 Men 19&U 200 Breast         | 3:23.45 |
| #411 Men 19&U 50 Fly Prelims    | 39.68   |                                  |         |

**2 Dewart, Cassidy - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #302 Women 19&U 200 Free Prelims | 2:36.38 | #306 Women 19&U 50 Breast Prelims | 41.79   |
| #310 Women 19&U 100 Back Prelims | 1:17.04 | #314 Women 19&U 200 IM Prelims    | 2:50.23 |
| #402 Women 19&U 50 Free Prelims  | 29.12   | #410 Women 19&U 50 Back           | 34.65   |
| #412 Women 19&U 50 Fly Prelims   | 31.70   |                                   |         |

**3 Dewart, Connor - Male - Age: 16 - Ind/Rel: 12 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free             | 5:10.56 | #201 Men 19&U 100 Free Prelims | 1:00.18 |
| #205 Men 19&U 100 Breast Prelims | 1:20.33 | #207 Men 19&U 200 Back Prelims | 2:29.66 |
| #211 Men 19&U 100 Fly Prelims    | 1:06.99 | #301 Men 19&U 200 Free Prelims | 2:19.94 |
| #305 Men 19&U 50 Breast Prelims  | 36.51   | #309 Men 19&U 100 Back Prelims | 1:09.23 |
| #313 Men 19&U 200 IM Prelims     | 2:33.41 | #401 Men 19&U 50 Free Prelims  | 26.46   |
| #409 Men 19&U 50 Back Prelims    | 30.59   | #411 Men 19&U 50 Fly Prelims   | 27.20   |

**4 North, Kyle W - Male - Age: 16 - Ind/Rel: 12 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.30   | #205 Men 19&U 100 Breast Prelims | 1:21.28 |
| #207 Men 19&U 200 Back Prelims | 2:30.94 | #211 Men 19&U 100 Fly Prelims    | 1:12.07 |
| #301 Men 19&U 200 Free Prelims | 2:18.81 | #305 Men 19&U 50 Breast Prelims  | 36.88   |
| #309 Men 19&U 100 Back Prelims | 1:09.18 | #313 Men 19&U 200 IM Prelims     | 2:31.58 |
| #401 Men 19&U 50 Free Prelims  | 27.32   | #405 Men 19&U 200 Breast         | 3:01.40 |
| #409 Men 19&U 50 Back Prelims  | 32.48   | #411 Men 19&U 50 Fly Prelims     | 30.38   |

**Edenvale Stingrays-EK Total Individual Entries: 40 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Electric Eels Swimming Club-TS

## 1 Austin, Gina R - Female - Age: 12 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:19.70 | #208 Women 19&U 200 Back Prelims | 3:03.63 |
| #302 Women 19&U 200 Free Prelims | 3:00.05 | #310 Women 19&U 100 Back Prelims | 1:24.87 |
| #314 Women 19&U 200 IM Prelims   | 3:16.09 | #402 Women 19&U 50 Free Prelims  | 32.48   |
| #410 Women 19&U 50 Back          | 37.89   |                                  |         |

## 2 Barreiros, Maria A - Female - Age: 13 - Ind/Rel: 5 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:10.70 | #206 Women 19&U 100 Breast Prelims | 1:32.64 |
| #306 Women 19&U 50 Breast Prelims | 42.80   | #310 Women 19&U 100 Back Prelims   | 1:24.92 |
| #412 Women 19&U 50 Fly Prelims    | 33.70   |                                    |         |

## 3 Billett, Kristen - Female - Age: 13 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.68 | #208 Women 19&U 200 Back Prelims | 2:54.21 |
| #302 Women 19&U 200 Free Prelims | 2:36.61 | #310 Women 19&U 100 Back Prelims | 1:18.57 |
| #314 Women 19&U 200 IM Prelims   | 2:55.00 | #402 Women 19&U 50 Free Prelims  | 30.17   |
| #410 Women 19&U 50 Back          | 35.40   |                                  |         |

## 4 Cabral, Tatum P - Female - Age: 16 - Ind/Rel: 8 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:05.16 | #206 Women 19&U 100 Breast Prelims | 1:26.87 |
| #212 Women 19&U 100 Fly Prelims   | 1:14.96 | #302 Women 19&U 200 Free Prelims   | 2:22.39 |
| #306 Women 19&U 50 Breast Prelims | 38.59   | #314 Women 19&U 200 IM Prelims     | 2:38.38 |
| #402 Women 19&U 50 Free Prelims   | 30.21   | #412 Women 19&U 50 Fly Prelims     | 32.07   |

## 5 Carver, Nicola S - Female - Age: 14 - Ind/Rel: 8 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.81 | #206 Women 19&U 100 Breast Prelims | 1:24.36 |
| #302 Women 19&U 200 Free Prelims | 2:32.55 | #306 Women 19&U 50 Breast Prelims  | 38.44   |
| #310 Women 19&U 100 Back Prelims | 1:19.17 | #314 Women 19&U 200 IM Prelims     | 2:53.01 |
| #402 Women 19&U 50 Free Prelims  | 31.24   | #406 Women 19&U 200 Breast         | 3:05.38 |

## 6 Daly, Kimi J - Male - Age: 15 - Ind/Rel: 5 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:03.69 | #205 Men 19&U 100 Breast Prelims | 1:17.60 |
| #305 Men 19&U 50 Breast Prelims | 34.98   | #313 Men 19&U 200 IM Prelims     | 2:36.02 |
| #405 Men 19&U 200 Breast        | 2:52.38 |                                  |         |

## 7 De Lange, Jovan T - Male - Age: 15 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:03.22 | #207 Men 19&U 200 Back Prelims | 2:33.64 |
| #301 Men 19&U 200 Free Prelims | 2:25.09 | #309 Men 19&U 100 Back Prelims | 1:08.96 |

## 8 Dorrestein-Rowley, Bart G - Male - Age: 14 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:00.24 | #207 Men 19&U 200 Back Prelims | 2:35.24 |
| #301 Men 19&U 200 Free Prelims | 2:16.21 | #309 Men 19&U 100 Back Prelims | 1:13.13 |
| #313 Men 19&U 200 IM Prelims   | 2:38.45 | #401 Men 19&U 50 Free Prelims  | 27.24   |
| #409 Men 19&U 50 Back Prelims  | 33.85   |                                |         |

## 9 Dorrestein-Rowley, Holly C - Female - Age: 12 - Ind/Rel: 5 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:16.23 | #206 Women 19&U 100 Breast Prelims | 1:36.09 |
| #302 Women 19&U 200 Free Prelims | 2:47.09 | #402 Women 19&U 50 Free Prelims    | 33.83   |
| #406 Women 19&U 200 Breast       | 3:27.18 |                                    |         |

## 10 Govindasamy, Gerrard E - Male - Age: 13 - Ind/Rel: 4 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:15.49 | #205 Men 19&U 100 Breast Prelims | 1:30.55 |
| #301 Men 19&U 200 Free Prelims | 3:03.09 | #405 Men 19&U 200 Breast         | 3:27.09 |

## 11 Hamlet, Luca M - Male - Age: 13 - Ind/Rel: 5 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:10.41 | #207 Men 19&U 200 Back Prelims | 2:50.23 |
| #309 Men 19&U 100 Back Prelims | 1:16.63 | #401 Men 19&U 50 Free Prelims  | 31.22   |
| #409 Men 19&U 50 Back Prelims  | 35.62   |                                |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Electric Eels Swimming Club-TS

## 12 Hammond, Sabian C - Male - Age: 12 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:35.16 | #201 Men 19&U 100 Free Prelims | 1:11.62 |
| #207 Men 19&U 200 Back Prelims | 2:48.29 | #301 Men 19&U 200 Free Prelims | 2:35.45 |
| #309 Men 19&U 100 Back Prelims | 1:17.80 | #313 Men 19&U 200 IM Prelims   | 3:06.40 |
| #401 Men 19&U 50 Free Prelims  | 32.50   | #409 Men 19&U 50 Back Prelims  | 40.48   |

## 13 Jared, Jwes R - Male - Age: 12 - Ind/Rel: 9 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:11.85 | #205 Men 19&U 100 Breast Prelims | 1:29.95 |
| #305 Men 19&U 50 Breast Prelims | 43.53   | #309 Men 19&U 100 Back Prelims   | 1:18.51 |
| #313 Men 19&U 200 IM Prelims    | 2:53.57 | #401 Men 19&U 50 Free Prelims    | 31.87   |
| #405 Men 19&U 200 Breast        | 3:16.87 | #409 Men 19&U 50 Back Prelims    | 36.93   |
| #411 Men 19&U 50 Fly Prelims    | 36.29   |                                  |         |

## 14 Jared, Mbalenhle G - Female - Age: 12 - Ind/Rel: 9 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.80 | #206 Women 19&U 100 Breast Prelims | 1:32.30 |
| #208 Women 19&U 200 Back Prelims | 2:48.93 | #306 Women 19&U 50 Breast Prelims  | 42.41   |
| #310 Women 19&U 100 Back Prelims | 1:22.37 | #314 Women 19&U 200 IM Prelims     | 2:58.96 |
| #402 Women 19&U 50 Free Prelims  | 31.66   | #410 Women 19&U 50 Back            | 36.83   |
| #412 Women 19&U 50 Fly Prelims   | 35.05   |                                    |         |

## 15 Komakech, Natania A - Female - Age: 14 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.64 | #208 Women 19&U 200 Back Prelims | 2:46.86 |
| #302 Women 19&U 200 Free Prelims | 2:28.04 | #310 Women 19&U 100 Back Prelims | 1:16.40 |
| #402 Women 19&U 50 Free Prelims  | 29.78   | #410 Women 19&U 50 Back          | 35.18   |

## 16 Macaskill, Andrew D - Male - Age: 10 - Ind/Rel: 4 / 0

|                                  |         |                               |         |
|----------------------------------|---------|-------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:46.90 | #211 Men 19&U 100 Fly Prelims | 1:44.12 |
| #405 Men 19&U 200 Breast         | 3:43.12 | #411 Men 19&U 50 Fly Prelims  | 42.46   |

## 17 Macaskill, David P - Male - Age: 11 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #101 Men 11&U 400 Free         | 6:25.24 | #201 Men 19&U 100 Free Prelims | 1:16.51 |
| #207 Men 19&U 200 Back Prelims | 3:06.66 | #211 Men 19&U 100 Fly Prelims  | 1:28.83 |
| #301 Men 19&U 200 Free Prelims | 2:55.65 | #309 Men 19&U 100 Back Prelims | 1:30.98 |
| #405 Men 19&U 200 Breast       | 3:37.43 | #411 Men 19&U 50 Fly Prelims   | 38.33   |

## 18 Mutooni, Austin N - Male - Age: 17 - Ind/Rel: 5 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.31 | #205 Men 19&U 100 Breast Prelims | 1:15.67 |
| #211 Men 19&U 100 Fly Prelims  | 1:12.55 | #401 Men 19&U 50 Free Prelims    | 28.05   |
| #405 Men 19&U 200 Breast       | 2:52.55 |                                  |         |

## 19 Ndegwa, Kwame K - Male - Age: 17 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.09 | #207 Men 19&U 200 Back Prelims | 2:36.79 |
| #211 Men 19&U 100 Fly Prelims  | 1:10.60 | #301 Men 19&U 200 Free Prelims | 2:17.71 |

## 20 Otto, Amir - Male - Age: 12 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.23 | #207 Men 19&U 200 Back Prelims | 3:21.22 |
| #301 Men 19&U 200 Free Prelims | 2:41.57 | #309 Men 19&U 100 Back Prelims | 1:28.32 |
| #313 Men 19&U 200 IM Prelims   | 3:10.37 | #401 Men 19&U 50 Free Prelims  | 33.65   |
| #411 Men 19&U 50 Fly Prelims   | 43.45   |                                |         |

## 21 Otto, Gabriella - Female - Age: 15 - Ind/Rel: 5 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.64 | #302 Women 19&U 200 Free Prelims | 2:28.12 |
| #310 Women 19&U 100 Back Prelims | 1:15.41 | #402 Women 19&U 50 Free Prelims  | 30.40   |
| #410 Women 19&U 50 Back          | 34.74   |                                  |         |

## 22 Petrak, Joshua H - Male - Age: 12 - Ind/Rel: 5 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:14.83 | #205 Men 19&U 100 Breast Prelims | 1:38.66 |
| #301 Men 19&U 200 Free Prelims | 2:44.42 | #305 Men 19&U 50 Breast Prelims  | 44.23   |
| #313 Men 19&U 200 IM Prelims   | 3:14.10 |                                  |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Electric Eels Swimming Club-TS****23 Roos, Casey - Female - Age: 17 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.88 | #208 Women 19&U 200 Back Prelims | 2:38.64 |
| #302 Women 19&U 200 Free Prelims | 2:24.30 | #310 Women 19&U 100 Back Prelims | 1:12.13 |
| #402 Women 19&U 50 Free Prelims  | 30.55   | #410 Women 19&U 50 Back          | 35.42   |

**24 Seagram, Sienna J - Female - Age: 11 - Ind/Rel: 7 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:18.04 | #206 Women 19&U 100 Breast Prelims | 1:34.39 |
| #302 Women 19&U 200 Free Prelims | 2:50.80 | #310 Women 19&U 100 Back Prelims   | 1:26.29 |
| #314 Women 19&U 200 IM Prelims   | 3:07.98 | #402 Women 19&U 50 Free Prelims    | 35.87   |
| #406 Women 19&U 200 Breast       | 3:16.55 |                                    |         |

**25 Van Der Merwe, Jemma L - Female - Age: 12 - Ind/Rel: 5 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:21.37 | #206 Women 19&U 100 Breast Prelims | 1:36.16 |
| #208 Women 19&U 200 Back Prelims | 3:08.43 | #302 Women 19&U 200 Free Prelims   | 2:59.18 |
| #310 Women 19&U 100 Back Prelims | 1:24.78 |                                    |         |

**26 Von Bormann, Peter T - Male - Age: 11 - Ind/Rel: 4 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:20.43 | #207 Men 19&U 200 Back Prelims | 3:13.97 |
| #301 Men 19&U 200 Free Prelims | 2:46.51 | #309 Men 19&U 100 Back Prelims | 1:35.76 |

**27 Walsh, Rachel L - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.16 | #206 Women 19&U 100 Breast Prelims | 1:35.00 |
| #302 Women 19&U 200 Free Prelims | 2:44.82 | #310 Women 19&U 100 Back Prelims   | 1:24.64 |
| #314 Women 19&U 200 IM Prelims   | 3:02.77 | #406 Women 19&U 200 Breast         | 3:28.13 |

**28 Watson, Emily R - Female - Age: 13 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.86 | #208 Women 19&U 200 Back Prelims | 2:51.93 |
| #302 Women 19&U 200 Free Prelims | 2:36.41 | #310 Women 19&U 100 Back Prelims | 1:20.86 |
| #402 Women 19&U 50 Free Prelims  | 32.56   | #410 Women 19&U 50 Back          | 36.58   |

**29 Wessels, Troy J - Male - Age: 14 - Ind/Rel: 3 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 4:51.83 | #301 Men 19&U 200 Free Prelims | 2:22.72 |
| #309 Men 19&U 100 Back Prelims | 1:15.07 |                                |         |

**Electric Eels Swimming Club-TS Total Individual Entries: 172 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Ellisras Aquatics-WB****1 Marais, Jaimee - Female - Age: 15 - Ind/Rel: 12 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free             | 5:38.27 | #202 Women 19&U 100 Free Prelims | 1:09.85 |
| #206 Women 19&U 100 Breast Prelims | 1:43.95 | #208 Women 19&U 200 Back Prelims | 2:54.74 |
| #212 Women 19&U 100 Fly Prelims    | 1:23.99 | #302 Women 19&U 200 Free Prelims | 2:38.65 |
| #306 Women 19&U 50 Breast Prelims  | 46.63   | #310 Women 19&U 100 Back Prelims | 1:17.50 |
| #314 Women 19&U 200 IM Prelims     | 2:57.51 | #402 Women 19&U 50 Free Prelims  | 32.13   |
| #410 Women 19&U 50 Back            | 37.10   | #412 Women 19&U 50 Fly Prelims   | 34.72   |

**2 Marais, Mason P - Male - Age: 12 - Ind/Rel: 12 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 6:02.85 | #201 Men 19&U 100 Free Prelims | 1:13.78 |
| #205 Men 19&U 100 Breast Prelims | 1:43.26 | #207 Men 19&U 200 Back Prelims | 3:15.26 |
| #211 Men 19&U 100 Fly Prelims    | 1:33.49 | #301 Men 19&U 200 Free Prelims | 2:48.99 |
| #305 Men 19&U 50 Breast Prelims  | 46.00   | #309 Men 19&U 100 Back Prelims | 1:29.73 |
| #313 Men 19&U 200 IM Prelims     | 3:10.18 | #401 Men 19&U 50 Free Prelims  | 32.39   |
| #409 Men 19&U 50 Back Prelims    | 39.56   | #411 Men 19&U 50 Fly Prelims   | 37.61   |

**Ellisras Aquatics-WB Total Individual Entries: 24 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Esp Kempton Park-EK****1 Barbour, Karl D - Male - Age: 17 - Ind/Rel: 13 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free          | 4:57.53 | #201 Men 19&U 100 Free Prelims | 1:03.05 |
| #205 Men 19&U 100 Breast Prelims | 1:22.04 | #207 Men 19&U 200 Back Prelims | 2:37.57 |
| #211 Men 19&U 100 Fly Prelims    | 1:16.94 | #301 Men 19&U 200 Free Prelims | 2:17.45 |
| #305 Men 19&U 50 Breast Prelims  | 35.50   | #309 Men 19&U 100 Back Prelims | 1:15.10 |
| #313 Men 19&U 200 IM Prelims     | 2:37.56 | #401 Men 19&U 50 Free Prelims  | 29.09   |
| #405 Men 19&U 200 Breast         | 3:03.04 | #409 Men 19&U 50 Back Prelims  | 33.73   |
| #411 Men 19&U 50 Fly Prelims     | 29.22   |                                |         |

**2 Barbour, Robyn R - Female - Age: 15 - Ind/Rel: 13 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free             | 5:10.01 | #202 Women 19&U 100 Free Prelims | 1:05.95 |
| #206 Women 19&U 100 Breast Prelims | 1:32.49 | #208 Women 19&U 200 Back Prelims | 2:48.10 |
| #212 Women 19&U 100 Fly Prelims    | 1:14.55 | #302 Women 19&U 200 Free Prelims | 2:21.30 |
| #306 Women 19&U 50 Breast Prelims  | 41.86   | #310 Women 19&U 100 Back Prelims | 1:18.99 |
| #314 Women 19&U 200 IM Prelims     | 2:47.13 | #402 Women 19&U 50 Free Prelims  | 30.95   |
| #406 Women 19&U 200 Breast         | 3:20.66 | #410 Women 19&U 50 Back          | 36.08   |
| #412 Women 19&U 50 Fly Prelims     | 34.12   |                                  |         |

**3 Kubayi, Vutlharhi V - Male - Age: 11 - Ind/Rel: 13 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #101 Men 11&U 400 Free           | 6:29.65 | #201 Men 19&U 100 Free Prelims | 1:19.23 |
| #205 Men 19&U 100 Breast Prelims | 1:45.59 | #207 Men 19&U 200 Back Prelims | 3:09.76 |
| #211 Men 19&U 100 Fly Prelims    | 1:42.25 | #301 Men 19&U 200 Free Prelims | 3:04.91 |
| #305 Men 19&U 50 Breast Prelims  | 48.75   | #309 Men 19&U 100 Back Prelims | 1:28.90 |
| #313 Men 19&U 200 IM Prelims     | 3:18.49 | #401 Men 19&U 50 Free Prelims  | 35.49   |
| #405 Men 19&U 200 Breast         | 3:48.16 | #409 Men 19&U 50 Back Prelims  | 38.67   |
| #411 Men 19&U 50 Fly Prelims     | 40.39   |                                |         |

**4 Ratlhogo, Khalalelo - Female - Age: 11 - Ind/Rel: 13 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free           | 7:15.85 | #202 Women 19&U 100 Free Prelims | 1:27.89 |
| #206 Women 19&U 100 Breast Prelims | 1:46.66 | #208 Women 19&U 200 Back Prelims | 3:22.19 |
| #212 Women 19&U 100 Fly Prelims    | 1:34.94 | #302 Women 19&U 200 Free Prelims | 3:18.71 |
| #306 Women 19&U 50 Breast Prelims  | 49.22   | #310 Women 19&U 100 Back Prelims | 1:30.41 |
| #314 Women 19&U 200 IM Prelims     | 3:21.78 | #402 Women 19&U 50 Free Prelims  | 36.59   |
| #406 Women 19&U 200 Breast         | 3:48.75 | #410 Women 19&U 50 Back          | 40.93   |
| #412 Women 19&U 50 Fly Prelims     | 37.83   |                                  |         |

**Esp Kempton Park-EK Total Individual Entries: 52 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Expression Swimmers-TS****1 Bloem, Reinhardt - Male - Age: 13 - Ind/Rel: 8 / 1**

|                                |         |
|--------------------------------|---------|
| #105 Men 13 400 Free           | 5:33.16 |
| #207 Men 19&U 200 Back Prelims | 2:52.12 |
| #309 Men 19&U 100 Back Prelims | 1:17.73 |
| #401 Men 19&U 50 Free Prelims  | 29.25   |
| #409 Men 19&U 50 Back Prelims  | 34.85   |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:03.76 |
| #301 Men 19&U 200 Free Prelims                 | 2:32.89 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:15.24 |
| #405 Men 19&U 200 Breast                       | 3:20.48 |

**2 Burger, De Jager D - Male - Age: 15 - Ind/Rel: 5 / 1**

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:17.69 |
| #305 Men 19&U 50 Breast Prelims  | 35.63   |
| #411 Men 19&U 50 Fly Prelims     | 31.21   |

|  |         |
|--|---------|
| #211 Men 19&U 100 Fly Prelims                  | 1:11.09 |
| #405 Men 19&U 200 Breast                       | 2:49.11 |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:22.70 |

**3 De Souza, Mila - Female - Age: 14 - Ind/Rel: 6 / 2**

|                                 |         |
|---------------------------------|---------|
| #108 Women 14 400 Free          | 5:09.43 |
| #212 Women 19&U 100 Fly Prelims | 1:22.23 |
| #314 Women 19&U 200 IM Prelims  | 2:55.35 |
| #402 Women 19&U 50 Free Prelims | 31.06   |

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:06.54 |
| #302 Women 19&U 200 Free Prelims               | 2:25.15 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:15.24 |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:22.70 |

**4 Lambden, Nikha C - Female - Age: 16 - Ind/Rel: 7 / 2**

|  |         |
|--|---------|
| #206 Women 19&U 100 Breast Prelims             | 1:23.80 |
| #302 Women 19&U 200 Free Prelims               | 2:28.61 |
| #314 Women 19&U 200 IM Prelims                 | 2:43.58 |
| #406 Women 19&U 200 Breast                     | 3:01.85 |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:22.70 |

|  |         |
|--|---------|
| #212 Women 19&U 100 Fly Prelims                | 1:16.28 |
| #306 Women 19&U 50 Breast Prelims              | 39.32   |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:15.24 |
| #412 Women 19&U 50 Fly Prelims                 | 34.37   |

**5 Van Schalkwyk, Tiaan - Male - Age: 17 - Ind/Rel: 8 / 2**

|  |         |
|--|---------|
| #113 Men 17-19 400 Free                        | 5:17.02 |
| #205 Men 19&U 100 Breast Prelims               | 1:17.22 |
| #301 Men 19&U 200 Free Prelims                 | 2:27.98 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:15.24 |
| #411 Men 19&U 50 Fly Prelims                   | 32.75   |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:02.77 |
| #211 Men 19&U 100 Fly Prelims                  | 1:19.93 |
| #313 Men 19&U 200 IM Prelims                   | 2:47.66 |
| #405 Men 19&U 200 Breast                       | 2:48.87 |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:22.70 |

**Expression Swimmers-TS Total Individual Entries: 34 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Fish Eagle Aquatics-ED****1 Coates, Caleb - Male - Age: 12 - Ind/Rel: 12 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #103 Men 12 400 Free             | 5:53.20 | #201 Men 19&U 100 Free Prelims  | 1:11.67 |
| #205 Men 19&U 100 Breast Prelims | 1:32.31 | #211 Men 19&U 100 Fly Prelims   | 1:27.09 |
| #301 Men 19&U 200 Free Prelims   | 2:42.58 | #305 Men 19&U 50 Breast Prelims | 43.16   |
| #309 Men 19&U 100 Back Prelims   | 1:29.44 | #313 Men 19&U 200 IM Prelims    | 3:08.78 |
| #401 Men 19&U 50 Free Prelims    | 32.15   | #405 Men 19&U 200 Breast        | 3:36.81 |
| #409 Men 19&U 50 Back Prelims    | 41.00   | #411 Men 19&U 50 Fly Prelims    | 34.10   |

**2 Fletcher, Tyler D - Male - Age: 12 - Ind/Rel: 4 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #103 Men 12 400 Free           | 5:48.85 | #201 Men 19&U 100 Free Prelims  | 1:12.19 |
| #301 Men 19&U 200 Free Prelims | 2:47.45 | #305 Men 19&U 50 Breast Prelims | 46.21   |

**3 Lodewyks, Jeandr  - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:18.11 | #206 Women 19&U 100 Breast Prelims | 1:31.17 |
| #302 Women 19&U 200 Free Prelims | 2:50.50 | #306 Women 19&U 50 Breast Prelims  | 40.83   |
| #402 Women 19&U 50 Free Prelims  | 34.42   | #406 Women 19&U 200 Breast         | 3:15.50 |
| #410 Women 19&U 50 Back          | 41.91   |                                    |         |

**4 McAfee, Holly B - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:14.66 | #206 Women 19&U 100 Breast Prelims | 1:33.18 |
| #306 Women 19&U 50 Breast Prelims | 43.35   | #310 Women 19&U 100 Back Prelims   | 1:26.59 |
| #402 Women 19&U 50 Free Prelims   | 33.77   | #406 Women 19&U 200 Breast         | 3:28.74 |
| #410 Women 19&U 50 Back           | 39.62   |                                    |         |

**5 McAfee, Max L - Male - Age: 10 - Ind/Rel: 8 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:19.26 | #205 Men 19&U 100 Breast Prelims | 1:59.58 |
| #207 Men 19&U 200 Back Prelims  | 3:23.53 | #301 Men 19&U 200 Free Prelims   | 2:59.00 |
| #305 Men 19&U 50 Breast Prelims | 52.01   | #309 Men 19&U 100 Back Prelims   | 1:30.84 |
| #401 Men 19&U 50 Free Prelims   | 37.26   | #409 Men 19&U 50 Back Prelims    | 42.11   |

**6 Swanepoel, Ewald - Male - Age: 13 - Ind/Rel: 7 / 0**

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free          | 5:02.25 | #201 Men 19&U 100 Free Prelims | 1:06.24 |
| #211 Men 19&U 100 Fly Prelims | 1:19.62 | #301 Men 19&U 200 Free Prelims | 2:26.21 |
| #313 Men 19&U 200 IM Prelims  | 2:45.66 | #401 Men 19&U 50 Free Prelims  | 29.75   |
| #411 Men 19&U 50 Fly Prelims  | 33.50   |                                |         |

**Fish Eagle Aquatics-ED Total Individual Entries: 45 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Florida Swimming Club-JH****1 Da Veiga, Danel - Female - Age: 17 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.80 | #208 Women 19&U 200 Back Prelims | 2:45.72 |
| #302 Women 19&U 200 Free Prelims | 2:33.27 | #310 Women 19&U 100 Back Prelims | 1:12.98 |
| #314 Women 19&U 200 IM Prelims   | 2:42.32 | #402 Women 19&U 50 Free Prelims  | 29.94   |
| #410 Women 19&U 50 Back          | 32.73   | #412 Women 19&U 50 Fly Prelims   | 32.93   |

**2 Tucker, Timothy D - Male - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free             | 5:03.11 | #201 Men 19&U 100 Free Prelims | 1:03.83 |
| #205 Men 19&U 100 Breast Prelims | 1:24.68 | #301 Men 19&U 200 Free Prelims | 2:21.74 |
| #313 Men 19&U 200 IM Prelims     | 2:41.73 | #401 Men 19&U 50 Free Prelims  | 28.96   |
| #405 Men 19&U 200 Breast         | 3:02.78 |                                |         |

**3 Walker, Danielle - Female - Age: 16 - Ind/Rel: 3 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free         | 5:28.06 | #302 Women 19&U 200 Free Prelims | 2:29.09 |
| #314 Women 19&U 200 IM Prelims | 2:49.48 |                                  |         |

**Florida Swimming Club-JH Total Individual Entries: 18 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Froggies-KC****1 Hughes, Cara - Female - Age: 12 - Ind/Rel: 3 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:32.83 | #306 Women 19&U 50 Breast Prelims | 42.50 |
| #406 Women 19&U 200 Breast         | 3:26.35 |                                   |       |

**2 Stead, Owen B - Male - Age: 13 - Ind/Rel: 6 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free           | 5:22.31 | #201 Men 19&U 100 Free Prelims | 1:09.60 |
| #301 Men 19&U 200 Free Prelims | 2:29.29 | #309 Men 19&U 100 Back Prelims | 1:19.28 |
| #401 Men 19&U 50 Free Prelims  | 31.45   | #409 Men 19&U 50 Back Prelims  | 35.43   |

**3 Van Schoor, Hanre' M - Male - Age: 12 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:12.14 | #205 Men 19&U 100 Breast Prelims | 1:31.51 |
| #305 Men 19&U 50 Breast Prelims | 38.69   | #313 Men 19&U 200 IM Prelims     | 3:01.53 |
| #401 Men 19&U 50 Free Prelims   | 33.39   | #405 Men 19&U 200 Breast         | 3:20.96 |

**Froggies-KC Total Individual Entries: 15 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Gaborone Aquatics Club****1 Kadzirange, Stephanie - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #212 Women 19&U 100 Fly Prelims | 1:20.96 | #302 Women 19&U 200 Free Prelims | 2:43.11 |
| #314 Women 19&U 200 IM Prelims  | 2:53.30 | #402 Women 19&U 50 Free Prelims  | 31.12   |
| #406 Women 19&U 200 Breast      | 3:27.49 | #410 Women 19&U 50 Back          | 36.64   |
| #412 Women 19&U 50 Fly Prelims  | 34.02   |                                  |         |

**2 Kurewa, Joash - Male - Age: 11 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:17.25 | #205 Men 19&U 100 Breast Prelims | 1:37.41 |
| #301 Men 19&U 200 Free Prelims | 2:59.34 | #305 Men 19&U 50 Breast Prelims  | 41.90   |
| #309 Men 19&U 100 Back Prelims | 1:33.97 | #313 Men 19&U 200 IM Prelims     | 3:20.11 |
| #401 Men 19&U 50 Free Prelims  | 32.70   | #405 Men 19&U 200 Breast         | 3:33.98 |

**Gaborone Aquatics Club Total Individual Entries: 15 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Gators Swim Club Kampala****1 Abdou, Hakim S - Male - Age: 12 - Ind/Rel: 0 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:57.20 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:15.50 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:38.78 |  |         |

**2 Bawole, Lisa - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 6:35.92 | #202 Women 19&U 100 Free Prelims | 1:18.41 |
| #212 Women 19&U 100 Fly Prelims  | 1:39.71 | #302 Women 19&U 200 Free Prelims | 2:57.86 |
| #310 Women 19&U 100 Back Prelims | 1:32.95 | #402 Women 19&U 50 Free Prelims  | 34.80   |
| #410 Women 19&U 50 Back          | 43.43   | #412 Women 19&U 50 Fly Prelims   | 41.70   |

**3 Immelman, Aiden Akubu - Male - Age: 12 - Ind/Rel: 10 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:09.59 | #205 Men 19&U 100 Breast Prelims              | 1:32.14 |
| #207 Men 19&U 200 Back Prelims                 | 2:55.00 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:57.20 |
| #301 Men 19&U 200 Free Prelims                 | 2:45.54 | #305 Men 19&U 50 Breast Prelims               | 42.99   |
| #309 Men 19&U 100 Back Prelims                 | 1:22.35 | #313 Men 19&U 200 IM Prelims                  | 2:45.00 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:15.50 | #401 Men 19&U 50 Free Prelims                 | 31.23   |
| #405 Men 19&U 200 Breast                       | 3:30.00 | #409 Men 19&U 50 Back Prelims                 | 39.02   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:38.78 |   |         |

**4 Kirabo, Paloma - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:27.60 | #202 Women 19&U 100 Free Prelims | 1:07.80 |
| #208 Women 19&U 200 Back Prelims | 2:44.50 | #212 Women 19&U 100 Fly Prelims  | 1:15.76 |
| #310 Women 19&U 100 Back Prelims | 1:18.69 | #314 Women 19&U 200 IM Prelims   | 2:54.30 |
| #410 Women 19&U 50 Back          | 36.41   | #412 Women 19&U 50 Fly Prelims   | 34.90   |

**5 Lutaaya, Benjamin - Male - Age: 15 - Ind/Rel: 6 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:14.35 | #305 Men 19&U 50 Breast Prelims | 34.94   |
| #401 Men 19&U 50 Free Prelims    | 28.00   | #405 Men 19&U 200 Breast        | 2:50.00 |
| #409 Men 19&U 50 Back Prelims    | 37.17   | #411 Men 19&U 50 Fly Prelims    | 31.05   |

**6 Marc, Kaliisa H - Male - Age: 11 - Ind/Rel: 9 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:12.84 | #205 Men 19&U 100 Breast Prelims              | 1:39.09 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:57.20 | #305 Men 19&U 50 Breast Prelims               | 44.26   |
| #309 Men 19&U 100 Back Prelims                 | 1:29.18 | #313 Men 19&U 200 IM Prelims                  | 3:08.72 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:15.50 | #401 Men 19&U 50 Free Prelims                 | 33.06   |
| #405 Men 19&U 200 Breast                       | 3:40.00 | #409 Men 19&U 50 Back Prelims                 | 40.20   |
| #411 Men 19&U 50 Fly Prelims                   | 39.87   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:38.78 |

**7 Mukisa, Elijah S - Male - Age: 12 - Ind/Rel: 7 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #205 Men 19&U 100 Breast Prelims              | 1:35.46 | #207 Men 19&U 200 Back Prelims                 | 3:01.00 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:57.20 | #305 Men 19&U 50 Breast Prelims                | 42.00   |
| #309 Men 19&U 100 Back Prelims                | 1:25.45 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:15.50 |
| #401 Men 19&U 50 Free Prelims                 | 35.40   | #409 Men 19&U 50 Back Prelims                  | 39.71   |
| #411 Men 19&U 50 Fly Prelims                  | 40.00   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:38.78 |

**8 Mulondo, Jesse - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:03.03 | #301 Men 19&U 200 Free Prelims | 2:20.08 |
| #305 Men 19&U 50 Breast Prelims | 39.00   | #309 Men 19&U 100 Back Prelims | 1:14.30 |
| #401 Men 19&U 50 Free Prelims   | 33.55   | #409 Men 19&U 50 Back Prelims  | 37.80   |

**9 Ssengooba, Ethani - Male - Age: 15 - Ind/Rel: 7 / 0**

|                                 |       |                               |         |
|---------------------------------|-------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 58.67 | #211 Men 19&U 100 Fly Prelims | 1:03.00 |
| #305 Men 19&U 50 Breast Prelims | 37.36 | #313 Men 19&U 200 IM Prelims  | 2:25.90 |
| #401 Men 19&U 50 Free Prelims   | 26.27 | #409 Men 19&U 50 Back Prelims | 32.10   |
| #411 Men 19&U 50 Fly Prelims    | 30.30 |                               |         |

**Gators Swim Club Kampala Total Individual Entries: 61 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Harare Province****1 Charumbira, Jonah - Male - Age: 11 - Ind/Rel: 8 / 5**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:15.07 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:51.73 |
| #309 Men 19&U 100 Back Prelims                 | 1:32.28 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:10.05 |
| #401 Men 19&U 50 Free Prelims                  | 32.59   |
| #411 Men 19&U 50 Fly Prelims                   | 35.91   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe  | 4:58.89 |

|   |         |
|---|---------|
| #211 Men 19&U 100 Fly Prelims                 | 1:22.99 |
| #305 Men 19&U 50 Breast Prelims               | 44.37   |
| #313 Men 19&U 200 IM Prelims                  | 3:05.22 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:28.88 |
| #409 Men 19&U 50 Back Prelims                 | 41.18   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle  | 2:27.91 |

**2 Chidzvete, Mudiwa - Male - Age: 12 - Ind/Rel: 6 / 3**

|  |         |
|--|---------|
| #103 Men 12 400 Free                         | 6:10.48 |
| #211 Men 19&U 100 Fly Prelims                | 1:33.00 |
| #301 Men 19&U 200 Free Prelims               | 2:52.17 |
| #401 Men 19&U 50 Free Prelims                | 35.08   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle | 2:38.96 |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:16.47 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 5:18.13 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:21.89 |
| #411 Men 19&U 50 Fly Prelims                   | 38.83   |

**3 Dombodzvuku, Ruvarashe - Female - Age: 11 - Ind/Rel: 7 / 1**

|                                   |         |
|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:32.62 |
| #306 Women 19&U 50 Breast Prelims | 44.87   |
| #406 Women 19&U 200 Breast        | 4:11.91 |
| #412 Women 19&U 50 Fly Prelims    | 44.53   |

|   |         |
|---|---------|
| #206 Women 19&U 100 Breast Prelims          | 1:41.78 |
| #402 Women 19&U 50 Free Prelims             | 37.99   |
| #410 Women 19&U 50 Back                     | 53.98   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me | 2:33.73 |

**4 Dunkley, Amaranthine - Female - Age: 10 - Ind/Rel: 7 / 5**

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:12.23 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:53.35 |
| #314 Women 19&U 200 IM Prelims                | 3:07.31 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:27.28 |
| #410 Women 19&U 50 Back                       | 39.95   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:28.25 |

|   |         |
|---|---------|
| #206 Women 19&U 100 Breast Prelims            | 1:32.83 |
| #306 Women 19&U 50 Breast Prelims             | 40.78   |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.95 |
| #402 Women 19&U 50 Free Prelims               | 32.84   |
| #412 Women 19&U 50 Fly Prelims                | 37.38   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:48.19 |

**5 Furusa, Tawana - Female - Age: 11 - Ind/Rel: 7 / 2**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims             | 1:30.25 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 5:17.20 |
| #306 Women 19&U 50 Breast Prelims            | 48.29   |
| #406 Women 19&U 200 Breast                   | 3:37.54 |
| #412 Women 19&U 50 Fly Prelims               | 45.01   |

|   |         |
|---|---------|
| #206 Women 19&U 100 Breast Prelims            | 1:38.33 |
| #302 Women 19&U 200 Free Prelims              | 3:08.96 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:19.34 |
| #410 Women 19&U 50 Back                       | 46.45   |

**6 Guo, Mohan - Male - Age: 10 - Ind/Rel: 7 / 5**

|  |         |
|--|---------|
| #101 Men 11&U 400 Free                         | 5:55.07 |
| #207 Men 19&U 200 Back Prelims                 | 3:14.89 |
| #301 Men 19&U 200 Free Prelims                 | 2:44.51 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:21.89 |
| #401 Men 19&U 50 Free Prelims                  | 33.72   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle   | 2:27.91 |

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:15.36 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 5:18.13 |
| #309 Men 19&U 100 Back Prelims                | 1:28.15 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:27.28 |
| #409 Men 19&U 50 Back Prelims                 | 39.40   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:58.89 |

**7 Hofisi, Ruvarashe - Female - Age: 13 - Ind/Rel: 6 / 3**

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:13.41 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:44.96 |
| #310 Women 19&U 100 Back Prelims              | 1:30.54 |
| #406 Women 19&U 200 Breast                    | 3:20.92 |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me  | 2:23.44 |

|  |         |
|--|---------|
| #206 Women 19&U 100 Breast Prelims             | 1:32.29 |
| #306 Women 19&U 50 Breast Prelims              | 40.77   |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:10.81 |
| #412 Women 19&U 50 Fly Prelims                 | 40.06   |

**8 Jack, Pride - Male - Age: 12 - Ind/Rel: 7 / 5**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:10.95 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:51.73 |
| #305 Men 19&U 50 Breast Prelims                | 40.81   |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:10.05 |
| #405 Men 19&U 200 Breast                       | 3:20.37 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle   | 2:27.91 |

|   |         |
|---|---------|
| #205 Men 19&U 100 Breast Prelims              | 1:32.85 |
| #301 Men 19&U 200 Free Prelims                | 2:42.78 |
| #313 Men 19&U 200 IM Prelims                  | 3:00.23 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:28.88 |
| #409 Men 19&U 50 Back Prelims                 | 40.05   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:48.19 |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Harare Province

## 9 Jere, Ivan - Male - Age: 11 - Ind/Rel: 7 / 3

|   |         |  |         |
|---|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                | 1:26.30 | #205 Men 19&U 100 Breast Prelims               | 1:39.21 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 5:18.13 | #305 Men 19&U 50 Breast Prelims                | 46.02   |
| #313 Men 19&U 200 IM Prelims                  | 3:39.00 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:21.89 |
| #401 Men 19&U 50 Free Prelims                 | 39.28   | #405 Men 19&U 200 Breast                       | 3:38.25 |
| #411 Men 19&U 50 Fly Prelims                  | 45.54   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:38.96 |

## 10 Khumalo, Andile - Male - Age: 13 - Ind/Rel: 6 / 2

|  |         |  |         |
|--|---------|--|---------|
| #205 Men 19&U 100 Breast Prelims               | 1:33.23 | #207 Men 19&U 200 Back Prelims                 | 3:09.30 |
| #305 Men 19&U 50 Breast Prelims                | 42.88   | #309 Men 19&U 100 Back Prelims                 | 1:27.51 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.37 | #405 Men 19&U 200 Breast                       | 3:24.08 |
| #409 Men 19&U 50 Back Prelims                  | 41.20   | #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:54.01 |

## 11 Lovell, David - Male - Age: 12 - Ind/Rel: 6 / 5

|  |         |   |         |
|--|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:12.35 | #211 Men 19&U 100 Fly Prelims                 | 1:28.48 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:51.73 | #301 Men 19&U 200 Free Prelims                | 2:52.36 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:10.05 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:27.28 |
| #401 Men 19&U 50 Free Prelims                  | 31.79   | #409 Men 19&U 50 Back Prelims                 | 40.30   |
| #411 Men 19&U 50 Fly Prelims                   | 36.61   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:27.91 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe  | 4:48.19 |   |         |

## 12 Maboreke, Tamiranashe - Female - Age: 11 - Ind/Rel: 7 / 3

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.92 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 5:17.20 |
| #302 Women 19&U 200 Free Prelims | 3:05.11 | #310 Women 19&U 100 Back Prelims              | 1:41.25 |
| #314 Women 19&U 200 IM Prelims   | 3:28.97 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.95 |
| #402 Women 19&U 50 Free Prelims  | 32.96   | #410 Women 19&U 50 Back                       | 43.18   |
| #412 Women 19&U 50 Fly Prelims   | 40.46   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:33.73 |

## 13 Machingura, Mauya - Female - Age: 12 - Ind/Rel: 8 / 3

|  |         |   |         |
|--|---------|---|---------|
| #206 Women 19&U 100 Breast Prelims           | 1:30.33 | #212 Women 19&U 100 Fly Prelims               | 1:23.92 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 5:17.20 | #306 Women 19&U 50 Breast Prelims             | 41.20   |
| #314 Women 19&U 200 IM Prelims               | 3:15.53 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:19.34 |
| #402 Women 19&U 50 Free Prelims              | 34.43   | #406 Women 19&U 200 Breast                    | 3:30.47 |
| #410 Women 19&U 50 Back                      | 45.23   | #412 Women 19&U 50 Fly Prelims                | 36.08   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me  | 2:33.73 |   |         |

## 14 Maunganidze, Tawananyasha - Female - Age: 11 - Ind/Rel: 6 / 5

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:14.04 | #212 Women 19&U 100 Fly Prelims               | 1:27.79 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:53.35 | #310 Women 19&U 100 Back Prelims              | 1:29.62 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.95 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:27.28 |
| #402 Women 19&U 50 Free Prelims               | 32.63   | #410 Women 19&U 50 Back                       | 38.51   |
| #412 Women 19&U 50 Fly Prelims                | 35.31   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:28.25 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:58.89 |   |         |

## 15 Mazike, Tadiswa - Female - Age: 13 - Ind/Rel: 6 / 3

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:14.71 | #206 Women 19&U 100 Breast Prelims             | 1:32.40 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:44.96 | #302 Women 19&U 200 Free Prelims               | 2:51.96 |
| #306 Women 19&U 50 Breast Prelims             | 39.08   | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:10.81 |
| #406 Women 19&U 200 Breast                    | 3:32.89 | #412 Women 19&U 50 Fly Prelims                 | 40.51   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me  | 2:23.44 |  |         |

## 16 Musere, Timukudze - Male - Age: 12 - Ind/Rel: 8 / 4

|  |         |  |         |
|--|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:20.00 | #205 Men 19&U 100 Breast Prelims               | 1:35.62 |
| #211 Men 19&U 100 Fly Prelims                  | 1:32.58 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 5:18.13 |
| #305 Men 19&U 50 Breast Prelims                | 41.01   | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:10.05 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.37 | #401 Men 19&U 50 Free Prelims                  | 33.62   |
| #405 Men 19&U 200 Breast                       | 3:34.25 | #409 Men 19&U 50 Back Prelims                  | 41.36   |
| #411 Men 19&U 50 Fly Prelims                   | 36.80   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:38.96 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Harare Province****17 Ndanga, Shannon - Female - Age: 11 - Ind/Rel: 9 / 5**

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:12.66 | #208 Women 19&U 200 Back Prelims              | 3:16.07 |
| #212 Women 19&U 100 Fly Prelims               | 1:36.63 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:53.35 |
| #302 Women 19&U 200 Free Prelims              | 2:41.40 | #310 Women 19&U 100 Back Prelims              | 1:28.36 |
| #314 Women 19&U 200 IM Prelims                | 3:15.77 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:10.95 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:28.88 | #402 Women 19&U 50 Free Prelims               | 32.52   |
| #410 Women 19&U 50 Back                       | 41.67   | #412 Women 19&U 50 Fly Prelims                | 40.63   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:28.25 | #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:48.19 |

**18 Nhimura, Ruth - Female - Age: 11 - Ind/Rel: 9 / 3**

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #202 Women 19&U 100 Free Prelims | 1:15.65 | #208 Women 19&U 200 Back Prelims              | 3:21.69 |
| #212 Women 19&U 100 Fly Prelims  | 1:36.78 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 5:17.20 |
| #302 Women 19&U 200 Free Prelims | 2:49.32 | #310 Women 19&U 100 Back Prelims              | 1:29.25 |
| #314 Women 19&U 200 IM Prelims   | 3:17.39 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:19.34 |
| #402 Women 19&U 50 Free Prelims  | 33.35   | #406 Women 19&U 200 Breast                    | 3:42.30 |
| #410 Women 19&U 50 Back          | 39.82   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:33.73 |

**19 Nyamhunga, Imlah - Female - Age: 14 - Ind/Rel: 7 / 5**

|  |         |  |         |
|--|---------|--|---------|
| #108 Women 14 400 Free                         | 5:31.65 | #202 Women 19&U 100 Free Prelims               | 1:09.28 |
| #212 Women 19&U 100 Fly Prelims                | 1:15.96 | #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:44.96 |
| #302 Women 19&U 200 Free Prelims               | 2:31.46 | #314 Women 19&U 200 IM Prelims                 | 2:54.34 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:10.81 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.37 |
| #402 Women 19&U 50 Free Prelims                | 32.39   | #412 Women 19&U 50 Fly Prelims                 | 33.95   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:23.44 | #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:54.01 |

**20 Rogers, Kaylea - Female - Age: 11 - Ind/Rel: 6 / 5**

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:14.42 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:53.35 |
| #302 Women 19&U 200 Free Prelims              | 2:49.75 | #310 Women 19&U 100 Back Prelims              | 1:28.19 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:19.34 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:28.88 |
| #402 Women 19&U 50 Free Prelims               | 33.84   | #410 Women 19&U 50 Back                       | 39.64   |
| #412 Women 19&U 50 Fly Prelims                | 39.39   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:28.25 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:58.89 |   |         |

**21 Shen, Yihan - Male - Age: 11 - Ind/Rel: 7 / 4**

|  |         |   |         |
|--|---------|---|---------|
| #101 Men 11&U 400 Free                         | 5:25.91 | #201 Men 19&U 100 Free Prelims                | 1:13.36 |
| #205 Men 19&U 100 Breast Prelims               | 1:41.39 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:51.73 |
| #301 Men 19&U 200 Free Prelims                 | 2:40.07 | #313 Men 19&U 200 IM Prelims                  | 3:05.62 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rel  | 2:21.89 | #405 Men 19&U 200 Breast                      | 3:35.31 |
| #411 Men 19&U 50 Fly Prelims                   | 38.13   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle  | 2:38.96 |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:54.01 |   |         |

**22 Viki, Daniella - Female - Age: 13 - Ind/Rel: 8 / 5**

|  |         |  |         |
|--|---------|--|---------|
| #106 Women 13 400 Free                         | 5:20.42 | #202 Women 19&U 100 Free Prelims               | 1:07.56 |
| #208 Women 19&U 200 Back Prelims               | 2:50.44 | #212 Women 19&U 100 Fly Prelims                | 1:20.23 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:44.96 | #302 Women 19&U 200 Free Prelims               | 2:28.76 |
| #310 Women 19&U 100 Back Prelims               | 1:20.40 | #314 Women 19&U 200 IM Prelims                 | 2:56.96 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:10.81 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.37 |
| #402 Women 19&U 50 Free Prelims                | 31.54   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:23.44 |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:54.01 |  |         |

**Harare Province Total Individual Entries: 155 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Harties Reflections-BP****1 Viljoen, Elizabeth - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.42 | #206 Women 19&U 100 Breast Prelims | 1:34.93 |
| #212 Women 19&U 100 Fly Prelims  | 1:22.08 | #306 Women 19&U 50 Breast Prelims  | 39.61   |
| #310 Women 19&U 100 Back Prelims | 1:16.74 | #402 Women 19&U 50 Free Prelims    | 30.58   |
| #410 Women 19&U 50 Back          | 34.62   | #412 Women 19&U 50 Fly Prelims     | 33.72   |

**Harties Reflections-BP Total Individual Entries: 8 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Haupt Swimming Club-JH****1 Bailey, Sasha M - Female - Age: 12 - Ind/Rel: 12 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free             | 6:06.81 | #202 Women 19&U 100 Free Prelims  | 1:12.74 |
| #206 Women 19&U 100 Breast Prelims | 1:34.75 | #212 Women 19&U 100 Fly Prelims   | 1:34.70 |
| #302 Women 19&U 200 Free Prelims   | 2:47.84 | #306 Women 19&U 50 Breast Prelims | 42.69   |
| #310 Women 19&U 100 Back Prelims   | 1:29.04 | #314 Women 19&U 200 IM Prelims    | 3:14.84 |
| #402 Women 19&U 50 Free Prelims    | 33.36   | #406 Women 19&U 200 Breast        | 3:33.95 |
| #410 Women 19&U 50 Back            | 40.34   | #412 Women 19&U 50 Fly Prelims    | 39.80   |

**2 Booysen, Chris D - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:06.50 | #211 Men 19&U 100 Fly Prelims   | 1:16.92 |
| #301 Men 19&U 200 Free Prelims | 2:26.32 | #305 Men 19&U 50 Breast Prelims | 42.04   |
| #313 Men 19&U 200 IM Prelims   | 2:49.68 | #401 Men 19&U 50 Free Prelims   | 30.61   |
| #409 Men 19&U 50 Back Prelims  | 36.34   | #411 Men 19&U 50 Fly Prelims    | 33.62   |

**3 Forsdyke de Almeida, Zaila - Female - Age: 12 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free             | 6:01.22 | #202 Women 19&U 100 Free Prelims  | 1:14.78 |
| #206 Women 19&U 100 Breast Prelims | 1:41.44 | #208 Women 19&U 200 Back Prelims  | 3:11.03 |
| #302 Women 19&U 200 Free Prelims   | 2:48.54 | #306 Women 19&U 50 Breast Prelims | 46.49   |
| #310 Women 19&U 100 Back Prelims   | 1:29.82 | #402 Women 19&U 50 Free Prelims   | 33.47   |
| #410 Women 19&U 50 Back            | 41.83   | #412 Women 19&U 50 Fly Prelims    | 43.34   |

**4 Jacob, Ayvah M - Female - Age: 11 - Ind/Rel: 12 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #102 Women 11&U 400 Free           | 6:06.43 | #202 Women 19&U 100 Free Prelims  | 1:19.03 |
| #206 Women 19&U 100 Breast Prelims | 1:42.26 | #212 Women 19&U 100 Fly Prelims   | 1:38.68 |
| #302 Women 19&U 200 Free Prelims   | 2:55.07 | #306 Women 19&U 50 Breast Prelims | 47.63   |
| #310 Women 19&U 100 Back Prelims   | 1:39.30 | #314 Women 19&U 200 IM Prelims    | 3:19.42 |
| #402 Women 19&U 50 Free Prelims    | 36.59   | #406 Women 19&U 200 Breast        | 3:47.07 |
| #410 Women 19&U 50 Back            | 45.89   | #412 Women 19&U 50 Fly Prelims    | 40.39   |

**5 Kalpage, Kiana T - Female - Age: 12 - Ind/Rel: 11 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:16.35 | #206 Women 19&U 100 Breast Prelims | 1:35.84 |
| #212 Women 19&U 100 Fly Prelims   | 1:34.30 | #302 Women 19&U 200 Free Prelims   | 2:55.68 |
| #306 Women 19&U 50 Breast Prelims | 43.60   | #310 Women 19&U 100 Back Prelims   | 1:27.21 |
| #314 Women 19&U 200 IM Prelims    | 3:17.31 | #402 Women 19&U 50 Free Prelims    | 32.93   |
| #406 Women 19&U 200 Breast        | 3:48.96 | #410 Women 19&U 50 Back            | 39.47   |
| #412 Women 19&U 50 Fly Prelims    | 36.15   |                                    |         |

**6 Kotze, Ethan - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #109 Men 15 400 Free           | 4:51.22 | #201 Men 19&U 100 Free Prelims | 59.08   |
| #207 Men 19&U 200 Back Prelims | 2:32.63 | #301 Men 19&U 200 Free Prelims | 2:15.23 |
| #313 Men 19&U 200 IM Prelims   | 2:32.12 | #401 Men 19&U 50 Free Prelims  | 27.17   |
| #409 Men 19&U 50 Back Prelims  | 32.67   | #411 Men 19&U 50 Fly Prelims   | 30.25   |

**7 Kotze, Kerryn - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #106 Women 13 400 Free           | 5:14.29 | #202 Women 19&U 100 Free Prelims | 1:10.56 |
| #208 Women 19&U 200 Back Prelims | 2:51.00 | #302 Women 19&U 200 Free Prelims | 2:31.20 |
| #310 Women 19&U 100 Back Prelims | 1:19.43 | #402 Women 19&U 50 Free Prelims  | 32.32   |
| #410 Women 19&U 50 Back          | 38.01   |                                  |         |

**8 Wellsted, Mia E - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free             | 5:16.88 | #202 Women 19&U 100 Free Prelims | 1:04.95 |
| #206 Women 19&U 100 Breast Prelims | 1:30.21 | #208 Women 19&U 200 Back Prelims | 2:48.72 |
| #302 Women 19&U 200 Free Prelims   | 2:26.69 | #310 Women 19&U 100 Back Prelims | 1:14.10 |
| #314 Women 19&U 200 IM Prelims     | 2:50.53 | #402 Women 19&U 50 Free Prelims  | 30.66   |
| #410 Women 19&U 50 Back            | 34.72   |                                  |         |

**Haupt Swimming Club-JH Total Individual Entries: 77 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Hps Rebels-TS****1 Fairweather, Rachel H - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.37 | #208 Women 19&U 200 Back Prelims | 2:52.85 |
| #302 Women 19&U 200 Free Prelims | 2:36.48 | #310 Women 19&U 100 Back Prelims | 1:19.20 |
| #314 Women 19&U 200 IM Prelims   | 3:06.94 | #402 Women 19&U 50 Free Prelims  | 33.33   |
| #410 Women 19&U 50 Back          | 38.14   |                                  |         |

**2 Oosthuizen, Mieke - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:31.42 | #206 Women 19&U 100 Breast Prelims | 1:44.38 |
| #306 Women 19&U 50 Breast Prelims | 48.28   | #310 Women 19&U 100 Back Prelims   | 1:38.49 |
| #406 Women 19&U 200 Breast        | 3:43.37 |                                    |         |

**3 Tomlinson, Andrew J - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:33.91 | #207 Men 19&U 200 Back Prelims | 3:04.15 |
| #305 Men 19&U 50 Breast Prelims  | 41.88   | #309 Men 19&U 100 Back Prelims | 1:22.28 |
| #405 Men 19&U 200 Breast         | 3:20.22 | #409 Men 19&U 50 Back Prelims  | 36.55   |
| #411 Men 19&U 50 Fly Prelims     | 35.19   |                                |         |

**4 Vorster, Ewan - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.39 | #205 Men 19&U 100 Breast Prelims | 1:33.78 |
| #301 Men 19&U 200 Free Prelims | 2:50.28 | #305 Men 19&U 50 Breast Prelims  | 44.96   |
| #309 Men 19&U 100 Back Prelims | 1:28.05 | #401 Men 19&U 50 Free Prelims    | 31.19   |
| #409 Men 19&U 50 Back Prelims  | 39.47   |                                  |         |

**5 Wilkins, Max C - Male - Age: 12 - Ind/Rel: 6 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 5:50.31 | #201 Men 19&U 100 Free Prelims | 1:13.75 |
| #205 Men 19&U 100 Breast Prelims | 1:48.63 | #301 Men 19&U 200 Free Prelims | 2:46.52 |
| #401 Men 19&U 50 Free Prelims    | 32.81   | #405 Men 19&U 200 Breast       | 3:44.82 |

**Hps Rebels-TS Total Individual Entries: 32 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****J's Aqua Swimming Club-EK****1 Allers, Francois - Male - Age: 18 - Ind/Rel: 11 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:04.28 | #205 Men 19&U 100 Breast Prelims | 1:19.73 |
| #207 Men 19&U 200 Back Prelims  | 2:37.01 | #211 Men 19&U 100 Fly Prelims    | 1:08.41 |
| #305 Men 19&U 50 Breast Prelims | 34.86   | #309 Men 19&U 100 Back Prelims   | 1:09.80 |
| #313 Men 19&U 200 IM Prelims    | 2:36.21 | #401 Men 19&U 50 Free Prelims    | 28.67   |
| #405 Men 19&U 200 Breast        | 2:51.97 | #409 Men 19&U 50 Back Prelims    | 32.12   |
| #411 Men 19&U 50 Fly Prelims    | 29.70   |                                  |         |

**2 Booysen, Jayden E - Male - Age: 15 - Ind/Rel: 10 / 4**

|  |         |   |         |
|--|---------|---|---------|
| #109 Men 15 400 Free                           | 4:51.15 | #201 Men 19&U 100 Free Prelims                  | 1:01.27 |
| #207 Men 19&U 200 Back Prelims                 | 2:44.80 | #211 Men 19&U 100 Fly Prelims                   | 1:08.50 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:11.61 | #301 Men 19&U 200 Free Prelims                  | 2:13.78 |
| #305 Men 19&U 50 Breast Prelims                | 40.59   | #309 Men 19&U 100 Back Prelims                  | 1:18.83 |
| #313 Men 19&U 200 IM Prelims                   | 2:38.39 | #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:56.03 |
| #401 Men 19&U 50 Free Prelims                  | 28.78   | #411 Men 19&U 50 Fly Prelims                    | 31.12   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle  | 2:08.99 | #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe  | 4:19.01 |

**3 De Milander, Evan - Male - Age: 13 - Ind/Rel: 1 / 0**

|                      |         |
|----------------------|---------|
| #105 Men 13 400 Free | 5:23.94 |
|----------------------|---------|

**4 Knoetze, Garrick - Male - Age: 14 - Ind/Rel: 10 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:06.37 | #205 Men 19&U 100 Breast Prelims | 1:25.14 |
| #211 Men 19&U 100 Fly Prelims  | 1:21.21 | #305 Men 19&U 50 Breast Prelims  | 36.70   |
| #309 Men 19&U 100 Back Prelims | 1:17.30 | #313 Men 19&U 200 IM Prelims     | 2:47.40 |
| #401 Men 19&U 50 Free Prelims  | 29.44   | #405 Men 19&U 200 Breast         | 3:10.58 |
| #409 Men 19&U 50 Back Prelims  | 34.09   | #411 Men 19&U 50 Fly Prelims     | 31.05   |

**5 Mulder, Dyne - Male - Age: 14 - Ind/Rel: 11 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:03.53 | #205 Men 19&U 100 Breast Prelims | 1:29.18 |
| #207 Men 19&U 200 Back Prelims  | 3:06.30 | #301 Men 19&U 200 Free Prelims   | 2:30.15 |
| #305 Men 19&U 50 Breast Prelims | 38.25   | #309 Men 19&U 100 Back Prelims   | 1:17.88 |
| #313 Men 19&U 200 IM Prelims    | 2:50.74 | #401 Men 19&U 50 Free Prelims    | 28.67   |
| #405 Men 19&U 200 Breast        | 3:27.41 | #409 Men 19&U 50 Back Prelims    | 36.01   |
| #411 Men 19&U 50 Fly Prelims    | 33.31   |                                  |         |

**6 Oosthuizen, Zaan - Male - Age: 14 - Ind/Rel: 10 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 4:53.56 | #201 Men 19&U 100 Free Prelims | 1:00.44 |
| #207 Men 19&U 200 Back Prelims | 2:38.84 | #211 Men 19&U 100 Fly Prelims  | 1:14.62 |
| #301 Men 19&U 200 Free Prelims | 2:14.76 | #309 Men 19&U 100 Back Prelims | 1:11.90 |
| #313 Men 19&U 200 IM Prelims   | 2:40.87 | #401 Men 19&U 50 Free Prelims  | 29.14   |
| #409 Men 19&U 50 Back Prelims  | 32.50   | #411 Men 19&U 50 Fly Prelims   | 31.78   |

**J's Aqua Swimming Club-EK Total Individual Entries: 53 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Knysna Aquatics-ED****1 Boshoff, Mickayle C - Male - Age: 11 - Ind/Rel: 9 / 0**

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:10.52 |
| #211 Men 19&U 100 Fly Prelims  | 1:26.66 |
| #309 Men 19&U 100 Back Prelims | 1:29.41 |
| #401 Men 19&U 50 Free Prelims  | 32.60   |
| #411 Men 19&U 50 Fly Prelims   | 37.23   |

|                                |         |
|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 3:21.78 |
| #301 Men 19&U 200 Free Prelims | 2:39.88 |
| #313 Men 19&U 200 IM Prelims   | 3:10.34 |
| #409 Men 19&U 50 Back Prelims  | 39.03   |

**2 Botha, Rebecca P - Female - Age: 12 - Ind/Rel: 5 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.03 |
| #314 Women 19&U 200 IM Prelims   | 3:18.91 |
| #412 Women 19&U 50 Fly Prelims   | 41.04   |

|                                  |         |
|----------------------------------|---------|
| #302 Women 19&U 200 Free Prelims | 2:50.09 |
| #402 Women 19&U 50 Free Prelims  | 31.88   |

**3 Harper, Maddie I - Female - Age: 13 - Ind/Rel: 8 / 3**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:12.92 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:43.46 |
| #306 Women 19&U 50 Breast Prelims              | 42.12   |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:08.11 |
| #406 Women 19&U 200 Breast                     | 3:23.37 |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:22.75 |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:32.40 |
| #302 Women 19&U 200 Free Prelims   | 2:44.06 |
| #310 Women 19&U 100 Back Prelims   | 1:30.72 |
| #402 Women 19&U 50 Free Prelims    | 32.91   |
| #410 Women 19&U 50 Back            | 39.07   |

**4 Parr, Colby S - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                 |         |
|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:08.42 |
| #207 Men 19&U 200 Back Prelims  | 2:47.47 |
| #305 Men 19&U 50 Breast Prelims | 40.62   |
| #401 Men 19&U 50 Free Prelims   | 31.00   |
| #411 Men 19&U 50 Fly Prelims    | 34.86   |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:30.33 |
| #301 Men 19&U 200 Free Prelims   | 2:32.94 |
| #309 Men 19&U 100 Back Prelims   | 1:16.77 |
| #409 Men 19&U 50 Back Prelims    | 36.29   |

**5 Schäfer, Kyla - Female - Age: 13 - Ind/Rel: 10 / 3**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:14.73 |
| #208 Women 19&U 200 Back Prelims               | 2:56.10 |
| #302 Women 19&U 200 Free Prelims               | 2:40.54 |
| #310 Women 19&U 100 Back Prelims               | 1:24.01 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:08.11 |
| #410 Women 19&U 50 Back                        | 38.72   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:22.75 |

|   |         |
|---|---------|
| #206 Women 19&U 100 Breast Prelims            | 1:37.43 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:43.46 |
| #306 Women 19&U 50 Breast Prelims             | 45.48   |
| #314 Women 19&U 200 IM Prelims                | 2:58.25 |
| #402 Women 19&U 50 Free Prelims               | 33.01   |
| #412 Women 19&U 50 Fly Prelims                | 36.80   |

**6 Van Der Wath, Izi - Female - Age: 13 - Ind/Rel: 8 / 3**

|  |         |
|--|---------|
| #106 Women 13 400 Free                         | 5:09.41 |
| #206 Women 19&U 100 Breast Prelims             | 1:25.96 |
| #302 Women 19&U 200 Free Prelims               | 2:26.44 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:08.11 |
| #406 Women 19&U 200 Breast                     | 3:11.61 |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:22.75 |

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:06.45 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:43.46 |
| #306 Women 19&U 50 Breast Prelims             | 37.27   |
| #402 Women 19&U 50 Free Prelims               | 29.69   |
| #412 Women 19&U 50 Fly Prelims                | 33.23   |

**7 Van Niekerk, Ona - Female - Age: 14 - Ind/Rel: 7 / 3**

|   |         |
|---|---------|
| #206 Women 19&U 100 Breast Prelims            | 1:28.26 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:43.46 |
| #314 Women 19&U 200 IM Prelims                | 2:54.89 |
| #402 Women 19&U 50 Free Prelims               | 32.50   |
| #412 Women 19&U 50 Fly Prelims                | 33.85   |

|  |         |
|--|---------|
| #212 Women 19&U 100 Fly Prelims                | 1:25.46 |
| #306 Women 19&U 50 Breast Prelims              | 39.74   |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:08.11 |
| #406 Women 19&U 200 Breast                     | 3:13.84 |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:22.75 |

**Knysna Aquatics-ED Total Individual Entries: 56 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Komatipoort Swimming Club-EZ****1 Steyn, Danika - Female - Age: 10 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:19.18 | #208 Women 19&U 200 Back Prelims | 3:11.01 |
| #310 Women 19&U 100 Back Prelims | 1:30.33 | #314 Women 19&U 200 IM Prelims   | 3:21.14 |
| #402 Women 19&U 50 Free Prelims  | 35.27   | #410 Women 19&U 50 Back          | 39.65   |
| #412 Women 19&U 50 Fly Prelims   | 41.35   |                                  |         |

**Komatipoort Swimming Club-EZ Total Individual Entries: 7 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Lics Warriors****1 Richter, Mignon - Female - Age: 15 - Ind/Rel: 6 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:22.44 | #306 Women 19&U 50 Breast Prelims | 37.05 |
| #314 Women 19&U 200 IM Prelims     | 2:52.44 | #402 Women 19&U 50 Free Prelims   | 31.87 |
| #406 Women 19&U 200 Breast         | 3:02.63 | #412 Women 19&U 50 Fly Prelims    | 34.18 |

**Lics Warriors Total Individual Entries: 6 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Limpopo Tuksswimming Club-WB****1 Dannhauser, Carla - Female - Age: 14 - Ind/Rel: 9 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #108 Women 14 400 Free                        | 5:29.79 | #202 Women 19&U 100 Free Prelims               | 1:07.57 |
| #208 Women 19&U 200 Back Prelims              | 2:43.17 | #212 Women 19&U 100 Fly Prelims                | 1:15.74 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:30.09 | #302 Women 19&U 200 Free Prelims               | 2:32.98 |
| #310 Women 19&U 100 Back Prelims              | 1:15.12 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.04 |
| #402 Women 19&U 50 Free Prelims               | 30.64   | #410 Women 19&U 50 Back                        | 34.27   |
| #412 Women 19&U 50 Fly Prelims                | 32.38   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:17.54 |

**2 Dannhauser, Stephanie - Female - Age: 14 - Ind/Rel: 9 / 3**

|  |         |  |         |
|--|---------|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:07.55 | #206 Women 19&U 100 Breast Prelims           | 1:32.89 |
| #208 Women 19&U 200 Back Prelims               | 2:50.03 | #212 Women 19&U 100 Fly Prelims              | 1:18.63 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:30.09 | #302 Women 19&U 200 Free Prelims             | 2:36.67 |
| #310 Women 19&U 100 Back Prelims               | 1:16.46 | #314 Women 19&U 200 IM Prelims               | 2:50.34 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.04 | #406 Women 19&U 200 Breast                   | 3:22.66 |
| #410 Women 19&U 50 Back                        | 34.81   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:17.54 |

**3 Grobler, Petri P - Male - Age: 13 - Ind/Rel: 10 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free             | 5:24.88 | #201 Men 19&U 100 Free Prelims | 1:07.36 |
| #205 Men 19&U 100 Breast Prelims | 1:30.83 | #207 Men 19&U 200 Back Prelims | 2:44.60 |
| #301 Men 19&U 200 Free Prelims   | 2:28.22 | #309 Men 19&U 100 Back Prelims | 1:16.48 |
| #313 Men 19&U 200 IM Prelims     | 2:46.63 | #401 Men 19&U 50 Free Prelims  | 30.05   |
| #409 Men 19&U 50 Back Prelims    | 35.61   | #411 Men 19&U 50 Fly Prelims   | 34.26   |

**4 Marais, Anne - Female - Age: 14 - Ind/Rel: 10 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #202 Women 19&U 100 Free Prelims               | 1:07.34 | #206 Women 19&U 100 Breast Prelims            | 1:30.14 |
| #212 Women 19&U 100 Fly Prelims                | 1:24.68 | #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:30.09 |
| #302 Women 19&U 200 Free Prelims               | 2:34.58 | #306 Women 19&U 50 Breast Prelims             | 39.95   |
| #310 Women 19&U 100 Back Prelims               | 1:20.13 | #314 Women 19&U 200 IM Prelims                | 2:54.50 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.04 | #402 Women 19&U 50 Free Prelims               | 30.25   |
| #410 Women 19&U 50 Back                        | 34.78   | #412 Women 19&U 50 Fly Prelims                | 33.75   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:17.54 |   |         |

**5 Nortje, Mari Zanne - Female - Age: 16 - Ind/Rel: 5 / 0**

|                                  |         |                                   |       |
|----------------------------------|---------|-----------------------------------|-------|
| #202 Women 19&U 100 Free Prelims | 1:06.01 | #306 Women 19&U 50 Breast Prelims | 38.39 |
| #402 Women 19&U 50 Free Prelims  | 29.46   | #410 Women 19&U 50 Back           | 34.43 |
| #412 Women 19&U 50 Fly Prelims   | 31.62   |                                   |       |

**6 Potgieter, Evan P - Male - Age: 11 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #101 Men 11&U 400 Free         | 6:15.54 | #205 Men 19&U 100 Breast Prelims | 1:42.06 |
| #301 Men 19&U 200 Free Prelims | 3:04.92 | #305 Men 19&U 50 Breast Prelims  | 46.88   |
| #309 Men 19&U 100 Back Prelims | 1:33.11 | #401 Men 19&U 50 Free Prelims    | 36.37   |
| #405 Men 19&U 200 Breast       | 3:35.41 |                                  |         |

**7 Prinsloo, Micke - Female - Age: 14 - Ind/Rel: 10 / 1**

|  |         |                                    |         |
|--|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims             | 1:15.11 | #206 Women 19&U 100 Breast Prelims | 1:31.44 |
| #208 Women 19&U 200 Back Prelims             | 3:16.52 | #306 Women 19&U 50 Breast Prelims  | 40.29   |
| #310 Women 19&U 100 Back Prelims             | 1:27.83 | #314 Women 19&U 200 IM Prelims     | 3:07.67 |
| #402 Women 19&U 50 Free Prelims              | 32.66   | #406 Women 19&U 200 Breast         | 3:14.17 |
| #410 Women 19&U 50 Back                      | 38.90   | #412 Women 19&U 50 Fly Prelims     | 40.17   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:17.54 |                                    |         |

**8 Stols, Kinique E - Female - Age: 11 - Ind/Rel: 7 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:43.02 | #208 Women 19&U 200 Back Prelims | 3:03.94 |
| #306 Women 19&U 50 Breast Prelims  | 46.87   | #310 Women 19&U 100 Back Prelims | 1:25.19 |
| #314 Women 19&U 200 IM Prelims     | 3:13.46 | #406 Women 19&U 200 Breast       | 3:39.79 |
| #410 Women 19&U 50 Back            | 39.51   |                                  |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Limpopo Tuksswimming Club-WB****9 Teich, Shaun - Male - Age: 11 - Ind/Rel: 10 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:17.24 | #205 Men 19&U 100 Breast Prelims | 1:42.36 |
| #207 Men 19&U 200 Back Prelims | 3:11.45 | #211 Men 19&U 100 Fly Prelims    | 1:35.90 |
| #301 Men 19&U 200 Free Prelims | 2:45.95 | #305 Men 19&U 50 Breast Prelims  | 46.66   |
| #309 Men 19&U 100 Back Prelims | 1:27.31 | #313 Men 19&U 200 IM Prelims     | 3:10.64 |
| #405 Men 19&U 200 Breast       | 3:35.31 | #411 Men 19&U 50 Fly Prelims     | 37.55   |

**10 Upton, Odette - Female - Age: 14 - Ind/Rel: 8 / 2**

|  |         |                                    |         |
|--|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims               | 1:07.86 | #206 Women 19&U 100 Breast Prelims | 1:37.39 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:30.09 | #302 Women 19&U 200 Free Prelims   | 2:29.85 |
| #306 Women 19&U 50 Breast Prelims              | 42.92   | #314 Women 19&U 200 IM Prelims     | 3:01.22 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.04 | #402 Women 19&U 50 Free Prelims    | 31.39   |
| #410 Women 19&U 50 Back                        | 39.37   | #412 Women 19&U 50 Fly Prelims     | 34.67   |

**11 Venter, Luan - Male - Age: 10 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:23.65 | #205 Men 19&U 100 Breast Prelims | 1:43.03 |
| #207 Men 19&U 200 Back Prelims | 3:26.02 | #211 Men 19&U 100 Fly Prelims    | 2:07.03 |
| #301 Men 19&U 200 Free Prelims | 3:15.35 | #305 Men 19&U 50 Breast Prelims  | 45.74   |
| #309 Men 19&U 100 Back Prelims | 1:33.84 | #313 Men 19&U 200 IM Prelims     | 3:27.26 |

**Limpopo Tuksswimming Club-WB Total Individual Entries: 93 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Linrand Swimming Club-JH****1 Griffioen, Ingemari - Female - Age: 11 - Ind/Rel: 6 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:19.45 |
| #302 Women 19&U 200 Free Prelims | 3:03.19 |
| #402 Women 19&U 50 Free Prelims  | 35.23   |

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 3:16.90 |
| #310 Women 19&U 100 Back Prelims | 1:36.90 |
| #410 Women 19&U 50 Back          | 43.96   |

**2 Marnewick, Rania - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                   |         |
|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:19.00 |
| #306 Women 19&U 50 Breast Prelims | 44.63   |
| #406 Women 19&U 200 Breast        | 3:28.18 |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:36.32 |
| #314 Women 19&U 200 IM Prelims     | 3:22.53 |
| #412 Women 19&U 50 Fly Prelims     | 41.42   |

**3 Maruping, Bokkie M - Female - Age: 12 - Ind/Rel: 9 / 0**

|                                   |         |
|-----------------------------------|---------|
| #104 Women 12 400 Free            | 5:39.07 |
| #212 Women 19&U 100 Fly Prelims   | 1:33.81 |
| #306 Women 19&U 50 Breast Prelims | 52.71   |
| #402 Women 19&U 50 Free Prelims   | 35.69   |
| #412 Women 19&U 50 Fly Prelims    | 41.92   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:17.26 |
| #302 Women 19&U 200 Free Prelims | 2:41.86 |
| #314 Women 19&U 200 IM Prelims   | 3:13.69 |
| #410 Women 19&U 50 Back          | 43.77   |

**4 Viljoen, Leander - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                  |         |
|----------------------------------|---------|
| #105 Men 13 400 Free             | 5:42.23 |
| #205 Men 19&U 100 Breast Prelims | 1:27.75 |
| #305 Men 19&U 50 Breast Prelims  | 37.37   |
| #401 Men 19&U 50 Free Prelims    | 29.21   |

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:07.28 |
| #301 Men 19&U 200 Free Prelims | 2:31.33 |
| #309 Men 19&U 100 Back Prelims | 1:20.26 |
| #405 Men 19&U 200 Breast       | 3:16.78 |

**5 Vlok, Isobelle E - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                    |         |
|------------------------------------|---------|
| #104 Women 12 400 Free             | 5:22.03 |
| #206 Women 19&U 100 Breast Prelims | 1:32.44 |
| #306 Women 19&U 50 Breast Prelims  | 43.05   |
| #406 Women 19&U 200 Breast         | 3:14.36 |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.89 |
| #302 Women 19&U 200 Free Prelims | 2:35.24 |
| #314 Women 19&U 200 IM Prelims   | 3:05.20 |

**Linrand Swimming Club-JH Total Individual Entries: 36 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Mako Aquatics-EK****1 De Vernon, Dawson - Male - Age: 17 - Ind/Rel: 10 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #113 Men 17-19 400 Free          | 4:52.01 | #201 Men 19&U 100 Free Prelims  | 1:01.13 |
| #205 Men 19&U 100 Breast Prelims | 1:20.69 | #207 Men 19&U 200 Back Prelims  | 2:28.84 |
| #301 Men 19&U 200 Free Prelims   | 2:17.77 | #305 Men 19&U 50 Breast Prelims | 36.08   |
| #309 Men 19&U 100 Back Prelims   | 1:10.08 | #401 Men 19&U 50 Free Prelims   | 28.10   |
| #405 Men 19&U 200 Breast         | 2:58.66 | #409 Men 19&U 50 Back Prelims   | 32.66   |

**2 Plint, Connor J - Male - Age: 11 - Ind/Rel: 12 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #101 Men 11&U 400 Free           | 6:26.96 | #201 Men 19&U 100 Free Prelims  | 1:17.75 |
| #205 Men 19&U 100 Breast Prelims | 2:07.61 | #207 Men 19&U 200 Back Prelims  | 3:15.37 |
| #301 Men 19&U 200 Free Prelims   | 3:03.24 | #305 Men 19&U 50 Breast Prelims | 58.60   |
| #309 Men 19&U 100 Back Prelims   | 1:28.02 | #313 Men 19&U 200 IM Prelims    | 3:29.00 |
| #401 Men 19&U 50 Free Prelims    | 37.56   | #405 Men 19&U 200 Breast        | 4:26.30 |
| #409 Men 19&U 50 Back Prelims    | 41.23   | #411 Men 19&U 50 Fly Prelims    | 40.51   |

**3 Plint, Matthew J - Male - Age: 11 - Ind/Rel: 11 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #101 Men 11&U 400 Free           | 6:29.32 | #201 Men 19&U 100 Free Prelims  | 1:21.58 |
| #205 Men 19&U 100 Breast Prelims | 2:07.03 | #207 Men 19&U 200 Back Prelims  | 3:26.56 |
| #301 Men 19&U 200 Free Prelims   | 3:03.79 | #305 Men 19&U 50 Breast Prelims | 57.12   |
| #309 Men 19&U 100 Back Prelims   | 1:33.94 | #313 Men 19&U 200 IM Prelims    | 3:50.19 |
| #401 Men 19&U 50 Free Prelims    | 37.51   | #409 Men 19&U 50 Back Prelims   | 42.50   |
| #411 Men 19&U 50 Fly Prelims     | 41.98   |                                 |         |

**4 Pretorius, Dandr  P - Male - Age: 19 - Ind/Rel: 10 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free        | 4:56.92 | #201 Men 19&U 100 Free Prelims | 58.47   |
| #207 Men 19&U 200 Back Prelims | 2:28.01 | #211 Men 19&U 100 Fly Prelims  | 1:03.90 |
| #301 Men 19&U 200 Free Prelims | 2:11.55 | #309 Men 19&U 100 Back Prelims | 1:05.70 |
| #313 Men 19&U 200 IM Prelims   | 2:27.62 | #401 Men 19&U 50 Free Prelims  | 26.49   |
| #409 Men 19&U 50 Back Prelims  | 29.88   | #411 Men 19&U 50 Fly Prelims   | 28.36   |

**5 Vermeulen, Joshua - Male - Age: 12 - Ind/Rel: 10 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 5:45.47 | #201 Men 19&U 100 Free Prelims | 1:09.11 |
| #205 Men 19&U 100 Breast Prelims | 1:43.86 | #207 Men 19&U 200 Back Prelims | 2:54.86 |
| #301 Men 19&U 200 Free Prelims   | 2:39.43 | #309 Men 19&U 100 Back Prelims | 1:21.79 |
| #313 Men 19&U 200 IM Prelims     | 3:09.33 | #401 Men 19&U 50 Free Prelims  | 33.79   |
| #409 Men 19&U 50 Back Prelims    | 38.19   | #411 Men 19&U 50 Fly Prelims   | 41.05   |

**6 Visser, Alexis - Female - Age: 11 - Ind/Rel: 12 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #102 Women 11&U 400 Free           | 6:42.07 | #202 Women 19&U 100 Free Prelims  | 1:20.14 |
| #206 Women 19&U 100 Breast Prelims | 1:47.87 | #208 Women 19&U 200 Back Prelims  | 3:16.05 |
| #302 Women 19&U 200 Free Prelims   | 2:53.14 | #306 Women 19&U 50 Breast Prelims | 50.57   |
| #310 Women 19&U 100 Back Prelims   | 1:31.63 | #314 Women 19&U 200 IM Prelims    | 3:17.78 |
| #402 Women 19&U 50 Free Prelims    | 34.29   | #406 Women 19&U 200 Breast        | 3:40.43 |
| #410 Women 19&U 50 Back            | 44.10   | #412 Women 19&U 50 Fly Prelims    | 41.94   |

**Mako Aquatics-EK Total Individual Entries: 65 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Mandeville Dolphins-JH****1 Barber-Luna, Layla R - Female - Age: 12 - Ind/Rel: 11 / 4**

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:10.47 | #206 Women 19&U 100 Breast Prelims           | 1:39.23 |
| #208 Women 19&U 200 Back Prelims              | 3:00.33 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:56.98 |
| #302 Women 19&U 200 Free Prelims              | 2:42.15 | #306 Women 19&U 50 Breast Prelims            | 43.30   |
| #310 Women 19&U 100 Back Prelims              | 1:22.77 | #314 Women 19&U 200 IM Prelims               | 3:06.11 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.05 | #402 Women 19&U 50 Free Prelims              | 31.37   |
| #406 Women 19&U 200 Breast                    | 3:30.95 | #410 Women 19&U 50 Back                      | 36.00   |
| #412 Women 19&U 50 Fly Prelims                | 34.68   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me  | 2:29.32 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:49.86 |  |         |

**2 Bhana, Aditya S - Male - Age: 13 - Ind/Rel: 9 / 2**

|   |         |   |         |
|---|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:13.75 | #205 Men 19&U 100 Breast Prelims                | 1:31.22 |
| #301 Men 19&U 200 Free Prelims                | 2:50.79 | #305 Men 19&U 50 Breast Prelims                 | 39.94   |
| #309 Men 19&U 100 Back Prelims                | 1:34.62 | #313 Men 19&U 200 IM Prelims                    | 3:12.44 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:13.51 | #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 2:02.98 |
| #401 Men 19&U 50 Free Prelims                 | 34.32   | #405 Men 19&U 200 Breast                        | 3:22.28 |
| #409 Men 19&U 50 Back Prelims                 | 40.67   |   |         |

**3 Bruyns, Isabella M - Female - Age: 14 - Ind/Rel: 9 / 5**

|  |         |  |         |
|--|---------|--|---------|
| #108 Women 14 400 Free                         | 5:18.59 | #202 Women 19&U 100 Free Prelims               | 1:05.24 |
| #208 Women 19&U 200 Back Prelims               | 2:39.72 | #216 Women 13-15 4x100 Free Relay 4 X 100 Fre  | 4:31.60 |
| #302 Women 19&U 200 Free Prelims               | 2:28.70 | #306 Women 19&U 50 Breast Prelims              | 41.38   |
| #310 Women 19&U 100 Back Prelims               | 1:14.43 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.62 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:10.35 | #402 Women 19&U 50 Free Prelims                | 29.68   |
| #410 Women 19&U 50 Back                        | 33.94   | #412 Women 19&U 50 Fly Prelims                 | 34.07   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:17.54 | #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:17.33 |

**4 Cazzavillan, Lorenzo L - Male - Age: 18 - Ind/Rel: 2 / 0**

|                                    |       |                                     |         |
|------------------------------------|-------|-------------------------------------|---------|
| #209 Men 99&U 50 Back Para Prelims | 58.57 | #303 Men 99&U 100 Free Para Prelims | 1:45.72 |
|------------------------------------|-------|-------------------------------------|---------|

**5 Du Toit, Francois - Male - Age: 12 - Ind/Rel: 10 / 2**

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #103 Men 12 400 Free             | 5:35.43 | #201 Men 19&U 100 Free Prelims                | 1:10.13 |
| #205 Men 19&U 100 Breast Prelims | 1:33.40 | #207 Men 19&U 200 Back Prelims                | 3:07.50 |
| #301 Men 19&U 200 Free Prelims   | 2:35.34 | #305 Men 19&U 50 Breast Prelims               | 45.18   |
| #313 Men 19&U 200 IM Prelims     | 3:00.92 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.05 |
| #401 Men 19&U 50 Free Prelims    | 32.28   | #405 Men 19&U 200 Breast                      | 3:24.13 |
| #409 Men 19&U 50 Back Prelims    | 40.53   | #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:49.86 |

**6 Gray, Lance G - Male - Age: 11 - Ind/Rel: 11 / 1**

|                                 |         |   |         |
|---------------------------------|---------|---|---------|
| #201 Men 19&U 100 Free Prelims  | 1:17.04 | #205 Men 19&U 100 Breast Prelims              | 1:45.12 |
| #207 Men 19&U 200 Back Prelims  | 3:12.11 | #301 Men 19&U 200 Free Prelims                | 2:45.51 |
| #305 Men 19&U 50 Breast Prelims | 48.20   | #309 Men 19&U 100 Back Prelims                | 1:29.68 |
| #313 Men 19&U 200 IM Prelims    | 3:15.27 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.05 |
| #401 Men 19&U 50 Free Prelims   | 34.01   | #405 Men 19&U 200 Breast                      | 3:48.11 |
| #409 Men 19&U 50 Back Prelims   | 41.34   | #411 Men 19&U 50 Fly Prelims                  | 39.24   |

**7 Janse v Rensburg, Juan - Male - Age: 15 - Ind/Rel: 9 / 6**

|  |         |   |         |
|--|---------|---|---------|
| #109 Men 15 400 Free                           | 5:12.72 | #201 Men 19&U 100 Free Prelims                  | 1:04.55 |
| #205 Men 19&U 100 Breast Prelims               | 1:17.29 | #215 Men 13-15 4x100 Free Relay 4 X 100 Free R  | 4:23.39 |
| #301 Men 19&U 200 Free Prelims                 | 2:27.26 | #305 Men 19&U 50 Breast Prelims                 | 34.79   |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R  | 2:13.51 | #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 2:02.98 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:10.35 | #401 Men 19&U 50 Free Prelims                   | 29.60   |
| #405 Men 19&U 200 Breast                       | 2:48.99 | #409 Men 19&U 50 Back Prelims                   | 35.14   |
| #411 Men 19&U 50 Fly Prelims                   | 33.11   | #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle   | 2:16.07 |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | 4:17.33 |   |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Mandeville Dolphins-JH

## 8 Kotze, Lohan M - Male - Age: 13 - Ind/Rel: 10 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:12.60 | #205 Men 19&U 100 Breast Prelims | 1:37.83 |
| #207 Men 19&U 200 Back Prelims  | 3:11.98 | #301 Men 19&U 200 Free Prelims   | 2:43.16 |
| #305 Men 19&U 50 Breast Prelims | 45.98   | #309 Men 19&U 100 Back Prelims   | 1:20.19 |
| #401 Men 19&U 50 Free Prelims   | 32.90   | #405 Men 19&U 200 Breast         | 3:31.39 |
| #409 Men 19&U 50 Back Prelims   | 38.84   | #411 Men 19&U 50 Fly Prelims     | 40.05   |

## 9 Lauf, Whitney G - Female - Age: 14 - Ind/Rel: 4 / 1

|  |         |                                    |         |
|--|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims             | 1:14.10 | #206 Women 19&U 100 Breast Prelims | 1:25.33 |
| #402 Women 19&U 50 Free Prelims              | 33.33   | #406 Women 19&U 200 Breast         | 3:11.50 |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:17.54 |                                    |         |

## 10 Love, Emma G - Female - Age: 12 - Ind/Rel: 10 / 4

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims            | 1:17.91 | #206 Women 19&U 100 Breast Prelims            | 1:34.17 |
| #208 Women 19&U 200 Back Prelims            | 3:23.75 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:56.98 |
| #306 Women 19&U 50 Breast Prelims           | 43.59   | #310 Women 19&U 100 Back Prelims              | 1:33.00 |
| #314 Women 19&U 200 IM Prelims              | 3:20.92 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.05 |
| #402 Women 19&U 50 Free Prelims             | 34.21   | #406 Women 19&U 200 Breast                    | 3:34.36 |
| #410 Women 19&U 50 Back                     | 41.63   | #412 Women 19&U 50 Fly Prelims                | 42.91   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me | 2:29.32 | #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:49.86 |

## 11 Mladovan, Jordan C - Male - Age: 16 - Ind/Rel: 10 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free             | 4:37.65 | #201 Men 19&U 100 Free Prelims | 58.01   |
| #205 Men 19&U 100 Breast Prelims | 1:16.78 | #207 Men 19&U 200 Back Prelims | 2:24.73 |
| #301 Men 19&U 200 Free Prelims   | 2:09.09 | #309 Men 19&U 100 Back Prelims | 1:06.53 |
| #313 Men 19&U 200 IM Prelims     | 2:26.76 | #401 Men 19&U 50 Free Prelims  | 26.52   |
| #409 Men 19&U 50 Back Prelims    | 31.05   | #411 Men 19&U 50 Fly Prelims   | 28.58   |

## 12 Nolan, Emma M - Female - Age: 13 - Ind/Rel: 12 / 2

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:13.03 | #206 Women 19&U 100 Breast Prelims             | 1:31.84 |
| #208 Women 19&U 200 Back Prelims              | 2:55.93 | #212 Women 19&U 100 Fly Prelims                | 1:32.12 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:31.60 | #302 Women 19&U 200 Free Prelims               | 2:47.15 |
| #306 Women 19&U 50 Breast Prelims             | 42.73   | #310 Women 19&U 100 Back Prelims               | 1:23.69 |
| #314 Women 19&U 200 IM Prelims                | 3:01.93 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.62 |
| #402 Women 19&U 50 Free Prelims               | 33.27   | #406 Women 19&U 200 Breast                     | 3:18.13 |
| #410 Women 19&U 50 Back                       | 36.01   | #412 Women 19&U 50 Fly Prelims                 | 36.08   |

## 13 Nolan, Kathryn A - Female - Age: 11 - Ind/Rel: 12 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:20.61 | #206 Women 19&U 100 Breast Prelims | 1:37.41 |
| #208 Women 19&U 200 Back Prelims | 3:12.12 | #212 Women 19&U 100 Fly Prelims    | 1:42.58 |
| #302 Women 19&U 200 Free Prelims | 2:54.40 | #306 Women 19&U 50 Breast Prelims  | 43.91   |
| #310 Women 19&U 100 Back Prelims | 1:28.92 | #314 Women 19&U 200 IM Prelims     | 3:10.89 |
| #402 Women 19&U 50 Free Prelims  | 36.74   | #406 Women 19&U 200 Breast         | 3:27.64 |
| #410 Women 19&U 50 Back          | 41.43   | #412 Women 19&U 50 Fly Prelims     | 42.58   |

## 14 Smith, Gabriella S - Female - Age: 16 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free           | 5:11.21 | #202 Women 19&U 100 Free Prelims | 1:09.22 |
| #208 Women 19&U 200 Back Prelims | 2:45.12 | #302 Women 19&U 200 Free Prelims | 2:31.04 |
| #402 Women 19&U 50 Free Prelims  | 32.52   | #410 Women 19&U 50 Back          | 36.55   |

## 15 Smith, Romy L - Female - Age: 12 - Ind/Rel: 10 / 3

|   |         |   |         |
|---|---------|---|---------|
| #104 Women 12 400 Free                        | 5:28.34 | #202 Women 19&U 100 Free Prelims            | 1:11.35 |
| #208 Women 19&U 200 Back Prelims              | 2:50.98 | #212 Women 19&U 100 Fly Prelims             | 1:25.46 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:56.98 | #302 Women 19&U 200 Free Prelims            | 2:33.69 |
| #310 Women 19&U 100 Back Prelims              | 1:20.81 | #314 Women 19&U 200 IM Prelims              | 2:59.96 |
| #402 Women 19&U 50 Free Prelims               | 33.47   | #410 Women 19&U 50 Back                     | 37.55   |
| #412 Women 19&U 50 Fly Prelims                | 35.27   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me | 2:29.32 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:49.86 |   |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Mandeville Dolphins-JH****16 Stonefield, Alex N - Male - Age: 13 - Ind/Rel: 4 / 4**

|   |         |
|---|---------|
| #105 Men 13 400 Free                            | 5:17.79 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R  | 4:23.39 |
| #313 Men 19&U 200 IM Prelims                    | 2:57.74 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 2:02.98 |

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:06.52 |
| #301 Men 19&U 200 Free Prelims                | 2:24.39 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:13.51 |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle | 2:16.07 |

**17 van de Wouw, Joshua B - Male - Age: 14 - Ind/Rel: 2 / 2**

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:21.39 |
| #405 Men 19&U 200 Breast         | 3:01.06 |

|  |         |
|--|---------|
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:23.39 |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle  | 2:16.07 |

**18 van Niekerk, Jarryd H - Male - Age: 13 - Ind/Rel: 8 / 6**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:04.08 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:23.39 |
| #305 Men 19&U 50 Breast Prelims                | 39.46   |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R  | 2:13.51 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:10.35 |
| #409 Men 19&U 50 Back Prelims                  | 34.00   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle  | 2:16.07 |

|   |         |
|---|---------|
| #205 Men 19&U 100 Breast Prelims                | 1:29.50 |
| #301 Men 19&U 200 Free Prelims                  | 2:29.19 |
| #309 Men 19&U 100 Back Prelims                  | 1:14.45 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 2:02.98 |
| #401 Men 19&U 50 Free Prelims                   | 28.59   |
| #411 Men 19&U 50 Fly Prelims                    | 35.94   |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe  | 4:17.33 |

**19 Woodburn, Indigo S - Female - Age: 13 - Ind/Rel: 13 / 3**

|  |         |
|--|---------|
| #106 Women 13 400 Free                         | 5:55.66 |
| #206 Women 19&U 100 Breast Prelims             | 1:42.48 |
| #212 Women 19&U 100 Fly Prelims                | 1:23.02 |
| #302 Women 19&U 200 Free Prelims               | 2:34.43 |
| #310 Women 19&U 100 Back Prelims               | 1:20.59 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:03.62 |
| #406 Women 19&U 200 Breast                     | 3:40.32 |
| #412 Women 19&U 50 Fly Prelims                 | 34.95   |

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:09.62 |
| #208 Women 19&U 200 Back Prelims              | 3:01.81 |
| #216 Women 13-15 4x100 Free Relay 4 X 100 Fre | 4:31.60 |
| #306 Women 19&U 50 Breast Prelims             | 45.97   |
| #314 Women 19&U 200 IM Prelims                | 3:00.01 |
| #402 Women 19&U 50 Free Prelims               | 31.68   |
| #410 Women 19&U 50 Back                       | 38.44   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me  | 2:17.54 |

**20 Woodburn, Jasmine S - Female - Age: 11 - Ind/Rel: 12 / 2**

|  |         |
|--|---------|
| #102 Women 11&U 400 Free                     | 6:26.90 |
| #206 Women 19&U 100 Breast Prelims           | 1:41.90 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:56.98 |
| #306 Women 19&U 50 Breast Prelims            | 45.75   |
| #314 Women 19&U 200 IM Prelims               | 3:15.59 |
| #406 Women 19&U 200 Breast                   | 3:36.51 |
| #412 Women 19&U 50 Fly Prelims               | 42.09   |

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims            | 1:17.25 |
| #208 Women 19&U 200 Back Prelims            | 3:18.31 |
| #302 Women 19&U 200 Free Prelims            | 2:54.30 |
| #310 Women 19&U 100 Back Prelims            | 1:34.15 |
| #402 Women 19&U 50 Free Prelims             | 34.46   |
| #410 Women 19&U 50 Back                     | 43.57   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me | 2:29.32 |

**Mandeville Dolphins-JH Total Individual Entries: 174 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Matlosana Swimming Club-KK****1 Bester, Lene - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 6:02.30 | #202 Women 19&U 100 Free Prelims | 1:19.22 |
| #208 Women 19&U 200 Back Prelims | 3:15.21 | #212 Women 19&U 100 Fly Prelims  | 1:50.71 |
| #302 Women 19&U 200 Free Prelims | 2:54.52 | #310 Women 19&U 100 Back Prelims | 1:30.78 |
| #314 Women 19&U 200 IM Prelims   | 3:17.39 |                                  |         |

**2 Makurube, Bohlale - Male - Age: 13 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free           | 5:22.48 | #201 Men 19&U 100 Free Prelims | 1:07.18 |
| #211 Men 19&U 100 Fly Prelims  | 1:27.86 | #301 Men 19&U 200 Free Prelims | 2:29.71 |
| #309 Men 19&U 100 Back Prelims | 1:23.25 | #313 Men 19&U 200 IM Prelims   | 3:02.37 |
| #401 Men 19&U 50 Free Prelims  | 30.61   | #409 Men 19&U 50 Back Prelims  | 39.79   |
| #411 Men 19&U 50 Fly Prelims   | 35.33   |                                |         |

**Matlosana Swimming Club-KK Total Individual Entries: 16 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## MidWit Swimming Club-NG

## 1 Burger, Marcus P - Male - Age: 12 - Ind/Rel: 5 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:53.66 | #201 Men 19&U 100 Free Prelims | 1:18.70 |
| #207 Men 19&U 200 Back Prelims | 3:15.25 | #301 Men 19&U 200 Free Prelims | 2:48.24 |
| #309 Men 19&U 100 Back Prelims | 1:32.27 |                                |         |

## 2 DE Villiers, Connor S - Male - Age: 16 - Ind/Rel: 8 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free             | 4:46.03 | #201 Men 19&U 100 Free Prelims | 1:00.25 |
| #205 Men 19&U 100 Breast Prelims | 1:18.99 | #301 Men 19&U 200 Free Prelims | 2:14.11 |
| #305 Men 19&U 50 Breast Prelims  | 34.68   | #313 Men 19&U 200 IM Prelims   | 2:34.45 |
| #405 Men 19&U 200 Breast         | 2:54.33 | #411 Men 19&U 50 Fly Prelims   | 30.94   |

## 3 Dlamini, Thando - Female - Age: 12 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:50.15 | #202 Women 19&U 100 Free Prelims | 1:16.05 |
| #302 Women 19&U 200 Free Prelims | 2:45.05 | #310 Women 19&U 100 Back Prelims | 1:41.74 |
| #402 Women 19&U 50 Free Prelims  | 35.45   | #410 Women 19&U 50 Back          | 45.27   |

## 4 Harty, Hunter R - Male - Age: 11 - Ind/Rel: 6 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:15.24 | #301 Men 19&U 200 Free Prelims | 2:45.60 |
| #309 Men 19&U 100 Back Prelims | 1:30.31 | #401 Men 19&U 50 Free Prelims  | 33.12   |
| #409 Men 19&U 50 Back Prelims  | 39.32   | #411 Men 19&U 50 Fly Prelims   | 47.27   |

## 5 Lombard, Adriaan - Male - Age: 14 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:19.95 | #201 Men 19&U 100 Free Prelims | 1:07.33 |
| #207 Men 19&U 200 Back Prelims | 2:44.11 | #301 Men 19&U 200 Free Prelims | 2:27.94 |
| #309 Men 19&U 100 Back Prelims | 1:17.21 | #401 Men 19&U 50 Free Prelims  | 30.89   |
| #409 Men 19&U 50 Back Prelims  | 35.35   |                                |         |

## 6 Mabuza, Mbuso J - Male - Age: 14 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:08.82 | #201 Men 19&U 100 Free Prelims | 1:06.93 |
| #207 Men 19&U 200 Back Prelims | 2:50.97 | #301 Men 19&U 200 Free Prelims | 2:28.96 |
| #309 Men 19&U 100 Back Prelims | 1:20.96 | #313 Men 19&U 200 IM Prelims   | 2:53.43 |
| #401 Men 19&U 50 Free Prelims  | 30.64   | #409 Men 19&U 50 Back Prelims  | 36.58   |

## 7 Muller, Anika - Female - Age: 12 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:53.31 | #202 Women 19&U 100 Free Prelims | 1:14.43 |
| #208 Women 19&U 200 Back Prelims | 3:02.60 | #302 Women 19&U 200 Free Prelims | 2:47.53 |
| #310 Women 19&U 100 Back Prelims | 1:24.90 | #402 Women 19&U 50 Free Prelims  | 33.61   |
| #410 Women 19&U 50 Back          | 39.51   |                                  |         |

## 8 O'Grady, Catherine - Female - Age: 14 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:25.20 | #202 Women 19&U 100 Free Prelims | 1:09.46 |
| #302 Women 19&U 200 Free Prelims | 2:33.01 | #310 Women 19&U 100 Back Prelims | 1:24.71 |
| #402 Women 19&U 50 Free Prelims  | 32.17   | #410 Women 19&U 50 Back          | 37.33   |

## 9 Pretorius, Pieter J - Male - Age: 10 - Ind/Rel: 4 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:33.51 | #305 Men 19&U 50 Breast Prelims | 43.59   |
| #313 Men 19&U 200 IM Prelims     | 3:13.15 | #405 Men 19&U 200 Breast        | 3:25.70 |

## 10 Pretorius, Lene L - Female - Age: 14 - Ind/Rel: 5 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:15.98 | #202 Women 19&U 100 Free Prelims | 1:08.81 |
| #302 Women 19&U 200 Free Prelims | 2:31.05 | #310 Women 19&U 100 Back Prelims | 1:25.66 |
| #402 Women 19&U 50 Free Prelims  | 31.65   |                                  |         |

## 11 van der Merwe, Taniel - Female - Age: 16 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.69 | #208 Women 19&U 200 Back Prelims | 2:46.16 |
| #302 Women 19&U 200 Free Prelims | 2:38.64 | #310 Women 19&U 100 Back Prelims | 1:17.46 |
| #402 Women 19&U 50 Free Prelims  | 32.84   | #410 Women 19&U 50 Back          | 36.73   |

MidWit Swimming Club-NG Total Individual Entries: 68 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Nelspruit Aqua Elite-EZ****1 Swart, Mignon - Female - Age: 11 - Ind/Rel: 9 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:16.96 | #206 Women 19&U 100 Breast Prelims | 1:33.43 |
| #306 Women 19&U 50 Breast Prelims | 42.02   | #310 Women 19&U 100 Back Prelims   | 1:29.67 |
| #314 Women 19&U 200 IM Prelims    | 3:10.21 | #402 Women 19&U 50 Free Prelims    | 33.47   |
| #406 Women 19&U 200 Breast        | 3:21.44 | #410 Women 19&U 50 Back            | 39.87   |
| #412 Women 19&U 50 Fly Prelims    | 39.26   |                                    |         |

**2 Swart, Timon D - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:05.46 | #205 Men 19&U 100 Breast Prelims | 1:27.38 |
| #305 Men 19&U 50 Breast Prelims | 39.41   | #401 Men 19&U 50 Free Prelims    | 28.89   |
| #409 Men 19&U 50 Back Prelims   | 36.68   | #411 Men 19&U 50 Fly Prelims     | 36.33   |

**Nelspruit Aqua Elite-EZ Total Individual Entries: 15 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****North West University Swim Clu-KK****1 de Vos, Schalk H - Male - Age: 16 - Ind/Rel: 5 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #305 Men 19&U 50 Breast Prelims | 36.50   | #309 Men 19&U 100 Back Prelims | 1:06.93 |
| #313 Men 19&U 200 IM Prelims    | 2:35.06 | #401 Men 19&U 50 Free Prelims  | 28.51   |
| #409 Men 19&U 50 Back Prelims   | 31.17   |                                |         |

**2 Du Preez, Nicoline - Female - Age: 11 - Ind/Rel: 6 / 0**

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #102 Women 11&U 400 Free         | 6:24.68 | #202 Women 19&U 100 Free Prelims  | 1:16.94 |
| #302 Women 19&U 200 Free Prelims | 2:52.94 | #306 Women 19&U 50 Breast Prelims | 49.33   |
| #310 Women 19&U 100 Back Prelims | 1:30.47 | #314 Women 19&U 200 IM Prelims    | 3:25.37 |

**3 Putter, Mia P - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free             | 6:01.69 | #202 Women 19&U 100 Free Prelims  | 1:15.12 |
| #206 Women 19&U 100 Breast Prelims | 1:32.02 | #212 Women 19&U 100 Fly Prelims   | 1:32.09 |
| #302 Women 19&U 200 Free Prelims   | 2:53.23 | #306 Women 19&U 50 Breast Prelims | 41.60   |
| #314 Women 19&U 200 IM Prelims     | 3:12.82 | #406 Women 19&U 200 Breast        | 3:22.54 |

**4 Schroll, Keira T - Female - Age: 16 - Ind/Rel: 3 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.85 | #208 Women 19&U 200 Back Prelims | 2:49.30 |
| #212 Women 19&U 100 Fly Prelims  | 1:31.77 |                                  |         |

**5 Summerton, Harry J - Male - Age: 18 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.90 | #207 Men 19&U 200 Back Prelims | 2:22.96 |
| #211 Men 19&U 100 Fly Prelims  | 1:07.51 | #301 Men 19&U 200 Free Prelims | 2:18.30 |
| #309 Men 19&U 100 Back Prelims | 1:03.85 | #313 Men 19&U 200 IM Prelims   | 2:31.95 |
| #401 Men 19&U 50 Free Prelims  | 27.80   | #409 Men 19&U 50 Back Prelims  | 30.23   |
| #411 Men 19&U 50 Fly Prelims   | 29.98   |                                |         |

**6 Summerton, Milri-Ann - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:08.34 | #208 Women 19&U 200 Back Prelims | 2:44.28 |
| #212 Women 19&U 100 Fly Prelims   | 1:20.21 | #302 Women 19&U 200 Free Prelims | 2:30.78 |
| #306 Women 19&U 50 Breast Prelims | 41.87   | #310 Women 19&U 100 Back Prelims | 1:13.69 |
| #402 Women 19&U 50 Free Prelims   | 31.01   | #410 Women 19&U 50 Back          | 34.65   |
| #412 Women 19&U 50 Fly Prelims    | 33.92   |                                  |         |

**7 Tredoux, Keegan C - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                  |         |                               |         |
|----------------------------------|---------|-------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:32.87 | #211 Men 19&U 100 Fly Prelims | 1:35.62 |
| #305 Men 19&U 50 Breast Prelims  | 41.36   | #313 Men 19&U 200 IM Prelims  | 3:09.92 |
| #401 Men 19&U 50 Free Prelims    | 35.24   | #405 Men 19&U 200 Breast      | 3:18.22 |
| #409 Men 19&U 50 Back Prelims    | 43.40   | #411 Men 19&U 50 Fly Prelims  | 40.80   |

**North West University Swim Clu-KK Total Individual Entries: 48 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Nsad Swimming-EZ****1 Bosman, Daniel - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free           | 5:30.74 | #201 Men 19&U 100 Free Prelims | 1:09.85 |
| #207 Men 19&U 200 Back Prelims | 2:53.86 | #211 Men 19&U 100 Fly Prelims  | 1:21.12 |
| #301 Men 19&U 200 Free Prelims | 2:34.35 | #309 Men 19&U 100 Back Prelims | 1:21.06 |
| #401 Men 19&U 50 Free Prelims  | 32.00   | #411 Men 19&U 50 Fly Prelims   | 33.85   |

**2 Oosthuizen, Nina - Female - Age: 11 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 5:53.79 | #202 Women 19&U 100 Free Prelims | 1:14.31 |
| #208 Women 19&U 200 Back Prelims | 3:06.83 | #302 Women 19&U 200 Free Prelims | 2:44.72 |
| #310 Women 19&U 100 Back Prelims | 1:26.19 | #402 Women 19&U 50 Free Prelims  | 32.37   |
| #410 Women 19&U 50 Back          | 39.27   | #412 Women 19&U 50 Fly Prelims   | 38.20   |

**Nsad Swimming-EZ Total Individual Entries: 16 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Old Edwardian Swimming Club-JH****1 Hicks, Joshua J - Male - Age: 16 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 57.01   | #205 Men 19&U 100 Breast Prelims | 1:17.41 |
| #301 Men 19&U 200 Free Prelims | 2:12.91 | #305 Men 19&U 50 Breast Prelims  | 34.78   |
| #309 Men 19&U 100 Back Prelims | 1:08.56 | #401 Men 19&U 50 Free Prelims    | 26.00   |
| #411 Men 19&U 50 Fly Prelims   | 29.78   |                                  |         |

**2 Moolman, Elrie L - Female - Age: 12 - Ind/Rel: 11 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free             | 5:50.47 | #202 Women 19&U 100 Free Prelims  | 1:14.76 |
| #206 Women 19&U 100 Breast Prelims | 1:30.50 | #212 Women 19&U 100 Fly Prelims   | 1:39.43 |
| #302 Women 19&U 200 Free Prelims   | 2:43.17 | #306 Women 19&U 50 Breast Prelims | 43.29   |
| #314 Women 19&U 200 IM Prelims     | 3:10.72 | #402 Women 19&U 50 Free Prelims   | 35.29   |
| #406 Women 19&U 200 Breast         | 3:17.12 | #410 Women 19&U 50 Back           | 41.11   |
| #412 Women 19&U 50 Fly Prelims     | 42.35   |                                   |         |

**3 Mothusiemang, Etamboh J - Male - Age: 13 - Ind/Rel: 9 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:09.37 | #205 Men 19&U 100 Breast Prelims | 1:32.86 |
| #211 Men 19&U 100 Fly Prelims   | 1:27.98 | #301 Men 19&U 200 Free Prelims   | 2:32.28 |
| #305 Men 19&U 50 Breast Prelims | 41.03   | #313 Men 19&U 200 IM Prelims     | 2:49.87 |
| #401 Men 19&U 50 Free Prelims   | 31.77   | #405 Men 19&U 200 Breast         | 3:17.77 |
| #411 Men 19&U 50 Fly Prelims    | 38.42   |                                  |         |

**Old Edwardian Swimming Club-JH Total Individual Entries: 27 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Onyx Aquatics-EK****1 Augustyn, Megan - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:21.66 | #202 Women 19&U 100 Free Prelims | 1:09.22 |
| #208 Women 19&U 200 Back Prelims | 2:49.38 | #310 Women 19&U 100 Back Prelims | 1:18.88 |
| #314 Women 19&U 200 IM Prelims   | 2:52.77 |                                  |         |

**Onyx Aquatics-EK Total Individual Entries: 5 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Otters Rustenburg-BP

## 1 Basson, Riandu A - Male - Age: 11 - Ind/Rel: 7 / 3

|                                |         |  |         |
|--------------------------------|---------|--|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.63 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:44.84 |
| #301 Men 19&U 200 Free Prelims | 2:45.84 | #309 Men 19&U 100 Back Prelims                 | 1:24.02 |
| #313 Men 19&U 200 IM Prelims   | 3:05.88 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:17.14 |
| #401 Men 19&U 50 Free Prelims  | 32.59   | #409 Men 19&U 50 Back Prelims                  | 40.16   |
| #411 Men 19&U 50 Fly Prelims   | 36.43   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:29.34 |

## 2 Breet, Donovan - Male - Age: 12 - Ind/Rel: 4 / 2

|                                  |         |   |         |
|----------------------------------|---------|---|---------|
| #205 Men 19&U 100 Breast Prelims | 1:35.70 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:44.84 |
| #305 Men 19&U 50 Breast Prelims  | 43.19   | #401 Men 19&U 50 Free Prelims                 | 33.68   |
| #405 Men 19&U 200 Breast         | 3:29.25 | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:29.34 |

## 3 Damoense, Jevan A - Male - Age: 15 - Ind/Rel: 10 / 0

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:00.18 | #207 Men 19&U 200 Back Prelims | 2:26.22 |
| #211 Men 19&U 100 Fly Prelims   | 1:07.81 | #301 Men 19&U 200 Free Prelims | 2:15.75 |
| #305 Men 19&U 50 Breast Prelims | NT      | #309 Men 19&U 100 Back Prelims | 1:07.39 |
| #313 Men 19&U 200 IM Prelims    | 2:30.29 | #401 Men 19&U 50 Free Prelims  | 27.60   |
| #409 Men 19&U 50 Back Prelims   | 31.55   | #411 Men 19&U 50 Fly Prelims   | 29.42   |

## 4 Kasselmann, Juan M - Male - Age: 12 - Ind/Rel: 10 / 3

|  |         |                                |         |
|--|---------|--------------------------------|---------|
| #103 Men 12 400 Free                           | 5:35.02 | #201 Men 19&U 100 Free Prelims | 1:11.17 |
| #207 Men 19&U 200 Back Prelims                 | 2:53.81 | #211 Men 19&U 100 Fly Prelims  | 1:36.24 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:44.84 | #301 Men 19&U 200 Free Prelims | 2:37.61 |
| #309 Men 19&U 100 Back Prelims                 | 1:23.16 | #313 Men 19&U 200 IM Prelims   | 3:02.68 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:17.14 | #401 Men 19&U 50 Free Prelims  | 33.25   |
| #405 Men 19&U 200 Breast                       | 3:32.66 | #411 Men 19&U 50 Fly Prelims   | 39.91   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:29.34 |                                |         |

## 5 Le Roux, Marthinus H - Male - Age: 11 - Ind/Rel: 10 / 1

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #101 Men 11&U 400 Free           | 7:38.85 | #201 Men 19&U 100 Free Prelims                 | 1:20.92 |
| #205 Men 19&U 100 Breast Prelims | 1:37.90 | #207 Men 19&U 200 Back Prelims                 | 3:30.61 |
| #301 Men 19&U 200 Free Prelims   | 3:21.17 | #305 Men 19&U 50 Breast Prelims                | 43.43   |
| #309 Men 19&U 100 Back Prelims   | 1:32.41 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:17.14 |
| #401 Men 19&U 50 Free Prelims    | 34.36   | #405 Men 19&U 200 Breast                       | 3:47.70 |
| #409 Men 19&U 50 Back Prelims    | 39.71   |  |         |

## 6 Louw, Cara - Female - Age: 12 - Ind/Rel: 9 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:13.95 | #206 Women 19&U 100 Breast Prelims | 1:37.71 |
| #302 Women 19&U 200 Free Prelims | 2:53.24 | #306 Women 19&U 50 Breast Prelims  | 44.86   |
| #314 Women 19&U 200 IM Prelims   | 3:15.36 | #402 Women 19&U 50 Free Prelims    | 33.86   |
| #406 Women 19&U 200 Breast       | 3:32.48 | #410 Women 19&U 50 Back            | 41.63   |
| #412 Women 19&U 50 Fly Prelims   | 42.79   |                                    |         |

## 7 Monnaemang, Ofentse B - Male - Age: 16 - Ind/Rel: 6 / 0

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 58.82   | #211 Men 19&U 100 Fly Prelims | 1:06.71 |
| #309 Men 19&U 100 Back Prelims | 1:10.16 | #401 Men 19&U 50 Free Prelims | 26.59   |
| #409 Men 19&U 50 Back Prelims  | 31.77   | #411 Men 19&U 50 Fly Prelims  | 29.06   |

## 8 Nel, Zian - Male - Age: 12 - Ind/Rel: 11 / 3

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #103 Men 12 400 Free             | 5:25.48 | #201 Men 19&U 100 Free Prelims                 | 1:05.94 |
| #205 Men 19&U 100 Breast Prelims | 1:34.63 | #207 Men 19&U 200 Back Prelims                 | 2:48.23 |
| #211 Men 19&U 100 Fly Prelims    | 1:25.17 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 4:44.84 |
| #301 Men 19&U 200 Free Prelims   | 2:31.13 | #309 Men 19&U 100 Back Prelims                 | 1:18.13 |
| #313 Men 19&U 200 IM Prelims     | 2:55.51 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:17.14 |
| #401 Men 19&U 50 Free Prelims    | 31.37   | #405 Men 19&U 200 Breast                       | 3:29.10 |
| #411 Men 19&U 50 Fly Prelims     | 35.04   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:29.34 |

Otters Rustenburg-BP Total Individual Entries: 67 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Paarl Aquarius SC-CE****1 Anthony, Jazmin A - Female - Age: 11 - Ind/Rel: 8 / 2**

|  |         |  |         |
|--|---------|--|---------|
| #102 Women 11&U 400 Free                       | 5:58.16 | #202 Women 19&U 100 Free Prelims             | 1:18.48 |
| #206 Women 19&U 100 Breast Prelims             | 1:38.63 | #212 Women 19&U 100 Fly Prelims              | 1:44.11 |
| #306 Women 19&U 50 Breast Prelims              | 45.13   | #314 Women 19&U 200 IM Prelims               | 3:15.96 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:16.33 | #406 Women 19&U 200 Breast                   | 3:29.08 |
| #412 Women 19&U 50 Fly Prelims                 | 40.13   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me | 2:33.42 |

**2 Baadjies, Cruden H - Male - Age: 12 - Ind/Rel: 8 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #103 Men 12 400 Free                           | 6:01.28 | #201 Men 19&U 100 Free Prelims                | 1:21.42 |
| #205 Men 19&U 100 Breast Prelims               | 1:35.63 | #301 Men 19&U 200 Free Prelims                | 2:51.24 |
| #305 Men 19&U 50 Breast Prelims                | 42.96   | #313 Men 19&U 200 IM Prelims                  | 3:22.79 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:24.73 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.32 |
| #405 Men 19&U 200 Breast                       | 3:24.20 | #409 Men 19&U 50 Back Prelims                 | 44.91   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:39.85 |   |         |

**3 Cleophas, Kyle - Male - Age: 14 - Ind/Rel: 9 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #107 Men 14 400 Free           | 5:12.26 | #201 Men 19&U 100 Free Prelims  | 1:04.66 |
| #211 Men 19&U 100 Fly Prelims  | 1:12.03 | #305 Men 19&U 50 Breast Prelims | 41.41   |
| #309 Men 19&U 100 Back Prelims | 1:15.61 | #313 Men 19&U 200 IM Prelims    | 2:45.29 |
| #401 Men 19&U 50 Free Prelims  | 28.26   | #409 Men 19&U 50 Back Prelims   | 33.91   |
| #411 Men 19&U 50 Fly Prelims   | 31.67   |                                 |         |

**4 Cleophas, Lee L - Male - Age: 12 - Ind/Rel: 8 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #205 Men 19&U 100 Breast Prelims               | 1:48.13 | #211 Men 19&U 100 Fly Prelims                 | 1:38.11 |
| #305 Men 19&U 50 Breast Prelims                | 50.62   | #309 Men 19&U 100 Back Prelims                | 1:30.43 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:24.73 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.32 |
| #401 Men 19&U 50 Free Prelims                  | 35.13   | #405 Men 19&U 200 Breast                      | 3:51.43 |
| #409 Men 19&U 50 Back Prelims                  | 41.01   | #411 Men 19&U 50 Fly Prelims                  | 39.37   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:39.85 |   |         |

**5 Lewis, Amaru C - Male - Age: 11 - Ind/Rel: 9 / 2**

|  |         |                                |         |
|--|---------|--------------------------------|---------|
| #101 Men 11&U 400 Free                         | 6:02.59 | #201 Men 19&U 100 Free Prelims | 1:21.04 |
| #207 Men 19&U 200 Back Prelims                 | 3:05.79 | #301 Men 19&U 200 Free Prelims | 2:53.41 |
| #309 Men 19&U 100 Back Prelims                 | 1:27.19 | #313 Men 19&U 200 IM Prelims   | 3:28.55 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:24.73 | #401 Men 19&U 50 Free Prelims  | 36.75   |
| #409 Men 19&U 50 Back Prelims                  | 40.27   | #411 Men 19&U 50 Fly Prelims   | 44.41   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:39.85 |                                |         |

**6 Peceur, Mark D - Male - Age: 19 - Ind/Rel: 7 / 0**

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free       | 4:46.18 | #201 Men 19&U 100 Free Prelims | 59.83   |
| #211 Men 19&U 100 Fly Prelims | 1:01.92 | #309 Men 19&U 100 Back Prelims | 1:06.81 |
| #401 Men 19&U 50 Free Prelims | 26.78   | #409 Men 19&U 50 Back Prelims  | 30.83   |
| #411 Men 19&U 50 Fly Prelims  | 28.40   |                                |         |

**7 Rheeder, Liam M - Male - Age: 13 - Ind/Rel: 11 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #105 Men 13 400 Free           | 5:16.91 | #201 Men 19&U 100 Free Prelims  | 1:07.31 |
| #207 Men 19&U 200 Back Prelims | 2:43.74 | #211 Men 19&U 100 Fly Prelims   | 1:18.33 |
| #301 Men 19&U 200 Free Prelims | 2:28.25 | #305 Men 19&U 50 Breast Prelims | 45.11   |
| #309 Men 19&U 100 Back Prelims | 1:17.10 | #313 Men 19&U 200 IM Prelims    | 2:50.28 |
| #401 Men 19&U 50 Free Prelims  | 31.43   | #409 Men 19&U 50 Back Prelims   | 36.36   |
| #411 Men 19&U 50 Fly Prelims   | 36.02   |                                 |         |

**8 Sabbagha, Annè - Female - Age: 18 - Ind/Rel: 7 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:08.36 | #206 Women 19&U 100 Breast Prelims | 1:23.24 |
| #306 Women 19&U 50 Breast Prelims | 36.83   | #314 Women 19&U 200 IM Prelims     | 2:50.01 |
| #402 Women 19&U 50 Free Prelims   | 32.16   | #406 Women 19&U 200 Breast         | 3:05.58 |
| #412 Women 19&U 50 Fly Prelims    | 35.06   |                                    |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Paarl Aquarius SC-CE****9 Sabbagha, Georgia - Female - Age: 11 - Ind/Rel: 9 / 3**

|  |         |   |         |
|--|---------|---|---------|
| #102 Women 11&U 400 Free                       | 5:38.24 | #202 Women 19&U 100 Free Prelims              | 1:12.61 |
| #208 Women 19&U 200 Back Prelims               | 3:07.82 | #212 Women 19&U 100 Fly Prelims               | 1:28.04 |
| #302 Women 19&U 200 Free Prelims               | 2:37.46 | #310 Women 19&U 100 Back Prelims              | 1:25.37 |
| #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:16.33 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.32 |
| #402 Women 19&U 50 Free Prelims                | 34.24   | #410 Women 19&U 50 Back                       | 40.03   |
| #412 Women 19&U 50 Fly Prelims                 | 39.47   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me  | 2:33.42 |

**10 Samuels, Londyn - Female - Age: 13 - Ind/Rel: 6 / 2**

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.82 | #302 Women 19&U 200 Free Prelims               | 2:45.34 |
| #310 Women 19&U 100 Back Prelims | 1:25.63 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:16.33 |
| #402 Women 19&U 50 Free Prelims  | 31.48   | #410 Women 19&U 50 Back                        | 37.91   |
| #412 Women 19&U 50 Fly Prelims   | 39.23   | #418 Women 13-15 4x50 Medley Relay 4 x 50 Me   | 2:33.42 |

**11 Stilwaney, Mia C - Female - Age: 12 - Ind/Rel: 8 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:20.30 | #206 Women 19&U 100 Breast Prelims             | 1:31.99 |
| #212 Women 19&U 100 Fly Prelims               | 1:24.34 | #306 Women 19&U 50 Breast Prelims              | 40.46   |
| #314 Women 19&U 200 IM Prelims                | 3:04.80 | #318 Women 13-15 4x50 Free Relay 4 x 50 Free F | 2:16.33 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:36.32 | #402 Women 19&U 50 Free Prelims                | 34.01   |
| #406 Women 19&U 200 Breast                    | 3:19.39 | #412 Women 19&U 50 Fly Prelims                 | 36.14   |
| #418 Women 13-15 4x50 Medley Relay 4 x 50 Me  | 2:33.42 |  |         |

**12 Titus, Brody - Male - Age: 11 - Ind/Rel: 8 / 2**

|                                |         |  |         |
|--------------------------------|---------|--|---------|
| #201 Men 19&U 100 Free Prelims | 1:26.72 | #211 Men 19&U 100 Fly Prelims                  | 1:28.25 |
| #301 Men 19&U 200 Free Prelims | 3:21.76 | #305 Men 19&U 50 Breast Prelims                | 51.11   |
| #313 Men 19&U 200 IM Prelims   | 3:20.46 | #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:24.73 |
| #401 Men 19&U 50 Free Prelims  | 36.39   | #409 Men 19&U 50 Back Prelims                  | 45.63   |
| #411 Men 19&U 50 Fly Prelims   | 39.13   | #415 Men 12&U 4x50 Medley Relay 4 x 50 Medle   | 2:39.85 |

**Paarl Aquarius SC-CE Total Individual Entries: 98 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Perfect Stroke Swimming Club-JH****1 Bouw, Ella A - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.60 | #208 Women 19&U 200 Back Prelims | 2:38.70 |
| #310 Women 19&U 100 Back Prelims | 1:13.41 | #402 Women 19&U 50 Free Prelims  | 30.67   |
| #410 Women 19&U 50 Back          | 34.28   | #412 Women 19&U 50 Fly Prelims   | 33.71   |

**2 Chetty, Viknesh - Male - Age: 13 - Ind/Rel: 6 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:13.22 | #205 Men 19&U 100 Breast Prelims | 1:25.76 |
| #301 Men 19&U 200 Free Prelims | 2:49.77 | #305 Men 19&U 50 Breast Prelims  | 41.86   |
| #401 Men 19&U 50 Free Prelims  | 33.82   | #405 Men 19&U 200 Breast         | 3:13.35 |

**3 Erasmus, Hayden - Male - Age: 15 - Ind/Rel: 6 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #109 Men 15 400 Free           | 4:58.71 | #205 Men 19&U 100 Breast Prelims | 1:19.91 |
| #207 Men 19&U 200 Back Prelims | 2:37.26 | #301 Men 19&U 200 Free Prelims   | 2:17.94 |
| #309 Men 19&U 100 Back Prelims | 1:12.72 | #401 Men 19&U 50 Free Prelims    | 27.79   |

**4 Hinkley, Mikayla J - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.70 | #212 Women 19&U 100 Fly Prelims | 1:20.16 |
| #302 Women 19&U 200 Free Prelims | 2:29.96 | #314 Women 19&U 200 IM Prelims  | 2:55.54 |
| #402 Women 19&U 50 Free Prelims  | 30.11   | #410 Women 19&U 50 Back         | 35.76   |
| #412 Women 19&U 50 Fly Prelims   | 33.59   |                                 |         |

**5 Lala, Soham - Male - Age: 17 - Ind/Rel: 4 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:07.90 | #207 Men 19&U 200 Back Prelims | 2:35.69 |
| #309 Men 19&U 100 Back Prelims | 1:10.63 | #405 Men 19&U 200 Breast       | 3:13.70 |

**6 Sanan, Madison L - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:30.21 | #206 Women 19&U 100 Breast Prelims | 1:40.73 |
| #306 Women 19&U 50 Breast Prelims | 44.93   | #402 Women 19&U 50 Free Prelims    | 38.44   |
| #406 Women 19&U 200 Breast        | 3:40.60 |                                    |         |

**7 Smith, Taylia - Female - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:54.47 | #202 Women 19&U 100 Free Prelims | 1:14.07 |
| #208 Women 19&U 200 Back Prelims | 3:06.25 | #302 Women 19&U 200 Free Prelims | 2:40.58 |
| #310 Women 19&U 100 Back Prelims | 1:27.51 | #314 Women 19&U 200 IM Prelims   | 3:14.48 |
| #402 Women 19&U 50 Free Prelims  | 35.51   | #410 Women 19&U 50 Back          | 40.18   |
| #412 Women 19&U 50 Fly Prelims   | 47.63   |                                  |         |

**Perfect Stroke Swimming Club-JH Total Individual Entries: 43 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Phoenix Swimming****1 Cloete, Cameron - Male - Age: 12 - Ind/Rel: 1 / 0**

#103 Men 12 400 Free 5:39.87

**2 Harry, Kyra - Female - Age: 17 - Ind/Rel: 5 / 0**

#202 Women 19&amp;U 100 Free Prelims 1:03.55

#306 Women 19&amp;U 50 Breast Prelims 39.16

#412 Women 19&amp;U 50 Fly Prelims 30.34

#212 Women 19&amp;U 100 Fly Prelims 1:08.92

#402 Women 19&amp;U 50 Free Prelims 28.85

**3 Mothibatsela, Ntsika - Male - Age: 16 - Ind/Rel: 9 / 0**

#111 Men 16 400 Free 4:51.61

#207 Men 19&amp;U 200 Back Prelims 2:33.18

#301 Men 19&amp;U 200 Free Prelims 2:11.95

#401 Men 19&amp;U 50 Free Prelims 27.03

#411 Men 19&amp;U 50 Fly Prelims 27.53

#201 Men 19&amp;U 100 Free Prelims 58.95

#211 Men 19&amp;U 100 Fly Prelims 1:02.97

#309 Men 19&amp;U 100 Back Prelims 1:08.66

#409 Men 19&amp;U 50 Back Prelims 29.68

**4 Raditladi, Lungile - Male - Age: 18 - Ind/Rel: 6 / 0**

#201 Men 19&amp;U 100 Free Prelims 1:03.51

#305 Men 19&amp;U 50 Breast Prelims 33.26

#405 Men 19&amp;U 200 Breast 2:49.88

#205 Men 19&amp;U 100 Breast Prelims 1:13.03

#401 Men 19&amp;U 50 Free Prelims 27.10

#411 Men 19&amp;U 50 Fly Prelims 30.35

**5 Stewart, Jessica E - Female - Age: 12 - Ind/Rel: 7 / 0**

#104 Women 12 400 Free 5:53.56

#208 Women 19&amp;U 200 Back Prelims 3:02.24

#402 Women 19&amp;U 50 Free Prelims 33.51

#412 Women 19&amp;U 50 Fly Prelims 36.50

#202 Women 19&amp;U 100 Free Prelims 1:13.46

#302 Women 19&amp;U 200 Free Prelims 2:45.68

#410 Women 19&amp;U 50 Back 39.68

**6 van Rooyen, Benco G - Male - Age: 19 - Ind/Rel: 3 / 0**

#113 Men 17-19 400 Free 4:38.02

#301 Men 19&amp;U 200 Free Prelims 2:11.97

#211 Men 19&amp;U 100 Fly Prelims 1:09.76

**7 Watson, Leila - Female - Age: 12 - Ind/Rel: 5 / 0**

#202 Women 19&amp;U 100 Free Prelims 1:18.14

#306 Women 19&amp;U 50 Breast Prelims 42.38

#406 Women 19&amp;U 200 Breast 3:31.72

#206 Women 19&amp;U 100 Breast Prelims 1:37.21

#402 Women 19&amp;U 50 Free Prelims 34.09

**Phoenix Swimming Total Individual Entries: 36 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Piet Retief Aquatics-GS****1 Van der Merwe, Leane - Female - Age: 12 - Ind/Rel: 10 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:10.02 | #206 Women 19&U 100 Breast Prelims | 1:31.74 |
| #212 Women 19&U 100 Fly Prelims   | 1:20.63 | #302 Women 19&U 200 Free Prelims   | 2:34.99 |
| #306 Women 19&U 50 Breast Prelims | 42.15   | #314 Women 19&U 200 IM Prelims     | 2:56.46 |
| #402 Women 19&U 50 Free Prelims   | 31.44   | #406 Women 19&U 200 Breast         | 3:20.42 |
| #410 Women 19&U 50 Back           | 37.88   | #412 Women 19&U 50 Fly Prelims     | 34.95   |

**2 Von Schlichting, Bianke - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:13.08 | #206 Women 19&U 100 Breast Prelims | 1:27.95 |
| #306 Women 19&U 50 Breast Prelims | 39.26   | #402 Women 19&U 50 Free Prelims    | 31.85   |
| #406 Women 19&U 200 Breast        | 3:22.64 |                                    |         |

**Piet Retief Aquatics-GS Total Individual Entries: 15 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Pinnacle Gryphons Aquatics Clu-EK****1 Beukes, Kendra - Female - Age: 16 - Ind/Rel: 8 / 0**

|                                 |         |                                    |         |
|---------------------------------|---------|------------------------------------|---------|
| #112 Women 16 400 Free          | 5:18.98 | #206 Women 19&U 100 Breast Prelims | 1:29.08 |
| #212 Women 19&U 100 Fly Prelims | 1:19.70 | #306 Women 19&U 50 Breast Prelims  | 42.14   |
| #314 Women 19&U 200 IM Prelims  | 2:53.47 | #402 Women 19&U 50 Free Prelims    | 33.52   |
| #406 Women 19&U 200 Breast      | 3:07.35 | #412 Women 19&U 50 Fly Prelims     | 36.36   |

**2 Botha, Morgan T - Female - Age: 17 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.13 | #302 Women 19&U 200 Free Prelims | 2:27.82 |
| #310 Women 19&U 100 Back Prelims | 1:15.57 | #402 Women 19&U 50 Free Prelims  | 30.55   |
| #410 Women 19&U 50 Back          | 34.84   | #412 Women 19&U 50 Fly Prelims   | 33.30   |

**3 Campbell, Keanan - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #109 Men 15 400 Free           | 4:43.88 | #201 Men 19&U 100 Free Prelims | 1:01.76 |
| #207 Men 19&U 200 Back Prelims | 2:36.91 | #301 Men 19&U 200 Free Prelims | 2:15.00 |
| #309 Men 19&U 100 Back Prelims | 1:13.75 | #401 Men 19&U 50 Free Prelims  | 27.89   |
| #409 Men 19&U 50 Back Prelims  | 35.52   | #411 Men 19&U 50 Fly Prelims   | 35.49   |

**4 de Waal, Araya - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free             | 5:12.15 | #202 Women 19&U 100 Free Prelims | 1:06.22 |
| #206 Women 19&U 100 Breast Prelims | 1:27.26 | #302 Women 19&U 200 Free Prelims | 2:26.95 |
| #306 Women 19&U 50 Breast Prelims  | 37.93   | #310 Women 19&U 100 Back Prelims | 1:18.92 |
| #402 Women 19&U 50 Free Prelims    | 30.27   | #406 Women 19&U 200 Breast       | 3:02.05 |
| #412 Women 19&U 50 Fly Prelims     | 33.80   |                                  |         |

**Pinnacle Gryphons Aquatics Clu-EK Total Individual Entries: 31 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Players Swimming Club-TS****1 Nieman, Ruan - Male - Age: 14 - Ind/Rel: 4 / 0**

|                                  |         |                                 |       |
|----------------------------------|---------|---------------------------------|-------|
| #205 Men 19&U 100 Breast Prelims | 1:22.88 | #305 Men 19&U 50 Breast Prelims | 35.97 |
| #401 Men 19&U 50 Free Prelims    | 30.90   | #411 Men 19&U 50 Fly Prelims    | 32.79 |

**2 Opper, Luke - Male - Age: 11 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:18.01 | #207 Men 19&U 200 Back Prelims | 3:17.90 |
| #301 Men 19&U 200 Free Prelims | 2:47.03 | #309 Men 19&U 100 Back Prelims | 1:33.22 |
| #401 Men 19&U 50 Free Prelims  | 34.42   | #409 Men 19&U 50 Back Prelims  | 43.32   |
| #411 Men 19&U 50 Fly Prelims   | 42.13   |                                |         |

**Players Swimming Club-TS Total Individual Entries: 11 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Players-CE****1 Engelbrecht, Ruben J - Male - Age: 16 - Ind/Rel: 5 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.15   | #305 Men 19&U 50 Breast Prelims | 33.58   |
| #309 Men 19&U 100 Back Prelims | 1:06.54 | #313 Men 19&U 200 IM Prelims    | 2:39.47 |
| #411 Men 19&U 50 Fly Prelims   | 27.15   |                                 |         |

**2 Fenner, Jenson V - Male - Age: 11 - Ind/Rel: 5 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:16.43 | #205 Men 19&U 100 Breast Prelims | 1:38.75 |
| #305 Men 19&U 50 Breast Prelims | 43.57   | #401 Men 19&U 50 Free Prelims    | 34.01   |
| #405 Men 19&U 200 Breast        | 3:27.94 |                                  |         |

**3 Fenner, Olivia M - Female - Age: 13 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.87 | #310 Women 19&U 100 Back Prelims | 1:21.58 |
| #402 Women 19&U 50 Free Prelims  | 30.38   | #410 Women 19&U 50 Back          | 35.96   |
| #412 Women 19&U 50 Fly Prelims   | 34.65   |                                  |         |

**4 Jonas, Leonardo - Male - Age: 12 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:09.72 | #205 Men 19&U 100 Breast Prelims | 1:31.22 |
| #301 Men 19&U 200 Free Prelims | 2:36.13 | #305 Men 19&U 50 Breast Prelims  | 42.59   |
| #401 Men 19&U 50 Free Prelims  | 32.38   | #405 Men 19&U 200 Breast         | 3:22.64 |
| #411 Men 19&U 50 Fly Prelims   | 36.04   |                                  |         |

**5 Meintjes, Christiaan - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:26.95 | #301 Men 19&U 200 Free Prelims | 2:52.68 |
| #305 Men 19&U 50 Breast Prelims  | 39.86   | #309 Men 19&U 100 Back Prelims | 1:33.30 |
| #405 Men 19&U 200 Breast         | 3:08.92 |                                |         |

**6 Schaefer, Daniel C - Male - Age: 11 - Ind/Rel: 9 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #101 Men 11&U 400 Free           | 5:19.16 | #201 Men 19&U 100 Free Prelims | 1:09.96 |
| #205 Men 19&U 100 Breast Prelims | 1:34.30 | #207 Men 19&U 200 Back Prelims | 2:51.05 |
| #211 Men 19&U 100 Fly Prelims    | 1:18.46 | #301 Men 19&U 200 Free Prelims | 2:29.36 |
| #309 Men 19&U 100 Back Prelims   | 1:19.00 | #313 Men 19&U 200 IM Prelims   | 2:52.88 |
| #405 Men 19&U 200 Breast         | 3:18.26 |                                |         |

**7 Visser, Sandri - Female - Age: 15 - Ind/Rel: 7 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:13.73 | #206 Women 19&U 100 Breast Prelims | 1:26.73 |
| #306 Women 19&U 50 Breast Prelims | 39.34   | #310 Women 19&U 100 Back Prelims   | 1:24.64 |
| #402 Women 19&U 50 Free Prelims   | 32.64   | #406 Women 19&U 200 Breast         | 3:11.41 |
| #410 Women 19&U 50 Back           | 38.03   |                                    |         |

**8 Weber, Daniel - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:09.00 | #205 Men 19&U 100 Breast Prelims | 1:43.52 |
| #211 Men 19&U 100 Fly Prelims  | 1:21.07 | #305 Men 19&U 50 Breast Prelims  | 44.60   |
| #309 Men 19&U 100 Back Prelims | 1:27.69 | #313 Men 19&U 200 IM Prelims     | 2:59.20 |
| #401 Men 19&U 50 Free Prelims  | 31.09   | #409 Men 19&U 50 Back Prelims    | 38.37   |
| #411 Men 19&U 50 Fly Prelims   | 33.92   |                                  |         |

**Players-CE Total Individual Entries: 52 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Pongola Swim Academy-ZL****1 Swarts, Leandi - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:43.97 | #206 Women 19&U 100 Breast Prelims | 1:43.53 |
| #306 Women 19&U 50 Breast Prelims | 48.17   | #402 Women 19&U 50 Free Prelims    | 43.80   |
| #410 Women 19&U 50 Back           | 47.50   |                                    |         |

**Pongola Swim Academy-ZL Total Individual Entries: 5 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Potchefstroom Swimming Club-KK****1 de Beer, Christa - Female - Age: 13 - Ind/Rel: 7 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:37.23 | #208 Women 19&U 200 Back Prelims | 2:53.86 |
| #306 Women 19&U 50 Breast Prelims  | 42.93   | #310 Women 19&U 100 Back Prelims | 1:20.18 |
| #402 Women 19&U 50 Free Prelims    | 31.69   | #406 Women 19&U 200 Breast       | 3:30.30 |
| #410 Women 19&U 50 Back            | 36.46   |                                  |         |

**2 de Witt, Gite M - Female - Age: 13 - Ind/Rel: 8 / 0**

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #106 Women 13 400 Free           | 5:24.28 | #202 Women 19&U 100 Free Prelims  | 1:09.19 |
| #208 Women 19&U 200 Back Prelims | 2:51.03 | #212 Women 19&U 100 Fly Prelims   | 1:19.57 |
| #302 Women 19&U 200 Free Prelims | 2:31.98 | #306 Women 19&U 50 Breast Prelims | 42.29   |
| #310 Women 19&U 100 Back Prelims | 1:18.22 | #314 Women 19&U 200 IM Prelims    | 2:54.72 |

**3 Gomes, Tiago J - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:01.26 | #201 Men 19&U 100 Free Prelims | 1:02.85 |
| #301 Men 19&U 200 Free Prelims | 2:19.85 | #313 Men 19&U 200 IM Prelims   | 2:36.41 |
| #401 Men 19&U 50 Free Prelims  | 28.37   | #411 Men 19&U 50 Fly Prelims   | 31.86   |

**4 Jonker, Jua - Female - Age: 11 - Ind/Rel: 8 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free           | 6:16.15 | #202 Women 19&U 100 Free Prelims | 1:14.98 |
| #206 Women 19&U 100 Breast Prelims | 1:38.74 | #302 Women 19&U 200 Free Prelims | 2:46.24 |
| #306 Women 19&U 50 Breast Prelims  | 44.86   | #314 Women 19&U 200 IM Prelims   | 3:13.89 |
| #402 Women 19&U 50 Free Prelims    | 34.26   | #406 Women 19&U 200 Breast       | 3:30.43 |

**5 Jonker, Henri H - Male - Age: 12 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:35.17 | #201 Men 19&U 100 Free Prelims | 1:10.13 |
| #207 Men 19&U 200 Back Prelims | 2:47.72 | #301 Men 19&U 200 Free Prelims | 2:31.18 |
| #309 Men 19&U 100 Back Prelims | 1:18.47 | #313 Men 19&U 200 IM Prelims   | 3:04.12 |
| #401 Men 19&U 50 Free Prelims  | 32.18   | #409 Men 19&U 50 Back Prelims  | 36.74   |

**6 Jonker, Reuben J - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #107 Men 14 400 Free            | 5:36.83 | #205 Men 19&U 100 Breast Prelims | 1:26.24 |
| #305 Men 19&U 50 Breast Prelims | 37.99   | #401 Men 19&U 50 Free Prelims    | 31.18   |
| #405 Men 19&U 200 Breast        | 3:04.96 | #411 Men 19&U 50 Fly Prelims     | 34.85   |

**7 Liebenberg, Christiaan P - Male - Age: 12 - Ind/Rel: 1 / 0**

|                      |         |
|----------------------|---------|
| #103 Men 12 400 Free | 7:10.73 |
|----------------------|---------|

**8 Liebenberg, Inneke - Female - Age: 14 - Ind/Rel: 3 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free             | 5:18.43 | #202 Women 19&U 100 Free Prelims | 1:08.94 |
| #206 Women 19&U 100 Breast Prelims | 1:26.40 |                                  |         |

**9 Nel, Christiaan - Male - Age: 13 - Ind/Rel: 10 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #105 Men 13 400 Free           | 5:23.10 | #201 Men 19&U 100 Free Prelims  | 1:07.82 |
| #207 Men 19&U 200 Back Prelims | 2:46.45 | #211 Men 19&U 100 Fly Prelims   | 1:19.21 |
| #301 Men 19&U 200 Free Prelims | 2:29.39 | #305 Men 19&U 50 Breast Prelims | 41.26   |
| #313 Men 19&U 200 IM Prelims   | 2:49.48 | #401 Men 19&U 50 Free Prelims   | 31.32   |
| #405 Men 19&U 200 Breast       | 3:26.53 | #411 Men 19&U 50 Fly Prelims    | 33.95   |

**Potchefstroom Swimming Club-KK Total Individual Entries: 57 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Pretoria Aquatic Club-TS

## 1 Coetzee, Michael D - Male - Age: 14 - Ind/Rel: 6 / 0

|                                  |         |                               |         |
|----------------------------------|---------|-------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:21.05 | #211 Men 19&U 100 Fly Prelims | 1:19.02 |
| #305 Men 19&U 50 Breast Prelims  | 36.23   | #313 Men 19&U 200 IM Prelims  | 3:00.58 |
| #405 Men 19&U 200 Breast         | 3:03.27 | #411 Men 19&U 50 Fly Prelims  | 33.27   |

## 2 De Lange, Roxy - Female - Age: 12 - Ind/Rel: 6 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:13.37 | #212 Women 19&U 100 Fly Prelims | 1:22.78 |
| #302 Women 19&U 200 Free Prelims | 2:43.48 | #314 Women 19&U 200 IM Prelims  | 3:01.34 |
| #402 Women 19&U 50 Free Prelims  | 33.69   | #412 Women 19&U 50 Fly Prelims  | 37.35   |

## 3 Fourie, Liam - Male - Age: 10 - Ind/Rel: 5 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:27.80 | #205 Men 19&U 100 Breast Prelims | 1:43.44 |
| #305 Men 19&U 50 Breast Prelims | 49.02   | #401 Men 19&U 50 Free Prelims    | 38.55   |
| #405 Men 19&U 200 Breast        | 3:40.07 |                                  |         |

## 4 Hill, Talia - Female - Age: 11 - Ind/Rel: 6 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.18 | #206 Women 19&U 100 Breast Prelims | 1:31.70 |
| #302 Women 19&U 200 Free Prelims | 2:29.71 | #314 Women 19&U 200 IM Prelims     | 3:00.26 |
| #402 Women 19&U 50 Free Prelims  | 31.45   | #412 Women 19&U 50 Fly Prelims     | 36.21   |

## 5 Jansen van Vuuren, Etienne D - Male - Age: 16 - Ind/Rel: 6 / 0

|                                 |       |                                  |         |
|---------------------------------|-------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 58.59 | #205 Men 19&U 100 Breast Prelims | 1:14.14 |
| #305 Men 19&U 50 Breast Prelims | 33.84 | #309 Men 19&U 100 Back Prelims   | 1:13.38 |
| #401 Men 19&U 50 Free Prelims   | 26.22 | #405 Men 19&U 200 Breast         | 2:42.58 |

## 6 Kirstein, Tinus E - Male - Age: 11 - Ind/Rel: 6 / 0

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:46.25 | #211 Men 19&U 100 Fly Prelims | 1:16.56 |
| #309 Men 19&U 100 Back Prelims | 1:17.00 | #401 Men 19&U 50 Free Prelims | 31.18   |
| #409 Men 19&U 50 Back Prelims  | 37.20   | #411 Men 19&U 50 Fly Prelims  | 33.42   |

## 7 Lotz, Mikaela - Female - Age: 11 - Ind/Rel: 7 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free        | 5:54.42 | #202 Women 19&U 100 Free Prelims | 1:15.31 |
| #212 Women 19&U 100 Fly Prelims | 1:34.86 | #302 Women 19&U 200 Free Prelims | 2:46.99 |
| #314 Women 19&U 200 IM Prelims  | 3:21.77 | #402 Women 19&U 50 Free Prelims  | 34.39   |
| #410 Women 19&U 50 Back         | 44.42   |                                  |         |

## 8 Mashigo, Kganya K - Female - Age: 15 - Ind/Rel: 5 / 0

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:22.86 | #306 Women 19&U 50 Breast Prelims | 39.01   |
| #310 Women 19&U 100 Back Prelims   | 1:21.03 | #406 Women 19&U 200 Breast        | 3:01.75 |
| #410 Women 19&U 50 Back            | 38.20   |                                   |         |

## 9 Mtetwa, Zama U - Female - Age: 12 - Ind/Rel: 6 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:37.99 | #208 Women 19&U 200 Back Prelims | 3:16.82 |
| #306 Women 19&U 50 Breast Prelims  | 44.36   | #310 Women 19&U 100 Back Prelims | 1:29.55 |
| #406 Women 19&U 200 Breast         | 3:27.65 | #410 Women 19&U 50 Back          | 41.46   |

## 10 Okoye, Amara - Female - Age: 14 - Ind/Rel: 5 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.86 | #212 Women 19&U 100 Fly Prelims | 1:14.62 |
| #310 Women 19&U 100 Back Prelims | 1:19.11 | #402 Women 19&U 50 Free Prelims | 29.90   |
| #412 Women 19&U 50 Fly Prelims   | 31.88   |                                 |         |

## 11 Oliver, Mikayla - Female - Age: 11 - Ind/Rel: 8 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 6:15.59 | #202 Women 19&U 100 Free Prelims | 1:20.39 |
| #208 Women 19&U 200 Back Prelims | 3:03.73 | #302 Women 19&U 200 Free Prelims | 2:51.80 |
| #310 Women 19&U 100 Back Prelims | 1:29.31 | #402 Women 19&U 50 Free Prelims  | 35.51   |
| #410 Women 19&U 50 Back          | 40.93   | #412 Women 19&U 50 Fly Prelims   | 41.34   |

## 12 Roos, Ruvan - Male - Age: 16 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:25.92 | #309 Men 19&U 100 Back Prelims | 1:07.04 |
| #401 Men 19&U 50 Free Prelims  | 26.91   | #409 Men 19&U 50 Back Prelims  | 32.25   |



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Pretoria Aquatic Club-TS****13 Schoeman, Nicholas - Male - Age: 11 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:14.40 | #207 Men 19&U 200 Back Prelims | 2:53.23 |
| #309 Men 19&U 100 Back Prelims | 1:24.61 | #313 Men 19&U 200 IM Prelims   | 2:59.99 |
| #401 Men 19&U 50 Free Prelims  | 34.53   | #409 Men 19&U 50 Back Prelims  | 39.13   |
| #411 Men 19&U 50 Fly Prelims   | 39.91   |                                |         |

**14 Schoeman, Sabby A - Male - Age: 13 - Ind/Rel: 6 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:17.01 | #205 Men 19&U 100 Breast Prelims | 1:26.92 |
| #301 Men 19&U 200 Free Prelims | 2:50.58 | #305 Men 19&U 50 Breast Prelims  | 38.85   |
| #401 Men 19&U 50 Free Prelims  | 34.33   | #405 Men 19&U 200 Breast         | 3:10.57 |

**15 van Antwerpen, Laila - Female - Age: 11 - Ind/Rel: 6 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:23.18 | #206 Women 19&U 100 Breast Prelims | 1:45.34 |
| #306 Women 19&U 50 Breast Prelims | 48.51   | #310 Women 19&U 100 Back Prelims   | 1:35.00 |
| #406 Women 19&U 200 Breast        | 3:42.65 | #410 Women 19&U 50 Back            | 44.98   |

**16 van Niekerk, Jacques - Male - Age: 12 - Ind/Rel: 7 / 0**

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free          | 6:04.88 | #207 Men 19&U 200 Back Prelims | 2:51.55 |
| #211 Men 19&U 100 Fly Prelims | 1:26.83 | #309 Men 19&U 100 Back Prelims | 1:22.83 |
| #313 Men 19&U 200 IM Prelims  | 3:02.08 | #409 Men 19&U 50 Back Prelims  | 39.18   |
| #411 Men 19&U 50 Fly Prelims  | 37.07   |                                |         |

**17 Watson, Jenna-Lee - Female - Age: 11 - Ind/Rel: 5 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:25.32 | #208 Women 19&U 200 Back Prelims | 2:48.87 |
| #310 Women 19&U 100 Back Prelims   | 1:17.72 | #406 Women 19&U 200 Breast       | 3:04.79 |
| #412 Women 19&U 50 Fly Prelims     | 35.20   |                                  |         |

**18 Watson, Sharni-Marie - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.61 | #212 Women 19&U 100 Fly Prelims  | 1:18.20 |
| #302 Women 19&U 200 Free Prelims | 2:41.28 | #310 Women 19&U 100 Back Prelims | 1:19.43 |
| #314 Women 19&U 200 IM Prelims   | 2:48.40 | #402 Women 19&U 50 Free Prelims  | 31.02   |
| #412 Women 19&U 50 Fly Prelims   | 32.48   |                                  |         |

**Pretoria Aquatic Club-TS Total Individual Entries: 108 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Propellers Swimming Club****1 Bakwena, Leruo J - Male - Age: 12 - Ind/Rel: 10 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #103 Men 12 400 Free            | 5:25.44 | #205 Men 19&U 100 Breast Prelims | 1:27.79 |
| #211 Men 19&U 100 Fly Prelims   | 1:17.21 | #301 Men 19&U 200 Free Prelims   | 2:30.07 |
| #305 Men 19&U 50 Breast Prelims | 37.33   | #313 Men 19&U 200 IM Prelims     | 2:49.72 |
| #401 Men 19&U 50 Free Prelims   | 28.71   | #405 Men 19&U 200 Breast         | 3:12.23 |
| #409 Men 19&U 50 Back Prelims   | 35.41   | #411 Men 19&U 50 Fly Prelims     | 30.23   |

**2 Joseph, Thabang L - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free             | 5:28.26 | #201 Men 19&U 100 Free Prelims | 1:09.02 |
| #205 Men 19&U 100 Breast Prelims | 1:32.38 | #301 Men 19&U 200 Free Prelims | 2:30.73 |
| #305 Men 19&U 50 Breast Prelims  | 43.61   | #313 Men 19&U 200 IM Prelims   | 2:58.61 |
| #401 Men 19&U 50 Free Prelims    | 30.65   | #409 Men 19&U 50 Back Prelims  | 37.20   |

**3 Morebodi, Maeva - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:30.39 | #202 Women 19&U 100 Free Prelims | 1:12.47 |
| #208 Women 19&U 200 Back Prelims | 2:57.81 | #302 Women 19&U 200 Free Prelims | 2:39.15 |
| #314 Women 19&U 200 IM Prelims   | 2:57.43 | #402 Women 19&U 50 Free Prelims  | 32.82   |
| #410 Women 19&U 50 Back          | 36.69   | #412 Women 19&U 50 Fly Prelims   | 35.48   |

**4 Nthomiwa, Wapego - Male - Age: 13 - Ind/Rel: 10 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #105 Men 13 400 Free             | 5:19.54 | #201 Men 19&U 100 Free Prelims  | 1:09.06 |
| #205 Men 19&U 100 Breast Prelims | 1:29.22 | #211 Men 19&U 100 Fly Prelims   | 1:22.37 |
| #301 Men 19&U 200 Free Prelims   | 2:31.14 | #305 Men 19&U 50 Breast Prelims | 41.15   |
| #313 Men 19&U 200 IM Prelims     | 2:54.28 | #401 Men 19&U 50 Free Prelims   | 29.84   |
| #405 Men 19&U 200 Breast         | 3:10.56 | #411 Men 19&U 50 Fly Prelims    | 33.30   |

**5 Saleshando, Melodi - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #108 Women 14 400 Free             | 5:12.27 | #202 Women 19&U 100 Free Prelims  | 1:04.23 |
| #206 Women 19&U 100 Breast Prelims | 1:22.52 | #306 Women 19&U 50 Breast Prelims | 36.47   |
| #314 Women 19&U 200 IM Prelims     | 2:40.32 | #402 Women 19&U 50 Free Prelims   | 29.13   |
| #410 Women 19&U 50 Back            | 33.39   | #412 Women 19&U 50 Fly Prelims    | 31.03   |

**6 Saleshando, Oratile - Female - Age: 18 - Ind/Rel: 6 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:26.11 | #306 Women 19&U 50 Breast Prelims | 40.31 |
| #314 Women 19&U 200 IM Prelims     | 2:52.86 | #402 Women 19&U 50 Free Prelims   | 32.80 |
| #410 Women 19&U 50 Back            | 36.48   | #412 Women 19&U 50 Fly Prelims    | 34.27 |

**Propellers Swimming Club Total Individual Entries: 50 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Quest Swim Club-JH****1 Dowie, Tayla M - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free            | 5:24.31 | #202 Women 19&U 100 Free Prelims | 1:07.38 |
| #212 Women 19&U 100 Fly Prelims   | 1:18.39 | #302 Women 19&U 200 Free Prelims | 2:31.96 |
| #306 Women 19&U 50 Breast Prelims | 44.54   | #314 Women 19&U 200 IM Prelims   | 2:51.19 |
| #402 Women 19&U 50 Free Prelims   | 32.05   | #410 Women 19&U 50 Back          | 37.61   |
| #412 Women 19&U 50 Fly Prelims    | 34.10   |                                  |         |

**2 Searle, Cyan C - Male - Age: 16 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 57.84   | #205 Men 19&U 100 Breast Prelims | 1:21.22 |
| #301 Men 19&U 200 Free Prelims | 2:20.63 | #305 Men 19&U 50 Breast Prelims  | 34.56   |
| #309 Men 19&U 100 Back Prelims | 1:12.28 | #401 Men 19&U 50 Free Prelims    | 25.57   |
| #409 Men 19&U 50 Back Prelims  | 31.75   | #411 Men 19&U 50 Fly Prelims     | 30.74   |

**Quest Swim Club-JH Total Individual Entries: 17 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Raven Aquatics-EK****1 Hillen, Kiersten S - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:45.02 | #202 Women 19&U 100 Free Prelims | 1:11.98 |
| #212 Women 19&U 100 Fly Prelims  | 1:31.99 | #302 Women 19&U 200 Free Prelims | 2:43.03 |
| #310 Women 19&U 100 Back Prelims | 1:30.40 | #314 Women 19&U 200 IM Prelims   | 3:10.47 |
| #402 Women 19&U 50 Free Prelims  | 34.54   | #412 Women 19&U 50 Fly Prelims   | 36.53   |

**2 Ingwe, Kimberly N - Female - Age: 18 - Ind/Rel: 6 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 2:44.09 | #212 Women 19&U 100 Fly Prelims | 1:14.48 |
| #310 Women 19&U 100 Back Prelims | 1:13.43 | #314 Women 19&U 200 IM Prelims  | 2:40.48 |
| #410 Women 19&U 50 Back          | 33.65   | #412 Women 19&U 50 Fly Prelims  | 30.86   |

**3 Ingwe, Sally-Louise S - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.54 | #208 Women 19&U 200 Back Prelims | 3:11.84 |
| #310 Women 19&U 100 Back Prelims | 1:20.06 | #314 Women 19&U 200 IM Prelims   | 2:53.29 |
| #402 Women 19&U 50 Free Prelims  | 31.13   | #410 Women 19&U 50 Back          | 35.41   |

**4 King, Slade D - Male - Age: 14 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:00.46 | #211 Men 19&U 100 Fly Prelims  | 1:09.45 |
| #301 Men 19&U 200 Free Prelims | 2:17.42 | #309 Men 19&U 100 Back Prelims | 1:11.29 |
| #313 Men 19&U 200 IM Prelims   | 2:38.00 | #401 Men 19&U 50 Free Prelims  | 27.91   |
| #409 Men 19&U 50 Back Prelims  | 32.54   | #411 Men 19&U 50 Fly Prelims   | 30.15   |

**5 Lunt, Ethan - Male - Age: 16 - Ind/Rel: 6 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.71   | #207 Men 19&U 200 Back Prelims | 2:25.09 |
| #309 Men 19&U 100 Back Prelims | 1:07.61 | #313 Men 19&U 200 IM Prelims   | 2:31.44 |
| #401 Men 19&U 50 Free Prelims  | 27.33   | #409 Men 19&U 50 Back Prelims  | 31.42   |

**Raven Aquatics-EK Total Individual Entries: 34 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Rivonia Elite Swimming Club-JH****1 Hinchcliff, Drew B - Male - Age: 13 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:11.93 | #207 Men 19&U 200 Back Prelims | 2:51.81 |
| #301 Men 19&U 200 Free Prelims | 2:41.08 | #309 Men 19&U 100 Back Prelims | 1:20.96 |
| #401 Men 19&U 50 Free Prelims  | 33.21   | #409 Men 19&U 50 Back Prelims  | 36.84   |
| #411 Men 19&U 50 Fly Prelims   | 40.43   |                                |         |

**Rivonia Elite Swimming Club-JH Total Individual Entries: 7 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Royal Fins Aquatics-TS****1 Alton, Madison R - Female - Age: 12 - Ind/Rel: 7 / 5**

|   |         |
|---|---------|
| #104 Women 12 400 Free                        | 5:36.93 |
| #208 Women 19&U 200 Back Prelims              | 2:57.52 |
| #302 Women 19&U 200 Free Prelims              | 2:41.82 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:15.00 |
| #402 Women 19&U 50 Free Prelims               | 33.59   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:41.10 |

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:14.12 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:58.30 |
| #310 Women 19&U 100 Back Prelims              | 1:25.63 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:44.38 |
| #410 Women 19&U 50 Back                       | 39.57   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:54.23 |

**2 Booysen, James C - Male - Age: 12 - Ind/Rel: 9 / 5**

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:13.92 |
| #207 Men 19&U 200 Back Prelims                | 2:53.15 |
| #305 Men 19&U 50 Breast Prelims               | 43.64   |
| #313 Men 19&U 200 IM Prelims                  | 2:59.54 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:44.38 |
| #405 Men 19&U 200 Breast                      | 3:17.39 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:37.23 |

|  |         |
|--|---------|
| #205 Men 19&U 100 Breast Prelims               | 1:32.45 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 5:03.60 |
| #309 Men 19&U 100 Back Prelims                 | 1:22.28 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:23.28 |
| #401 Men 19&U 50 Free Prelims                  | 34.16   |
| #409 Men 19&U 50 Back Prelims                  | 37.67   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe  | 4:54.23 |

**3 Cloete, Surie S - Female - Age: 13 - Ind/Rel: 7 / 2**

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:08.07 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:30.29 |
| #310 Women 19&U 100 Back Prelims              | 1:22.46 |
| #402 Women 19&U 50 Free Prelims               | 31.44   |
| #412 Women 19&U 50 Fly Prelims                | 40.13   |

|  |         |
|--|---------|
| #208 Women 19&U 200 Back Prelims               | 3:05.08 |
| #302 Women 19&U 200 Free Prelims               | 2:34.60 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.33 |
| #410 Women 19&U 50 Back                        | 38.20   |

**4 Coetzee, Franz G - Male - Age: 14 - Ind/Rel: 6 / 3**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:03.72 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:06.25 |
| #309 Men 19&U 100 Back Prelims                 | 1:20.04 |
| #401 Men 19&U 50 Free Prelims                  | 29.11   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medley | 2:10.66 |

|   |         |
|---|---------|
| #211 Men 19&U 100 Fly Prelims                   | 1:12.38 |
| #301 Men 19&U 200 Free Prelims                  | 2:26.83 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:53.38 |
| #411 Men 19&U 50 Fly Prelims                    | 31.26   |

**5 Davis, Harry S - Male - Age: 12 - Ind/Rel: 9 / 5**

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:15.34 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 5:03.60 |
| #305 Men 19&U 50 Breast Prelims                | 44.31   |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:23.28 |
| #401 Men 19&U 50 Free Prelims                  | 35.10   |
| #409 Men 19&U 50 Back Prelims                  | 40.12   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:37.23 |

|   |         |
|---|---------|
| #205 Men 19&U 100 Breast Prelims              | 1:32.14 |
| #301 Men 19&U 200 Free Prelims                | 2:41.93 |
| #313 Men 19&U 200 IM Prelims                  | 3:01.20 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:34.22 |
| #405 Men 19&U 200 Breast                      | 3:19.92 |
| #411 Men 19&U 50 Fly Prelims                  | 39.67   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 5:17.29 |

**6 De Bruyn, Marcus - Male - Age: 15 - Ind/Rel: 7 / 3**

|   |         |
|---|---------|
| #109 Men 15 400 Free                            | 4:47.45 |
| #211 Men 19&U 100 Fly Prelims                   | 1:20.32 |
| #301 Men 19&U 200 Free Prelims                  | 2:12.56 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:53.38 |
| #411 Men 19&U 50 Fly Prelims                    | 31.71   |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 59.15   |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:06.25 |
| #305 Men 19&U 50 Breast Prelims                | 41.68   |
| #401 Men 19&U 50 Free Prelims                  | 27.53   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medley | 2:10.66 |

**7 De Wit, Kara - Female - Age: 11 - Ind/Rel: 8 / 5**

|   |         |
|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:14.63 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:58.30 |
| #310 Women 19&U 100 Back Prelims              | 1:27.02 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:15.00 |
| #402 Women 19&U 50 Free Prelims               | 34.58   |
| #412 Women 19&U 50 Fly Prelims                | 40.31   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 5:17.29 |

|   |         |
|---|---------|
| #208 Women 19&U 200 Back Prelims              | 3:09.67 |
| #302 Women 19&U 200 Free Prelims              | 2:51.41 |
| #314 Women 19&U 200 IM Prelims                | 3:23.96 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:44.38 |
| #410 Women 19&U 50 Back                       | 42.97   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:41.10 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Royal Fins Aquatics-TS****8 Du Plessis, Paul - Male - Age: 12 - Ind/Rel: 9 / 5**

|   |         |
|---|---------|
| #103 Men 12 400 Free                          | 5:38.93 |
| #205 Men 19&U 100 Breast Prelims              | 1:31.35 |
| #301 Men 19&U 200 Free Prelims                | 2:37.79 |
| #313 Men 19&U 200 IM Prelims                  | 2:57.77 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:34.22 |
| #405 Men 19&U 200 Breast                      | 3:16.78 |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley | 2:37.23 |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:11.72 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R  | 5:03.60 |
| #305 Men 19&U 50 Breast Prelims                | 42.51   |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:23.28 |
| #401 Men 19&U 50 Free Prelims                  | 33.16   |
| #411 Men 19&U 50 Fly Prelims                   | 36.28   |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe  | 4:54.23 |

**9 Jones, Catherine J - Female - Age: 16 - Ind/Rel: 7 / 1**

|                                   |         |
|-----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims  | 2:52.75 |
| #306 Women 19&U 50 Breast Prelims | 45.64   |
| #402 Women 19&U 50 Free Prelims   | 33.13   |
| #412 Women 19&U 50 Fly Prelims    | 35.33   |

|  |         |
|--|---------|
| #212 Women 19&U 100 Fly Prelims              | 1:16.35 |
| #310 Women 19&U 100 Back Prelims             | 1:22.83 |
| #410 Women 19&U 50 Back                      | 39.18   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me | 2:17.46 |

**10 Kopczynski, Vlad R - Male - Age: 11 - Ind/Rel: 5 / 4**

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:32.24 |
| #305 Men 19&U 50 Breast Prelims               | 48.18   |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:44.38 |
| #405 Men 19&U 200 Breast                      | 3:48.92 |
| #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 5:17.29 |

|  |         |
|--|---------|
| #205 Men 19&U 100 Breast Prelims               | 1:48.61 |
| #315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela | 2:23.28 |
| #401 Men 19&U 50 Free Prelims                  | 40.86   |
| #415 Men 12&U 4x50 Medley Relay 4 x 50 Medley  | 2:37.23 |

**11 Kruger, Benje J - Male - Age: 13 - Ind/Rel: 6 / 0**

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:10.76 |
| #301 Men 19&U 200 Free Prelims | 2:43.28 |
| #401 Men 19&U 50 Free Prelims  | 31.64   |

|                                |         |
|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:50.30 |
| #309 Men 19&U 100 Back Prelims | 1:22.54 |
| #409 Men 19&U 50 Back Prelims  | 37.90   |

**12 Kunneke, Tammy - Female - Age: 16 - Ind/Rel: 8 / 6**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:04.56 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre   | 5:07.70 |
| #306 Women 19&U 50 Breast Prelims              | 36.41   |
| #314 Women 19&U 200 IM Prelims                 | 2:50.28 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:06.71 |
| #406 Women 19&U 200 Breast                     | 3:03.68 |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:17.46 |

|  |         |
|--|---------|
| #206 Women 19&U 100 Breast Prelims             | 1:20.83 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:30.29 |
| #310 Women 19&U 100 Back Prelims               | 1:13.75 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.33 |
| #402 Women 19&U 50 Free Prelims                | 29.14   |
| #410 Women 19&U 50 Back                        | 35.15   |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:12.55 |

**13 Landman, Mikaela - Female - Age: 17 - Ind/Rel: 6 / 5**

|  |         |
|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:07.69 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre   | 5:07.70 |
| #302 Women 19&U 200 Free Prelims               | 2:34.43 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.33 |
| #410 Women 19&U 50 Back                        | 35.07   |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:12.55 |

|   |         |
|---|---------|
| #208 Women 19&U 200 Back Prelims              | 2:58.45 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:30.29 |
| #310 Women 19&U 100 Back Prelims              | 1:16.95 |
| #402 Women 19&U 50 Free Prelims               | 31.08   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me  | 2:17.46 |

**14 Lee, Nathan - Male - Age: 13 - Ind/Rel: 8 / 0**

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.41 |
| #301 Men 19&U 200 Free Prelims | 2:43.19 |
| #313 Men 19&U 200 IM Prelims   | 2:55.20 |
| #405 Men 19&U 200 Breast       | 3:12.50 |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:27.90 |
| #305 Men 19&U 50 Breast Prelims  | 41.83   |
| #401 Men 19&U 50 Free Prelims    | 31.85   |
| #411 Men 19&U 50 Fly Prelims     | 39.06   |

**15 Maartens, Ethan - Male - Age: 15 - Ind/Rel: 8 / 5**

|   |         |
|---|---------|
| #109 Men 15 400 Free                            | 5:05.17 |
| #207 Men 19&U 200 Back Prelims                  | 2:29.07 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre    | 5:07.70 |
| #301 Men 19&U 200 Free Prelims                  | 2:12.65 |
| #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:53.38 |
| #409 Men 19&U 50 Back Prelims                   | 32.59   |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe  | 4:12.55 |

|  |         |
|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:00.57 |
| #211 Men 19&U 100 Fly Prelims                  | 1:06.23 |
| #215 Men 13-15 4x100 Free Relay 4 X 100 Free R | 4:06.25 |
| #309 Men 19&U 100 Back Prelims                 | 1:09.77 |
| #401 Men 19&U 50 Free Prelims                  | 27.77   |
| #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle  | 2:10.66 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Royal Fins Aquatics-TS****16 Matthasen, Caitlin - Female - Age: 12 - Ind/Rel: 7 / 5**

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:15.08 | #208 Women 19&U 200 Back Prelims              | 2:57.23 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:58.30 | #302 Women 19&U 200 Free Prelims              | 2:46.77 |
| #310 Women 19&U 100 Back Prelims              | 1:23.31 | #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:15.00 |
| #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:34.22 | #406 Women 19&U 200 Breast                    | 3:47.38 |
| #410 Women 19&U 50 Back                       | 38.73   | #412 Women 19&U 50 Fly Prelims                | 43.60   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:41.10 | #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 5:17.29 |

**17 Mellor, Luke G - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:04.24 | #301 Men 19&U 200 Free Prelims | 2:22.51 |
| #305 Men 19&U 50 Breast Prelims | 46.54   | #401 Men 19&U 50 Free Prelims  | 29.74   |
| #409 Men 19&U 50 Back Prelims   | 38.95   | #411 Men 19&U 50 Fly Prelims   | 39.59   |

**18 Meyer, Kenzo D - Male - Age: 13 - Ind/Rel: 5 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:17.98 | #205 Men 19&U 100 Breast Prelims | 1:31.36 |
| #305 Men 19&U 50 Breast Prelims | 44.14   | #401 Men 19&U 50 Free Prelims    | 35.68   |
| #405 Men 19&U 200 Breast        | 3:26.50 |                                  |         |

**19 Prinsloo, Stefan - Male - Age: 14 - Ind/Rel: 9 / 3**

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.81 | #205 Men 19&U 100 Breast Prelims                | 1:20.55 |
| #211 Men 19&U 100 Fly Prelims  | 1:12.49 | #215 Men 13-15 4x100 Free Relay 4 X 100 Free R  | 4:06.25 |
| #301 Men 19&U 200 Free Prelims | 2:22.04 | #305 Men 19&U 50 Breast Prelims                 | 39.28   |
| #313 Men 19&U 200 IM Prelims   | 2:46.43 | #317 Men 13-15 4x50 Free Relay 4 x 50 Free Rela | 1:53.38 |
| #401 Men 19&U 50 Free Prelims  | 28.97   | #405 Men 19&U 200 Breast                        | 2:56.55 |
| #411 Men 19&U 50 Fly Prelims   | 32.00   | #417 Men 13-15 4x50 Medley Relay 4 x 50 Medle   | 2:10.66 |

**20 Rischmuller, Tischke - Female - Age: 11 - Ind/Rel: 7 / 5**

|   |         |   |         |
|---|---------|---|---------|
| #102 Women 11&U 400 Free                      | 5:58.68 | #202 Women 19&U 100 Free Prelims              | 1:14.47 |
| #208 Women 19&U 200 Back Prelims              | 3:07.54 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 4:58.30 |
| #302 Women 19&U 200 Free Prelims              | 2:46.44 | #310 Women 19&U 100 Back Prelims              | 1:28.89 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:15.00 | #321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe | 2:34.22 |
| #402 Women 19&U 50 Free Prelims               | 33.31   | #410 Women 19&U 50 Back                       | 39.33   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:41.10 | #421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe | 4:54.23 |

**21 Smit, Martin G - Male - Age: 18 - Ind/Rel: 8 / 3**

|  |         |  |         |
|--|---------|--|---------|
| #113 Men 17-19 400 Free                        | 4:59.56 | #201 Men 19&U 100 Free Prelims                 | 59.73   |
| #207 Men 19&U 200 Back Prelims                 | 2:34.25 | #211 Men 19&U 100 Fly Prelims                  | 1:09.12 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre   | 5:07.70 | #301 Men 19&U 200 Free Prelims                 | 2:19.11 |
| #313 Men 19&U 200 IM Prelims                   | 2:33.29 | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:06.71 |
| #401 Men 19&U 50 Free Prelims                  | 26.56   | #411 Men 19&U 50 Fly Prelims                   | 28.85   |
| #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:12.55 |  |         |

**22 Van der Linde, Gerhard C - Male - Age: 19 - Ind/Rel: 4 / 1**

|                                |       |  |         |
|--------------------------------|-------|--|---------|
| #201 Men 19&U 100 Free Prelims | 59.09 | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:06.71 |
| #401 Men 19&U 50 Free Prelims  | 26.81 | #409 Men 19&U 50 Back Prelims                  | 33.35   |
| #411 Men 19&U 50 Fly Prelims   | 28.65 |  |         |

**23 van der Merwe, Mareen - Female - Age: 18 - Ind/Rel: 7 / 4**

|  |         |  |         |
|--|---------|--|---------|
| #202 Women 19&U 100 Free Prelims               | 1:09.97 | #208 Women 19&U 200 Back Prelims               | 2:49.43 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:30.29 | #302 Women 19&U 200 Free Prelims               | 2:38.88 |
| #310 Women 19&U 100 Back Prelims               | 1:16.12 | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.33 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:06.71 | #402 Women 19&U 50 Free Prelims                | 30.67   |
| #410 Women 19&U 50 Back                        | 34.64   | #412 Women 19&U 50 Fly Prelims                 | 35.44   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:17.46 |  |         |

**24 Van Loggerenberg, Kylo V - Male - Age: 11 - Ind/Rel: 2 / 1**

|   |         |                                  |         |
|---|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims                | 1:22.62 | #205 Men 19&U 100 Breast Prelims | 1:43.93 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 5:03.60 |                                  |         |



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Royal Fins Aquatics-TS****25 Van Rooyen, Colby H - Male - Age: 18 - Ind/Rel: 7 / 0**

|                                 |       |                                  |         |
|---------------------------------|-------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 59.83 | #205 Men 19&U 100 Breast Prelims | 1:18.26 |
| #305 Men 19&U 50 Breast Prelims | 34.59 | #309 Men 19&U 100 Back Prelims   | 1:09.30 |
| #401 Men 19&U 50 Free Prelims   | 26.82 | #409 Men 19&U 50 Back Prelims    | 30.58   |
| #411 Men 19&U 50 Fly Prelims    | 29.01 |                                  |         |

**26 Webster, Megan - Female - Age: 15 - Ind/Rel: 5 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:27.15 | #306 Women 19&U 50 Breast Prelims | 39.00 |
| #314 Women 19&U 200 IM Prelims     | 3:01.07 | #402 Women 19&U 50 Free Prelims   | 32.12 |
| #406 Women 19&U 200 Breast         | 3:08.71 |                                   |       |

**Royal Fins Aquatics-TS Total Individual Entries: 177 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Royal Swimming Academy-ED****1 Baillie, Gabi J - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:33.26 | #208 Women 19&U 200 Back Prelims | 2:46.45 |
| #306 Women 19&U 50 Breast Prelims  | 42.50   | #310 Women 19&U 100 Back Prelims | 1:19.02 |
| #314 Women 19&U 200 IM Prelims     | 3:02.61 | #406 Women 19&U 200 Breast       | 3:17.63 |
| #410 Women 19&U 50 Back            | 37.42   |                                  |         |

**2 Burger, Johané - Female - Age: 11 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 5:38.24 | #202 Women 19&U 100 Free Prelims | 1:11.45 |
| #208 Women 19&U 200 Back Prelims | 2:59.19 | #302 Women 19&U 200 Free Prelims | 2:39.61 |
| #310 Women 19&U 100 Back Prelims | 1:26.34 | #314 Women 19&U 200 IM Prelims   | 3:28.56 |
| #402 Women 19&U 50 Free Prelims  | 34.33   | #410 Women 19&U 50 Back          | 39.74   |
| #412 Women 19&U 50 Fly Prelims   | 45.28   |                                  |         |

**3 Kleynhans, Sian - Female - Age: 14 - Ind/Rel: 10 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:20.11 | #202 Women 19&U 100 Free Prelims | 1:13.53 |
| #208 Women 19&U 200 Back Prelims | 2:50.26 | #302 Women 19&U 200 Free Prelims | 2:36.48 |
| #310 Women 19&U 100 Back Prelims | 1:22.12 | #314 Women 19&U 200 IM Prelims   | 2:55.08 |
| #402 Women 19&U 50 Free Prelims  | 34.07   | #406 Women 19&U 200 Breast       | 3:28.61 |
| #410 Women 19&U 50 Back          | 38.49   | #412 Women 19&U 50 Fly Prelims   | 40.35   |

**4 Roff, Mikaela - Female - Age: 11 - Ind/Rel: 10 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 5:26.32 | #202 Women 19&U 100 Free Prelims | 1:10.87 |
| #208 Women 19&U 200 Back Prelims | 2:57.82 | #302 Women 19&U 200 Free Prelims | 2:34.51 |
| #310 Women 19&U 100 Back Prelims | 1:24.52 | #314 Women 19&U 200 IM Prelims   | 3:11.48 |
| #402 Women 19&U 50 Free Prelims  | 32.85   | #406 Women 19&U 200 Breast       | 3:59.58 |
| #410 Women 19&U 50 Back          | 39.52   | #412 Women 19&U 50 Fly Prelims   | 40.21   |

**5 Smit, Christian F - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 6:16.31 | #201 Men 19&U 100 Free Prelims | 1:17.13 |
| #205 Men 19&U 100 Breast Prelims | 1:36.18 | #301 Men 19&U 200 Free Prelims | 2:47.62 |
| #305 Men 19&U 50 Breast Prelims  | 44.76   | #313 Men 19&U 200 IM Prelims   | 3:10.28 |
| #401 Men 19&U 50 Free Prelims    | 34.27   | #405 Men 19&U 200 Breast       | 3:23.66 |
| #411 Men 19&U 50 Fly Prelims     | 43.26   |                                |         |

**6 Theron, Yedidah - Female - Age: 18 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free        | 5:14.76 | #202 Women 19&U 100 Free Prelims | 1:06.85 |
| #208 Women 19&U 200 Back Prelims | 2:58.79 | #302 Women 19&U 200 Free Prelims | 2:29.43 |
| #314 Women 19&U 200 IM Prelims   | 2:50.45 | #402 Women 19&U 50 Free Prelims  | 30.78   |
| #410 Women 19&U 50 Back          | 38.52   | #412 Women 19&U 50 Fly Prelims   | 36.50   |

**Royal Swimming Academy-ED Total Individual Entries: 53 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Rustenburg Swimming Club-BP****1 Coetzee, Nick S - Male - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:36.30 | #207 Men 19&U 200 Back Prelims | 2:48.63 |
| #301 Men 19&U 200 Free Prelims   | 2:47.77 | #309 Men 19&U 100 Back Prelims | 1:15.31 |
| #401 Men 19&U 50 Free Prelims    | 30.55   | #409 Men 19&U 50 Back Prelims  | 34.02   |
| #411 Men 19&U 50 Fly Prelims     | 33.56   |                                |         |

**2 Kock, Naldo A - Male - Age: 16 - Ind/Rel: 3 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.66   | #205 Men 19&U 100 Breast Prelims | 1:17.82 |
| #211 Men 19&U 100 Fly Prelims  | 1:02.85 |                                  |         |

**3 Vd Walt, Janeske - Female - Age: 17 - Ind/Rel: 4 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free          | 5:24.35 | #202 Women 19&U 100 Free Prelims | 1:04.91 |
| #206 Women 19&U 100 Breast Prelims | 1:29.43 | #212 Women 19&U 100 Fly Prelims  | 1:16.47 |

**Rustenburg Swimming Club-BP Total Individual Entries: 14 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Sandton Seals-JH****1 Alston, Georgia S - Female - Age: 15 - Ind/Rel: 9 / 0**

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #110 Women 15 400 Free           | 5:19.27 | #202 Women 19&U 100 Free Prelims  | 1:09.45 |
| #208 Women 19&U 200 Back Prelims | 2:49.48 | #306 Women 19&U 50 Breast Prelims | 41.92   |
| #310 Women 19&U 100 Back Prelims | 1:21.61 | #314 Women 19&U 200 IM Prelims    | 2:54.93 |
| #402 Women 19&U 50 Free Prelims  | 32.51   | #406 Women 19&U 200 Breast        | 3:11.61 |
| #410 Women 19&U 50 Back          | 36.11   |                                   |         |

**2 Biggs, Courtney C - Female - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #104 Women 12 400 Free           | 6:06.75 | #206 Women 19&U 100 Breast Prelims | 1:39.17 |
| #208 Women 19&U 200 Back Prelims | 3:08.11 | #306 Women 19&U 50 Breast Prelims  | 45.71   |
| #310 Women 19&U 100 Back Prelims | 1:30.12 | #314 Women 19&U 200 IM Prelims     | 3:15.67 |
| #406 Women 19&U 200 Breast       | 3:31.60 | #410 Women 19&U 50 Back            | 41.67   |
| #412 Women 19&U 50 Fly Prelims   | 40.43   |                                    |         |

**3 Desilla, Catherine R - Female - Age: 15 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #110 Women 15 400 Free             | 5:49.00 | #202 Women 19&U 100 Free Prelims  | 1:10.02 |
| #206 Women 19&U 100 Breast Prelims | 1:31.28 | #212 Women 19&U 100 Fly Prelims   | 1:17.33 |
| #302 Women 19&U 200 Free Prelims   | 2:36.86 | #306 Women 19&U 50 Breast Prelims | 42.97   |
| #314 Women 19&U 200 IM Prelims     | 2:52.50 | #402 Women 19&U 50 Free Prelims   | 31.45   |
| #410 Women 19&U 50 Back            | 37.33   | #412 Women 19&U 50 Fly Prelims    | 33.05   |

**4 Edmundson, Paige E - Female - Age: 15 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:29.52 | #202 Women 19&U 100 Free Prelims | 1:05.86 |
| #212 Women 19&U 100 Fly Prelims  | 1:25.15 | #302 Women 19&U 200 Free Prelims | 2:29.63 |
| #310 Women 19&U 100 Back Prelims | 1:22.38 | #402 Women 19&U 50 Free Prelims  | 31.46   |
| #412 Women 19&U 50 Fly Prelims   | 36.97   |                                  |         |

**5 Fortune, Cole Q - Male - Age: 18 - Ind/Rel: 7 / 0**

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.09   | #211 Men 19&U 100 Fly Prelims | 1:04.57 |
| #309 Men 19&U 100 Back Prelims | 1:04.56 | #313 Men 19&U 200 IM Prelims  | 3:00.48 |
| #401 Men 19&U 50 Free Prelims  | 27.66   | #409 Men 19&U 50 Back Prelims | 30.52   |
| #411 Men 19&U 50 Fly Prelims   | 28.88   |                               |         |

**6 Frimpong, Kwasi A - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 5:45.15 | #201 Men 19&U 100 Free Prelims | 1:09.76 |
| #205 Men 19&U 100 Breast Prelims | 1:27.67 | #211 Men 19&U 100 Fly Prelims  | 1:21.99 |
| #305 Men 19&U 50 Breast Prelims  | 41.31   | #313 Men 19&U 200 IM Prelims   | 2:55.85 |
| #401 Men 19&U 50 Free Prelims    | 32.04   | #405 Men 19&U 200 Breast       | 3:12.59 |
| #411 Men 19&U 50 Fly Prelims     | 35.39   |                                |         |

**7 Gwilt, Annabelle H - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #104 Women 12 400 Free             | 6:04.21 | #202 Women 19&U 100 Free Prelims  | 1:15.14 |
| #206 Women 19&U 100 Breast Prelims | 1:36.28 | #212 Women 19&U 100 Fly Prelims   | 1:27.17 |
| #302 Women 19&U 200 Free Prelims   | 2:45.67 | #306 Women 19&U 50 Breast Prelims | 44.43   |
| #314 Women 19&U 200 IM Prelims     | 3:01.54 |                                   |         |

**8 Phillips, Abigail - Female - Age: 16 - Ind/Rel: 8 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #112 Women 16 400 Free           | 5:08.97 | #206 Women 19&U 100 Breast Prelims | 1:26.71 |
| #302 Women 19&U 200 Free Prelims | 2:29.05 | #306 Women 19&U 50 Breast Prelims  | 40.10   |
| #314 Women 19&U 200 IM Prelims   | 2:56.85 | #402 Women 19&U 50 Free Prelims    | 32.50   |
| #406 Women 19&U 200 Breast       | 3:00.76 | #410 Women 19&U 50 Back            | 37.98   |

**9 Sweeney, Jennifer - Female - Age: 16 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free             | 5:40.33 | #202 Women 19&U 100 Free Prelims | 1:09.89 |
| #206 Women 19&U 100 Breast Prelims | 1:29.45 | #302 Women 19&U 200 Free Prelims | 2:38.33 |
| #306 Women 19&U 50 Breast Prelims  | 42.27   | #314 Women 19&U 200 IM Prelims   | 3:01.44 |
| #402 Women 19&U 50 Free Prelims    | 31.91   | #406 Women 19&U 200 Breast       | 3:20.85 |
| #412 Women 19&U 50 Fly Prelims     | 37.60   |                                  |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Sandton Seals-JH****10 Xaba, Barcelona - Female - Age: 11 - Ind/Rel: 10 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:13.96 | #206 Women 19&U 100 Breast Prelims | 1:29.04 |
| #208 Women 19&U 200 Back Prelims | 3:02.81 | #306 Women 19&U 50 Breast Prelims  | 41.19   |
| #310 Women 19&U 100 Back Prelims | 1:23.48 | #314 Women 19&U 200 IM Prelims     | 3:07.93 |
| #402 Women 19&U 50 Free Prelims  | 33.02   | #406 Women 19&U 200 Breast         | 3:23.17 |
| #410 Women 19&U 50 Back          | 38.73   | #412 Women 19&U 50 Fly Prelims     | 37.50   |

**11 Xaba, Kapitolina O - Female - Age: 13 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #106 Women 13 400 Free             | 5:50.67 | #202 Women 19&U 100 Free Prelims | 1:09.29 |
| #206 Women 19&U 100 Breast Prelims | 1:36.54 | #302 Women 19&U 200 Free Prelims | 2:40.82 |
| #306 Women 19&U 50 Breast Prelims  | 43.21   | #314 Women 19&U 200 IM Prelims   | 3:11.57 |
| #402 Women 19&U 50 Free Prelims    | 30.63   | #406 Women 19&U 200 Breast       | 3:31.89 |
| #410 Women 19&U 50 Back            | 36.19   |                                  |         |

**Sandton Seals-JH Total Individual Entries: 94 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Shamu Swimming Club-MP****1 Bekker, Joshua D - Male - Age: 11 - Ind/Rel: 9 / 0**

|                                |         |
|--------------------------------|---------|
| #101 Men 11&U 400 Free         | 5:55.25 |
| #211 Men 19&U 100 Fly Prelims  | 1:41.26 |
| #309 Men 19&U 100 Back Prelims | 1:26.54 |
| #401 Men 19&U 50 Free Prelims  | 34.39   |
| #411 Men 19&U 50 Fly Prelims   | 41.53   |

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:17.21 |
| #301 Men 19&U 200 Free Prelims | 2:45.35 |
| #313 Men 19&U 200 IM Prelims   | 3:11.70 |
| #409 Men 19&U 50 Back Prelims  | 39.39   |

**2 Botha, Yvonne - Female - Age: 19 - Ind/Rel: 3 / 0**

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:25.41 |
| #410 Women 19&U 50 Back            | 34.10   |

|                                  |         |
|----------------------------------|---------|
| #310 Women 19&U 100 Back Prelims | 1:12.85 |
|----------------------------------|---------|

**3 Bruwer, Mari J - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.95 |
| #302 Women 19&U 200 Free Prelims | 2:40.78 |
| #310 Women 19&U 100 Back Prelims | 1:26.98 |
| #410 Women 19&U 50 Back          | 37.45   |

|                                   |         |
|-----------------------------------|---------|
| #212 Women 19&U 100 Fly Prelims   | 1:31.60 |
| #306 Women 19&U 50 Breast Prelims | 42.96   |
| #402 Women 19&U 50 Free Prelims   | 31.16   |
| #412 Women 19&U 50 Fly Prelims    | 37.38   |

**4 Du Plessis, Inge - Female - Age: 11 - Ind/Rel: 8 / 0**

|                                   |         |
|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:19.54 |
| #306 Women 19&U 50 Breast Prelims | 47.68   |
| #314 Women 19&U 200 IM Prelims    | 3:22.26 |
| #410 Women 19&U 50 Back           | 42.18   |

|                                  |         |
|----------------------------------|---------|
| #212 Women 19&U 100 Fly Prelims  | 1:44.73 |
| #310 Women 19&U 100 Back Prelims | 1:29.03 |
| #402 Women 19&U 50 Free Prelims  | 34.75   |
| #412 Women 19&U 50 Fly Prelims   | 42.26   |

**5 Jv Vuuren, Christiaan L - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.60 |
| #301 Men 19&U 200 Free Prelims | 2:22.96 |
| #401 Men 19&U 50 Free Prelims  | 28.68   |

|                                |         |
|--------------------------------|---------|
| #211 Men 19&U 100 Fly Prelims  | 1:14.60 |
| #309 Men 19&U 100 Back Prelims | 1:15.96 |
| #411 Men 19&U 50 Fly Prelims   | 32.04   |

**6 Norval, Jany - Female - Age: 12 - Ind/Rel: 3 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.45 |
| #410 Women 19&U 50 Back          | 40.12   |

|                                 |       |
|---------------------------------|-------|
| #402 Women 19&U 50 Free Prelims | 33.62 |
|---------------------------------|-------|

**7 Pohl, MJ J - Male - Age: 14 - Ind/Rel: 6 / 0**

|                                 |         |
|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:05.80 |
| #305 Men 19&U 50 Breast Prelims | 37.15   |
| #401 Men 19&U 50 Free Prelims   | 29.35   |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:23.58 |
| #309 Men 19&U 100 Back Prelims   | 1:18.55 |
| #405 Men 19&U 200 Breast         | 3:06.56 |

**8 Smit, Donia C - Female - Age: 18 - Ind/Rel: 6 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.36 |
| #208 Women 19&U 200 Back Prelims | 2:44.83 |
| #310 Women 19&U 100 Back Prelims | 1:18.81 |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:30.57 |
| #306 Women 19&U 50 Breast Prelims  | 41.11   |
| #410 Women 19&U 50 Back            | 37.27   |

**9 Smit, Mignon T - Female - Age: 16 - Ind/Rel: 6 / 0**

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 2:47.40 |
| #310 Women 19&U 100 Back Prelims | 1:16.75 |
| #410 Women 19&U 50 Back          | 36.41   |

|                                  |         |
|----------------------------------|---------|
| #302 Women 19&U 200 Free Prelims | 2:33.40 |
| #402 Women 19&U 50 Free Prelims  | 32.17   |
| #412 Women 19&U 50 Fly Prelims   | 36.75   |

**10 Terblanche, Liandri - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:37.96 |
| #306 Women 19&U 50 Breast Prelims  | 46.04   |
| #406 Women 19&U 200 Breast         | 3:28.22 |

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 3:17.05 |
| #310 Women 19&U 100 Back Prelims | 1:29.62 |
| #410 Women 19&U 50 Back          | 42.77   |

**11 Wasley, Dario A - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.25 |
| #401 Men 19&U 50 Free Prelims  | 29.91   |
| #409 Men 19&U 50 Back Prelims  | 37.68   |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:19.91 |
| #405 Men 19&U 200 Breast         | 2:57.16 |

**Shamu Swimming Club-MP Total Individual Entries: 66 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Soul Swimming Club-EK

## 1 Basso, Alexa - Female - Age: 14 - Ind/Rel: 6 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.46 | #206 Women 19&U 100 Breast Prelims | 1:26.53 |
| #302 Women 19&U 200 Free Prelims | 2:28.58 | #314 Women 19&U 200 IM Prelims     | 2:52.93 |
| #402 Women 19&U 50 Free Prelims  | 31.63   | #406 Women 19&U 200 Breast         | 3:07.64 |

## 2 Bott, Jessica A - Female - Age: 17 - Ind/Rel: 6 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:09.63 | #206 Women 19&U 100 Breast Prelims | 1:24.61 |
| #306 Women 19&U 50 Breast Prelims | 38.93   | #402 Women 19&U 50 Free Prelims    | 32.04   |
| #406 Women 19&U 200 Breast        | 3:04.83 | #410 Women 19&U 50 Back            | 36.00   |

## 3 de Jager, Tiago X - Male - Age: 14 - Ind/Rel: 8 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:07.78 | #205 Men 19&U 100 Breast Prelims | 1:24.29 |
| #301 Men 19&U 200 Free Prelims | 2:33.30 | #305 Men 19&U 50 Breast Prelims  | 38.71   |
| #313 Men 19&U 200 IM Prelims   | 2:58.60 | #401 Men 19&U 50 Free Prelims    | 29.33   |
| #405 Men 19&U 200 Breast       | 3:09.01 | #411 Men 19&U 50 Fly Prelims     | 34.69   |

## 4 Druce, Jaeger M - Male - Age: 17 - Ind/Rel: 8 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.75 | #205 Men 19&U 100 Breast Prelims | 1:11.77 |
| #301 Men 19&U 200 Free Prelims | 2:22.45 | #305 Men 19&U 50 Breast Prelims  | 32.04   |
| #401 Men 19&U 50 Free Prelims  | 28.24   | #405 Men 19&U 200 Breast         | 2:44.14 |
| #409 Men 19&U 50 Back Prelims  | 32.28   | #411 Men 19&U 50 Fly Prelims     | 29.91   |

## 5 Ferreira, Reid A - Male - Age: 12 - Ind/Rel: 9 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:59.24 | #201 Men 19&U 100 Free Prelims | 1:16.03 |
| #211 Men 19&U 100 Fly Prelims  | 1:30.01 | #301 Men 19&U 200 Free Prelims | 2:44.70 |
| #309 Men 19&U 100 Back Prelims | 1:24.77 | #313 Men 19&U 200 IM Prelims   | 3:09.16 |
| #401 Men 19&U 50 Free Prelims  | 33.84   | #405 Men 19&U 200 Breast       | 3:38.90 |
| #411 Men 19&U 50 Fly Prelims   | 36.55   |                                |         |

## 6 Goncalves, Isabella - Female - Age: 11 - Ind/Rel: 10 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:11.86 | #206 Women 19&U 100 Breast Prelims | 1:34.48 |
| #208 Women 19&U 200 Back Prelims  | 3:06.99 | #302 Women 19&U 200 Free Prelims   | 2:55.89 |
| #306 Women 19&U 50 Breast Prelims | 43.85   | #310 Women 19&U 100 Back Prelims   | 1:21.23 |
| #402 Women 19&U 50 Free Prelims   | 32.15   | #406 Women 19&U 200 Breast         | 3:33.48 |
| #410 Women 19&U 50 Back           | 35.78   | #412 Women 19&U 50 Fly Prelims     | 36.16   |

## 7 Grant, Tatum L - Female - Age: 14 - Ind/Rel: 7 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free             | 5:12.49 | #202 Women 19&U 100 Free Prelims | 1:10.23 |
| #206 Women 19&U 100 Breast Prelims | 1:29.52 | #302 Women 19&U 200 Free Prelims | 2:32.53 |
| #306 Women 19&U 50 Breast Prelims  | 40.98   | #402 Women 19&U 50 Free Prelims  | 32.18   |
| #406 Women 19&U 200 Breast         | 3:12.34 |                                  |         |

## 8 Houghton, Ronin D - Male - Age: 11 - Ind/Rel: 8 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:17.92 | #205 Men 19&U 100 Breast Prelims | 1:46.30 |
| #301 Men 19&U 200 Free Prelims | 2:54.29 | #305 Men 19&U 50 Breast Prelims  | 49.40   |
| #309 Men 19&U 100 Back Prelims | 1:47.84 | #401 Men 19&U 50 Free Prelims    | 35.88   |
| #405 Men 19&U 200 Breast       | 3:48.85 | #409 Men 19&U 50 Back Prelims    | 44.58   |

## 9 Jackson, Victoria J - Female - Age: 12 - Ind/Rel: 6 / 0

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:13.49 | #302 Women 19&U 200 Free Prelims | 2:46.69 |
| #306 Women 19&U 50 Breast Prelims | 46.31   | #402 Women 19&U 50 Free Prelims  | 34.30   |
| #410 Women 19&U 50 Back           | 42.28   | #412 Women 19&U 50 Fly Prelims   | 37.89   |

## 10 Jahnel, Garrick M - Male - Age: 11 - Ind/Rel: 9 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #101 Men 11&U 400 Free           | 5:47.29 | #201 Men 19&U 100 Free Prelims  | 1:14.86 |
| #205 Men 19&U 100 Breast Prelims | 1:36.09 | #211 Men 19&U 100 Fly Prelims   | 1:29.83 |
| #301 Men 19&U 200 Free Prelims   | 2:44.68 | #305 Men 19&U 50 Breast Prelims | 44.74   |
| #313 Men 19&U 200 IM Prelims     | 3:02.95 | #405 Men 19&U 200 Breast        | 3:23.05 |
| #411 Men 19&U 50 Fly Prelims     | 38.58   |                                 |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Soul Swimming Club-EK****11 Luz, Alexia S - Female - Age: 16 - Ind/Rel: 9 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #112 Women 16 400 Free           | 4:58.51 | #202 Women 19&U 100 Free Prelims | 1:07.06 |
| #208 Women 19&U 200 Back Prelims | 2:42.04 | #302 Women 19&U 200 Free Prelims | 2:21.61 |
| #310 Women 19&U 100 Back Prelims | 1:17.29 | #314 Women 19&U 200 IM Prelims   | 2:45.41 |
| #402 Women 19&U 50 Free Prelims  | 30.78   | #410 Women 19&U 50 Back          | 36.60   |
| #412 Women 19&U 50 Fly Prelims   | 33.83   |                                  |         |

**12 Moustakis, Mia - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:18.61 | #206 Women 19&U 100 Breast Prelims | 1:34.26 |
| #302 Women 19&U 200 Free Prelims | 2:58.44 | #314 Women 19&U 200 IM Prelims     | 3:27.10 |
| #402 Women 19&U 50 Free Prelims  | 34.51   | #406 Women 19&U 200 Breast         | 3:30.20 |

**13 Nel, Katey - Female - Age: 15 - Ind/Rel: 6 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.88 | #206 Women 19&U 100 Breast Prelims | 1:29.50 |
| #302 Women 19&U 200 Free Prelims | 2:37.41 | #306 Women 19&U 50 Breast Prelims  | 41.60   |
| #402 Women 19&U 50 Free Prelims  | 31.40   | #406 Women 19&U 200 Breast         | 3:11.52 |

**14 Oosthuizen, Nathan - Male - Age: 12 - Ind/Rel: 5 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:59.68 | #201 Men 19&U 100 Free Prelims | 1:18.19 |
| #207 Men 19&U 200 Back Prelims | 3:10.50 | #301 Men 19&U 200 Free Prelims | 2:54.02 |
| #309 Men 19&U 100 Back Prelims | 1:31.60 |                                |         |

**15 Pretorius, Abi - Female - Age: 17 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.57 | #208 Women 19&U 200 Back Prelims | 2:52.48 |
| #302 Women 19&U 200 Free Prelims | 2:36.33 | #310 Women 19&U 100 Back Prelims | 1:19.45 |
| #314 Women 19&U 200 IM Prelims   | 2:59.86 |                                  |         |

**16 Ramotlou, Mlebo L - Male - Age: 14 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:05.79 | #205 Men 19&U 100 Breast Prelims | 1:23.63 |
| #301 Men 19&U 200 Free Prelims | 2:30.39 | #305 Men 19&U 50 Breast Prelims  | 40.59   |
| #313 Men 19&U 200 IM Prelims   | 2:50.52 | #401 Men 19&U 50 Free Prelims    | 29.42   |
| #405 Men 19&U 200 Breast       | 3:06.69 | #411 Men 19&U 50 Fly Prelims     | 36.75   |

**17 Scott, Matthew n - Male - Age: 11 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:22.53 | #205 Men 19&U 100 Breast Prelims | 1:43.82 |
| #301 Men 19&U 200 Free Prelims | 3:12.75 | #305 Men 19&U 50 Breast Prelims  | 49.86   |
| #309 Men 19&U 100 Back Prelims | 1:35.88 | #401 Men 19&U 50 Free Prelims    | 35.65   |
| #405 Men 19&U 200 Breast       | 3:46.99 | #409 Men 19&U 50 Back Prelims    | 42.30   |

**18 Van Breda, Jason - Male - Age: 12 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:12.63 | #205 Men 19&U 100 Breast Prelims | 1:27.06 |
| #305 Men 19&U 50 Breast Prelims | 39.30   | #313 Men 19&U 200 IM Prelims     | 3:01.10 |
| #401 Men 19&U 50 Free Prelims   | 33.10   | #405 Men 19&U 200 Breast         | 3:11.50 |

**19 van der Heever, Hayden B - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.89 | #207 Men 19&U 200 Back Prelims  | 2:29.68 |
| #301 Men 19&U 200 Free Prelims | 2:20.02 | #305 Men 19&U 50 Breast Prelims | 37.77   |
| #309 Men 19&U 100 Back Prelims | 1:06.67 | #401 Men 19&U 50 Free Prelims   | 27.42   |
| #409 Men 19&U 50 Back Prelims  | 31.01   | #411 Men 19&U 50 Fly Prelims    | 30.94   |

**20 van der Heever, Trent B - Male - Age: 14 - Ind/Rel: 10 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:04.37 | #205 Men 19&U 100 Breast Prelims | 1:18.43 |
| #207 Men 19&U 200 Back Prelims  | 2:41.67 | #301 Men 19&U 200 Free Prelims   | 2:24.27 |
| #305 Men 19&U 50 Breast Prelims | 37.28   | #309 Men 19&U 100 Back Prelims   | 1:14.87 |
| #401 Men 19&U 50 Free Prelims   | 29.26   | #405 Men 19&U 200 Breast         | 2:59.20 |
| #409 Men 19&U 50 Back Prelims   | 33.49   | #411 Men 19&U 50 Fly Prelims     | 33.48   |



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Soul Swimming Club-EK****21 Williams, Phillipa M - Female - Age: 11 - Ind/Rel: 11 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:21.46 | #206 Women 19&U 100 Breast Prelims | 2:00.74 |
| #208 Women 19&U 200 Back Prelims  | 3:13.80 | #302 Women 19&U 200 Free Prelims   | 3:03.72 |
| #306 Women 19&U 50 Breast Prelims | 53.72   | #310 Women 19&U 100 Back Prelims   | 1:31.14 |
| #314 Women 19&U 200 IM Prelims    | 3:39.66 | #402 Women 19&U 50 Free Prelims    | 37.48   |
| #406 Women 19&U 200 Breast        | 4:16.28 | #410 Women 19&U 50 Back            | 41.19   |
| #412 Women 19&U 50 Fly Prelims    | 44.62   |                                    |         |

**22 Williams, Trent J - Male - Age: 14 - Ind/Rel: 8 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:08.66 | #205 Men 19&U 100 Breast Prelims | 1:22.99 |
| #301 Men 19&U 200 Free Prelims | 2:34.57 | #305 Men 19&U 50 Breast Prelims  | 37.69   |
| #313 Men 19&U 200 IM Prelims   | 3:00.73 | #401 Men 19&U 50 Free Prelims    | 30.67   |
| #405 Men 19&U 200 Breast       | 3:05.45 | #411 Men 19&U 50 Fly Prelims     | 39.76   |

**Soul Swimming Club-EK Total Individual Entries: 167 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024**

**Team Entries - All Events**

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**Stella Swemklub-RM**

**1 Coetzee, Maré - Female - Age: 13 - Ind/Rel: 2 / 0**

#206 Women 19&U 100 Breast Prelims

1:31.81

#306 Women 19&U 50 Breast Prelims

40.81

**Stella Swemklub-RM Total Individual Entries: 2 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Stingrays Swimming Club-KC****1 Bezuidenhout, Xysca - Female - Age: 11 - Ind/Rel: 9 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:34.56 |
| #302 Women 19&U 200 Free Prelims | 3:43.00 |
| #310 Women 19&U 100 Back Prelims | 1:59.33 |
| #402 Women 19&U 50 Free Prelims  | 42.25   |
| #410 Women 19&U 50 Back          | 52.06   |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:43.39 |
| #306 Women 19&U 50 Breast Prelims  | 45.22   |
| #314 Women 19&U 200 IM Prelims     | 3:53.55 |
| #406 Women 19&U 200 Breast         | 3:42.99 |

**2 Coetzer, Cherise - Female - Age: 16 - Ind/Rel: 7 / 0**

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:30.17 |
| #306 Women 19&U 50 Breast Prelims  | 40.69   |
| #314 Women 19&U 200 IM Prelims     | 2:54.59 |
| #410 Women 19&U 50 Back            | 39.13   |

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 2:58.90 |
| #310 Women 19&U 100 Back Prelims | 1:22.48 |
| #406 Women 19&U 200 Breast       | 3:14.21 |

**3 Coetzer, Clarise - Female - Age: 16 - Ind/Rel: 7 / 0**

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.28 |
| #212 Women 19&U 100 Fly Prelims  | 1:17.38 |
| #402 Women 19&U 50 Free Prelims  | 30.28   |
| #412 Women 19&U 50 Fly Prelims   | 33.59   |

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:30.41 |
| #306 Women 19&U 50 Breast Prelims  | 41.12   |
| #406 Women 19&U 200 Breast         | 3:19.25 |

**4 Froneman, Rebecca - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |
|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:27.88 |
| #208 Women 19&U 200 Back Prelims | 3:00.79 |
| #310 Women 19&U 100 Back Prelims | 1:23.75 |
| #410 Women 19&U 50 Back          | 38.61   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.77 |
| #302 Women 19&U 200 Free Prelims | 2:33.41 |
| #402 Women 19&U 50 Free Prelims  | 32.70   |

**5 Swanepoel, GP P - Male - Age: 14 - Ind/Rel: 3 / 0**

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:26.66 |
| #405 Men 19&U 200 Breast         | 3:13.85 |

|                                 |       |
|---------------------------------|-------|
| #305 Men 19&U 50 Breast Prelims | 39.49 |
|---------------------------------|-------|

**Stingrays Swimming Club-KC Total Individual Entries: 33 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Swift Aquatics-EK

## 1 Botha, Trevor J - Male - Age: 14 - Ind/Rel: 13 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free             | 5:10.77 | #201 Men 19&U 100 Free Prelims | 1:02.67 |
| #205 Men 19&U 100 Breast Prelims | 1:21.58 | #207 Men 19&U 200 Back Prelims | 2:42.15 |
| #211 Men 19&U 100 Fly Prelims    | 1:13.54 | #301 Men 19&U 200 Free Prelims | 2:16.14 |
| #305 Men 19&U 50 Breast Prelims  | 37.29   | #309 Men 19&U 100 Back Prelims | 1:14.11 |
| #313 Men 19&U 200 IM Prelims     | 2:40.35 | #401 Men 19&U 50 Free Prelims  | 29.35   |
| #405 Men 19&U 200 Breast         | 2:59.86 | #409 Men 19&U 50 Back Prelims  | 33.75   |
| #411 Men 19&U 50 Fly Prelims     | 30.81   |                                |         |

## 2 Bulhakov, Daniel - Male - Age: 12 - Ind/Rel: 9 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:51.08 | #201 Men 19&U 100 Free Prelims | 1:11.71 |
| #207 Men 19&U 200 Back Prelims | 3:06.84 | #211 Men 19&U 100 Fly Prelims  | 1:33.24 |
| #301 Men 19&U 200 Free Prelims | 2:38.24 | #309 Men 19&U 100 Back Prelims | 1:27.52 |
| #401 Men 19&U 50 Free Prelims  | 33.46   | #409 Men 19&U 50 Back Prelims  | 40.40   |
| #411 Men 19&U 50 Fly Prelims   | 37.40   |                                |         |

## 3 Bulhakova, Victoria - Female - Age: 13 - Ind/Rel: 13 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #106 Women 13 400 Free             | 5:55.11 | #202 Women 19&U 100 Free Prelims | 1:11.34 |
| #206 Women 19&U 100 Breast Prelims | 1:31.69 | #208 Women 19&U 200 Back Prelims | 3:11.42 |
| #212 Women 19&U 100 Fly Prelims    | 1:35.73 | #302 Women 19&U 200 Free Prelims | 2:38.08 |
| #306 Women 19&U 50 Breast Prelims  | 41.40   | #310 Women 19&U 100 Back Prelims | 1:28.80 |
| #314 Women 19&U 200 IM Prelims     | 3:05.18 | #402 Women 19&U 50 Free Prelims  | 32.53   |
| #406 Women 19&U 200 Breast         | 3:30.04 | #410 Women 19&U 50 Back          | 40.04   |
| #412 Women 19&U 50 Fly Prelims     | 38.32   |                                  |         |

## 4 Constantinides, Ava - Female - Age: 12 - Ind/Rel: 13 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free             | 5:53.39 | #202 Women 19&U 100 Free Prelims | 1:14.85 |
| #206 Women 19&U 100 Breast Prelims | 1:30.13 | #208 Women 19&U 200 Back Prelims | 3:02.24 |
| #212 Women 19&U 100 Fly Prelims    | 1:27.88 | #302 Women 19&U 200 Free Prelims | 2:48.65 |
| #306 Women 19&U 50 Breast Prelims  | 41.62   | #310 Women 19&U 100 Back Prelims | 1:26.84 |
| #314 Women 19&U 200 IM Prelims     | 3:03.29 | #402 Women 19&U 50 Free Prelims  | 34.03   |
| #406 Women 19&U 200 Breast         | 3:21.10 | #410 Women 19&U 50 Back          | 39.78   |
| #412 Women 19&U 50 Fly Prelims     | 36.17   |                                  |         |

## 5 Dowling, Landon G - Male - Age: 14 - Ind/Rel: 7 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:04.22 | #205 Men 19&U 100 Breast Prelims | 1:23.20 |
| #301 Men 19&U 200 Free Prelims | 2:29.87 | #305 Men 19&U 50 Breast Prelims  | 35.56   |
| #401 Men 19&U 50 Free Prelims  | 29.06   | #405 Men 19&U 200 Breast         | 3:10.47 |
| #411 Men 19&U 50 Fly Prelims   | 32.04   |                                  |         |

## 6 Morel, Cameron J - Female - Age: 16 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:12.35 | #208 Women 19&U 200 Back Prelims | 2:47.68 |
| #302 Women 19&U 200 Free Prelims | 2:42.30 | #310 Women 19&U 100 Back Prelims | 1:18.73 |
| #402 Women 19&U 50 Free Prelims  | 32.60   | #410 Women 19&U 50 Back          | 36.91   |
| #412 Women 19&U 50 Fly Prelims   | 38.60   |                                  |         |

## 7 Morel, Mattae F - Female - Age: 11 - Ind/Rel: 9 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:25.35 | #206 Women 19&U 100 Breast Prelims | 1:44.94 |
| #208 Women 19&U 200 Back Prelims  | 3:26.24 | #302 Women 19&U 200 Free Prelims   | 3:17.76 |
| #306 Women 19&U 50 Breast Prelims | 47.12   | #310 Women 19&U 100 Back Prelims   | 1:30.64 |
| #402 Women 19&U 50 Free Prelims   | 36.52   | #406 Women 19&U 200 Breast         | 3:52.45 |
| #410 Women 19&U 50 Back           | 42.33   |                                    |         |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Swift Aquatics-EK****8 Van Der Linden, Anthony - Male - Age: 16 - Ind/Rel: 12 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 58.80   | #205 Men 19&U 100 Breast Prelims | 1:19.08 |
| #207 Men 19&U 200 Back Prelims | 2:24.97 | #211 Men 19&U 100 Fly Prelims    | 1:13.93 |
| #301 Men 19&U 200 Free Prelims | 2:15.84 | #305 Men 19&U 50 Breast Prelims  | 34.45   |
| #309 Men 19&U 100 Back Prelims | 1:06.81 | #313 Men 19&U 200 IM Prelims     | 2:32.41 |
| #401 Men 19&U 50 Free Prelims  | 26.40   | #405 Men 19&U 200 Breast         | 2:54.39 |
| #409 Men 19&U 50 Back Prelims  | 30.38   | #411 Men 19&U 50 Fly Prelims     | 28.99   |

**Swift Aquatics-EK Total Individual Entries: 83 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Swim 1st-JH****1 Slabbert, Ethan M - Male - Age: 17 - Ind/Rel: 9 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:00.08 | #207 Men 19&U 200 Back Prelims | 2:31.97 |
| #211 Men 19&U 100 Fly Prelims  | 1:09.87 | #301 Men 19&U 200 Free Prelims | 2:17.62 |
| #309 Men 19&U 100 Back Prelims | 1:07.05 | #313 Men 19&U 200 IM Prelims   | 2:36.84 |
| #401 Men 19&U 50 Free Prelims  | 27.79   | #409 Men 19&U 50 Back Prelims  | 31.62   |
| #411 Men 19&U 50 Fly Prelims   | 29.13   |                                |         |

**Swim 1st-JH Total Individual Entries: 9 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Swimtec Swimming Club-JH****1 Alevras, Izabella A - Female - Age: 15 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #110 Women 15 400 Free             | 5:21.53 | #202 Women 19&U 100 Free Prelims  | 1:11.89 |
| #206 Women 19&U 100 Breast Prelims | 1:41.01 | #212 Women 19&U 100 Fly Prelims   | 1:30.66 |
| #302 Women 19&U 200 Free Prelims   | 2:33.83 | #306 Women 19&U 50 Breast Prelims | 45.39   |
| #314 Women 19&U 200 IM Prelims     | 3:04.28 | #402 Women 19&U 50 Free Prelims   | 34.80   |
| #410 Women 19&U 50 Back            | 39.27   | #412 Women 19&U 50 Fly Prelims    | 38.91   |

**2 Durig, Leah N - Female - Age: 17 - Ind/Rel: 10 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free          | 5:05.99 | #202 Women 19&U 100 Free Prelims | 1:06.30 |
| #206 Women 19&U 100 Breast Prelims | 1:26.29 | #212 Women 19&U 100 Fly Prelims  | 1:13.90 |
| #302 Women 19&U 200 Free Prelims   | 2:22.72 | #310 Women 19&U 100 Back Prelims | 1:18.05 |
| #314 Women 19&U 200 IM Prelims     | 2:40.86 | #402 Women 19&U 50 Free Prelims  | 31.08   |
| #410 Women 19&U 50 Back            | 35.11   | #412 Women 19&U 50 Fly Prelims   | 33.83   |

**3 Harris, Suraiya - Female - Age: 12 - Ind/Rel: 10 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:17.49 | #206 Women 19&U 100 Breast Prelims | 1:33.24 |
| #302 Women 19&U 200 Free Prelims | 2:56.48 | #306 Women 19&U 50 Breast Prelims  | 43.25   |
| #310 Women 19&U 100 Back Prelims | 1:28.25 | #314 Women 19&U 200 IM Prelims     | 3:05.98 |
| #402 Women 19&U 50 Free Prelims  | 33.66   | #406 Women 19&U 200 Breast         | 3:21.93 |
| #410 Women 19&U 50 Back          | 40.26   | #412 Women 19&U 50 Fly Prelims     | 39.00   |

**4 Leary, Darren J - Male - Age: 18 - Ind/Rel: 10 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free          | 4:36.85 | #201 Men 19&U 100 Free Prelims | 59.59   |
| #205 Men 19&U 100 Breast Prelims | 1:31.84 | #301 Men 19&U 200 Free Prelims | 2:11.81 |
| #305 Men 19&U 50 Breast Prelims  | 41.08   | #309 Men 19&U 100 Back Prelims | 1:15.85 |
| #313 Men 19&U 200 IM Prelims     | 2:41.58 | #401 Men 19&U 50 Free Prelims  | 28.18   |
| #409 Men 19&U 50 Back Prelims    | 35.01   | #411 Men 19&U 50 Fly Prelims   | 35.51   |

**5 Storm, Ben S - Male - Age: 16 - Ind/Rel: 10 / 0**

|                                 |         |                                |         |
|---------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free            | 4:34.68 | #201 Men 19&U 100 Free Prelims | 57.41   |
| #211 Men 19&U 100 Fly Prelims   | 1:01.14 | #301 Men 19&U 200 Free Prelims | 2:07.12 |
| #305 Men 19&U 50 Breast Prelims | 37.13   | #309 Men 19&U 100 Back Prelims | 1:13.35 |
| #313 Men 19&U 200 IM Prelims    | 2:21.58 | #401 Men 19&U 50 Free Prelims  | 26.88   |
| #409 Men 19&U 50 Back Prelims   | 32.21   | #411 Men 19&U 50 Fly Prelims   | 27.79   |

**Swimtec Swimming Club-JH Total Individual Entries: 50 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****TC Aquatics-EK****1 Jackson, Amy C - Female - Age: 14 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free             | 5:20.27 | #202 Women 19&U 100 Free Prelims | 1:09.12 |
| #206 Women 19&U 100 Breast Prelims | 1:24.60 | #208 Women 19&U 200 Back Prelims | 2:56.87 |
| #302 Women 19&U 200 Free Prelims   | 2:33.11 | #310 Women 19&U 100 Back Prelims | 1:21.92 |
| #314 Women 19&U 200 IM Prelims     | 2:53.37 | #402 Women 19&U 50 Free Prelims  | 31.99   |
| #406 Women 19&U 200 Breast         | 3:08.51 |                                  |         |

**2 Kavanagh, Trinity - Female - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:20.36 | #206 Women 19&U 100 Breast Prelims | 1:38.59 |
| #208 Women 19&U 200 Back Prelims | 3:07.48 | #302 Women 19&U 200 Free Prelims   | 2:56.23 |
| #310 Women 19&U 100 Back Prelims | 1:28.12 | #314 Women 19&U 200 IM Prelims     | 3:15.40 |
| #402 Women 19&U 50 Free Prelims  | 35.69   | #406 Women 19&U 200 Breast         | 3:34.59 |
| #410 Women 19&U 50 Back          | 40.77   |                                    |         |

**3 Maponyane, Mary - Female - Age: 12 - Ind/Rel: 8 / 0**

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:16.06 | #206 Women 19&U 100 Breast Prelims | 1:39.35 |
| #302 Women 19&U 200 Free Prelims | 2:45.02 | #306 Women 19&U 50 Breast Prelims  | 47.29   |
| #314 Women 19&U 200 IM Prelims   | 3:07.44 | #402 Women 19&U 50 Free Prelims    | 35.71   |
| #406 Women 19&U 200 Breast       | 3:35.95 | #410 Women 19&U 50 Back            | 43.01   |

**4 Myers, Candice T - Female - Age: 16 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #112 Women 16 400 Free             | 5:00.60 | #202 Women 19&U 100 Free Prelims  | 1:05.95 |
| #206 Women 19&U 100 Breast Prelims | 1:29.14 | #212 Women 19&U 100 Fly Prelims   | 1:15.19 |
| #302 Women 19&U 200 Free Prelims   | 2:24.81 | #306 Women 19&U 50 Breast Prelims | 39.97   |
| #314 Women 19&U 200 IM Prelims     | 2:41.58 | #402 Women 19&U 50 Free Prelims   | 30.61   |
| #406 Women 19&U 200 Breast         | 3:06.27 | #412 Women 19&U 50 Fly Prelims    | 32.88   |

**5 Sesing, Mangaliso - Male - Age: 14 - Ind/Rel: 9 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:09.75 | #205 Men 19&U 100 Breast Prelims | 1:24.07 |
| #301 Men 19&U 200 Free Prelims | 2:28.39 | #305 Men 19&U 50 Breast Prelims  | 37.64   |
| #309 Men 19&U 100 Back Prelims | 1:21.05 | #313 Men 19&U 200 IM Prelims     | 2:50.59 |
| #401 Men 19&U 50 Free Prelims  | 31.08   | #405 Men 19&U 200 Breast         | 2:59.92 |
| #409 Men 19&U 50 Back Prelims  | 39.57   |                                  |         |

**6 Wood, Jessica - Female - Age: 12 - Ind/Rel: 9 / 0**

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free             | 5:39.25 | #202 Women 19&U 100 Free Prelims | 1:12.02 |
| #206 Women 19&U 100 Breast Prelims | 1:39.22 | #212 Women 19&U 100 Fly Prelims  | 1:22.43 |
| #302 Women 19&U 200 Free Prelims   | 2:37.92 | #314 Women 19&U 200 IM Prelims   | 3:04.36 |
| #402 Women 19&U 50 Free Prelims    | 32.74   | #410 Women 19&U 50 Back          | 40.56   |
| #412 Women 19&U 50 Fly Prelims     | 36.23   |                                  |         |

**TC Aquatics-EK Total Individual Entries: 54 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**The International School Swim-NM****1 Makgale, Ontlotile S - Male - Age: 19 - Ind/Rel: 11 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free          | 5:56.91 | #201 Men 19&U 100 Free Prelims | 1:03.66 |
| #205 Men 19&U 100 Breast Prelims | 1:13.67 | #211 Men 19&U 100 Fly Prelims  | 1:13.23 |
| #305 Men 19&U 50 Breast Prelims  | 32.61   | #309 Men 19&U 100 Back Prelims | 1:16.46 |
| #313 Men 19&U 200 IM Prelims     | 2:36.65 | #401 Men 19&U 50 Free Prelims  | 27.65   |
| #405 Men 19&U 200 Breast         | 2:49.57 | #409 Men 19&U 50 Back Prelims  | 35.13   |
| #411 Men 19&U 50 Fly Prelims     | 28.91   |                                |         |

**The International School Swim-NM Total Individual Entries: 11 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Tinco Swem-TS****1 Du Plessis, Tiaan D - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #109 Men 15 400 Free           | 5:07.65 | #201 Men 19&U 100 Free Prelims | 1:00.62 |
| #207 Men 19&U 200 Back Prelims | 2:36.38 | #301 Men 19&U 200 Free Prelims | 2:18.15 |
| #313 Men 19&U 200 IM Prelims   | 2:39.01 | #401 Men 19&U 50 Free Prelims  | 27.53   |
| #409 Men 19&U 50 Back Prelims  | 32.29   | #411 Men 19&U 50 Fly Prelims   | 31.81   |

**Tinco Swem-TS Total Individual Entries: 8 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Trident Tigers Swimming Team****1 Kuhn, Tamzyn J - Female - Age: 14 - Ind/Rel: 8 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:20.00 | #202 Women 19&U 100 Free Prelims | 1:07.14 |
| #208 Women 19&U 200 Back Prelims | 2:50.70 | #302 Women 19&U 200 Free Prelims | 2:27.95 |
| #310 Women 19&U 100 Back Prelims | 1:16.67 | #314 Women 19&U 200 IM Prelims   | 2:54.69 |
| #402 Women 19&U 50 Free Prelims  | 31.75   | #410 Women 19&U 50 Back          | 38.07   |

**Trident Tigers Swimming Team Total Individual Entries: 8 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 1 Barnard, Dané - Female - Age: 13 - Ind/Rel: 5 / 0

|                                   |         |                                  |         |
|-----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:09.11 | #302 Women 19&U 200 Free Prelims | 2:36.12 |
| #306 Women 19&U 50 Breast Prelims | 47.59   | #402 Women 19&U 50 Free Prelims  | 31.00   |
| #412 Women 19&U 50 Fly Prelims    | 38.36   |                                  |         |

## 2 Barnard, Divan - Male - Age: 15 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:03.62 | #309 Men 19&U 100 Back Prelims | 1:10.37 |
| #401 Men 19&U 50 Free Prelims  | 29.19   | #409 Men 19&U 50 Back Prelims  | 31.94   |

## 3 Bezuidenhout, Martinet - Female - Age: 12 - Ind/Rel: 5 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:35.32 | #310 Women 19&U 100 Back Prelims | 1:21.95 |
| #314 Women 19&U 200 IM Prelims     | 3:01.48 | #406 Women 19&U 200 Breast       | 3:25.22 |
| #412 Women 19&U 50 Fly Prelims     | 38.34   |                                  |         |

## 4 Blauw, Tyriq D - Male - Age: 15 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.79 | #207 Men 19&U 200 Back Prelims | 2:34.07 |
| #301 Men 19&U 200 Free Prelims | 2:23.94 | #309 Men 19&U 100 Back Prelims | 1:09.14 |
| #401 Men 19&U 50 Free Prelims  | 27.52   | #409 Men 19&U 50 Back Prelims  | 31.94   |
| #411 Men 19&U 50 Fly Prelims   | 32.15   |                                |         |

## 5 Boerstra, Gabby - Female - Age: 14 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:06.55 | #202 Women 19&U 100 Free Prelims | 1:07.29 |
| #208 Women 19&U 200 Back Prelims | 2:51.66 | #302 Women 19&U 200 Free Prelims | 2:25.59 |
| #314 Women 19&U 200 IM Prelims   | 2:55.62 | #406 Women 19&U 200 Breast       | 3:17.35 |
| #412 Women 19&U 50 Fly Prelims   | 36.54   |                                  |         |

## 6 Bornman, Christiaan - Male - Age: 14 - Ind/Rel: 6 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 4:56.58 | #201 Men 19&U 100 Free Prelims | 1:06.09 |
| #207 Men 19&U 200 Back Prelims | 2:50.00 | #301 Men 19&U 200 Free Prelims | 2:23.95 |
| #309 Men 19&U 100 Back Prelims | 1:19.27 | #401 Men 19&U 50 Free Prelims  | 31.21   |

## 7 Bosch, Alistair - Male - Age: 13 - Ind/Rel: 8 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:16.78 | #205 Men 19&U 100 Breast Prelims | 1:34.36 |
| #301 Men 19&U 200 Free Prelims | 2:51.42 | #305 Men 19&U 50 Breast Prelims  | 43.99   |
| #309 Men 19&U 100 Back Prelims | 1:26.94 | #401 Men 19&U 50 Free Prelims    | 33.85   |
| #405 Men 19&U 200 Breast       | 3:22.87 | #409 Men 19&U 50 Back Prelims    | 40.61   |

## 8 Botha, Zach - Male - Age: 12 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 2:57.11 | #309 Men 19&U 100 Back Prelims | 1:22.94 |
| #401 Men 19&U 50 Free Prelims  | 34.41   | #409 Men 19&U 50 Back Prelims  | 37.58   |

## 9 Burness, Lize - Female - Age: 16 - Ind/Rel: 5 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.09 | #208 Women 19&U 200 Back Prelims | 2:42.20 |
| #310 Women 19&U 100 Back Prelims | 1:14.85 | #402 Women 19&U 50 Free Prelims  | 31.27   |
| #410 Women 19&U 50 Back          | 34.71   |                                  |         |

## 10 Buys, Ruhan - Male - Age: 11 - Ind/Rel: 10 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:25.02 | #205 Men 19&U 100 Breast Prelims | 1:39.72 |
| #207 Men 19&U 200 Back Prelims  | 3:34.73 | #301 Men 19&U 200 Free Prelims   | 3:08.74 |
| #305 Men 19&U 50 Breast Prelims | 44.82   | #313 Men 19&U 200 IM Prelims     | 3:16.39 |
| #401 Men 19&U 50 Free Prelims   | 37.99   | #405 Men 19&U 200 Breast         | 3:35.51 |
| #409 Men 19&U 50 Back Prelims   | 46.45   | #411 Men 19&U 50 Fly Prelims     | 53.30   |

## 11 Buys, Stiaan - Male - Age: 13 - Ind/Rel: 9 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #105 Men 13 400 Free             | 5:06.47 | #201 Men 19&U 100 Free Prelims | 1:04.26 |
| #205 Men 19&U 100 Breast Prelims | 1:36.72 | #207 Men 19&U 200 Back Prelims | 2:41.22 |
| #301 Men 19&U 200 Free Prelims   | 2:24.31 | #309 Men 19&U 100 Back Prelims | 1:12.49 |
| #313 Men 19&U 200 IM Prelims     | 2:43.99 | #401 Men 19&U 50 Free Prelims  | 29.93   |
| #405 Men 19&U 200 Breast         | 3:20.49 |                                |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 12 Carstens, Anke - Female - Age: 11 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free         | 6:10.75 | #202 Women 19&U 100 Free Prelims | 1:16.23 |
| #208 Women 19&U 200 Back Prelims | 3:04.76 | #302 Women 19&U 200 Free Prelims | 2:52.11 |
| #310 Women 19&U 100 Back Prelims | 1:28.74 | #402 Women 19&U 50 Free Prelims  | 33.92   |
| #410 Women 19&U 50 Back          | 38.44   |                                  |         |

## 13 Collard, Gianna - Female - Age: 14 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.75 | #310 Women 19&U 100 Back Prelims | 1:17.87 |
| #314 Women 19&U 200 IM Prelims   | 3:03.01 | #402 Women 19&U 50 Free Prelims  | 30.67   |
| #410 Women 19&U 50 Back          | 35.15   | #412 Women 19&U 50 Fly Prelims   | 34.91   |

## 14 Collett, Jayda J - Female - Age: 18 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.94 | #212 Women 19&U 100 Fly Prelims  | 1:18.59 |
| #302 Women 19&U 200 Free Prelims | 2:27.73 | #310 Women 19&U 100 Back Prelims | 1:19.98 |
| #402 Women 19&U 50 Free Prelims  | 29.72   | #410 Women 19&U 50 Back          | 34.69   |
| #412 Women 19&U 50 Fly Prelims   | 33.01   |                                  |         |

## 15 Cowley, Robyn - Female - Age: 17 - Ind/Rel: 8 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #114 Women 17-19 400 Free        | 5:02.70 | #202 Women 19&U 100 Free Prelims | 1:05.42 |
| #208 Women 19&U 200 Back Prelims | 2:36.32 | #310 Women 19&U 100 Back Prelims | 1:12.92 |
| #314 Women 19&U 200 IM Prelims   | 2:44.38 | #402 Women 19&U 50 Free Prelims  | 31.65   |
| #406 Women 19&U 200 Breast       | 3:08.30 | #410 Women 19&U 50 Back          | 34.39   |

## 16 Cownie, Nicholas A - Male - Age: 14 - Ind/Rel: 9 / 0

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free             | 5:24.39 | #201 Men 19&U 100 Free Prelims | 1:05.79 |
| #205 Men 19&U 100 Breast Prelims | 1:23.94 | #301 Men 19&U 200 Free Prelims | 2:26.44 |
| #305 Men 19&U 50 Breast Prelims  | 37.53   | #313 Men 19&U 200 IM Prelims   | 2:51.68 |
| #401 Men 19&U 50 Free Prelims    | 29.11   | #405 Men 19&U 200 Breast       | 3:00.30 |
| #409 Men 19&U 50 Back Prelims    | 34.97   |                                |         |

## 17 Da Silva, Abigail Z - Female - Age: 12 - Ind/Rel: 6 / 1

|  |         |                                  |         |
|--|---------|----------------------------------|---------|
| #104 Women 12 400 Free                       | 5:37.93 | #202 Women 19&U 100 Free Prelims | 1:08.42 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.06 | #302 Women 19&U 200 Free Prelims | 2:36.21 |
| #402 Women 19&U 50 Free Prelims              | 31.18   | #410 Women 19&U 50 Back          | 38.16   |
| #412 Women 19&U 50 Fly Prelims               | 36.43   |                                  |         |

## 18 De Bruyn, Kasey L - Female - Age: 9 - Ind/Rel: 9 / 1

|  |         |                                  |         |
|--|---------|----------------------------------|---------|
| #102 Women 11&U 400 Free                     | 5:36.70 | #202 Women 19&U 100 Free Prelims | 1:16.20 |
| #206 Women 19&U 100 Breast Prelims           | 1:41.88 | #208 Women 19&U 200 Back Prelims | 2:56.02 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.06 | #302 Women 19&U 200 Free Prelims | 2:42.30 |
| #310 Women 19&U 100 Back Prelims             | 1:19.44 | #402 Women 19&U 50 Free Prelims  | 34.77   |
| #406 Women 19&U 200 Breast                   | 3:33.45 | #410 Women 19&U 50 Back          | 38.34   |

## 19 De Klerk, Ben-Louis - Male - Age: 15 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #109 Men 15 400 Free           | 5:02.05 | #201 Men 19&U 100 Free Prelims | 1:04.54 |
| #207 Men 19&U 200 Back Prelims | 2:35.63 | #301 Men 19&U 200 Free Prelims | 2:19.26 |
| #309 Men 19&U 100 Back Prelims | 1:09.32 | #401 Men 19&U 50 Free Prelims  | 29.67   |
| #409 Men 19&U 50 Back Prelims  | 32.11   | #411 Men 19&U 50 Fly Prelims   | 33.49   |

## 20 De Witt, Alexis - Female - Age: 11 - Ind/Rel: 8 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:34.08 | #208 Women 19&U 200 Back Prelims | 3:06.98 |
| #306 Women 19&U 50 Breast Prelims  | 43.45   | #310 Women 19&U 100 Back Prelims | 1:26.87 |
| #314 Women 19&U 200 IM Prelims     | 3:11.19 | #406 Women 19&U 200 Breast       | 3:33.09 |
| #410 Women 19&U 50 Back            | 38.92   | #412 Women 19&U 50 Fly Prelims   | 37.34   |

## 21 Degenaar, Karlia - Female - Age: 11 - Ind/Rel: 6 / 1

|  |         |                                  |         |
|--|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims             | 1:15.29 | #208 Women 19&U 200 Back Prelims | 3:03.66 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.06 | #302 Women 19&U 200 Free Prelims | 2:47.84 |
| #310 Women 19&U 100 Back Prelims             | 1:26.35 | #402 Women 19&U 50 Free Prelims  | 34.90   |
| #410 Women 19&U 50 Back                      | 39.22   |                                  |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 22 Dreyer, Ian G - Male - Age: 11 - Ind/Rel: 11 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:22.58 | #205 Men 19&U 100 Breast Prelims | 1:28.66 |
| #207 Men 19&U 200 Back Prelims  | 3:18.76 | #301 Men 19&U 200 Free Prelims   | 2:49.80 |
| #305 Men 19&U 50 Breast Prelims | 38.78   | #309 Men 19&U 100 Back Prelims   | 1:33.45 |
| #313 Men 19&U 200 IM Prelims    | 3:14.15 | #401 Men 19&U 50 Free Prelims    | 37.08   |
| #405 Men 19&U 200 Breast        | 3:16.90 | #409 Men 19&U 50 Back Prelims    | 40.74   |
| #411 Men 19&U 50 Fly Prelims    | 40.28   |                                  |         |

## 23 Du Plessis, Mia - Female - Age: 13 - Ind/Rel: 5 / 0

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:30.29 | #306 Women 19&U 50 Breast Prelims | 39.33   |
| #314 Women 19&U 200 IM Prelims     | 3:01.01 | #406 Women 19&U 200 Breast        | 3:16.32 |
| #412 Women 19&U 50 Fly Prelims     | 36.78   |                                   |         |

## 24 Du Toit, Michal D - Male - Age: 17 - Ind/Rel: 5 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 57.12   | #205 Men 19&U 100 Breast Prelims | 1:11.00 |
| #301 Men 19&U 200 Free Prelims | 2:14.78 | #305 Men 19&U 50 Breast Prelims  | 32.58   |
| #405 Men 19&U 200 Breast       | 2:41.11 |                                  |         |

## 25 Duarte, Caleb S - Male - Age: 11 - Ind/Rel: 7 / 1

|   |         |                                 |         |
|---|---------|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims                | 1:13.09 | #211 Men 19&U 100 Fly Prelims   | 1:37.69 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:56.45 | #305 Men 19&U 50 Breast Prelims | 43.17   |
| #309 Men 19&U 100 Back Prelims                | 1:25.61 | #401 Men 19&U 50 Free Prelims   | 33.58   |
| #409 Men 19&U 50 Back Prelims                 | 39.02   | #411 Men 19&U 50 Fly Prelims    | 36.88   |

## 26 Eldar, Eitan - Male - Age: 12 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free           | 5:47.34 | #201 Men 19&U 100 Free Prelims | 1:15.31 |
| #207 Men 19&U 200 Back Prelims | 2:52.95 | #301 Men 19&U 200 Free Prelims | 2:39.70 |
| #309 Men 19&U 100 Back Prelims | 1:21.46 | #401 Men 19&U 50 Free Prelims  | 33.91   |
| #409 Men 19&U 50 Back Prelims  | 38.54   | #411 Men 19&U 50 Fly Prelims   | 40.30   |

## 27 Engelbrecht, Luané - Female - Age: 18 - Ind/Rel: 10 / 0

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #114 Women 17-19 400 Free          | 5:05.32 | #202 Women 19&U 100 Free Prelims  | 1:07.98 |
| #206 Women 19&U 100 Breast Prelims | 1:25.91 | #212 Women 19&U 100 Fly Prelims   | 1:24.82 |
| #302 Women 19&U 200 Free Prelims   | 2:26.00 | #306 Women 19&U 50 Breast Prelims | 40.63   |
| #314 Women 19&U 200 IM Prelims     | 2:46.91 | #402 Women 19&U 50 Free Prelims   | 31.79   |
| #406 Women 19&U 200 Breast         | 3:07.32 | #412 Women 19&U 50 Fly Prelims    | 36.32   |

## 28 Grobelaar, Juan-Louis - Male - Age: 12 - Ind/Rel: 6 / 1

|   |         |                                 |         |
|---|---------|---------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims              | 1:28.44 | #207 Men 19&U 200 Back Prelims  | 3:03.70 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:56.45 | #305 Men 19&U 50 Breast Prelims | 40.62   |
| #313 Men 19&U 200 IM Prelims                  | 2:59.84 | #405 Men 19&U 200 Breast        | 3:08.46 |
| #411 Men 19&U 50 Fly Prelims                  | 39.49   |                                 |         |

## 29 Hepke, Patrick J - Male - Age: 19 - Ind/Rel: 5 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free        | 4:29.17 | #201 Men 19&U 100 Free Prelims | 58.47   |
| #211 Men 19&U 100 Fly Prelims  | 1:03.48 | #301 Men 19&U 200 Free Prelims | 2:08.35 |
| #309 Men 19&U 100 Back Prelims | 1:09.48 |                                |         |

## 30 Jacobs, Kei S - Male - Age: 17 - Ind/Rel: 6 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 57.78   | #301 Men 19&U 200 Free Prelims | 2:09.19 |
| #309 Men 19&U 100 Back Prelims | 1:12.78 | #401 Men 19&U 50 Free Prelims  | 26.51   |
| #409 Men 19&U 50 Back Prelims  | 32.45   | #411 Men 19&U 50 Fly Prelims   | 31.34   |

## 31 Jonker, Anri - Female - Age: 12 - Ind/Rel: 3 / 0

|                                    |         |                                  |         |
|------------------------------------|---------|----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:37.11 | #310 Women 19&U 100 Back Prelims | 1:31.28 |
| #406 Women 19&U 200 Breast         | 3:30.52 |                                  |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 32 Jv Rensburg, Marc M - Male - Age: 11 - Ind/Rel: 8 / 1

|                                |         |
|--------------------------------|---------|
| #101 Men 11&U 400 Free         | 5:45.72 |
| #211 Men 19&U 100 Fly Prelims  | 1:32.95 |
| #301 Men 19&U 200 Free Prelims | 2:40.54 |
| #401 Men 19&U 50 Free Prelims  | 33.31   |
| #411 Men 19&U 50 Fly Prelims   | 38.61   |

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:15.20 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:56.45 |
| #313 Men 19&U 200 IM Prelims                  | 3:02.26 |
| #409 Men 19&U 50 Back Prelims                 | 39.89   |

## 33 Jv Rensburg, Johané - Female - Age: 15 - Ind/Rel: 8 / 0

|                                  |         |
|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:30.65 |
| #208 Women 19&U 200 Back Prelims | 2:51.22 |
| #310 Women 19&U 100 Back Prelims | 1:18.45 |
| #410 Women 19&U 50 Back          | 35.79   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.84 |
| #302 Women 19&U 200 Free Prelims | 2:32.49 |
| #402 Women 19&U 50 Free Prelims  | 31.68   |
| #412 Women 19&U 50 Fly Prelims   | 36.00   |

## 34 Kleynhans, Kayla - Female - Age: 14 - Ind/Rel: 7 / 0

|                                  |         |
|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:14.26 |
| #208 Women 19&U 200 Back Prelims | 2:46.12 |
| #314 Women 19&U 200 IM Prelims   | 2:50.43 |
| #412 Women 19&U 50 Fly Prelims   | 35.90   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:10.75 |
| #302 Women 19&U 200 Free Prelims | 2:32.53 |
| #406 Women 19&U 200 Breast       | 3:13.89 |

## 35 Koch, Jan-Louw J - Male - Age: 12 - Ind/Rel: 6 / 1

|   |         |
|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:12.39 |
| #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:45.63 |
| #309 Men 19&U 100 Back Prelims                | 1:21.84 |
| #409 Men 19&U 50 Back Prelims                 | 38.92   |

|                                |         |
|--------------------------------|---------|
| #207 Men 19&U 200 Back Prelims | 3:08.73 |
| #301 Men 19&U 200 Free Prelims | 2:42.39 |
| #401 Men 19&U 50 Free Prelims  | 33.93   |

## 36 Kooi, Chenique E - Female - Age: 11 - Ind/Rel: 4 / 0

|                                    |         |
|------------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:38.78 |
| #406 Women 19&U 200 Breast         | 3:28.40 |

|                                   |       |
|-----------------------------------|-------|
| #306 Women 19&U 50 Breast Prelims | 44.75 |
| #412 Women 19&U 50 Fly Prelims    | 43.82 |

## 37 Kooi, Ruan - Male - Age: 12 - Ind/Rel: 5 / 0

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:28.20 |
| #313 Men 19&U 200 IM Prelims     | 3:23.54 |
| #411 Men 19&U 50 Fly Prelims     | 36.84   |

|                                 |         |
|---------------------------------|---------|
| #305 Men 19&U 50 Breast Prelims | 41.93   |
| #405 Men 19&U 200 Breast        | 3:13.99 |

## 38 Köpplinger, Elara C - Female - Age: 13 - Ind/Rel: 7 / 0

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.63 |
| #302 Women 19&U 200 Free Prelims | 2:36.86 |
| #314 Women 19&U 200 IM Prelims   | 3:01.81 |
| #412 Women 19&U 50 Fly Prelims   | 38.24   |

|                                  |         |
|----------------------------------|---------|
| #208 Women 19&U 200 Back Prelims | 3:04.58 |
| #310 Women 19&U 100 Back Prelims | 1:26.69 |
| #402 Women 19&U 50 Free Prelims  | 31.97   |

## 39 Kyabayinze, Makula D - Female - Age: 15 - Ind/Rel: 9 / 0

|                                  |         |
|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:39.50 |
| #208 Women 19&U 200 Back Prelims | 2:52.35 |
| #310 Women 19&U 100 Back Prelims | 1:19.75 |
| #402 Women 19&U 50 Free Prelims  | 31.88   |
| #412 Women 19&U 50 Fly Prelims   | 38.34   |

|                                  |         |
|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.35 |
| #302 Women 19&U 200 Free Prelims | 2:42.63 |
| #314 Women 19&U 200 IM Prelims   | 3:02.51 |
| #410 Women 19&U 50 Back          | 36.42   |

## 40 Kyndell, Henry D - Male - Age: 12 - Ind/Rel: 8 / 0

|                                 |         |
|---------------------------------|---------|
| #103 Men 12 400 Free            | 5:43.45 |
| #211 Men 19&U 100 Fly Prelims   | 1:26.62 |
| #305 Men 19&U 50 Breast Prelims | 45.46   |
| #405 Men 19&U 200 Breast        | 3:17.97 |

|                                  |         |
|----------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:35.92 |
| #301 Men 19&U 200 Free Prelims   | 2:40.57 |
| #401 Men 19&U 50 Free Prelims    | 31.82   |
| #411 Men 19&U 50 Fly Prelims     | 37.34   |

## 41 Kyndell, Ivan J - Male - Age: 14 - Ind/Rel: 8 / 0

|                                |         |
|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:16.37 |
| #207 Men 19&U 200 Back Prelims | 2:50.03 |
| #309 Men 19&U 100 Back Prelims | 1:19.53 |
| #409 Men 19&U 50 Back Prelims  | 35.65   |

|                                |         |
|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:05.03 |
| #301 Men 19&U 200 Free Prelims | 2:24.91 |
| #401 Men 19&U 50 Free Prelims  | 28.93   |
| #411 Men 19&U 50 Fly Prelims   | 33.24   |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 42 Loubser, Jacobus - Male - Age: 12 - Ind/Rel: 5 / 1

#201 Men 19&U 100 Free Prelims 1:13.16  
 #213 Men 12&U 4x100 Free Relay 4 X 100 Free R 4:56.45  
 #401 Men 19&U 50 Free Prelims 32.37

#211 Men 19&U 100 Fly Prelims 1:21.80  
 #301 Men 19&U 200 Free Prelims 2:41.50  
 #411 Men 19&U 50 Fly Prelims 35.19

## 43 Mbatsane, Khensy A - Female - Age: 11 - Ind/Rel: 6 / 0

#206 Women 19&U 100 Breast Prelims 1:42.91  
 #306 Women 19&U 50 Breast Prelims 46.75  
 #406 Women 19&U 200 Breast 3:40.71

#208 Women 19&U 200 Back Prelims 3:34.42  
 #310 Women 19&U 100 Back Prelims 1:45.11  
 #410 Women 19&U 50 Back 47.76

## 44 McDonald, Keadan - Male - Age: 15 - Ind/Rel: 6 / 0

#205 Men 19&U 100 Breast Prelims 1:13.70  
 #305 Men 19&U 50 Breast Prelims 33.49  
 #405 Men 19&U 200 Breast 2:43.27

#211 Men 19&U 100 Fly Prelims 1:03.89  
 #313 Men 19&U 200 IM Prelims 2:29.64  
 #411 Men 19&U 50 Fly Prelims 28.82

## 45 Moleko, Reba M - Male - Age: 12 - Ind/Rel: 9 / 1

#103 Men 12 400 Free 5:43.65  
 #207 Men 19&U 200 Back Prelims 2:55.15  
 #301 Men 19&U 200 Free Prelims 2:39.62  
 #313 Men 19&U 200 IM Prelims 2:59.47  
 #409 Men 19&U 50 Back Prelims 35.56

#201 Men 19&U 100 Free Prelims 1:10.68  
 #213 Men 12&U 4x100 Free Relay 4 X 100 Free R 4:45.63  
 #309 Men 19&U 100 Back Prelims 1:20.44  
 #401 Men 19&U 50 Free Prelims 30.84  
 #411 Men 19&U 50 Fly Prelims 33.23

## 46 Morrison, Catherine P - Female - Age: 19 - Ind/Rel: 5 / 0

#202 Women 19&U 100 Free Prelims 1:05.04  
 #302 Women 19&U 200 Free Prelims 2:24.80  
 #402 Women 19&U 50 Free Prelims 29.62

#206 Women 19&U 100 Breast Prelims 1:23.69  
 #306 Women 19&U 50 Breast Prelims 37.24

## 47 Ntsie, Tshenolo - Female - Age: 15 - Ind/Rel: 6 / 0

#202 Women 19&U 100 Free Prelims 1:08.60  
 #306 Women 19&U 50 Breast Prelims 37.64  
 #402 Women 19&U 50 Free Prelims 31.27

#206 Women 19&U 100 Breast Prelims 1:23.31  
 #314 Women 19&U 200 IM Prelims 2:49.55  
 #406 Women 19&U 200 Breast 3:07.66

## 48 O'Connor, Jade - Female - Age: 15 - Ind/Rel: 8 / 0

#202 Women 19&U 100 Free Prelims 1:08.68  
 #212 Women 19&U 100 Fly Prelims 1:19.45  
 #306 Women 19&U 50 Breast Prelims 42.15  
 #402 Women 19&U 50 Free Prelims 31.24

#206 Women 19&U 100 Breast Prelims 1:31.29  
 #302 Women 19&U 200 Free Prelims 2:27.83  
 #314 Women 19&U 200 IM Prelims 2:50.33  
 #412 Women 19&U 50 Fly Prelims 35.21

## 49 Olivier, Tiaan - Male - Age: 11 - Ind/Rel: 12 / 0

#101 Men 11&U 400 Free 6:40.49  
 #205 Men 19&U 100 Breast Prelims 1:42.30  
 #301 Men 19&U 200 Free Prelims 3:08.06  
 #309 Men 19&U 100 Back Prelims 1:38.66  
 #401 Men 19&U 50 Free Prelims 36.53  
 #409 Men 19&U 50 Back Prelims 43.71

#201 Men 19&U 100 Free Prelims 1:20.33  
 #207 Men 19&U 200 Back Prelims 3:24.32  
 #305 Men 19&U 50 Breast Prelims 47.39  
 #313 Men 19&U 200 IM Prelims 3:21.69  
 #405 Men 19&U 200 Breast 3:38.06  
 #411 Men 19&U 50 Fly Prelims 45.82

## 50 Pansegrouw, Rudolph - Male - Age: 11 - Ind/Rel: 10 / 1

#101 Men 11&U 400 Free 5:37.84  
 #207 Men 19&U 200 Back Prelims 2:59.55  
 #213 Men 12&U 4x100 Free Relay 4 X 100 Free R 4:45.63  
 #309 Men 19&U 100 Back Prelims 1:23.10  
 #401 Men 19&U 50 Free Prelims 34.45  
 #411 Men 19&U 50 Fly Prelims 37.21

#201 Men 19&U 100 Free Prelims 1:12.35  
 #211 Men 19&U 100 Fly Prelims 1:27.74  
 #301 Men 19&U 200 Free Prelims 2:40.84  
 #313 Men 19&U 200 IM Prelims 2:58.90  
 #405 Men 19&U 200 Breast 3:25.70

## 51 Peters, Levi T - Male - Age: 15 - Ind/Rel: 7 / 0

#201 Men 19&U 100 Free Prelims 57.54  
 #301 Men 19&U 200 Free Prelims 2:09.80  
 #401 Men 19&U 50 Free Prelims 26.92  
 #411 Men 19&U 50 Fly Prelims 29.50

#211 Men 19&U 100 Fly Prelims 1:05.04  
 #309 Men 19&U 100 Back Prelims 1:06.14  
 #409 Men 19&U 50 Back Prelims 30.65



## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 52 Potgieter, Brendan - Male - Age: 14 - Ind/Rel: 8 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:03.15 | #205 Men 19&U 100 Breast Prelims | 1:30.38 |
| #207 Men 19&U 200 Back Prelims | 2:45.10 | #301 Men 19&U 200 Free Prelims   | 2:27.61 |
| #309 Men 19&U 100 Back Prelims | 1:14.37 | #313 Men 19&U 200 IM Prelims     | 2:48.46 |
| #401 Men 19&U 50 Free Prelims  | 29.53   | #411 Men 19&U 50 Fly Prelims     | 31.85   |

## 53 Rabie, Morgan - Female - Age: 15 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.98 | #208 Women 19&U 200 Back Prelims | 2:44.29 |
| #310 Women 19&U 100 Back Prelims | 1:12.99 | #402 Women 19&U 50 Free Prelims  | 29.56   |
| #410 Women 19&U 50 Back          | 33.25   | #412 Women 19&U 50 Fly Prelims   | 32.86   |

## 54 Robertson, Ardan P - Male - Age: 15 - Ind/Rel: 6 / 0

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 57.71   | #211 Men 19&U 100 Fly Prelims | 1:03.12 |
| #309 Men 19&U 100 Back Prelims | 1:05.33 | #401 Men 19&U 50 Free Prelims | 26.73   |
| #409 Men 19&U 50 Back Prelims  | 30.29   | #411 Men 19&U 50 Fly Prelims  | 27.83   |

## 55 Roome, Jaime L - Female - Age: 15 - Ind/Rel: 5 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.71 | #212 Women 19&U 100 Fly Prelims | 1:13.00 |
| #314 Women 19&U 200 IM Prelims   | 2:46.10 | #402 Women 19&U 50 Free Prelims | 29.45   |
| #412 Women 19&U 50 Fly Prelims   | 32.14   |                                 |         |

## 56 Sebastiao, Noa - Female - Age: 11 - Ind/Rel: 8 / 0

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:17.90 | #208 Women 19&U 200 Back Prelims  | 3:23.49 |
| #302 Women 19&U 200 Free Prelims | 2:46.94 | #306 Women 19&U 50 Breast Prelims | 51.41   |
| #310 Women 19&U 100 Back Prelims | 1:28.84 | #402 Women 19&U 50 Free Prelims   | 35.29   |
| #406 Women 19&U 200 Breast       | 3:45.68 | #410 Women 19&U 50 Back           | 41.83   |

## 57 September, Dominic J - Male - Age: 16 - Ind/Rel: 9 / 0

|                                |         |                                 |         |
|--------------------------------|---------|---------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 58.96   | #207 Men 19&U 200 Back Prelims  | 2:24.16 |
| #301 Men 19&U 200 Free Prelims | 2:08.71 | #305 Men 19&U 50 Breast Prelims | 35.71   |
| #309 Men 19&U 100 Back Prelims | 1:05.83 | #313 Men 19&U 200 IM Prelims    | 2:33.28 |
| #401 Men 19&U 50 Free Prelims  | 26.83   | #409 Men 19&U 50 Back Prelims   | 30.26   |
| #411 Men 19&U 50 Fly Prelims   | 32.03   |                                 |         |

## 58 Sheldon, Joshua C - Male - Age: 14 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #107 Men 14 400 Free           | 5:24.69 | #201 Men 19&U 100 Free Prelims | 1:08.65 |
| #207 Men 19&U 200 Back Prelims | 2:39.07 | #301 Men 19&U 200 Free Prelims | 2:32.43 |
| #309 Men 19&U 100 Back Prelims | 1:14.85 | #405 Men 19&U 200 Breast       | 3:05.41 |
| #409 Men 19&U 50 Back Prelims  | 33.49   |                                |         |

## 59 Sirrals, Annabell M - Female - Age: 14 - Ind/Rel: 4 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.47 | #302 Women 19&U 200 Free Prelims | 2:31.30 |
| #402 Women 19&U 50 Free Prelims  | 30.75   | #412 Women 19&U 50 Fly Prelims   | 36.06   |

## 60 Spoelstra, Rii - Female - Age: 15 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #110 Women 15 400 Free           | 5:17.92 | #202 Women 19&U 100 Free Prelims | 1:08.91 |
| #208 Women 19&U 200 Back Prelims | 3:02.05 | #302 Women 19&U 200 Free Prelims | 2:30.46 |
| #310 Women 19&U 100 Back Prelims | 1:22.16 | #402 Women 19&U 50 Free Prelims  | 30.69   |
| #410 Women 19&U 50 Back          | 37.41   |                                  |         |

## 61 Stadler, Clarise - Female - Age: 11 - Ind/Rel: 4 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:16.31 | #206 Women 19&U 100 Breast Prelims | 1:35.15 |
| #306 Women 19&U 50 Breast Prelims | 41.90   | #402 Women 19&U 50 Free Prelims    | 33.23   |

## 62 Stam, Adam - Male - Age: 17 - Ind/Rel: 4 / 0

|                                |         |                                |       |
|--------------------------------|---------|--------------------------------|-------|
| #113 Men 17-19 400 Free        | 4:39.16 | #201 Men 19&U 100 Free Prelims | 57.25 |
| #301 Men 19&U 200 Free Prelims | 2:08.29 | #401 Men 19&U 50 Free Prelims  | 26.29 |

## 63 Stone, Aj J - Male - Age: 13 - Ind/Rel: 5 / 0

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:09.09 | #211 Men 19&U 100 Fly Prelims | 1:10.87 |
| #301 Men 19&U 200 Free Prelims | 2:41.95 | #313 Men 19&U 200 IM Prelims  | 2:42.14 |
| #411 Men 19&U 50 Fly Prelims   | 32.83   |                               |         |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## TuksSwimming Club-TS

## 64 Suliman, Tazmin - Female - Age: 16 - Ind/Rel: 5 / 0

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:20.95 | #306 Women 19&U 50 Breast Prelims | 35.77 |
| #310 Women 19&U 100 Back Prelims   | 1:15.07 | #402 Women 19&U 50 Free Prelims   | 30.16 |
| #406 Women 19&U 200 Breast         | 2:59.55 |                                   |       |

## 65 Swain, Zac S - Male - Age: 14 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:03.52 | #301 Men 19&U 200 Free Prelims | 2:32.90 |
| #401 Men 19&U 50 Free Prelims  | 28.57   | #411 Men 19&U 50 Fly Prelims   | 31.72   |

## 66 Taylor, Keira - Female - Age: 15 - Ind/Rel: 6 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:08.20 | #208 Women 19&U 200 Back Prelims | 2:53.20 |
| #302 Women 19&U 200 Free Prelims | 2:45.97 | #310 Women 19&U 100 Back Prelims | 1:14.38 |
| #402 Women 19&U 50 Free Prelims  | 29.96   | #410 Women 19&U 50 Back          | 33.90   |

## 67 Tinkler, Eben B - Male - Age: 12 - Ind/Rel: 4 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.77 | #309 Men 19&U 100 Back Prelims | 1:17.55 |
| #401 Men 19&U 50 Free Prelims  | 32.83   | #409 Men 19&U 50 Back Prelims  | 37.35   |

## 68 Tome, Zuri R - Female - Age: 14 - Ind/Rel: 5 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:09.34 | #202 Women 19&U 100 Free Prelims | 1:06.58 |
| #302 Women 19&U 200 Free Prelims | 2:23.63 | #402 Women 19&U 50 Free Prelims  | 30.98   |
| #412 Women 19&U 50 Fly Prelims   | 37.36   |                                  |         |

## 69 Van Deventer, Niel G - Male - Age: 11 - Ind/Rel: 8 / 1

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #101 Men 11&U 400 Free         | 5:21.45 | #201 Men 19&U 100 Free Prelims                | 1:10.21 |
| #211 Men 19&U 100 Fly Prelims  | 1:16.88 | #213 Men 12&U 4x100 Free Relay 4 X 100 Free R | 4:45.63 |
| #301 Men 19&U 200 Free Prelims | 2:29.60 | #309 Men 19&U 100 Back Prelims                | 1:16.87 |
| #401 Men 19&U 50 Free Prelims  | 31.76   | #409 Men 19&U 50 Back Prelims                 | 35.75   |
| #411 Men 19&U 50 Fly Prelims   | 34.12   |   |         |

## 70 Van Papendorp, Anje - Female - Age: 18 - Ind/Rel: 5 / 0

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:28.01 | #306 Women 19&U 50 Breast Prelims | 39.43   |
| #314 Women 19&U 200 IM Prelims     | 3:03.42 | #406 Women 19&U 200 Breast        | 3:04.47 |
| #410 Women 19&U 50 Back            | 36.96   |                                   |         |

## 71 Van Rensburg, Annabelle V - Female - Age: 13 - Ind/Rel: 7 / 0

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #106 Women 13 400 Free            | 5:33.57 | #206 Women 19&U 100 Breast Prelims | 1:34.02 |
| #208 Women 19&U 200 Back Prelims  | 3:00.79 | #302 Women 19&U 200 Free Prelims   | 2:38.51 |
| #306 Women 19&U 50 Breast Prelims | 41.63   | #406 Women 19&U 200 Breast         | 3:17.07 |
| #410 Women 19&U 50 Back           | 41.85   |                                    |         |

## 72 Vd Linde, Nolan - Male - Age: 16 - Ind/Rel: 6 / 0

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 58.07   | #205 Men 19&U 100 Breast Prelims | 1:18.80 |
| #301 Men 19&U 200 Free Prelims | 2:11.51 | #305 Men 19&U 50 Breast Prelims  | 35.77   |
| #401 Men 19&U 50 Free Prelims  | 26.85   | #405 Men 19&U 200 Breast         | 2:57.95 |

## 73 Vd Walt, Christiaan - Male - Age: 14 - Ind/Rel: 5 / 0

|                                |         |                               |         |
|--------------------------------|---------|-------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:05.79 | #211 Men 19&U 100 Fly Prelims | 1:16.03 |
| #301 Men 19&U 200 Free Prelims | 2:32.57 | #401 Men 19&U 50 Free Prelims | 28.99   |
| #411 Men 19&U 50 Fly Prelims   | 31.98   |                               |         |

## 74 Vorster, Demi - Female - Age: 10 - Ind/Rel: 7 / 1

|                                  |         |  |         |
|----------------------------------|---------|--|---------|
| #102 Women 11&U 400 Free         | 5:36.37 | #202 Women 19&U 100 Free Prelims             | 1:15.15 |
| #208 Women 19&U 200 Back Prelims | 3:07.20 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 4:55.06 |
| #302 Women 19&U 200 Free Prelims | 2:41.63 | #310 Women 19&U 100 Back Prelims             | 1:28.97 |
| #402 Women 19&U 50 Free Prelims  | 33.93   | #410 Women 19&U 50 Back                      | 41.37   |

TuksSwimming Club-TS Total Individual Entries: 489 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Tzaneen Amateur Swimming Club-MP****1 Ferreira, Milan - Female - Age: 14 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:07.54 | #208 Women 19&U 200 Back Prelims | 2:56.94 |
| #302 Women 19&U 200 Free Prelims | 2:34.56 | #310 Women 19&U 100 Back Prelims | 1:21.04 |
| #402 Women 19&U 50 Free Prelims  | 30.60   | #410 Women 19&U 50 Back          | 35.96   |
| #412 Women 19&U 50 Fly Prelims   | 34.92   |                                  |         |

**2 Leykauf, Ruan - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.83 | #301 Men 19&U 200 Free Prelims | 2:21.12 |
| #401 Men 19&U 50 Free Prelims  | 27.72   | #409 Men 19&U 50 Back Prelims  | 35.31   |
| #411 Men 19&U 50 Fly Prelims   | 29.97   |                                |         |

**3 Louw, Carme - Female - Age: 15 - Ind/Rel: 6 / 0**

|                                   |         |                                    |         |
|-----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims  | 1:09.32 | #206 Women 19&U 100 Breast Prelims | 1:26.04 |
| #306 Women 19&U 50 Breast Prelims | 39.53   | #402 Women 19&U 50 Free Prelims    | 32.39   |
| #406 Women 19&U 200 Breast        | 3:11.14 | #412 Women 19&U 50 Fly Prelims     | 36.16   |

**4 Schalekamp, Anru - Male - Age: 11 - Ind/Rel: 6 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:18.96 | #205 Men 19&U 100 Breast Prelims | 1:41.12 |
| #305 Men 19&U 50 Breast Prelims | 45.85   | #401 Men 19&U 50 Free Prelims    | 34.89   |
| #405 Men 19&U 200 Breast        | 3:40.82 | #409 Men 19&U 50 Back Prelims    | 42.64   |

**5 Van Veelen, Lara L - Female - Age: 10 - Ind/Rel: 6 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:38.20 | #306 Women 19&U 50 Breast Prelims | 45.40   |
| #402 Women 19&U 50 Free Prelims    | 37.66   | #406 Women 19&U 200 Breast        | 3:26.08 |
| #410 Women 19&U 50 Back            | 45.21   | #412 Women 19&U 50 Fly Prelims    | 45.46   |

**6 Van Veelen, Miane A - Female - Age: 13 - Ind/Rel: 5 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims | 1:32.88 | #306 Women 19&U 50 Breast Prelims | 42.70   |
| #310 Women 19&U 100 Back Prelims   | 1:37.08 | #406 Women 19&U 200 Breast        | 3:25.61 |
| #410 Women 19&U 50 Back            | 41.99   |                                   |         |

**Tzaneen Amateur Swimming Club-MP Total Individual Entries: 35 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Uniswim-EZ

## 1 Banza, Lys L - Female - Age: 16 - Ind/Rel: 6 / 4

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:06.50 | #208 Women 19&U 200 Back Prelims               | 2:45.93 |
| #218 Women 16-19 4x100 Free Relay 4 X 100 Fre | 4:25.58 | #302 Women 19&U 200 Free Prelims               | 2:24.79 |
| #310 Women 19&U 100 Back Prelims              | 1:17.34 | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.90 |
| #402 Women 19&U 50 Free Prelims               | 30.20   | #410 Women 19&U 50 Back                        | 35.68   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me  | 2:17.18 | #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:06.51 |

## 2 De Villiers, Dawid - Male - Age: 13 - Ind/Rel: 5 / 2

|   |         |   |         |
|---|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                | 1:08.18 | #205 Men 19&U 100 Breast Prelims                | 1:28.78 |
| #305 Men 19&U 50 Breast Prelims               | 39.27   | #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:52.98 |
| #401 Men 19&U 50 Free Prelims                 | 30.79   | #405 Men 19&U 200 Breast                        | 3:20.12 |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle | 2:07.42 |   |         |

## 3 Friedenthal, Lucy - Female - Age: 17 - Ind/Rel: 3 / 3

|                                    |         |  |         |
|------------------------------------|---------|--|---------|
| #206 Women 19&U 100 Breast Prelims | 1:28.11 | #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:25.58 |
| #306 Women 19&U 50 Breast Prelims  | 39.02   | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.90 |
| #402 Women 19&U 50 Free Prelims    | 30.94   | #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:17.18 |

## 4 Macaulay, Brandon - Male - Age: 13 - Ind/Rel: 8 / 2

|  |         |  |         |
|--|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:14.54 | #205 Men 19&U 100 Breast Prelims               | 1:31.83 |
| #305 Men 19&U 50 Breast Prelims                | 40.74   | #313 Men 19&U 200 IM Prelims                   | 3:03.92 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.73 | #401 Men 19&U 50 Free Prelims                  | 32.50   |
| #405 Men 19&U 200 Breast                       | 3:20.45 | #409 Men 19&U 50 Back Prelims                  | 40.95   |
| #411 Men 19&U 50 Fly Prelims                   | 38.28   | #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | NT      |

## 5 Marshall, Tiffany - Female - Age: 16 - Ind/Rel: 11 / 5

|  |         |  |         |
|--|---------|--|---------|
| #112 Women 16 400 Free                         | 5:12.89 | #202 Women 19&U 100 Free Prelims               | 1:03.12 |
| #206 Women 19&U 100 Breast Prelims             | 1:27.44 | #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:25.58 |
| #302 Women 19&U 200 Free Prelims               | 2:25.92 | #306 Women 19&U 50 Breast Prelims              | 40.15   |
| #310 Women 19&U 100 Back Prelims               | 1:16.29 | #314 Women 19&U 200 IM Prelims                 | 2:42.96 |
| #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.90 | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:08.71 |
| #402 Women 19&U 50 Free Prelims                | 30.49   | #406 Women 19&U 200 Breast                     | 3:11.21 |
| #410 Women 19&U 50 Back                        | 35.48   | #412 Women 19&U 50 Fly Prelims                 | 33.38   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:17.18 | #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:06.51 |

## 6 Mills, Cara J - Female - Age: 11 - Ind/Rel: 8 / 3

|   |         |  |         |
|---|---------|--|---------|
| #202 Women 19&U 100 Free Prelims              | 1:19.06 | #208 Women 19&U 200 Back Prelims             | 3:17.41 |
| #212 Women 19&U 100 Fly Prelims               | 1:27.67 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 5:19.48 |
| #302 Women 19&U 200 Free Prelims              | 2:52.47 | #310 Women 19&U 100 Back Prelims             | 1:28.30 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:21.28 | #402 Women 19&U 50 Free Prelims              | 35.62   |
| #410 Women 19&U 50 Back                       | 40.19   | #412 Women 19&U 50 Fly Prelims               | 37.55   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:35.44 |  |         |

## 7 Rautenbach, Chloe M - Female - Age: 11 - Ind/Rel: 8 / 3

|   |         |                                    |         |
|---|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims              | 1:16.99 | #206 Women 19&U 100 Breast Prelims | 1:36.20 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 5:19.48 | #302 Women 19&U 200 Free Prelims   | 3:06.05 |
| #306 Women 19&U 50 Breast Prelims             | 43.74   | #314 Women 19&U 200 IM Prelims     | 3:32.52 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:21.28 | #402 Women 19&U 50 Free Prelims    | 34.59   |
| #406 Women 19&U 200 Breast                    | 3:40.49 | #412 Women 19&U 50 Fly Prelims     | 43.89   |
| #416 Women 12&U 4x50 Medley Relay 4 x 50 Me   | 2:35.44 |                                    |         |

## 8 Rautenbach, Jayden M - Male - Age: 16 - Ind/Rel: 8 / 4

|  |         |   |         |
|--|---------|---|---------|
| #201 Men 19&U 100 Free Prelims                 | 57.45   | #205 Men 19&U 100 Breast Prelims                | 1:14.67 |
| #211 Men 19&U 100 Fly Prelims                  | 1:02.85 | #301 Men 19&U 200 Free Prelims                  | 2:10.23 |
| #305 Men 19&U 50 Breast Prelims                | 33.51   | #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:52.98 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:08.71 | #401 Men 19&U 50 Free Prelims                   | 26.32   |
| #405 Men 19&U 200 Breast                       | 2:50.47 | #411 Men 19&U 50 Fly Prelims                    | 28.71   |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle  | 2:07.42 | #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe  | 4:06.51 |

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Uniswim-EZ****9 Roberts, Emma T - Female - Age: 16 - Ind/Rel: 9 / 4**

|  |         |  |         |
|--|---------|--|---------|
| #112 Women 16 400 Free                         | 5:19.59 | #202 Women 19&U 100 Free Prelims               | 1:07.75 |
| #208 Women 19&U 200 Back Prelims               | 2:42.01 | #218 Women 16-19 4x100 Free Relay 4 X 100 Fre  | 4:25.58 |
| #302 Women 19&U 200 Free Prelims               | 2:27.24 | #306 Women 19&U 50 Breast Prelims              | 39.43   |
| #310 Women 19&U 100 Back Prelims               | 1:13.42 | #320 Women 16-19 4x50 Free Relay 4 x 50 Free F | 2:02.90 |
| #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:08.71 | #402 Women 19&U 50 Free Prelims                | 31.27   |
| #406 Women 19&U 200 Breast                     | 3:10.10 | #410 Women 19&U 50 Back                        | 34.58   |
| #420 Women 16-19 4x50 Medley Relay 4 x 50 Me   | 2:17.18 |  |         |

**10 Roberts, Pippa J - Female - Age: 11 - Ind/Rel: 9 / 3**

|   |         |   |         |
|---|---------|---|---------|
| #202 Women 19&U 100 Free Prelims              | 1:24.47 | #206 Women 19&U 100 Breast Prelims          | 1:43.68 |
| #214 Women 12&U 4x100 Free Relay 4 X 100 Fre  | 5:19.48 | #302 Women 19&U 200 Free Prelims            | 2:54.87 |
| #306 Women 19&U 50 Breast Prelims             | 47.26   | #314 Women 19&U 200 IM Prelims              | 3:24.39 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:21.28 | #402 Women 19&U 50 Free Prelims             | 35.00   |
| #406 Women 19&U 200 Breast                    | 3:44.98 | #410 Women 19&U 50 Back                     | 43.30   |
| #412 Women 19&U 50 Fly Prelims                | 42.82   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me | 2:35.44 |

**11 Seaman, Maricus - Male - Age: 11 - Ind/Rel: 9 / 2**

|  |         |  |         |
|--|---------|--|---------|
| #201 Men 19&U 100 Free Prelims                 | 1:15.80 | #205 Men 19&U 100 Breast Prelims               | 1:33.11 |
| #301 Men 19&U 200 Free Prelims                 | 2:43.88 | #305 Men 19&U 50 Breast Prelims                | 43.70   |
| #309 Men 19&U 100 Back Prelims                 | 1:30.59 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.73 |
| #401 Men 19&U 50 Free Prelims                  | 34.15   | #405 Men 19&U 200 Breast                       | 3:38.37 |
| #409 Men 19&U 50 Back Prelims                  | 43.08   | #411 Men 19&U 50 Fly Prelims                   | 39.82   |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | NT      |  |         |

**12 Swanepoel, Michael - Male - Age: 16 - Ind/Rel: 8 / 2**

|                                |         |   |         |
|--------------------------------|---------|---|---------|
| #201 Men 19&U 100 Free Prelims | 1:01.83 | #207 Men 19&U 200 Back Prelims                  | 2:37.34 |
| #301 Men 19&U 200 Free Prelims | 2:22.01 | #305 Men 19&U 50 Breast Prelims                 | 40.17   |
| #309 Men 19&U 100 Back Prelims | 1:12.49 | #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:52.98 |
| #401 Men 19&U 50 Free Prelims  | 27.97   | #409 Men 19&U 50 Back Prelims                   | 32.99   |
| #411 Men 19&U 50 Fly Prelims   | 30.90   | #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle   | 2:07.42 |

**13 Swartz, Minette - Female - Age: 13 - Ind/Rel: 7 / 2**

|  |         |                                 |         |
|--|---------|---------------------------------|---------|
| #206 Women 19&U 100 Breast Prelims             | 1:25.87 | #212 Women 19&U 100 Fly Prelims | 1:19.12 |
| #306 Women 19&U 50 Breast Prelims              | 38.66   | #314 Women 19&U 200 IM Prelims  | 2:48.64 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.73 | #402 Women 19&U 50 Free Prelims | 31.89   |
| #406 Women 19&U 200 Breast                     | 3:10.05 | #412 Women 19&U 50 Fly Prelims  | 33.92   |
| #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | NT      |                                 |         |

**14 Terblanche, Eben C - Male - Age: 17 - Ind/Rel: 6 / 4**

|   |         |  |         |
|---|---------|--|---------|
| #113 Men 17-19 400 Free                         | 4:36.76 | #201 Men 19&U 100 Free Prelims                 | 59.44   |
| #301 Men 19&U 200 Free Prelims                  | 2:10.59 | #305 Men 19&U 50 Breast Prelims                | 35.16   |
| #319 Men 16-19 4x50 Free Relay 4 x 50 Free Rela | 1:52.98 | #323 Mixed 16-19 4x50 Medley Relay 4 x 50 Mixe | 2:08.71 |
| #401 Men 19&U 50 Free Prelims                   | 27.90   | #409 Men 19&U 50 Back Prelims                  | 32.46   |
| #419 Men 16-19 4x50 Medley Relay 4 x 50 Medle   | 2:07.42 | #423 Mixed 16-24 4x100 Free Relay 4 x 100 Mixe | 4:06.51 |

**15 Terblanche, Emma L - Female - Age: 12 - Ind/Rel: 7 / 3**

|   |         |  |         |
|---|---------|--|---------|
| #104 Women 12 400 Free                        | 5:54.65 | #202 Women 19&U 100 Free Prelims             | 1:15.91 |
| #208 Women 19&U 200 Back Prelims              | 3:03.71 | #214 Women 12&U 4x100 Free Relay 4 X 100 Fre | 5:19.48 |
| #302 Women 19&U 200 Free Prelims              | 2:47.25 | #310 Women 19&U 100 Back Prelims             | 1:24.52 |
| #316 Women 12&U 4x50 Free Relay 4 x 50 Free R | 2:21.28 | #402 Women 19&U 50 Free Prelims              | 36.07   |
| #410 Women 19&U 50 Back                       | 39.15   | #416 Women 12&U 4x50 Medley Relay 4 x 50 Me  | 2:35.44 |

**16 Victor, Liza M - Female - Age: 15 - Ind/Rel: 0 / 2**

|  |         |  |    |
|--|---------|--|----|
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | 2:27.73 | #422 Mixed 13-15 4x100 Free Relay 4 x 100 Mixe | NT |
|--|---------|--|----|

**17 Wingard, Monize - Female - Age: 16 - Ind/Rel: 2 / 0**

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:11.87 | #212 Women 19&U 100 Fly Prelims | 1:15.91 |
|----------------------------------|---------|---------------------------------|---------|

**Uniswim-EZ Total Individual Entries: 114 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Ushaka Swimming Club-KC****1 Fick, Aruli - Female - Age: 16 - Ind/Rel: 10 / 0**

|                                    |         |                                   |         |
|------------------------------------|---------|-----------------------------------|---------|
| #112 Women 16 400 Free             | 5:18.13 | #202 Women 19&U 100 Free Prelims  | 1:10.66 |
| #206 Women 19&U 100 Breast Prelims | 1:27.11 | #212 Women 19&U 100 Fly Prelims   | 1:20.33 |
| #302 Women 19&U 200 Free Prelims   | 2:35.39 | #306 Women 19&U 50 Breast Prelims | 39.91   |
| #314 Women 19&U 200 IM Prelims     | 2:54.20 | #402 Women 19&U 50 Free Prelims   | 32.01   |
| #406 Women 19&U 200 Breast         | 3:06.26 | #412 Women 19&U 50 Fly Prelims    | 34.70   |

**2 Myeza, Ronewa - Male - Age: 12 - Ind/Rel: 9 / 0**

|                                  |         |                                |         |
|----------------------------------|---------|--------------------------------|---------|
| #103 Men 12 400 Free             | 5:57.73 | #201 Men 19&U 100 Free Prelims | 1:12.56 |
| #205 Men 19&U 100 Breast Prelims | 1:30.86 | #301 Men 19&U 200 Free Prelims | 2:53.83 |
| #305 Men 19&U 50 Breast Prelims  | 41.19   | #313 Men 19&U 200 IM Prelims   | 3:07.86 |
| #401 Men 19&U 50 Free Prelims    | 33.28   | #405 Men 19&U 200 Breast       | 3:20.62 |
| #411 Men 19&U 50 Fly Prelims     | 38.85   |                                |         |

**Ushaka Swimming Club-KC Total Individual Entries: 19 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Vikings Race Club-TS****1 Bam, Luca A - Male - Age: 11 - Ind/Rel: 6 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:11.70 | #207 Men 19&U 200 Back Prelims | 2:56.97 |
| #309 Men 19&U 100 Back Prelims | 1:18.44 | #401 Men 19&U 50 Free Prelims  | 32.41   |
| #409 Men 19&U 50 Back Prelims  | 36.81   | #411 Men 19&U 50 Fly Prelims   | 36.96   |

**2 Kahl, Hannes - Male - Age: 11 - Ind/Rel: 5 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:15.69 | #301 Men 19&U 200 Free Prelims | 2:46.55 |
| #309 Men 19&U 100 Back Prelims | 1:29.30 | #401 Men 19&U 50 Free Prelims  | 35.12   |
| #409 Men 19&U 50 Back Prelims  | 43.95   |                                |         |

**3 Kahl, Ryno - Male - Age: 15 - Ind/Rel: 5 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:02.31 | #207 Men 19&U 200 Back Prelims | 2:35.87 |
| #309 Men 19&U 100 Back Prelims | 1:10.06 | #401 Men 19&U 50 Free Prelims  | 27.29   |
| #409 Men 19&U 50 Back Prelims  | 31.07   |                                |         |

**4 Lamprecht, Anika - Female - Age: 12 - Ind/Rel: 7 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #104 Women 12 400 Free           | 5:54.78 | #202 Women 19&U 100 Free Prelims | 1:08.76 |
| #302 Women 19&U 200 Free Prelims | 2:37.42 | #310 Women 19&U 100 Back Prelims | 1:22.27 |
| #402 Women 19&U 50 Free Prelims  | 30.74   | #410 Women 19&U 50 Back          | 37.67   |
| #412 Women 19&U 50 Fly Prelims   | 37.42   |                                  |         |

**5 Muller, Caleb R - Male - Age: 11 - Ind/Rel: 7 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:06.70 | #205 Men 19&U 100 Breast Prelims | 1:31.26 |
| #301 Men 19&U 200 Free Prelims | 2:28.59 | #305 Men 19&U 50 Breast Prelims  | 40.82   |
| #313 Men 19&U 200 IM Prelims   | 2:47.80 | #401 Men 19&U 50 Free Prelims    | 30.64   |
| #411 Men 19&U 50 Fly Prelims   | 36.38   |                                  |         |

**6 Pretorius, Elandre - Male - Age: 17 - Ind/Rel: 7 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:00.09 | #207 Men 19&U 200 Back Prelims | 2:28.53 |
| #301 Men 19&U 200 Free Prelims | 2:16.63 | #309 Men 19&U 100 Back Prelims | 1:06.64 |
| #401 Men 19&U 50 Free Prelims  | 27.05   | #409 Men 19&U 50 Back Prelims  | 31.22   |
| #411 Men 19&U 50 Fly Prelims   | 29.56   |                                |         |

**7 Venter, Adriaan - Male - Age: 13 - Ind/Rel: 5 / 0**

|                                |         |                                  |         |
|--------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:12.25 | #205 Men 19&U 100 Breast Prelims | 1:29.08 |
| #301 Men 19&U 200 Free Prelims | 2:42.00 | #305 Men 19&U 50 Breast Prelims  | 38.26   |
| #405 Men 19&U 200 Breast       | 3:15.75 |                                  |         |

**8 Willemse, Carl J - Male - Age: 18 - Ind/Rel: 7 / 0**

|                                 |       |                                  |         |
|---------------------------------|-------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 59.06 | #205 Men 19&U 100 Breast Prelims | 1:12.63 |
| #305 Men 19&U 50 Breast Prelims | 32.92 | #313 Men 19&U 200 IM Prelims     | 2:33.97 |
| #401 Men 19&U 50 Free Prelims   | 27.02 | #405 Men 19&U 200 Breast         | 2:42.52 |
| #411 Men 19&U 50 Fly Prelims    | 29.21 |                                  |         |

**Vikings Race Club-TS Total Individual Entries: 49 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Vryheid Swimming Club-ZL****1 Eybers, Carli - Female - Age: 12 - Ind/Rel: 6 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.87 | #302 Women 19&U 200 Free Prelims | 2:43.05 |
| #310 Women 19&U 100 Back Prelims | 1:27.41 | #402 Women 19&U 50 Free Prelims  | 30.91   |
| #410 Women 19&U 50 Back          | 37.68   | #412 Women 19&U 50 Fly Prelims   | 35.93   |

**2 Grobler, Leandri - Female - Age: 14 - Ind/Rel: 5 / 1**

|                                    |         |  |       |
|------------------------------------|---------|--|-------|
| #206 Women 19&U 100 Breast Prelims | 1:30.68 | #306 Women 19&U 50 Breast Prelims              | 43.09 |
| #314 Women 19&U 200 IM Prelims     | 3:19.15 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT    |
| #406 Women 19&U 200 Breast         | 3:50.29 | #412 Women 19&U 50 Fly Prelims                 | 34.45 |

**3 Pillay, Delija - Female - Age: 11 - Ind/Rel: 8 / 1**

|                                   |         |  |         |
|-----------------------------------|---------|--|---------|
| #202 Women 19&U 100 Free Prelims  | 1:17.43 | #302 Women 19&U 200 Free Prelims               | 3:13.07 |
| #306 Women 19&U 50 Breast Prelims | 47.06   | #310 Women 19&U 100 Back Prelims               | 1:34.59 |
| #314 Women 19&U 200 IM Prelims    | 3:34.76 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #402 Women 19&U 50 Free Prelims   | 33.73   | #410 Women 19&U 50 Back                        | 42.95   |
| #412 Women 19&U 50 Fly Prelims    | 39.63   |  |         |

**4 Pretorius, Marnus E - Male - Age: 13 - Ind/Rel: 5 / 1**

|                                |         |  |         |
|--------------------------------|---------|--|---------|
| #201 Men 19&U 100 Free Prelims | 1:05.11 | #211 Men 19&U 100 Fly Prelims                  | 1:26.46 |
| #301 Men 19&U 200 Free Prelims | 2:28.87 | #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      |
| #401 Men 19&U 50 Free Prelims  | 30.24   | #411 Men 19&U 50 Fly Prelims                   | 35.56   |

**5 Steyn, Michael - Male - Age: 12 - Ind/Rel: 2 / 1**

|  |         |                                 |       |
|--|---------|---------------------------------|-------|
| #205 Men 19&U 100 Breast Prelims               | 1:35.69 | #305 Men 19&U 50 Breast Prelims | 42.59 |
| #322 Mixed 13-15 4x50 Medley Relay 4 x 50 Mixe | NT      |                                 |       |

**Vryheid Swimming Club-ZL Total Individual Entries: 26 - Total Relays: 0**



**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events****Water Wolves Aquatics-TS****1 Adams, Ethan - Male - Age: 14 - Ind/Rel: 5 / 0**

|                                |       |                                |         |
|--------------------------------|-------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 59.25 | #309 Men 19&U 100 Back Prelims | 1:09.32 |
| #401 Men 19&U 50 Free Prelims  | 26.91 | #409 Men 19&U 50 Back Prelims  | 31.32   |
| #411 Men 19&U 50 Fly Prelims   | 29.83 |                                |         |

**2 Stedall, Gia - Female - Age: 11 - Ind/Rel: 4 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:40.85 | #306 Women 19&U 50 Breast Prelims | 44.03 |
| #406 Women 19&U 200 Breast         | 3:37.07 | #412 Women 19&U 50 Fly Prelims    | 49.86 |

**3 Stedall, Jessica - Female - Age: 14 - Ind/Rel: 4 / 0**

|                                    |         |                                   |       |
|------------------------------------|---------|-----------------------------------|-------|
| #206 Women 19&U 100 Breast Prelims | 1:28.01 | #306 Women 19&U 50 Breast Prelims | 38.44 |
| #402 Women 19&U 50 Free Prelims    | 32.35   | #412 Women 19&U 50 Fly Prelims    | 34.54 |

**Water Wolves Aquatics-TS Total Individual Entries: 13 - Total Relays: 0**

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Waterborn Swimming Club-JH

## 1 Berejena, Ashley C - Male - Age: 16 - Ind/Rel: 10 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #111 Men 16 400 Free           | 4:47.53 | #201 Men 19&U 100 Free Prelims | 58.11   |
| #207 Men 19&U 200 Back Prelims | 2:35.08 | #211 Men 19&U 100 Fly Prelims  | 1:07.23 |
| #301 Men 19&U 200 Free Prelims | 2:09.65 | #309 Men 19&U 100 Back Prelims | 1:10.98 |
| #313 Men 19&U 200 IM Prelims   | 2:37.46 | #401 Men 19&U 50 Free Prelims  | 26.95   |
| #409 Men 19&U 50 Back Prelims  | 33.10   | #411 Men 19&U 50 Fly Prelims   | 29.24   |

## 2 Burger, Benjamin F - Male - Age: 11 - Ind/Rel: 10 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #205 Men 19&U 100 Breast Prelims | 1:35.31 | #207 Men 19&U 200 Back Prelims  | 2:55.20 |
| #211 Men 19&U 100 Fly Prelims    | 1:27.94 | #305 Men 19&U 50 Breast Prelims | 44.06   |
| #309 Men 19&U 100 Back Prelims   | 1:21.49 | #313 Men 19&U 200 IM Prelims    | 2:59.42 |
| #401 Men 19&U 50 Free Prelims    | 33.57   | #405 Men 19&U 200 Breast        | 3:23.48 |
| #409 Men 19&U 50 Back Prelims    | 39.48   | #411 Men 19&U 50 Fly Prelims    | 38.46   |

## 3 Coetsier, Cole G - Male - Age: 11 - Ind/Rel: 8 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #101 Men 11&U 400 Free         | 5:45.68 | #201 Men 19&U 100 Free Prelims | 1:13.86 |
| #207 Men 19&U 200 Back Prelims | 2:57.68 | #301 Men 19&U 200 Free Prelims | 2:43.82 |
| #309 Men 19&U 100 Back Prelims | 1:22.16 | #401 Men 19&U 50 Free Prelims  | 32.66   |
| #409 Men 19&U 50 Back Prelims  | 36.99   | #411 Men 19&U 50 Fly Prelims   | 38.07   |

## 4 De Beer, Chris J - Male - Age: 17 - Ind/Rel: 11 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #113 Men 17-19 400 Free          | 4:32.01 | #201 Men 19&U 100 Free Prelims  | 1:00.11 |
| #205 Men 19&U 100 Breast Prelims | 1:20.89 | #207 Men 19&U 200 Back Prelims  | 2:19.79 |
| #301 Men 19&U 200 Free Prelims   | 2:08.88 | #305 Men 19&U 50 Breast Prelims | 36.67   |
| #309 Men 19&U 100 Back Prelims   | 1:05.99 | #313 Men 19&U 200 IM Prelims    | 2:26.65 |
| #401 Men 19&U 50 Free Prelims    | 27.91   | #405 Men 19&U 200 Breast        | 2:52.93 |
| #409 Men 19&U 50 Back Prelims    | 31.71   |                                 |         |

## 5 Durant, Lily A - Female - Age: 15 - Ind/Rel: 9 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.30 | #208 Women 19&U 200 Back Prelims | 2:44.62 |
| #212 Women 19&U 100 Fly Prelims  | 1:22.84 | #302 Women 19&U 200 Free Prelims | 2:28.59 |
| #310 Women 19&U 100 Back Prelims | 1:16.10 | #314 Women 19&U 200 IM Prelims   | 2:49.44 |
| #402 Women 19&U 50 Free Prelims  | 30.44   | #410 Women 19&U 50 Back          | 35.32   |
| #412 Women 19&U 50 Fly Prelims   | 33.37   |                                  |         |

## 6 Felton, Connor M - Male - Age: 12 - Ind/Rel: 11 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:18.41 | #205 Men 19&U 100 Breast Prelims | 1:38.96 |
| #207 Men 19&U 200 Back Prelims  | 3:25.47 | #301 Men 19&U 200 Free Prelims   | 2:51.01 |
| #305 Men 19&U 50 Breast Prelims | 45.19   | #309 Men 19&U 100 Back Prelims   | 1:32.23 |
| #313 Men 19&U 200 IM Prelims    | 3:13.86 | #401 Men 19&U 50 Free Prelims    | 34.49   |
| #405 Men 19&U 200 Breast        | 3:31.50 | #409 Men 19&U 50 Back Prelims    | 43.46   |
| #411 Men 19&U 50 Fly Prelims    | 41.00   |                                  |         |

## 7 Keulder, Dylan - Male - Age: 15 - Ind/Rel: 11 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #109 Men 15 400 Free             | 5:09.83 | #201 Men 19&U 100 Free Prelims  | 1:07.05 |
| #205 Men 19&U 100 Breast Prelims | 1:20.09 | #211 Men 19&U 100 Fly Prelims   | 1:18.95 |
| #301 Men 19&U 200 Free Prelims   | 2:25.28 | #305 Men 19&U 50 Breast Prelims | 36.08   |
| #313 Men 19&U 200 IM Prelims     | 2:39.56 | #401 Men 19&U 50 Free Prelims   | 31.62   |
| #405 Men 19&U 200 Breast         | 2:52.94 | #409 Men 19&U 50 Back Prelims   | 40.59   |
| #411 Men 19&U 50 Fly Prelims     | 35.80   |                                 |         |

## 8 Knight, Caitlin A - Female - Age: 13 - Ind/Rel: 8 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.11 | #208 Women 19&U 200 Back Prelims | 3:02.91 |
| #302 Women 19&U 200 Free Prelims | 2:37.88 | #310 Women 19&U 100 Back Prelims | 1:17.29 |
| #314 Women 19&U 200 IM Prelims   | 3:14.54 | #402 Women 19&U 50 Free Prelims  | 31.60   |
| #410 Women 19&U 50 Back          | 38.01   | #412 Women 19&U 50 Fly Prelims   | 41.98   |

## SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024

## Team Entries - All Events

## Waterborn Swimming Club-JH

## 9 Masemola, Lethabo B - Female - Age: 14 - Ind/Rel: 9 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #108 Women 14 400 Free           | 5:40.68 | #202 Women 19&U 100 Free Prelims | 1:09.84 |
| #208 Women 19&U 200 Back Prelims | 2:47.52 | #302 Women 19&U 200 Free Prelims | 2:31.39 |
| #310 Women 19&U 100 Back Prelims | 1:19.21 | #314 Women 19&U 200 IM Prelims   | 2:51.74 |
| #402 Women 19&U 50 Free Prelims  | 31.71   | #406 Women 19&U 200 Breast       | 3:19.66 |
| #410 Women 19&U 50 Back          | 37.60   |                                  |         |

## 10 Mashingaidze, Shalem - Female - Age: 14 - Ind/Rel: 7 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:09.65 | #212 Women 19&U 100 Fly Prelims  | 1:18.14 |
| #302 Women 19&U 200 Free Prelims | 2:34.38 | #310 Women 19&U 100 Back Prelims | 1:19.89 |
| #402 Women 19&U 50 Free Prelims  | 31.09   | #410 Women 19&U 50 Back          | 36.81   |
| #412 Women 19&U 50 Fly Prelims   | 33.03   |                                  |         |

## 11 Mayhew, Megan A - Female - Age: 13 - Ind/Rel: 6 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #106 Women 13 400 Free           | 5:24.32 | #206 Women 19&U 100 Breast Prelims | 1:35.33 |
| #208 Women 19&U 200 Back Prelims | 2:51.54 | #310 Women 19&U 100 Back Prelims   | 1:19.80 |
| #314 Women 19&U 200 IM Prelims   | 2:53.13 | #406 Women 19&U 200 Breast         | 3:26.20 |

## 12 Nagin, Vishay - Male - Age: 19 - Ind/Rel: 5 / 0

|                               |         |                                |         |
|-------------------------------|---------|--------------------------------|---------|
| #113 Men 17-19 400 Free       | 4:47.11 | #201 Men 19&U 100 Free Prelims | 58.70   |
| #211 Men 19&U 100 Fly Prelims | 1:05.11 | #301 Men 19&U 200 Free Prelims | 2:09.99 |
| #313 Men 19&U 200 IM Prelims  | 2:31.39 |                                |         |

## 13 Naude, Marguerite - Female - Age: 17 - Ind/Rel: 9 / 0

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:04.99 | #208 Women 19&U 200 Back Prelims | 2:47.15 |
| #212 Women 19&U 100 Fly Prelims  | 1:13.61 | #302 Women 19&U 200 Free Prelims | 2:24.16 |
| #310 Women 19&U 100 Back Prelims | 1:15.40 | #314 Women 19&U 200 IM Prelims   | 2:46.27 |
| #402 Women 19&U 50 Free Prelims  | 30.19   | #410 Women 19&U 50 Back          | 35.37   |
| #412 Women 19&U 50 Fly Prelims   | 32.24   |                                  |         |

## 14 Naude, Victor E - Male - Age: 13 - Ind/Rel: 10 / 0

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:05.39 | #205 Men 19&U 100 Breast Prelims | 1:30.31 |
| #211 Men 19&U 100 Fly Prelims   | 1:13.18 | #301 Men 19&U 200 Free Prelims   | 2:24.90 |
| #305 Men 19&U 50 Breast Prelims | 42.50   | #313 Men 19&U 200 IM Prelims     | 2:47.33 |
| #401 Men 19&U 50 Free Prelims   | 29.82   | #405 Men 19&U 200 Breast         | 3:28.00 |
| #409 Men 19&U 50 Back Prelims   | 38.39   | #411 Men 19&U 50 Fly Prelims     | 33.26   |

## 15 Oliphant, Oatile - Female - Age: 12 - Ind/Rel: 8 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:14.94 | #206 Women 19&U 100 Breast Prelims | 1:41.32 |
| #208 Women 19&U 200 Back Prelims | 3:18.02 | #302 Women 19&U 200 Free Prelims   | 2:41.46 |
| #310 Women 19&U 100 Back Prelims | 1:29.15 | #314 Women 19&U 200 IM Prelims     | 3:10.37 |
| #402 Women 19&U 50 Free Prelims  | 33.49   | #406 Women 19&U 200 Breast         | 3:32.22 |

## 16 Skelton, Tyla J - Female - Age: 16 - Ind/Rel: 7 / 0

|                                  |         |                                    |         |
|----------------------------------|---------|------------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:06.98 | #206 Women 19&U 100 Breast Prelims | 1:28.90 |
| #302 Women 19&U 200 Free Prelims | 2:31.56 | #306 Women 19&U 50 Breast Prelims  | 40.62   |
| #314 Women 19&U 200 IM Prelims   | 2:49.54 | #402 Women 19&U 50 Free Prelims    | 30.23   |
| #410 Women 19&U 50 Back          | 37.53   |                                    |         |

## 17 Sze, Max P - Male - Age: 15 - Ind/Rel: 7 / 0

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 58.56   | #211 Men 19&U 100 Fly Prelims  | 1:11.46 |
| #301 Men 19&U 200 Free Prelims | 2:11.48 | #309 Men 19&U 100 Back Prelims | 1:15.58 |
| #313 Men 19&U 200 IM Prelims   | 2:36.57 | #401 Men 19&U 50 Free Prelims  | 27.10   |
| #411 Men 19&U 50 Fly Prelims   | 32.60   |                                |         |

## 18 Van Vuuren, Jade D - Female - Age: 14 - Ind/Rel: 7 / 0

|                                  |         |                                 |         |
|----------------------------------|---------|---------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:05.36 | #212 Women 19&U 100 Fly Prelims | 1:18.37 |
| #310 Women 19&U 100 Back Prelims | 1:24.35 | #314 Women 19&U 200 IM Prelims  | 2:52.95 |
| #402 Women 19&U 50 Free Prelims  | 29.82   | #410 Women 19&U 50 Back         | 37.29   |
| #412 Women 19&U 50 Fly Prelims   | 33.85   |                                 |         |

Waterborn Swimming Club-JH Total Individual Entries: 153 - Total Relays: 0

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Westville Swimming Club-ET****1 Aitken, Tyloh I - Female - Age: 12 - Ind/Rel: 5 / 0**

|                                  |         |                                  |         |
|----------------------------------|---------|----------------------------------|---------|
| #202 Women 19&U 100 Free Prelims | 1:16.29 | #310 Women 19&U 100 Back Prelims | 1:19.96 |
| #402 Women 19&U 50 Free Prelims  | 33.37   | #410 Women 19&U 50 Back          | 38.38   |
| #412 Women 19&U 50 Fly Prelims   | 36.58   |                                  |         |

**Westville Swimming Club-ET Total Individual Entries: 5 - Total Relays: 0**

**SA Level 3 Regional Age Group Champs 2024-EG - 20/03/2024 to 23/03/2024****Team Entries - All Events**

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**Zambezi Aquatics-TS****1 Brussow, Logan - Male - Age: 15 - Ind/Rel: 8 / 0**

|                                 |         |                                  |         |
|---------------------------------|---------|----------------------------------|---------|
| #201 Men 19&U 100 Free Prelims  | 1:07.72 | #205 Men 19&U 100 Breast Prelims | 1:20.05 |
| #305 Men 19&U 50 Breast Prelims | 36.78   | #313 Men 19&U 200 IM Prelims     | 2:42.97 |
| #401 Men 19&U 50 Free Prelims   | 31.82   | #405 Men 19&U 200 Breast         | 2:51.82 |
| #409 Men 19&U 50 Back Prelims   | 36.26   | #411 Men 19&U 50 Fly Prelims     | 32.19   |

**2 Smith, Conroy J - Male - Age: 13 - Ind/Rel: 4 / 0**

|                                |         |                                |         |
|--------------------------------|---------|--------------------------------|---------|
| #201 Men 19&U 100 Free Prelims | 1:07.48 | #309 Men 19&U 100 Back Prelims | 1:22.15 |
| #401 Men 19&U 50 Free Prelims  | 29.92   | #411 Men 19&U 50 Fly Prelims   | 33.27   |

**Zambezi Aquatics-TS Total Individual Entries: 12 - Total Relays: 0**